

Chocolate Churro Baked Oats

Ingredients:

- 50g GF Porridge
- 1 tsp Baking Powder
- 20g Chocolate Protein Powder
- 1 tsp Flaxseed Meal
- 125ml Almond Milk
- 1/4 cup Apple Purée or 1/2 Banana
- 1 tsp Cinnamon Sugar
- 1 tbsp Nutella



Method:

Blend Porridge, Protein Powder, Baking Powder, Flaxseed, Apple Purée and Milk together until smooth

Pour 3/4 of the mixture into a ramekin and blob Nutella in the centre

Cover the Nutella with remaining mixture and sprinkle top with Cinnamon Sugar

Bake for 20mins at 180 degrees

Serve with a few Berries