

CASEL 5 SEL

and what is expected for competency

Self-Awareness

“...the ability to recognize one’s own biases; to understand the links between one’s personal and **collective history and identities**...”

Self-Management

“...being agentic* in addressing personal and group level challenges to achieve ... **collectively defined goals and objectives.**”

*agentic-create/change social systems

Social Awareness

“understand social norms ... in diverse interpersonal and institutional settings and recognizing family, school, and community resources and supports for **collective well-being.**”

Relationship Skills

“**resistance** [is] relevant to our emerging notion of transformative SEL ... It refers to a process by which individuals or groups **resist stereotypes, roles, and expectations that support their oppression.** Collective efficacy can be built ... by creating and **leveraging social bonding capital***.”

*social bonding capital-peer pressure

Responsible Decision Making

“**critically examine** ethical standards, safety concerns, and behavioral norms ... to **always make primary collective health and well-being.**”

Who is CASEL?

“Collaborative for Academic, Social, and Emotional Learning is the nation’s leading organization advancing the development of academic, social, and emotional competence for all students.”

What is SEL?

Social and Emotional Learning “is the process through which all young people and adults acquire and apply the knowledge, skills, and attitudes to develop healthy identities, manage emotions and achieve personal and collective goals, feel and show empathy for others, establish and maintain supportive relationships, and make responsible and caring decisions.”

“SEL is a civic enterprise.”

-CASEL



For more information (including sources)



What is Social and Emotional Learning?

The road from Individual Rights & Liberties to Collective Responsibility & History goes through the Classroom

