

Pet Loss Support Group

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Pet Loss Support Group 2026 - Serving Pet Lovers via Telehealth MFT#45708 Founded in 2004

This is an online Support Group for pet lovers dealing with the loss, or anticipated loss, of their beloved pet companion. Reservations are required to attend to receive the Zoom invitation link. All are welcome.

There is no right or wrong way to grieve. Only true pet lovers attend this one-of-a-kind Support Group. Grief can be expressed in diverse ways, and it can certainly be emotionally messy. We offer a safe space to process feelings and feel connected with others. You'll find there is no need to explain why your furry, feathered, or scaled family member is so important to you, or why it hurts so much. We get it. Attending our group is a wonderful way to honor and memorialize your fallen hero. Share stories and photos; talk about what happened, who your pet is; how you're coping with your loss all while surrounded by others who are experiencing similar grief emotions and missing their beloved pet(s). Together, we create and hold a sacred space with intention and meaning.

WHEN: SATURDAY TIME: 12:30 pm - 1:30 pm (PST) We meet twice monthly. Meetings are the first and third Saturday of each month. *"Exception: if the first Saturday of the month is a holiday weekend, the group will meet the second Saturday of the month.* Please contact us to confirm meeting dates. Please refer to our Pet Loss Support Group (PLSG) Schedule.

HOW to JOIN OUR TELEHEALTH VISITS on ZOOM: RSVPs are necessary to receive the Zoom link.

To adhere with HIPAA-compliance and Telehealth confidentiality guidelines, the software platform we use is Zoom. You may join from a PC, Mac, iPad, Tablet, iPhone, or Android device. Please check with your internet provider to request the fastest internet speed to improve your online connection. The Zoom invitation link is located in your emailed message.

RSVPs ARE REQUIRED and NECESSARY to ATTEND:

With your submitted RSVP, a Zoom invitation link will be emailed to you on the meeting date between 12:15p-12:30p. It will serve as your link to join the meeting. To join, open your emailed invitation at 12:30p, scroll down and click the link to be connected. You may need to adjust your microphone and/or camera once logged in so we can hear and see you. Text Andrea if you have not received the link by 12:30p. Emails cannot be read once the Zoom meeting is open.

RSVP DEADLINE: RSVPs are required by Friday at 5:00 pm PDT, prior to the weekend of the scheduled meeting.

FEES, PAYMENT, INSURANCE OPTIONS:

The requested donation fee to attend is \$25, or what one can afford. If \$25 is not affordable, please let us know and we can adjust the amount. Mention your payment preference amount in the body of your RSVP and it will be reflected in your invoice. Invoices are emailed to you following each meeting via Square. Most Insurance is accepted with preapproval. Email a copy of the front/back of your insurance card and date of birth, so we can verify coverage.

HOW TO PAY:

An invoice, using Square, will be emailed to you after the Support Group meeting. Credit cards, HSA, FSA, etc., are all accepted. For security reasons, we do not store credit card information. A small processing fee is added to offset Square's service fee. Example: A donation of \$25 will have 3.30% + \$.30 added or a total of \$1.13; or \$26.13 total.

MORE OPTIONS TO PAY:

Please include payment preference information with your RSVP so an invoice is not sent with an incorrect amount. Most insurance is accepted but must be preauthorized at least five days prior to your first meeting. A copy of the front/ back of your insurance card along with your date-of-birth is required. We are not in network with Medi-Cal/ CalOptima, Cigna, nor Kaiser. We can bill original Medicare and your secondary, if in network. Please contact us directly with any questions.

HOW TO RSVP: visit: www.time4therapy.com or email: akeithmft@gmail.com Please include your full name, email address, and telephone number.