
Born for More: Your First 90 Days of Power and Purpose as a New Christian

Week 1: New Creation, New Identity

“Therefore, if anyone is in Christ, the new creation has come: The old has gone, the new is here!” — 2 Corinthians 5:17

Devotional

You said yes to Jesus — and whether it felt emotional or quiet, something radical happened. You didn’t just join a church or adopt a belief. You became brand new. God didn’t just improve you. He recreated you from the inside out.

But here’s the reality: you might not feel new. You might still feel like the 'old you' — same struggles, same thoughts, same habits. That’s where many new believers get discouraged. But don’t give up. Becoming a new creation is a spiritual fact, and walking it out is a daily process.

God says you’re forgiven, chosen, clean, and loved — even when you don’t feel it. The enemy will try to convince you that nothing really changed. But he’s a liar. Your job now is to start believing what God says about you more than what your feelings or past experiences say.

This week, let’s anchor into your new identity. You’re not who you used to be. You are who He says you are.

Word Picture:

A passport stamped with a new name and new citizenship.

How It Connects:

When you gave your life to Jesus, you received a **new identity** — not just a changed behavior, but a **whole new spiritual status**. You don’t belong to the old kingdom anymore. You are **citizens of Heaven**, adopted by the Father, and sent with purpose. Don’t live like a tourist in the world — walk like you belong to the King.

Read This

- 2 Corinthians 5:17
- Romans 8:1–2
- Ephesians 2:4–10

Reflect

- What are some labels or lies from your past that still try to define you?
- Which of the verses above stands out most to you — and why?
- What would it look like to truly believe that you are brand new?

Activation

Take a few minutes to write down three 'old labels' you're letting go of. These could be words like: unworthy, addict, failure, angry, forgotten.

Then, write three 'new truths' God speaks over you from His Word. These could be: forgiven, chosen, strong, free, loved, valuable.

Say them out loud every day this week. Declare who you really are.

Prayer

Father, thank You that I am not who I used to be. You've made me new — even if I don't always feel it. Help me to believe Your truth over the lies I've carried.

Teach me to live from my new identity, not my old story. This week, I choose to agree with You. I am forgiven. I am chosen. I am Yours. In Jesus' name, Amen.

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Week 2: Abiding with God

“Remain in me, as I also remain in you. No branch can bear fruit by itself; it must remain in the vine.” — John 15:4

Devotional

Following Jesus isn't about trying harder — it's about staying connected. Jesus didn't say, 'Produce more fruit.' He said, 'Remain in Me.' That's the key. When you stay close to Him, your life will start to change. Not by pressure, but by presence.

Too many new believers get caught in the cycle of doing — trying to be perfect, checking boxes, fixing themselves. But what Jesus invites you into is relationship. He wants your time, your trust, your honesty. You don't have to perform for Him — you get to walk with Him.

When you stay close to Him in prayer, in His Word, and in worship, fruit will grow. Peace, strength, direction, joy — these come from staying connected. Abiding isn't a feeling — it's a choice. A decision to return to Jesus again and again, no matter how you feel.

Word Picture:

A branch connected to a vine — still, steady, drawing life every moment.

How It Connects:

Abiding isn't striving — it's **staying connected**. Like a branch draws life from the vine, you receive strength, peace, and purpose by staying close to Jesus. **Cut off, you wither. Connected, you thrive.** It's not about doing more — it's about **remaining** connected.

Read This

- John 15:1–8
- Psalm 1:1–3
- Galatians 5:22–25

Reflect

- What does 'abiding' look like in your life right now?
- Do you tend to lean more toward striving or staying connected?
- What are some ways you can create space to remain in Jesus daily?

Activation

Choose one way this week to stay intentionally connected to Jesus. It could be:

- A short prayer walk each morning
- Listening to worship for 10 minutes a day
- Journaling your thoughts after reading a Psalm

Keep it simple, but be consistent. Ask God to meet you in that space.

Prayer

Jesus, I want to stay close to You. Teach me to abide — not to perform, but to stay connected. Help me stop striving and start trusting. I want to bear fruit, not from pressure, but from walking with You. Draw me in this week and speak to me as I remain in You. In Your name, Amen.

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Week 3: The Word Comes Alive

“For the word of God is alive and active. Sharper than any double-edged sword...”
— Hebrews 4:12

Devotional

The Bible isn't just a book — it's a weapon, a mirror, a guide, and a lifeline. When you open it, you're not just reading information; you're meeting with the Author. His Spirit speaks through these pages.

But let's be honest: reading the Bible can feel intimidating, confusing, or even boring at first. That's okay. It's a new habit, and like anything new, it takes time and practice to feel natural.

Don't start with pressure. Start with curiosity. Ask God to meet you in His Word. Read to discover who He is — and who you are in Him. You won't understand everything, but keep showing up. The more you read, the more the Word will start to read you. You'll be strengthened, convicted, encouraged, and reminded that you're not alone.

Picture This:

A seed planted in rich soil. It begins small — almost invisible. But with water and light, it breaks open, roots down, and grows upward into a thriving tree.

How It Connects:

- **The Bible is the seed** — full of life, waiting to be planted in your heart.
- **Your heart is the soil** — ready to receive.
- **The Holy Spirit is the water and light** — making it grow, giving revelation, bringing it to life.

Just like you can't rush a seed to become a tree overnight, you can't rush deep spiritual growth. But *every time you open the Word*, something is happening — even when you don't feel it.

Read This

- Hebrews 4:12
- Psalm 119:9–16
- 2 Timothy 3:16–17

Reflect

- What's been your relationship with the Bible so far?
- What do you hope to experience through reading it now?
- How can you create a simple plan to start reading consistently?

Activation

Pick one of the gospels (Matthew, Mark, Luke, or John) and read one chapter each day this week. Before you read, pray: “Holy Spirit, show me something I need to see.”

Write down one thing that stands out to you after each reading — a verse, a word, or a question.

Prayer

Father, thank You for giving me Your Word. Help me not just to read it, but to encounter You through it. Make it come alive. Speak to my heart. Give me a hunger for truth and wisdom. Let Your Word shape my life and guide my steps. In Jesus' name, Amen.

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Week 4: Prayer is Power

“The prayer of a righteous person is powerful and effective.” — James 5:16b

Devotional

Prayer isn't a chore — it's a lifeline. It's not just talking to God; it's connecting with Him, listening to Him, aligning your heart with His.

If you've ever thought, “I don't know how to pray,” you're not alone. The disciples asked Jesus the same thing. And He didn't give them a formula — He gave them a pattern: start with the Father, trust Him for daily needs, stay free from sin, and ask for protection and direction.

Prayer doesn't have to be long or fancy. It just needs to be real. Speak honestly. Be still sometimes. Ask questions. Worship. Thank Him. Cry out if you need to. Just don't stop praying — because prayer is where power flows, battles are won, and hearts are changed (especially yours).

Word Picture:

A phone with a direct line to the King's throne room — no waiting, no reception issues, no gatekeepers.

How It Connects:

Prayer isn't shouting into the void — it's a **direct connection to God**, always open, always active. Like charging your phone, prayer **powers you up**. Unplug long enough, and your spiritual battery starts to drain. Stay connected — and stay powerful.

Read This

- James 5:13–18
- Matthew 6:5–13
- Philippians 4:6–7

Reflect

- How do you currently feel about prayer?
- What's been the biggest obstacle to prayer in your life?
- How might God want to shift your view of prayer this week?

Activation

This week, commit to praying at least once a day — even if it's just 3 minutes. Use the Lord's Prayer as a guide:

- Worship: "Our Father in heaven, hallowed be Your name..."
- Surrender: "Your kingdom come, Your will be done..."
- Ask: "Give us today our daily bread..."
- Repent: "Forgive us our debts..."
- Battle: "Deliver us from the evil one..."

Keep it real, keep it simple, and keep showing up. Power will grow.

Prayer

Father, thank You that I can come to You anytime. Teach me how to pray. Make me hungry for Your presence. Give me faith when I speak and peace when I listen. Let prayer become a rhythm in my life, not just a reaction to problems. Speak, Lord — I'm listening. In Jesus' name, Amen.

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Week 5: The Enemy is Real — But Defeated

“Submit yourselves, then, to God. Resist the devil, and he will flee from you.” — James 4:7

Devotional

This week might feel heavier — but it’s also one of the most freeing. When you said yes to Jesus, you left the enemy’s camp and joined God’s Kingdom. That’s good news, but it also means you became a target. There’s a real enemy, and his goal is simple: steal, kill, destroy.

But here’s what’s more important: he’s already defeated.

The devil has no power over you unless you give it to him through fear, agreement with lies, or unrepentant sin. Jesus crushed his authority at the cross, and now you stand in victory — not to fight *for* it, but to fight *from* it.

You don’t have to fear the enemy — you just need to be aware, alert, and armored up. This week, we’ll learn how to resist the enemy, stand firm in truth, and take back ground he may have stolen.

Word Picture:

A lion in a cage — roaring loudly, trying to intimidate, but completely bound.

How It Connects:

The enemy is real, but he’s **defeated**. His roar can still scare, but he can’t touch you unless you step inside the cage. You don’t need to fight for victory — just **stand in it**. Know who you are, close the doors he tries to sneak through, and keep walking in freedom. He’s not Jesus equal, he’s no match, think The opposite of the arch angel Michael.

Read This

- James 4:7–8
- Ephesians 6:10–18

- 2 Corinthians 10:3–5
- 1 Peter 5:8–9

Reflect

- Where have I seen spiritual resistance or attack since I said yes to Jesus?
- Are there areas where I've unknowingly agreed with the enemy (fear, shame, lies)?
- What does it look like to resist the enemy and submit to God today?

Activation

Take a quiet moment and ask the Holy Spirit to show you any lies you've believed or agreements you've made with the enemy. Write them down. Then break them by praying:

"In Jesus' name, I break agreement with the lie that _____. I renounce the enemy's voice, and I receive the truth that _____."

Also, read Ephesians 6 and physically pray through putting on each piece of armor this week. It may feel symbolic — but it's powerful.

Prayer

Jesus, thank You for defeating the enemy. Help me not to fear him, but to stand in the victory You already won. Show me where I've given up ground — and help me take it back. I put on the armor of God today, and I stand strong in Your name. Lead me in truth, and help me live alert, aware, and full of Your power. Amen.

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Week 6: Breaking Old Chains

“So if the Son sets you free, you will be free indeed.” — John 8:36

Devotional

Just because you're a Christian now doesn't mean you're instantly free from every old habit, mindset, or stronghold. Salvation is the starting line — freedom is the journey.

Jesus didn't just die to save you from hell. He came to break every chain that's kept you stuck — shame, fear, addiction, bitterness, insecurity, unforgiveness. Whatever it is, you don't have to carry it anymore.

But freedom isn't passive. You must confront what's been controlling you, confess it, and invite Jesus into that space. The enemy wants to convince you that change is impossible, that you'll always be the same. But he's a liar. Jesus sets people free — fully, deeply, and permanently.

This week is about identifying the chains and starting the process of breaking them with God's truth and power.

Word Picture:

A prisoner holding chains that have already been unlocked — but they haven't let go yet.

How It Connects:

Jesus already broke the chains — but **freedom happens when you drop them**. Old mindsets, habits, and lies can feel familiar, but you don't live in that prison anymore. Let go, walk out, and step into the light.

Read This

- John 8:31–36
- Romans 6:5–14
- Galatians 5:1
- 1 John 1:9

Reflect

- Are there habits, thoughts, or patterns from your old life that still cling to you?
- What would freedom look like in that area?
- Do you believe Jesus can actually set you free from it — or have you settled?

Activation

Write down one area where you need freedom — be honest. Bring it to God in prayer every day this week. Ask Him to reveal the root of it, and to begin the process of healing and change.

You may also consider telling a trusted mentor or friend. Freedom accelerates in the light.

Read Romans 6 aloud. Declare it over yourself. Let it sink in: you are no longer a slave.

Prayer

Jesus, thank You that You didn't just save me — You came to set me free. Show me where I'm still in chains, and give me courage to face it with You. I break every agreement I've made with sin, shame, or the past. I receive Your power and truth to walk in freedom. I believe I am no longer a slave. In Your name, Amen.

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Week 7: Living by the Spirit, Not the Flesh

“So I say, walk by the Spirit, and you will not gratify the desires of the flesh.” — Galatians 5:16

Devotional

There’s a battle happening in every believer — between the flesh and the Spirit. The flesh pulls you toward your old life: pride, selfishness, lust, fear, anger. But the Spirit leads you into freedom, love, peace, and purpose.

You don’t win this battle by trying harder. You win by walking closer. The more time you spend with God, the more you recognize His voice and choose His ways.

Living by the Spirit doesn’t mean you’ll be perfect. It means you’re learning to let God lead. And every time you follow His promptings — even in small ways — you grow stronger.

This week, we’ll learn to pay attention to that inner tug, to say no to the flesh, and to say yes to the Spirit. One step at a time, you’re becoming more like Jesus.

Word Picture:

A compass pointing north vs. a GPS constantly rerouting toward God’s direction.

How It Connects:

The Holy Spirit is your **internal guide**, always pointing toward life, peace, and truth. The flesh says, “go your own way.” The Spirit says, “follow Me.” You get to choose which voice to follow each day — and every choice builds momentum in one direction or the other.

Read This

- Galatians 5:16–26
- Romans 8:5–14
- John 14:26

Reflect

- What parts of your old self (flesh) still try to show up in your life?
- Have you ever felt the Holy Spirit prompting you toward or away from something?
- What does it look like to walk by the Spirit in your daily routine?

Activation

This week, invite the Holy Spirit into your decisions, emotions, and moments.

Start your day by praying:

“Holy Spirit, lead me today. Help me see what You see, hear what You’re saying, and follow where You guide.”

Each evening, reflect: Where did I follow the Spirit? Where did I follow the flesh? What can I learn from today?

Prayer

Holy Spirit, I need You. Teach me to walk by Your voice, not my old patterns. Help me to recognize Your leading and choose obedience even when it’s hard. I want to grow in love, joy, peace, and all the fruit You produce in me. Lead me every step. In Jesus’ name, Amen.

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Week 8: The Church is Family, Not a Building

“Now you are the body of Christ, and each one of you is a part of it.” — 1 Corinthians 12:27

Devotional

Church isn't a place you go — it's a family you belong to. When you gave your life to Jesus, you became part of a global, eternal, Spirit-filled family.

But let's be real: church can be messy. People are imperfect. Leaders make mistakes. Community can feel awkward or intimidating at times. But God still calls us to it — not as consumers, but as brothers and sisters who love, serve, grow, and carry each other.

You weren't made to follow Jesus alone. Isolation makes you an easy target for the enemy. The early church gathered constantly — in homes, at the temple, around meals, through prayer. They knew they were stronger together.

This week, we'll shift from seeing church as something we attend to something we help build — through connection, accountability, and belonging.

Word Picture:

A bonfire built with many logs — one alone goes out fast, but together they burn bright and warm.

How It Connects:

Faith grows stronger in community. You're not just a face in the crowd — you're a vital part of the fire. **Isolation dims your flame.** Together, we reflect Jesus to the world. Show up. Link arms. Burn bright.

Read This

- Acts 2:42–47
- Hebrews 10:24–25
- 1 Corinthians 12:12–27

Reflect

- What's been your view or experience of church so far?
- What does it mean to belong to the 'body of Christ'?
- How can you move from just attending to truly connecting?

Activation

If you haven't already, take a step into community this week: join a small group, attend a church event, introduce yourself to someone new, or ask a mature believer to meet up. Even one intentional step makes a difference.

Also, pray for your church — the leadership, the unity, and the mission God's given it. You're part of that now.

Prayer

Father, thank You for placing me in Your family. Help me not to isolate but to connect. Heal any church hurt I carry. Show me how to love, serve, and contribute with the gifts You've given me. Teach me to be a part of the body in a way that honors You. In Jesus' name, Amen.

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Week 9: Your Gifts & Purpose

“We have different gifts, according to the grace given to each of us.” — Romans 12:6

Devotional

God didn't just save you — He wired you. You were created on purpose, with purpose. The gifts you have weren't randomly assigned. They're part of your calling, your assignment, and your place in the body of Christ.

Some people think purpose is just for pastors or missionaries. But Scripture is clear: every believer has a role. Whether you're gifted in teaching, encouraging, creating, leading, organizing, or serving — your gifts matter.

Sometimes it takes time to discover them. That's okay. It starts with asking, listening, and trying. When you use your gifts, you'll feel more alive, more aligned, more fulfilled. Because you're doing what you were made to do.

This week, we'll explore how God has uniquely shaped you — and how you can start walking in purpose now, not 'someday.'

Word Picture:

A toolbox — each tool different, but every one essential for building the house.

How It Connects:

God designed you with **tools (gifts)** for a purpose. You may not have the same tools as others, but yours were chosen for **your assignment**. The job isn't to compare — it's to **build with what you've been given**. Even a small screwdriver can be the key to completing a masterpiece.

Read This

- Romans 12:3–8
- 1 Corinthians 12:4–11
- Ephesians 2:10

Reflect

- What are some things you do that come naturally — and bring life to others?
- Have others affirmed any gifts they see in you?
- How does it feel to think that God created you with a unique assignment?

Activation

Ask God to show you one gift He's placed in you — and one way to use it this week.

It could be encouraging someone, helping a neighbor, praying boldly, sharing your testimony, or stepping into a need at church. Purpose grows through practice.

Prayer

Father, thank You for creating me with purpose. Show me the gifts You've placed in me — and how to use them. Help me not to compare or hold back, but to serve boldly and faithfully. I trust that You've made me on purpose for this season and this generation. In Jesus' name, Amen.

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Week 10: Obedience & Trust in the Hard Stuff

“Trust in the Lord with all your heart and lean not on your own understanding.”
— Proverbs 3:5

Devotional

Obedience and trust go hand in hand — especially when life gets hard or confusing. God doesn't always explain everything upfront. Sometimes He just says, “Follow Me.”

The walk of faith isn't always easy. Sometimes God asks you to take a step that feels risky, inconvenient, or unclear. Other times, He calls you to stay put when you'd rather run. But real growth happens when we choose trust over comfort, obedience over feelings.

Jesus obeyed the Father all the way to the cross — not because it felt good, but because He trusted God's plan. He's our model. Obedience doesn't always come with instant rewards, but it always leads to deeper peace and spiritual strength.

This week is about learning to say 'yes' to God — especially when it's not easy — and trusting that He sees the full picture.

Word Picture:

A blindfolded hiker crossing a narrow bridge, holding tight to the guide's hand.

How It Connects:

Obedience often feels like **stepping into the unknown**, but trust keeps you moving. You may not see the full path — but you know who's leading. When you grip **God's hand** instead of your own understanding, you cross safely through things you never thought possible.

Read This

- Proverbs 3:5–6
- John 14:23–24
- Hebrews 12:1–11

Reflect

- Is there an area in your life where God is asking for obedience?
- What fears or doubts are making trust hard?
- What would it look like to fully surrender that area this week?

Activation

Identify one area where God is nudging you to trust Him more or obey Him more deeply. It might be in a relationship, a habit, a step of faith, or a hidden struggle.

Write out a prayer of surrender. Then take one small, obedient step this week — even if it's uncomfortable. Watch what God does with your 'yes.'

Prayer

God, help me trust You when things don't make sense. Strengthen my faith to obey even when it's hard. I know Your ways are higher and Your plans are better. I surrender my will, my comfort, and my fears to You. Lead me one step at a time, and I will follow. In Jesus' name, Amen.

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Week 11: Light in the Darkness

“You are the light of the world. A town built on a hill cannot be hidden.” — Matthew 5:14

Devotional

You were never meant to blend in — you were made to shine. Jesus called you the light of the world, not because you’re perfect, but because His light lives in you.

The world is dark — full of fear, confusion, pain, and lies. But God places His people right in the middle of that darkness to bring hope, truth, and love. Your job isn’t to fix everything — it’s to reflect Jesus wherever you go.

Light exposes what’s hidden. It comforts those who are afraid. It shows the way forward. That’s what you carry now. Don’t underestimate the power of your presence, your story, your kindness, or your obedience.

This week is about stepping into your influence — not platform or popularity, but shining where you are with what you have.

Word Picture:

A single candle in a pitch-black room — small, yet undeniable and powerful.

How It Connects:

Light doesn’t argue with darkness — it just **shows up and shines**. Even if you feel small or unseen, your light carries the presence of Jesus. Wherever you go — school, work, your home — you **carry hope** into dark places. Don’t underestimate what even one candle can do.

Read This

- Matthew 5:13–16
- Philippians 2:14–16
- Ephesians 5:8–14

Reflect

- Where do you sense God calling you to shine — at home, at work, online, in your circle?
- What makes you want to hide your light instead of letting it shine?
- How can you reflect Jesus more clearly this week?

Activation

Do one intentional act this week to bring light into someone's life. It could be:

- Encouraging someone who's hurting
- Sharing your testimony or faith story
- Praying for someone in person
- Living with unusual peace or joy

Then write about what happened — even the smallest lights break through deep darkness.

Prayer

Jesus, thank You for calling me to be light. Fill me with Your presence and give me boldness to shine. Help me not to shrink back, but to step up. Let my life reflect Your truth and love to those around me. Use me to bring hope into dark places. In Your name, Amen.

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Week 12: You're Just Getting Started

“Being confident of this, that he who began a good work in you will carry it on to completion until the day of Christ Jesus.” — Philippians 1:6

Devotional

You made it to Week 12 — but this isn't the end. It's a launching point. God didn't just call you to a 90-day growth plan. He called you to a lifetime of transformation, purpose, and impact.

You're not who you were 90 days ago. You've prayed, learned, fought, trusted, surrendered, and obeyed. And you've barely scratched the surface of all God wants to do in and through your life.

Growth isn't always flashy or fast. It's day-by-day, step-by-step faithfulness. You'll have highs and lows ahead — but you're not walking alone. The same God who met you at the beginning will walk with you through the rest.

This week, take time to celebrate what God has done. Reflect on how far you've come. Then ask Him what's next — and keep going. You were born for more.

Word Picture:

A runner crossing a checkpoint, not the finish line — refueling, smiling, and pushing forward.

How It Connects:

This journey isn't ending — it's just **getting stronger**. You're not the same person who started this race. God is cheering you on, refueling you, and calling you forward. **There's more ahead**, more growth, more purpose, more people to reach. Keep going — you were born for this.

Read This

- Philippians 1:3–11
- Psalm 37:23–24
- Colossians 2:6–7

Reflect

- What has changed in your life over the past 12 weeks?
- What truths or habits have become foundational for you?
- Where do you sense God inviting you to grow next?

Activation

Take some time this week to write out a spiritual testimony of what God has done in the last 90 days. Even if it's not dramatic, it's deeply important.

Then, ask God what your next step is: mentoring someone? Joining a ministry? Sharing your story? Getting deeper in the Word?

Commit to one action step that keeps you moving forward in faith.

Prayer

Father, thank You for all You've done in my life these past days. You are faithful. I give You the glory for every change, every step, every breakthrough. I ask now — keep growing me. Keep leading me. Show me where to go next, and give me boldness to keep saying yes. My life is Yours. In Jesus' name, Amen.