

How to Use This Resource

Legacy Maker, Chain Breaker + the 14-Week Study Guide

A toolkit for your second act - and for helping others find theirs

Who This Is For:

- Anyone who feels stuck or uncertain about what's next
- People starting over after loss, burnout, regret, or transition
- Groups or churches looking for authentic, faith-filled material
- Leaders looking to equip others for transformation

How to Use It:

For Yourself:

- Read one chapter a week
- Reflect using the included questions and prayer
- Journal your own story alongside mine
- Invite God to awaken your second act

For a Small Group:

- Download and print the 14-Week Study Guide
- Meet weekly (in person or online)
- Read one chapter before each session
- Use the discussion questions for authentic conversation
- Pray together and challenge one another to act

Group Tip: You don't need to be a Bible expert. Just be willing to lead with humility and show up.

For Ministry or Missions:

- Use it in prisons, men's/women's ministries, rehab centers, churches

How to Use This Resource

- Offer printed copies to those without digital access
- Use one chapter for a retreat weekend or outreach event

What You Can Do With It:

- Print it
- Share it
- Copy the PDF link and send it to someone
- Translate it into another language if needed

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No sign-up needed. No cost. Just use it.

One Request:

If it helps you or someone else - tell someone.

Let the story and the tools multiply.

We're not trying to build a brand. We're trying to build the Kingdom.

Let's go.

- My Friend

Founder, The Second Act Ministry

www.thesecondactministry.com