

HEAVENLY FATHER,

IN YOUR PRESENCE, FEAR DISSIPATES, AND COURAGE TAKES ROOT. TODAY, I COME BEFORE YOU, **SURRENDERING MY FEARS AND ANXIETIES AT YOUR FEET**. YOUR WORD TELLS ME IN ISAIAH 41:10, "DON'T BE AFRAID, FOR I AM WITH YOU. DON'T BE DISCOURAGED, FOR I AM YOUR GOD. I WILL STRENGTHEN YOU AND HELP YOU. I WILL HOLD YOU UP WITH MY VICTORIOUS RIGHT HAND." LORD, HELP ME TO TRUST IN YOUR PROMISES AND FIND PEACE IN YOUR PRESENCE.

WHEN FEAR GRIPS MY HEART, REMIND ME OF PSALM 23:4, "EVEN WHEN I WALK THROUGH THE DARKEST VALLEY, I WILL NOT BE AFRAID, FOR YOU ARE CLOSE BESIDE ME. YOUR ROD AND YOUR STAFF PROTECT AND COMFORT ME." LET ME REST IN THE ASSURANCE THAT YOU ARE ALWAYS WITH ME, GUIDING AND PROTECTING ME THROUGH EVERY TRIAL AND TRIBULATION.

YOUR WORD ALSO ASSURES ME IN 2 TIMOTHY 1:7 THAT, "FOR GOD HAS NOT GIVEN US A SPIRIT OF FEAR AND TIMIDITY, BUT OF POWER, LOVE, AND SELF-DISCIPLINE." HELP ME TO EMBRACE THE SPIRIT OF POWER AND LOVE THAT YOU HAVE GIVEN ME, LORD. STRENGTHEN ME TO FACE MY FEARS WITH CONFIDENCE, KNOWING THAT YOU HAVE EQUIPPED ME WITH EVERYTHING I NEED TO OVERCOME THEM.

AS I MEDITATE ON PHILIPPIANS 4:6-7, I AM REMINDED TO, "DON'T WORRY ABOUT ANYTHING; INSTEAD, PRAY ABOUT EVERYTHING. TELL GOD WHAT YOU NEED, AND THANK HIM FOR ALL HE HAS DONE. THEN YOU WILL EXPERIENCE GOD'S PEACE, WHICH EXCEEDS ANYTHING WE CAN UNDERSTAND. HIS PEACE WILL GUARD YOUR HEARTS AND MINDS AS YOU LIVE IN CHRIST JESUS." GRANT ME THE SERENITY TO TRUST IN YOUR PROVISION AND EXPERIENCE THE PEACE THAT SURPASSES ALL UNDERSTANDING.

THANK YOU, LORD, FOR YOUR UNFAILING LOVE AND FAITHFULNESS. AS I WALK THROUGH THIS JOURNEY OF OVERCOMING FEAR, MAY YOUR WORD BE A LAMP TO MY FEET AND A LIGHT TO MY PATH (PSALM 119:105), GUIDING ME EVERY STEP OF THE WAY. IN JESUS' NAME, I PRAY.

AMEN.