"Heavenly Father,

In the midst of life's uncertainties and challenges, we come before You with **Hearts Burdened by Worries and Anxieties.** But we thank You, Lord, for Your Word that reminds us of Your faithful care and provision.

As Jesus taught us in <u>Matthew 6:25-34</u>, help us not to be anxious about the needs of this life—the food we eat, the clothes we wear, or the challenges we face. Instead, may we trust in Your unfailing love and seek first Your kingdom and righteousness, knowing that You will provide all we need.

Teach us, Lord, to bring every concern before You in prayer, just as Paul Instructed in <u>Philippians 4:6-7</u>. Grant us the wisdom to present our requests with thanksgiving, knowing that Your peace, which surpasses all understanding, will guard our hearts and minds in Christ Jesus.

And as Peter urged in <u>1 Peter 5:7</u>, we cast all our anxieties upon You, knowing that You care for us deeply. Help us to surrender our worries into Your loving hands, trusting in Your perfect timing and sovereign will.

May Your peace, O Lord, reign in our hearts, calming every anxious thought and filling us with the assurance of Your presence. Strengthen our faith, O God, that we may walk in confidence, knowing that You are our Provider, Protector, and Sustainer.

We pray this in the name of Jesus Christ, our Savior and Redeemer.