**Your Child by 4 Years of Age**

How your child plays, learns, speaks and acts offers important information about your child’s development. Developmental milestones are things most children are capable of doing by a certain age. These are some of the developmental milestones for a 4 year old.

Fine Motor/Self-Help/Play Skills

* Holds marker/crayon with thumb, index and middle finger (see picture)



* Can draw a cross
* Draws a person with 2-4 body parts
* Uses scissors to cut on line
* Unbuttons/buttons large buttons
* Identifies 6 colors
* Uses utensils to eat
* Engages in turn-taking play

Gross Motor Skills

* Walks up and down stairs (alternating steps)
* Stands on tiptoes
* Runs and stops without falling
* Hops forward on both feet
* Walks on a balance beam without stepping off
* Throws tennis ball overhand and underhand

Language/Communication

* Follows 4-part directions
* Uses 4-5 word sentences
* Tells a story
* Counts four objects; rote counts 1 to 10
* Says first and last name
* Knows size and color adjectives
* Sings a song or recites a poem from memory
* Speech is more fluent; less repetition of words/sounds