

# WELCOME GUIDE

# VITAMIN SEA

[VitaminSeaBeachHome.com](http://VitaminSeaBeachHome.com)





**A WARM**

**WELCOME!**



**A GUIDE FOR YOUR STAY WITH US**





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*Welcome!*

**VITAMIN SEA**

ORANGE BEACH, AL

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# Contents



## **WELCOME!**

Welcome Letter from Host  
Quick reference info  
Helpful Contacts

1



## **VITAMIN SEA**

House Rules  
How to use appliances  
Amenities

2



## **THINGS TO SEE**

Places to visit  
Restaurants  
Shopping

3



## **GOOD BYE**

Checkout info

4

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— *Welcome!* —

**TO VITAMIN SEA!**





Nikki &  
AV

## MEET YOUR HOST

- Live in DFW- TX
- We enjoy traveling with our son and it has been a dream to have a home here
- In our free time you can frequently find us on the baseball field cheering on our son

### CONTACT US:

972-674-9191

Info@SpiceofLifeVacations.com

WELCOME!

# Welcome

## DEAR GUEST

Thank you so much for choosing to stay at Vitamin Sea! Orange Beach is one of our family's favorite places to vacation and we hope after this stay it will be one of your favorites as well.

Inside this book, hopefully you will find any information you need to help you enjoy your stay. There is a list of amenities, restaurants we enjoy, and local things to do.

Have a great time with your family/ friends and please leave us a review about your stay.

Visit us at [VitaminSeaBeachHome.com](http://VitaminSeaBeachHome.com)

Nikki and AV

ENJOY YOUR STAY



## Quick Reference

# Welcome

3348 Adams Ave, Orange Beach AL 36561



**NETWORK:** VitaminSea  
**PASSWORD:** VitaminSea

## Contacts

**HOST:** Nikki & AV  
**CONTACT:** 972-674-9191  
Info@SpiceofLifeVacations.com

## Parking

Free-You can park your cars in the driveway or under house

There are numerous places to rent a golf cart if you want to use one to drive across the street. Only golf cart parking, cars have to park at Signal 12/ public parking

★★★★★ We hope you enjoyed your stay!

We would appreciate your review & hope to see you again soon!

## House Rules

- If you notice anything is damaged- let us know within the first 2 hours of your arrival
- No smoking of any kind is permitted in the home
- No parties, loud music/ noise between 10pm-7am (City Ordinance), 11 PM Fri and Sat
- No pets are permitted on the property
- Please roll trashcan (royal blue) to the curb on Monday and Thursday night, Recycle (light blue) on Tuesday night.
- Have fun and relax

## Check Out

Time: 11:00 AM

- Please ensure all trash is removed before you leave
- Please put all dirty dishes in the dishwasher and start
- Please return all furniture and items to their original location
- If you used the grill- empty charcoal and clean rack

Thanks!  
Nikki & AV



# Emergency Contacts



## YOUR HOSTS

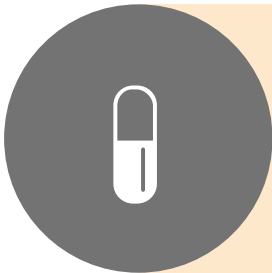
Nikki and AV  
972-674-9191  
Info@SpiceofLifevacations.com



## MEDICAL EMERGENCY

CALL 911  
in case of  
emergencies

American Family Care  
T: 251-974-3004  
A: 25775 Perdido Beach Blvd,  
Orange Beach, AL 36561



## PHARMACY

Walgreens  
T: 251-981-7019  
A: 25801 Perdido Beach Blvd, Orange Beach, AL 36561  
Closes at 9pm



## SHUTTLE SERVICE

Able Airport Shuttle To/ From Pensacola  
T: 850-607-0209  
E: ableshuttletaxi@gmail.com



## ROADSIDE ASSISTANCE

East Beach Wrecker Service  
T: 251-504-6022  
A: 27302 E Beach Blvd, Orange Beach, AL 36561



# House Rules

## A FRIENDLY REMINDER



### NO SMOKING

Please do not smoke inside the house. You may smoke in driveway- throw away butts in trash can



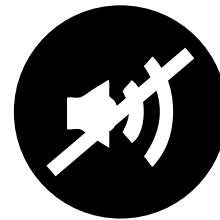
### WASH OFF SAND

Please wash off sand, beach items, shells DOWNSTAIRS/ outside



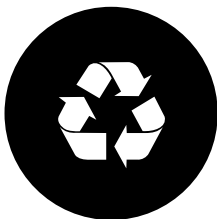
### NO PETS

We love animals, however pets are not allowed in the house.



### QUIET TIME

Please respect our neighbors by keeping the noise down after 10pm (11pm weekends- city ordinance)



### PLEASE RECYCLE

Help us help the planet by recycling. Cans and plastic only- no glass



### GREASE DISPOSAL

There is a coffee tin under the sink where you can put your grease. House is on a septic system and it will back up if you pour down the kitchen drain/ toilet

THANK YOU FOR UNDERSTANDING

# Tips for Your Stay

*Hopefully you find everything you need to feel at home*

## WIFI

1

User Name: VitaminSea  
Password: VitaminSea  
Caps matter- no spaces

## TV

2

The "V" button in the middle of the remote allows you to access apps and log in to streaming services. Or use the Roku remote. Sling provided for live TV

## KEURIG K-DUO

3

Fill reservoir  
Pick the carafe button on left or pod button on right  
Select # of cups/ or size of cup  
Press K button to start brew

## NEST THERMOSTAT

4

Press and turn to desired temperature- default 74  
Do not set below 70 degrees- it will not cool down faster

## ADJUSTABLE BED

5

Remote is tethered to King bed and allows you to adjust head

## HAVE FUN

6

Enjoy the beach and the house with your friends and family!

**HELPING YOU GET COMFORTABLE**







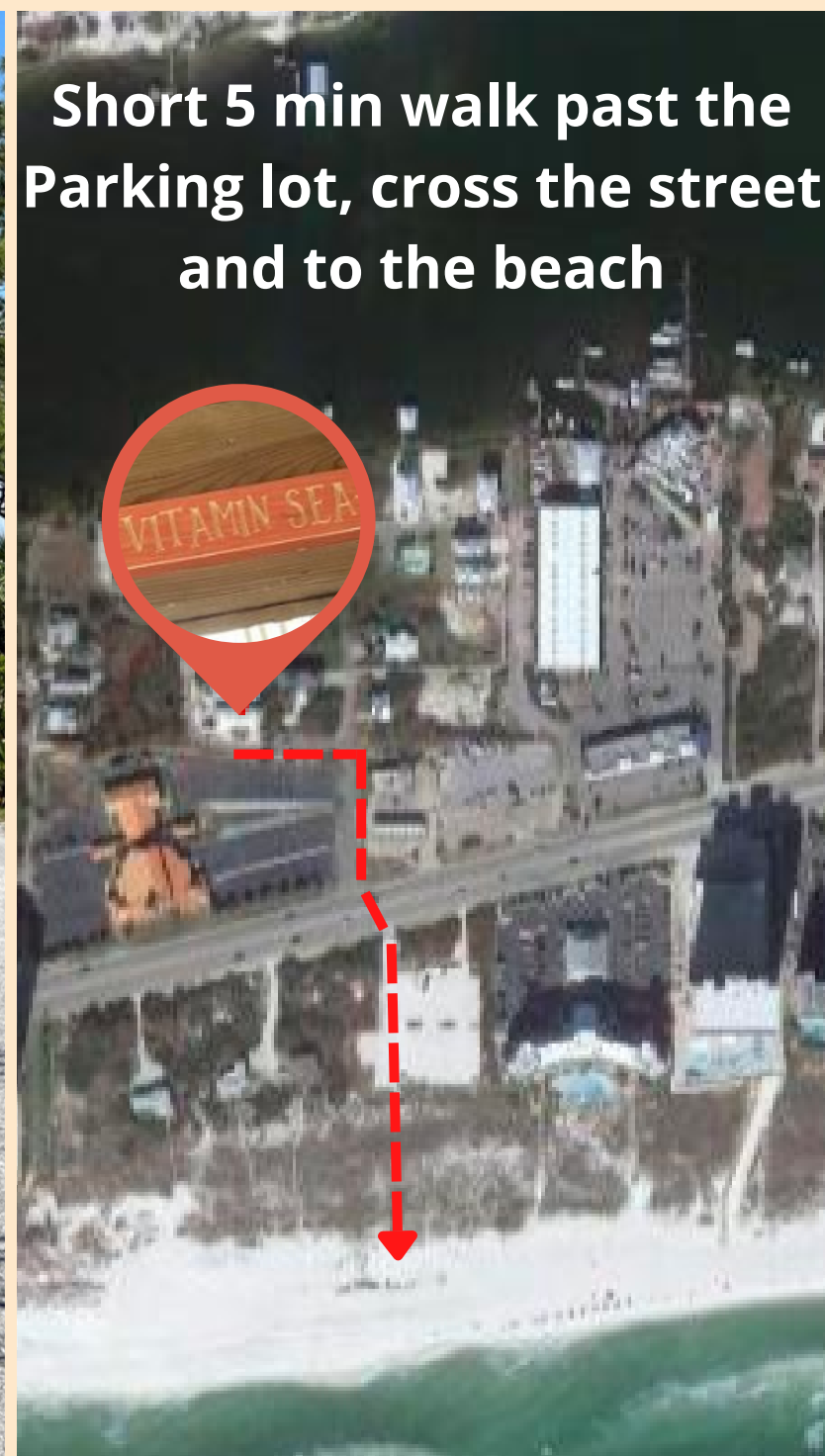


# Amenities for your comfort

- 1 Key pad available for 24 hr entry
- 2 Laundry service providing fresh sheets, comforters, and towels
- 3 Extra pillows and blankets
- 4 Basic toiletries and hair dryer
- 5 Washing machine, dryer, iron and ironing board
- 6 WIFI and live TV streaming
- 7 Central heating and air conditioning









# Additional amenities for your comfort

8

Kitchen with full range of appliances

Stove, oven, microwave, toaster, blender, Keurig duo coffee maker, crock pot, dishes, pots/ pans...

9

Access to beach and lagoon

Continue down Adams where it turns into grass for lagoon/ fishing. Can cross Perdido for beach entry

10

Board Games and Outdoor games

Ping pong, Giant Jenga, Cornhole...

11

Outdoor seating and dining area-  
and shared sand yard with neighbor

12

Storage area with beach items  
guests may borrow- cooler, chairs,  
umbrella...

13

CDC recommended cleansers used

14

Multi device docking station charger  
on the kitchen island, phone chargers  
in bedrooms







# Vitamin Sea Fun

when not enjoying the water



**CORNHOLE**



**PING-PONG**



**GIANT JENGA**



**PUZZLES**



**BOARD GAMES**



**SIDEWALK CHALK**





**THE BEACH**



**GULF STATE PARK**



**DOLPHIN CRUISE**

## Local Things To Do

(additional details on next page)



**THE WHARF**



**ALABAMA GULF  
COAST ZOO**



**ADVENTURE ISLAND**



**OWA**



**WATER ACTIVITIES**



**DEEP SEA FISHING**

# Additional Information

- 1 **The Beach** - Short walk/ golf cart ride across the street or Drive to light "Signal 12" park and pay
- 2 **Gulf State Park** - Hiking, biking, fishing, paddling, parasailing and kayaking. 2 miles of beach, lake, pool, picnic area, & nature center. Sunrise to sunset. Small parking fee-equitment rentals
- 3 **Dolphin Cruise** - Take a local boat out and see dolphins up close. Could also book a kayak tour. Dolphin Tales 251- 269-5555 Adults \$22 Kids \$18
- 4 **The Wharf** - Waterfront area with shops, marina, restaurants, rides, mini-golf, amphitheater and movie theater.
- 5 **Alabama Gulf Coast Zoo** - Animal Friendly 25 Acre Zoo with theme-park, animal adventures, interactive animal shows, and a giraffe feeding station. 9am-4pm Adults \$20 Kids 3+ \$15
- 6 **Adventure Island** - Go Carts and arcade are perfect for rainy days. Not too big- easy to keep track of your kid. Same parking lot as Fat Daddy Arcade, but kids preferred this one
- 7 **OWA** - Indoor water park, theme park, and shopping/ restaurants- located in Foley, AL. \$25 tickets, free parking
- 8 **Water Activities** - Parasailing, diving, boating, surfing, kayaking, paddle board...
- 9 **Deep Sea Fishing** - Book an excursion and catch your own dinner.





## ORANGE BEACH/ GULF SHORES

# Places to Eat



### DOC'S SEAFOOD

26029 Canal Rd., Orange Beach, AL 36561

Go to the original location, not the new one. Been around since 1983. Huge gulf oysters and enormous platters. Fried shrimp and gumbo are winners. All platters can serve at least 2 people

**Call: 251- 981-6999**

### FRESH OFF THE BOAT

27267 Perdido Beach Blvd., Suite 105, Orange Beach, AL 36561

Coast Casual. Completely Delicious. Relaxed, waterfront dining at SanRoc Cay Marina in Orange Beach. Cannot miss. Seafood, Key lime pie, salad- I know- but the salad is amazing. This is one of the best places.



**Call: 251- 273-7374**



### COSMO'S RESTAURANT

25753 Canal Rd., Orange Beach, AL 36561

Using chef-inspired ingredients, you can enjoy everything from hand-cut steaks to local seafood and pasta. The Year of Alabama Food named their Banana Leaf Wrapped Fish as one of "the top 100 dishes to eat before you die." Fun shopping and live music on patio

**Call: 251- 948-9663**

### SWEET CONE ALABAMA

26651 Perdido Beach Blvd Suite c, Orange Beach, AL 36561

You can walk here from the house- just on the other side of the gas station/ boat area. yummy candy, but the ice cream is amazing! Banana pudding and Key Lime flavor are a hit. The small is plenty big. Sugar free flavors too.

**Call: 251- 981-1675**



## ORANGE BEACH/ GULF SHORES

# Places to Eat



### PICNIC BEACH

128 E 1st Ave, Gulf Shores, AL 36542

Relaxed picnic-themed eatery with wood tables & faux grass offering fresh salads, seafood, and, burgers. Poke bowls are delish- and huge, truffle fries and cauliflower are awesome.

**Call: 251-540-0117**

### SUNLINER DINER

100 E 2nd Ave, Gulf Shores, AL 36542

This diner has a fun 50's theme. I'm not an ice cream/shake person, but I went here twice in one week for the banana split shake. Outstanding breakfast and fried green tomatoes, good comfort/ diner fare. Behind Picnic Beach.

**Call: 251- 937-6590**



### THE GULF RESTAURANT

27500 Perdido Beach Blvd, Orange Beach, AL 36561

The Gulf is a fun and relaxed location that is also classy. The elegant rustic cuisine has made the Gulf a destination experience with seasonal menus featuring the freshest local ingredients. Close to house, and has sand for kids to play in.

**Call: 251- 424-1800**

### GT'S ON THE BAY

26189 Canal Rd, Orange Beach, AL 36561

GTs On The Bay sits overlooking Wolf Bay on Canal Road in the heart of Orange Beach. With stunning views and bay front dining, GTs features a diverse menu.

**Call: 251-980-8400**





## ORANGE BEACH/ GULF SHORES

# Places to Eat



### ROYAL OYSTER

4159 Co Rd 6, Gulf Shores, AL 36542

Awesome variety and flavors for raw and cooked oysters. Small, so get there early, so worth it.

**Call: 251-270-2906**

### LULU'S

200 E 25th Ave, Gulf Shores, AL 36542

At LuLu's they serve seafood favorites to allergy-friendly choices. There are fun things for kids to do like a climbing area, arcade, hair wraps...

**Call: 251- 967-5858**



### TACKY JACK'S

240 E 24th Ave, Gulf Shores, AL 36542 or

27206 Safe Harbor Dr, Orange Beach, AL 36561

3 locations. Fun for people watching on the bay. Food is typical bar food. They also have breakfast. It is a fun atmosphere.

**Call: 251- 948-8881  
251-981-4144**

# LOCAL Shopping

IN ORANGE  
BEACH, AL

**Publix**

**PUBLIX**

This is the best grocery store. So clean and friendly. Close to house.



**WALGREENS**

Very close to house and has a mini grocery store inside



**SOUVENIR CITY**

Go to the one in Gulf Shores. Kids will love it. Pirate ship in back and Shark in front. Big selection. Octopus store next door is fun for a photo- but shop isn't as good as this one.



**ISLAND GIRL**

Can get hair wrapped or braided, temporary and henna tattoos, and chill beachwear



**SURF STYLE**

Has Souvenirs as well, but also clothes, and skim boards/ water equipment We go to the one in Gulf Shores near Souvenir City and Hangout Bar



**SWEET PEA'S POSH PETS**

Awesome dog treats and they hand make collars and leashes. I got my pups gifts for when we returned. Orange Beach and Gulf Shores





# Check Out

## CHECKLIST

1

### TAKE OUT TRASH

Please empty all trash cans and put in the blue trash bin downstairs. Roll trash bin out on Monday and Thursday nights. Recycle Bin roll out on Tuesday nights- only put Cans and plastic bottles- no glass (Glass can only be recycled at City Hall)



2

### DISHES/LINENS

Add all dirty dishes to the dishwasher and start  
Put dirty towels in bathtub, no need to touch bedding



3

### PICK UP

Return furniture and items to their original location. Each room has an apple charger and a droid charger. Please don't accidentally pack.



4

### GRILL

If you used the grill, please empty the charcoal and clean the rack- then cover with grill cover to prevent rust.



5

### THERMOSTAT/ LIGHTS

Turn thermostat to 72 degrees and turn off all lights.  
Remember to log out of **your** streaming services on all TVs



6

### UNOPENED FOOD

Feed the hungry. Call or text 251-616-2262 to donate perishable and non-perishable food, toiletries, diapers, and paper products.  
FREE PICKUP MyChurch at the Flora-bama



*We hope you enjoyed your stay!*

LEAVE US A

# Review

We hope you had a great time at Vitamin Sea and enjoyed your stay! Kindly leave us a review where you booked and on Facebook.

*Thanks,  
Nikki and AV*



THANK YOU FOR YOUR FEEDBACK!





THANK YOU FOR YOUR FEEDBACK!















