

#### Waiver of Liability for Ess3ntia.com

Effective Date: April 1st, 2025.

This Waiver of Liability ("Waiver") is made by any individual ("User" or "You") accessing or using the website www.ess3ntia.com ("Site") and/or participating in Ess3ntia coaching, wellness programs, or purchasing and consuming Ess3ntia Functional-Ancestral Foods products.

By accessing this Site, purchasing our products, or engaging in our services, you agree to the terms of this Waiver.

### 1. No Medical Advice

Ess3ntia does not provide medical advice. The content on our website and social media, including coaching sessions, product recommendations, blogs, and educational materials, are intended for informational and educational purposes only.

You acknowledge that Ess3ntia is not a licensed medical provider and that our products and services are not intended to diagnose, treat, cure, or prevent any disease.

Always consult a qualified healthcare provider before beginning any diet, supplement, or lifestyle change.

### 2. Voluntary Participation

Your use of Ess3ntia products, services, coaching, and educational materials is entirely voluntary. You assume full responsibility for your health and any outcomes or reactions resulting from your participation.

### 3. Assumption of Risk

You understand and acknowledge that any dietary, supplement, or lifestyle change carries inherent risks. By participating, you voluntarily assume all risks, known or unknown, associated with using Ess3ntia's website, products, and services.



# 4. Release of Liability

To the fullest extent permitted by law, you release Ess3ntia, its owners, employees, coaches, affiliates, and agents from any and all liability, claims, or demands, including but not limited to personal injury, illness, or economic loss resulting from your use of our Site, programs, or products.

### 5. Indemnification

You agree to indemnify and hold harmless Ess3ntia and its team from any claims, damages, or legal fees arising out of your use of the Site, products, or services, or your violation of this Waiver.

## 6. Legal Compliance

This Waiver is governed by the laws of the State of Texas. If any portion is found unenforceable, the remaining provisions will remain in full force and effect.

### 7. Contact

If you have questions about this Waiver, please contact:

- Email: info@ess3ntia.com
- Website: www.ess3ntia.com