## 2024 Ladies' Events

**Thursday @ 10:00 AM** Fine Arts Building Melanie Nealeigh & Tammy Baughn "Paint Rocks . . . . Spread Smiles!"

*Thursday* @ 1:00 PM – 3:00 PM Fine Arts Building Kelsi Hirschy & Becky Newberry "Make & Take" Quilting

Thursday @ 5:00 - 6:00 PMFine Arts BuildingNichole Linebaugh, Owner Nurturing Rose YogaGentle Yoga Flow: Relax, Rejuvenate, and Breathe\*some mats and blankets are provided & you are welcome to bring your own, perfect for beginners

*Friday* @ 10:00 AM Fine Arts Building Audrey Hathaway Upcycling 101

Friday @ 1:00 – 3:00 PM Fine Arts Building Kelsi Hirschy & Becky Newberry "Make & Take" Quilting

Friday @ 5:00 – 6:00 PM Fine Arts Building Nichole Linebaugh, Owner Nurturing Rose Yoga Gentle Yoga Flow: Relax, Rejuvenate, and Breathe \*some mats and blankets are provided & you are welcome to bring your own, perfect for beginners

## Saturday @ 7:45 – 8:45 AM Fine Arts Building

Nichole Linebaugh, Owner Nurturing Rose Yoga Gentle Yoga Flow: Relax, Rejuvenate, and Breathe \*some mats and blankets are provided & you are welcome to bring your own, perfect for beginners

Saturday @ 10:00 AM Fine Arts Building Jana Bruggeman, Owner Jo's Corner Florist "Make & Take" Surprise Activity

These are free activities for attendees