

 **Recipe:** PUMPKIN PIE SMOOTHIE
From the Kitchen of: PRINCIPAL BIRNEY & CHEF ROBYN

Ingredients:

- 2 cup coconut or vanilla soy milk
- 1 banana, frozen in slices
- ¼ tsp ground cinnamon
- ¼ tsp pumpkin pie spice
- 2 Tbsp maple syrup
- ¾ cup pumpkin pure

Directions:

1. Combine all ingredients in a blender and blend until smooth.
2. Enjoy your delicious, naturally sweetened, packed with Vitamin A, dairy-free, pumpkin pie smoothie !



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