

Hotshot Tricks Tutorials – Written Guides #1

How do I get into tricking and where do I even start?

Hey everyone! Julian Shamuon here from Hotshot Athletic Martial Arts and Hotshot Tricks Tutorials. This will be my first written article to help the tricking community grow and become the best trickers they can be!

“Where do I start?” is the most common question I get asked, so for the most part I start off by telling everyone how I personally started. First it was with my sister Lorenza learning how to do a front handspring in our martial arts school for her musical routine she competed with. I didn’t think of it all that much personally but I thought it was pretty nifty... it wasn’t until I was in Jamaica in 2004 when I saw someone do a b-kick for the first time and then a freaking 540 that I was like... hell yea... I wan that.

From there it was head down and tricking goggles on, I wanted nothing to do with anything else but tricking. I actually ended up landing my 540 on the first try because I had down thousands of tornado kicks in kung fu before I even tried a 540 (hint hint, nudge nudge, get into martial arts!!!!).

After I landed the 540, I started showing off with it in school and I had friends that wanted to learn as well, and when they all landed it as well, that made me want to learn more. I mean, cool things aren’t cool if everyone can do it, so I started to really get into tricking. I had no direction whatsoever but I had YouTube, trickstutorials and the determination to land everything I possibly could. Now, I am here, and I want to help all of you!

So where do you get started? Well, my next write up is going to be about the basics. As I start putting up more and more tutorials you will get to see the pathway that I would personally recommend to take and learn but at the end of the day, all you have to do is START. Try some things out safely and moderately. As you continue to improve, you will gain confidence to try new things, more complexed movements and you’ll never turn back!

This all applies for both acrobatics as well as the weapons side of things. You just have to START!