November Newsletter

ONE PEER TO ANOTHER

November 2026



In this newsletter you can expect:

- Events at One Peer to Another
- Events in the Community
- Local Resources
- Contact Info for our Staff at One Peer
- One Peer Recovery Friendly Workplace

Dear Readers,

November is a time to reflect on gratitude, embrace change, and appreciate the connections that help us through life's challenges. As the days grow colder, it is a reminder of the importance of kindness, compassion, and supporting one another.

We are excited to share that One Peer to Another has officially been designated a Recovery Friendly Workplace! This is an important milestone for our agency and reflects our commitment to creating a welcoming environment where recovery is encouraged, mental health is valued, and everyone feels supported and respected.

As we approach the holiday season, remember that even small acts of kindness can make a meaningful difference. Whether it's checking in on someone, offering a listening ear, or reaching out for support yourself, connection reminds us that we are never truly alone.

Thank you for being part of a community built on hope, resilience, and recovery. We are grateful for each of you and wish you a safe, healthy, and meaningful November!

With gratitude,

One Peer to Another

One Peer to Another November Events

- November 3rd- 12pm In Laconia Community/Member Meeting & Prepare & Share Nutrition Group 🥗
- November 4th- 12pm In Concord Community/Member Meeting & Prepare & Share Nutrition Group 🥗
- November 11th- Veteran's Day/CENTERS CLOSED
- Every Tuesday @12 - Prepare & Share Nutrition Group 🥪🥗 in Laconia
- Every Wednesday @12pm Prepare & Share Nutrition Group 🥪🥗 in Concord
- Every Wednesday @ Laconia Center @ 11 Art w/Mona 🎨
- Every Friday @ 12:30pm FRIDAY FILM 🎬🍿
- Every Thursday in Laconia @ 12:00-1:30 Isaiah 61 Outreach (Satellite)
- Art with Amanda in Concord @ 1pm every Thursday🎨
- November 17th at 10AM- NH Mental Health Peer Alliance (Zoom)
- November 25th- Thanksgiving at One Peer @ Laconia center @ 11:00am
- November 26th- Thanksgiving Day Centers CLOSED
- November 27th- Day after Thanksgiving Centers CLOSED

Recent Happenings @ One Peer



FIELD TRIP TO STONE MOUNTAIN FARM APPLE PICKING





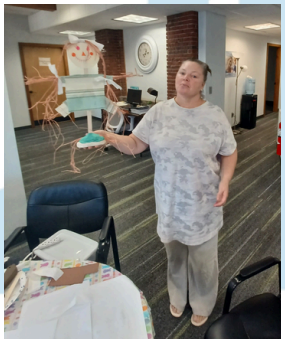






ARTS & CRAFTS GROUPS





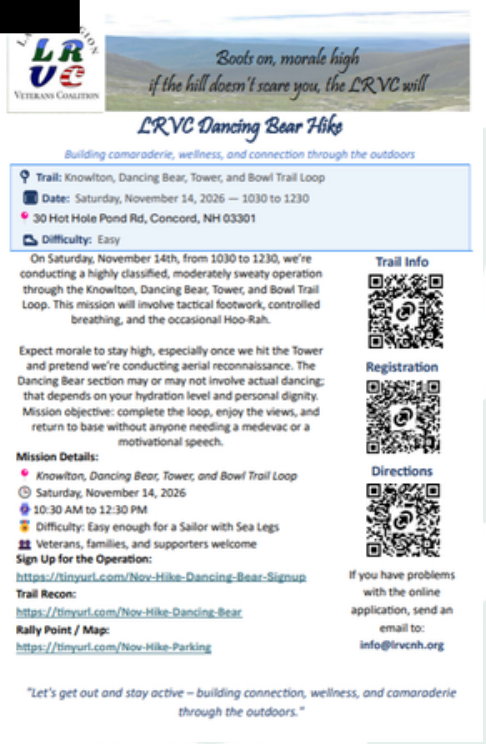




Events in the Community

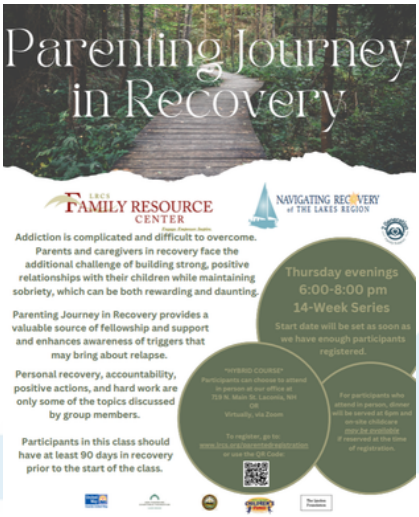














ONE PEER TO ANOTHER
has some big news!

as of Thursday, October 15th we have officially been made Recovery Friendly Workplace!



"One Peer to Another is dedicated to fostering a healthy, safe, and stigma-free workplace environment through our participation in the New Hampshire Governor's Recovery Friendly Workplace (RFW) initiative. Our objective is to create a supportive atmosphere where our employees, their families, and our community can collaborate to remove barriers to recovery for those impacted by addiction"

-Michelle LaDue, Executive Director

recovery friendly

New Hampshire's Recovery Friendly Workplace (RFW) program is a state-led initiative that empowers employers to create supportive, stigma-free environments for employees in recovery from substance use disorder (SUD) or affected by SUD

Warmline Support & Local Resources

New Hampshire Rapid Response Access Point
1-833-710-6477
This helpline offers a central contact center for those facing a mental health or substance use crisis, providing quick, coordinated access to services for individuals and families.

One Peer to Another Warmline
Warmline operates 5pm - 10pm 1-800-306-4334
Operates 7-days a week 365/year including holidays. The Warmline is a non-clinical support to keep people connected and supported during difficult times when the centers are closed.

Resources 211
New Hampshire residents can dial 211 for free, confidential help with mental health, substance misuse, and other health and human services. Trained specialists connect callers with the resources they need, thanks to a statewide partnership of nonprofits, government, businesses, and volunteers.

The Substance Abuse and Mental Health Services Administration (SAMHSA) 988
The agency within the U.S. Department of Health and Human Services that leads public health efforts to advance the behavioral health of the nation. This service is for individuals and families needing help. You can call or text 988.

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