

ONE PEER TO ANOTHER - LACONIA

328 Union Ave. Laconia, NH 03246 | (603) 528-7742

DECEMBER 2025

	Monday	Tuesday	Wednesday	Thursday	Friday
<p>IMPORTANT INFORMATION:</p> <p><u>Local Warmline:</u> 1-800-306-4334 Open 5-10 PM 7/365 days For when you need someone to talk to!</p> <hr/> <p><u>Local Mental Health Agency:</u> Lakes Region Mental Health Center (603) 524-1100</p> <p>CALL OR TEXT 988 24/7/365 days For when you are in crisis, feeling suicidal, or need professional assistance!</p> <p>Funding for Peer Support Agencies comes from the: NH Department of Health and Human Services (DHHS) & the Substance Abuse & Mental Health Services Administration (SAMHSA)</p> 	<p>1</p> <p>10a Community/ Member Meeting 11 Intentions for the Week 12 Bring your own lunch 1 The Journey of Recovery</p>	<p>2</p> <p>10a Check In 11a Steeped in Support 12 Lunch Social 1p Holiday Ready 2p Game Time!</p>	<p>3</p> <p>10a Meal Planning 11a Art w/Mona 🎨 1p Member Led Group 2p Practicing Gratitude</p>	<p>4</p> <p>10a Check In 11a Ice Breakers 12p Frame of Mind 🎨 2p Laughing Group</p>	<p>5</p> <p>10a Morning Warm Up 11a Journaling 12p Bring your own Lunch! 1p Friday FILM</p> 
	<p>8</p> <p>10a Intentions for the Week 11 Morning Movement 12 Bring your own lunch 1 The Journey of Recovery</p>	<p>9</p> <p>10a Check In 11a Steeped in Support 12 Lunch Social 1p Holiday Ready 2p Game Time!</p>	<p>10</p> <p>10a NH Navigating Collaborative Meeting* 11a Art w/Mona 🎨 1p Member Led Group 2p Practicing Gratitude</p>	<p>11</p> <p>10a Check In 11a Ice Breakers 12 Frame of Mind 🎨 2p Laughing Group</p>	<p>12</p> <p>10a Morning Warm Up 11a Journaling 12p Bring your own Lunch! 1p Friday FILM</p> 
	<p>15</p> <p>10a Intentions for the Week 11 Morning Movement 12 Bring your own lunch 1 The Journey of Recovery</p>	<p>16</p> <p>10a NH Mental Health Peer Alliance* 11a Steeped in Support 12 Lunch Social 1p Holiday Ready 2p Game Time!</p>	<p>17</p> <p>10a Meal Planning 11a Art w/Mona 🎨 1p Member Led Group 2p Practicing Gratitude</p>	<p>18</p> <p>10a Check In 11a Shopping Trip/Budgeting* 1p Ice Breakers 2p Laughing Group</p>	<p>19</p> <p>HOLIDAY PARTY in Concord Bring Your Best Dish! (Sign up for Rides ahead)</p>
	<p>22</p> <p>10a Intentions for the Week 11 Morning Movement 12 Bring your own lunch 1 The Journey of Recovery</p>	<p>23</p> <p>10a Check In 11a Steeped in Support 12 Lunch Social 1p Holiday Ready 2p Game Time!</p>	<p>24</p> <p>10a Meal Planning 11a Art w/Mona 🎨 1p Member Led Group 2p Practicing Gratitude</p>	<p>25</p> <p>CHRISTMAS-Center CLOSED</p> 	<p>26</p> <p>Day After Christmas Center CLOSED</p>
	<p>29</p> <p>10a Intentions for the Week 11 Morning Movement 12 Bring your own lunch 1 The Journey of Recovery</p>	<p>30</p> <p>10a Check In 11a Steeped in Support 12 Lunch Social 1p Holiday Ready 2p Game Time!</p>	<p>31</p> <p>10a Meal Planning 11a Art w/Mona 🎨 1p Member Led Group 2p Practicing Gratitude</p>	<p>*Educational Groups 🎨 Creative Groups</p>	<p>Saturday Center Open from 10-2pm for Groups</p>