

February Calendar

ONE PEER TO ANOTHER-CONCORD

22 Bridge St. unit #15 Concord, NH 03301
(603) 224-0894

MONDAY 2	TUESDAY 3	WEDNESDAY 4
<p>10:00am Community Member Meeting (coffee & treats)</p> <p>11:00am Weekly Intentions</p> <p>12:00pm BYOL</p> <p>1:00pm Coloring & Conversation</p>	<p>10:00am Check In</p> <p>11:00 Self Care</p> <p>12:00 Lunch Social</p> <p>1:00 Clean Up/Reset</p> <p>2:00 Game Time!</p>	<p>10:00am Morning Meditation</p> <p>11:00am Finding Balance</p> <p>1:00pm Healthy Habits</p> <p>2:00 Check Out</p>
<p>10:00am Coffee Hour</p> <p>11:00am Weekly Intentions</p> <p>12:00pm Bring your own lunch!</p> <p>1:00pm Coloring & Conversation</p>	<p>10:00am Check In</p> <p>11:00 Self Care</p> <p>12:00 Lunch Social</p> <p>1:00 Clean Up/Reset</p> <p>2:00 Game Time!</p>	<p>10:00am Morning Meditation</p> <p>11:00am Finding Balance</p> <p>1:00pm Healthy Habits</p> <p>2:00 Check Out</p>
<p>PRESIDENT'S DAY HOLIDAY/CENTERS CLOSED</p> 	<p>10:00am NH Mental Health Peer Alliance*</p> <p>11:00 Self Care</p> <p>12:00 Lunch Social</p> <p>1:00 Clean Up/Reset</p> <p>2:00 Game Time!</p>	<p>10:00am Morning Meditation</p> <p>11:00am Finding Balance</p> <p>1:00pm Healthy Habits</p> <p>2:00 Check Out</p>
<p>10:00am Coffee Hour</p> <p>11:00am Weekly Intentions</p> <p>12:00pm Bring your own lunch!</p> <p>1:00pm Coloring & Conversation</p>	<p>10:00am Check In</p> <p>11:00 Self Care</p> <p>12:00 Lunch Social</p> <p>1:00 Clean Up/Reset</p> <p>2:00 Game Time!</p>	<p>10:00am Morning Meditation</p> <p>11:00am Finding Balance</p> <p>1:00pm Healthy Habits</p> <p>2:00 Check Out</p>

THURSDAY**FRIDAY**

<p>5</p> <p>10:00am Check In 11:00am Ice Breakers 12:00pm Advocacy 1:00pm Art with Cheryl</p>	<p>6</p> <p>10:00am Check In 11:00am Weekend Readiness 12:00pm Bring your own Lunch 1:00 Friday FILM </p>	<p>IMPORTANT INFORMATION: <u>Local Warmline:</u> 1-800-306-4334 7/365 days For when you need to talk to someone!</p>
<p>12</p> <p>STAFF TRAINING CENTERS CLOSED </p>	<p>13</p> <p>10:00am Check In 11:00am Weekend Readiness 12:00pm Bring your own lunch 1:00pm Valentine's Card Making Group </p>	<p><u>Local Mental Health Agency:</u> Riverbend Community Health Inc. (603) 715-5060</p>
<p>19</p> <p>10:00am Check In 11:00am Ice Breakers 12:00pm Advocacy 1:00pm Art with Cheryl</p>	<p>20</p> <p>FIELD TRIP FUNSPOT for Bowling </p>	<p>Call or Text 988 24/7/365 days For when you are in crisis, feeling suicidal, or need professional assistance!</p>
<p>26</p> <p>10:00am Check In 11:00am Ice Breakers 12:00pm Advocacy 1:00pm Art with Cheryl 6:00pm Board Meeting (join via zoom, ask for link)</p>	<p>27</p> <p>10:00am Check In 11:00am Weekend Readiness 12:00pm Bring your own lunch 1:00pm Friday FILM </p>	<p>Funding for Peer Support Agencies comes from the : NH Department of Health and Human Services (DHHS) & the Substance Abuse and Mental Health Services Administration (SAMHSA)</p>
	<p>FEBRUARY 26TH- BOARD OF DIRECTORS MEETING @6PM</p>	<p>Weather Conditions Closings will be posted on our Facebook!</p> 