


February Calendar







ONE PEER TO ANOTHER-CONCORD

22 Bridge St. unit #15 Concord, NH 03301
(603) 224-0894

MONDAY 2 10:00am Community Member Meeting (coffee & treats) 11:00am Weekly Intentions 12:00pm BYOL 1:00pm Coloring & Conversation	TUESDAY 3 10:00am Check In 11:00 Self Care 12:00 Lunch Social 1:00 Clean Up/Reset 2:00 Game Time!	WEDNESDAY 4 10:00am Morning Meditation 11:00am Finding Balance 1:00pm Healthy Habits 2:00 Check Out
9 10:00am Coffee Hour 11:00am Weekly Intentions 12:00pm Bring your own lunch! 1:00pm Coloring & Conversation	10 10:00am Check In 11:00 Self Care 12:00 Lunch Social 1:00 Clean Up/Reset 2:00 Game Time!	11 10:00am Morning Meditation 11:00am Finding Balance 1:00pm Healthy Habits 2:00 Check Out
16 PRESIDENT'S DAY HOLIDAY/CENTERS CLOSED 	17 10:00am NH Mental Health Peer Alliance* 11:00 Self Care 12:00 Lunch Social 1:00 Clean Up/Reset 2:00 Game Time!	18 10:00am Morning Meditation 11:00am Finding Balance 1:00pm Healthy Habits 2:00 Check Out
23 10:00am Coffee Hour 11:00am Weekly Intentions 12:00pm Bring your own lunch! 1:00pm Coloring & Conversation	24 10:00am Check In 11:00 Self Care 12:00 Lunch Social 1:00 Clean Up/Reset 2:00 Game Time!	25 10:00am Morning Meditation 11:00am Finding Balance 1:00pm Healthy Habits 2:00 Check Out

THURSDAY

FRIDAY

<p style="text-align: right;">5</p> <p>10:00am Check In 11:00am Ice Breakers 12:00pm Advocacy 1:00pm Art with Cheryl</p>	<p style="text-align: right;">6</p> <p>10:00am Check In 11:00am Weekend Readiness 12:00pm Bring your own Lunch 1:00 Friday FILM </p>	<p>IMPORTANT INFORMATION: <u>Local Warmline:</u> 1-800-306-4334 7/365 days For when you need to talk to someone!</p>
<p style="text-align: right;">12</p> <p>STAFF TRAINING CENTERS CLOSED</p> 	<p style="text-align: right;">13</p> <p>10:00am Check In 11:00am Weekend Readiness 12:00pm Bring your own lunch 1:00pm Valentine's Card Making Group </p>	<p><u>Local Mental Health Agency:</u> Riverbend Community Health Inc. (603) 715-5060</p>
<p style="text-align: right;">19</p> <p>10:00am Check In 11:00am Ice Breakers 12:00pm Advocacy 1:00pm Art with Cheryl</p>	<p style="text-align: right;">20</p> <p>FIELD TRIP FUNSPOT for Bowling</p> 	<p>Call or Text 988 24/7/365 days For when you are in crisis, feeling suicidal, or need professional assistance!</p>
<p style="text-align: right;">26</p> <p>10:00am Check In 11:00am Ice Breakers 12:00pm Advocacy 1:00pm Art with Cheryl 6:00pm Board Meeting (join via zoom, ask for link)</p>	<p style="text-align: right;">27</p> <p>10:00am Check In 11:00am Weekend Readiness 12:00pm Bring your own lunch 1:00pm Friday FILM </p>	<p>Funding for Peer Support Agencies comes from the : NH Department of Health and Human Services (DHHS) & the Substance Abuse and Mental Health Services Administration (SAMHSA)</p>
	<p>FEBRUARY 26TH- BOARD OF DIRECTORS MEETING @6PM</p>	<p>Weather Conditions Closings will be posted on our Facebook! </p>