

July Newsletter



ONE PEER TO ANOTHER

July 2025

In this newsletter
you can expect:

One Peer to Another wishes growth, connection, and Summer Sunshine

Dear Members and Guests,
As July unfolds, we're reminded of the power of community, resilience, and the healing nature of peer support. Just like summer brings longer days and warmer weather, this season can also bring new energy and renewed hope into our recovery journeys.

At One Peer to Another, we believe in walking alongside each other with compassion, respect, and lived experience. Whether you're attending groups, connecting one-on-one, or simply reaching out when you need to talk, you're part of a strong, supportive network that grows brighter with every voice.

This month, we're celebrating connection. Look inside for upcoming happenings, daily groups, community events and wellness resources designed to help you thrive. And don't forget to take some time for yourself, step outside, breathe deeply, and remember how far you've come. Here's to continuing the journey together, with strength, support, and a little sunshine.

Best wishes,
One Peer to Another

Events at One
Peer to Another

Recent
Happenings @
the Centers

Local Resources

Contact Info for
our Staff at One
Peer

Events in the
Community

One Peer to Another July Events

- July 4th- Centers Closed/Holiday
- July 10th- Community/Member Meetings (for your input as members!)
- July 18th- Centers Closed for Staff Appreciation Day
- July 23rd 11am @ Concord Center #Oral Health Matters Gail Brown, MSW, JD
- July 30th @ 1pm in Laconia #Oral Health Matters Gail Brown, MSW, JD
- July 25th- COOKOUT @ Laconia Center w/Games, Music, Grilling 🍔🌭
- Every Tuesday Creative Art 1pm @ Concord office
- Every Wednesday @ Laconia Center @ 11 Art w/Mona
- Every other Wednesday Budgeting & Shopping Trip @11am (both centers)
- Every Tuesday Community Lunch!

Recent Happenings @ One Peer



TRAINING @ IN
CONCORD FOR PEER
SUPPORT SPECIALISTS



JUNE FUNDRAISING ART SHOW @
LEAVITT PARK IN LACONIA FOR AMY
PARKER & LOCAL ARTISTS

FIELD TRIP TO
BEAR BROOK PARK
STATE PARK W/
CONCORD
MEMBERS



Events in the Community

TEXAS
DINE TO DONATE!
FUNDRAISING NIGHT

Support
FELLOWSHIP
HOUSING
OPPORTUNITIES
THUR. JUNE 26
3:30PM - 8

(603) 704-5254
317 LOUDON ROAD
CONCORD, NH

**10%
DONATION NIGHT**

Support Fellowship Housing Opportunities by presenting this flyer to the Concord, NH location and Texas Roadhouse will donate 10% of your total food purchases to Fellowship Housing Opportunities!

Supporting Fellowship Housing Opportunities will help continue bring resources and programming to their residents.



CONCORD
ARTS
MARKET

ARTS in
the PARK

featuring LOCAL ARTISTS
FOOD VENDORS ACTIVITIES
LIVE MUSIC COMMUNITY

ConcordArtsMarket.org
NH'S ORIGINAL JURIED, OUTDOOR ARTISAN
& FINE ARTS MARKET. EST. 2008

Lakes Region
Rotary
Laconia, NH
Join us for our 13th annual Charity

CAR SHOW

Save the date!

JULY 26TH

70 North Endicotts Street
Laconia NH



**14th Annual
Summer Psychic &
Craft Fair**

Saturday, July 19th, 2025
10:00 am - 4:00 pm

Weirs Community Center
25 Lucerne Ave, Laconia, NH 03246
FREE ADMISSION / DOOR PRIZES

Contact Erica Rudis: spiritandsouleventsnn@gmail.com





**BELKNAP
MILL
MUSEUM**

FIRST THURSDAY
July 3, 2025
BELKNAPMILL.ORG

Free Event Featuring Live Music,
Open Museum & Local Art

North River Band




Logan Putnam Fund

1949-2024

LAKES FM 101.5

LAKES REGION COMMUNITY COLLEGE

Summer Social

JULY 17, 2025
DROP IN FROM 4:30-6:30 PM

CASUAL NETWORKING
WITH OTHER INDUSTRY
PROFESSIONALS

AT THE NOTCH BIERGARTEN
BEANS & GREENS
245 INTERVALE RD. GILFORD NH

FAMILY FRIENDLY
BEANERY BARNYARD





Heroes and Hot Rods

Join Us Every Tuesday Night 5pm-7pm
May Through September










Proudly Sponsored by: The Marine Corps League Gary S. Dillon Detachment #734



Warmline Support & Local Resources

New Hampshire Rapid Response Access Point 1-833-710-6477

This helpline is responsible for a centralized contact center for individuals experiencing a mental health and/or substance use crisis. The contact center consolidates and streamlines access to mental health and substance use disorder services when you need it most. This service is for the individual or family members.

One Peer to Another Warmline Warmline operates 5pm - 10pm 1-800-306-4334

Operates 7-days a week 365/year including holidays. The Warmline is to help keep people connected and supported during difficult times when the centers are closed. Our operators are paid peers and not professionals.

Resources 211

Provides help with Mental Health and Substance Misuse it is NH's first statewide, comprehensive, information and referral services. Thanks to a unique coalition of non-profit government, corporate and volunteer partners, New Hampshire residents need only dial 211 to be connected, at no cost, with trained information and Referral Specialists who can help provide them with the health and human service information they need to get help, give help, or discover options.

The Substance Abuse and Mental Health Services Administration (SAMHSA) 988

The agency within the U.S. Department of Health and Human Services that leads public health efforts to advance the behavioral health of the nation. This service is for individuals and families needing help. You can call or text 988.

One Peer to Another, Laconia

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603-528-7742

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Chelsea Baker, Program Director

Email: chelsea.baker@onepeer.org

One Peer to Another, Concord

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Michelle LaDue, Executive Director

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One Peer to Another, Outreach

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One Peer to Another, Pemi Valley

Cindy Robinson

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WARMLINE: (800) 306-4334, 5-10 pm, 7 days per week
