

November Newsletter

ONE PEER TO ANOTHER



November 2025



In this newsletter
you can expect:

Dear Friends, Members, and Community Partners,

As the crisp November air settles in, we want to take a moment to wish you all a warm and healthy start to the holiday season. This month brings with it reflection, gratitude, and new beginnings here at One Peer to Another.

This November also marks an exciting transition for our Concord Center. Our last day at 244 N. Main Street will be November 17th, and while Concord will remain closed for the rest of the month, we're busy behind the scenes preparing a brand-new space! We're so excited to open the doors to our new Concord Center on December 1st. In the meantime, our Laconia Center remains open and welcoming for all members who wish to connect and attend groups.

From all of us at One Peer to Another, thank you for continuing to walk alongside us in recovery, growth, and peer support. We're so grateful for each of you and wish you a joyful, peaceful, and gratitude-filled November.

With warmth and appreciation,
The One Peer to Another Team

November
Events at One
Peer to Another

Recent
Happenings @
the Centers

Local Resources

Contact Info for
our Staff at One
Peer

Events in the
Community

One Peer to Another November Events

- November 3rd- Community/Member Meeting
- November 11th-Center CLOSED for Veterans Day
- November 12th- 10am NH Navigating Collaborative Meeting
- November 17th- Concords last day @ 244 N. Main
- November 17th-Dec 1st- Concord Center Closed
- November 28th & 29th- Center CLOSED for Thanksgiving
- Art w/Cheryl in Concord @ 1pm every Thursday
- Every Wednesday @ Laconia Center @ 11 Art w/Mona
- Every Tuesday- Community Lunch in Laconia
- Mondays in Laconia- Journey to Recovery w. Erika 1-3 P.M.



Recent Happenings @ One Peer

~FIELD TRIP TO STONE MOUNTAIN FARM



~MEAL PREP WITH AIDEN
GROUP IN CONCORD~

Events in the Community




PEER SUPPORT

A PROGRAM DEDICATED TO PEERS CONNECTING & HARVESTING THE WISDOM OF THE ROOM AS WE JOURNEY THROUGH LIFE JOIN US

WEDNESDAYS @ 12:15 PM
AT
57D MAIN STREET PLYMOUTH

ARCHWAYS & ONE PEER TO ANOTHER TEAMING UP FOR THIS PEER-LED, PEER DRIVEN GROUP

What to Expect

- ✓ Recovery/Peer Support Specialist
- ✓ In Person
- ✓ Resource Navigation
- ✓ Insurance Navigation
- ✓ Goal Setting Support
- ✓ Whole Person Approach
- ✓ Limited Transportation Available by Prior Scheduling (call for details)

Contact Us 603-346-4477 www.archwaysnh.org www.onepeer.org

The provision of this free web-based service is provided under a contract with the State of New Hampshire Department of Health and Human Services, with funding provided in part by the State of New Hampshire and the State of New Hampshire.



1 hr meeting

All About Recovery

A 12-STEP MEETING FOR RECOVERY FROM ALL SUBSTANCES

Free & Open to the Public

Tuesday's 7:00 PM **102 Court Street Laconia NH 03246**

FREE Pizza generously provided by 

For More Information: (603) 524-5939

 **NAVIGATING RECOVERY**
of THE LAKES REGION



FRIDAY, NOVEMBER 28TH
@4P.M.
CONCORDS 40TH
ANNUAL
TREE LIGHTING IN
DOWNTOWN

New Hampshire

Plymouth State University

Silver Center for the Arts
August 25, 2025 - November 8, 2025

Opening Reception
September 6, 2025 - 2pm-4pm

Drug Addiction: Real People, Real Stories



Plymouth State UNIVERSITY

 **FHO'S FALL FUN 5K**

4TH ANNUAL 5K ROAD RACE
SATURDAY NOVEMBER 1ST @8 A.M.
ROLLINS PARK IN CONCORD

Bark in the Park: Food Truck & Fall Festival
Saturday • November 15th • 11am-4pm
Rollins Park • Concord, NH



Warmline Support & Local Resources

New Hampshire Rapid Response Access Point 1-833-710-6477

This helpline offers a central contact center for those facing a mental health or substance use crisis, providing quick, coordinated access to services for individuals and families.

One Peer to Another Warmline Warmline operates 5pm - 10pm 1-800-306-4334

Operates 7-days a week 365/year including holidays. The Warmline is a non-clinical support to keep people connected and supported during difficult times when the centers are closed.

Resources 211

New Hampshire residents can dial 211 for free, confidential help with mental health, substance misuse, and other health and human services. Trained specialists connect callers with the resources they need, thanks to a statewide partnership of nonprofits, government, businesses, and volunteers.

The Substance Abuse and Mental Health Services Administration (SAMHSA) 988

The agency within the U.S. Department of Health and Human Services that leads public health efforts to advance the behavioral health of the nation. This service is for individuals and families needing help. You can call or text 988.

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