

Class Schedule- SPRING SESSION MARCH 31- JUNE 7

Monday

Line Dancing 7;30 p.m.

Ohio Hall- Drop in by Donation

Tuesday

Gentle Chair Pilates and Stretch- 10:30 am

Lockeport Legion- Drop in by Donation

Wednesday

Gentle Chair Pilates and Stretch- 1:00 p.m.

CORAH NSCC

Sweet Booty Barre - 6:00 p.m.

Shelburne Studio

Thursday

Gentle Chair Pilates and Stretch- 1:00 p.m.

Ohio Hall- Drop in by Donation

Sunday

Sweet Mat Pilates 4:30 p.m. - 5:30 p.m.

Shelburne

The BIG S stretch class 5:45 p.m. - 6:45 p.m.

Candelit Restorative YOGA - 6:00 p.m.

Shelburne