



### **Our World**

For the month of July, Post 21 has been filled with fun, learning, and cultural discovery! Participants took full advantage of the beautiful weather, enjoying fresh air and sunshine in the courtyard. This month, the participants dove into the vibrant culture of the Philippines, learning interesting facts about the country's history, geography, and rich cultural traditions. As part of our cultural celebration, participants took part in a creative art activity called *Sari and Manok*, inspired by Filipino folk art. The highlight of the month was making *puto*, a popular Filipino steamed rice cake. It was a fun, hands-on activity that everyone enjoyed and the results were absolutely delicious!

### **New Staff**

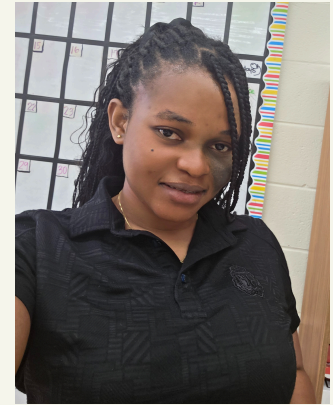
Post21 would like to welcome our new Part time Engagement Facilitator and Placement Students to Post21



Hi my name is Giselle, I graduated from the PSW program at Humber Polytechnic, and I completed my community placement at Post21. Excited to start my career as a Part time Engagement Facilitator, starting July 28. I used to be an art student and love art related things.



Hello, my name is Ignatius Chika Ijezie, currently enrolled in the Personal Support Program (PSW) at Humber Polytechnic. I love going out and making new friends.



Hi, my name is Bernice Anokye, currently enrolled in the Personal Support Program (PSW) at Humber Polytechnic. I enjoy singing and watching movie, and engaging with new people.

### Upcoming event/ Dates

- Civic Holiday (August 4<sup>th</sup>) Program Closed
- Terry Fox Day ( August 4th)*please wear red and white\**

***Post21 is closed August 25 to August 29 2025, we will reopen September 2 2025\****

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