



## AUGUST NEWS

August came upon us so quickly! Whew! But, we still found time to do some fun activities!!

First we had some fun with small water guns and painted a blank canvas. Then we topped it off with some homemade puff paint! If you have shaving cream, glue and food colour you can make homemade puff paint as well. The guys who were here that day had a blast!!

We also had some time to tie dye some shirts. There's still enough time in the summer that these shirts can be shown off to everyone with how great they turned out!!

It was a delightful Thursday with favourable weather conditions for our outdoor activities. We engaged in a leisurely walk followed by fishing. We wanted to fully embrace the beautiful sunshine by taking a stroll; however, we realised that merely walking alone would not suffice on such a splendid day, so we collectively decided to engage in fishing as an additional recreational pursuit. Remarkably, each member of the team successfully achieved their goal of catching at least one fish from the water. It was an enjoyable endeavour and we all look forward to a day like that again.

## UPCOMING DATES TO REMEMBER

-Program last day is August 18th, and first day back is September 5th.

-Program first Monday is September 11th!!!!

## TRANSITIONS TO POST21

-Post21 continues to grow. Please welcome our newest participants for September start;

-Nithesh                      -Ivy  
-Mah-Noor                    -Bruema  
-Tatiana