



Monthly

NEWSLETTER

March 2024

New Transitions

Would like to introduce our two new placement students.

Hi, I am Sukhdeep Kaur currently enrolled at Humber College for the PSW (Personal Support Worker) program. I am at Post 21 for my community placement. I love music and cooking. I am looking forward to having a great learning experience at Post 21.

Hi, I am Shannon Williams. I am doing my student placement at Post21 for the Personal Support Worker program at Humber College. I like listening to music and baking. I am very excited to be doing my placement here and learning all I can.

Lots happened in March. This month Post21 focused on Ireland. The participants learned fun facts and watched videos about the country. They did a scavenger hunt, which they really enjoyed!! Tying into the celebration of Ireland, the participants celebrate St. Patrick's Day by wearing green and making their own pot of gold through arts and crafts. This month was Women's History Month and Post21 celebrated all the women around the world who have contributed to making the world a better place!!

Post21 also celebrated all the wonderful women here at the program, whom have helped the program get where it is today!! This month, we celebrated Mah-Noor's birthday. The participants really enjoyed the cupcakes that day!! As you may know, within this month was World Down Syndrome day, where the participants decorated socks to show their support for those with Down Syndrome. To end the fun filled month the participants attended the "Spring Bunny Hop Dance" that was hosted by the school.

Upcoming dates:

1. Solar Eclipse April 8 2024
2. Franca's Birthday April 23 2024
3. Ivy's Birthday April 26 2024

