

JAN 2024 News letter

Post21

New News



Post21 had fun this month! Big shout out to Leah and Ben for painting the Portugal flag. Participants made clay arts, from making the clay from scratch to paint it. We also made serradura, a traditional Portuguese dessert. Thank you to Silvia for making pudding for the whole Post21 participants to enjoy.

The participants gained some fun facts about Portugal. Did you know that Portugal is one of the oldest nations in Europe? It is one of the 10 most spoken languages in the world! It has the world's oldest bookstore in Lisbon and it has one of the world's oldest universities in Portugal. So many things to learn.

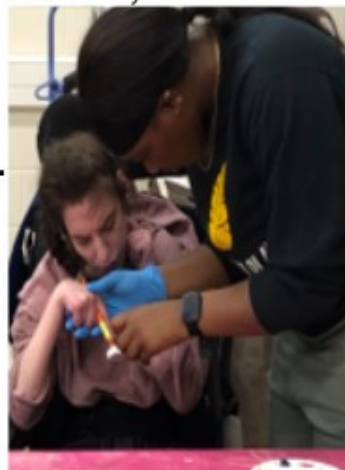
For Post 21 Engagement Facilitators the New Year our resolution is to continue to be engaging with the participants by always providing an environment that continues to help the participants grow, be fulfilled and enriched. What's yours?

A little something from our student that is completing his hours with our participants from Humber. Hello! I am Jaime Amaris, a Colombian international student attending my first year of Social Service Work at Humber College. I am excited to be a part of the Post21 Foundation team and aid in the vision of creating a joyful community.

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Upcoming dates

- Ground hog day Feb 2nd 2024
- Valentines day Feb 14th 2024
- Family day Feb 19th 2024



New Transitions

We are continuing to grow! We have new participants that have started and will be starting in February. Please welcome all... -Ester started In January and she is a great pleasure to be around. Very happy!
-Jamil has started with us as well. Welcome!
-Yehudit will be starting with us soon and we are waiting to welcome her.
As the months go on please keep looking and welcoming as we are growing.
Thank you

