



MONTHLY RECAP

October was a special month filled with fall and Halloween activities. The participants made leaves for our fall board in the program, and they turned out pretty cool! Using sensory based activities for everyone. We used shaving cream, some paint, and something to marble the paint with. We then dipped the paper leaves in this and scraped off the excess and created a very neat marble effect. The participants also made paper Mache pumpkins and carved pumpkins in order to keep up with all the Halloween festivities. Keeping with sensory based activities, the pumpkins were a two for one special! They were able to see what happens when you hot glue crayons on the pumpkins and watch what hot air using a hair dryer can do to the crayons. Let's just say it got messy, but the colours melted together to create a spooooktacular pumpkin. The participants also had a blast playing games this month! Post21 tried something new and created a scavenger hunt where the participants were able to work in teams to find hidden items and solve clues! Mah-Noor did great on finding most of the items on her list! Geoff was able to find more after some how and cold prompts! Way to go teams!! Post21 spent Halloween with their fellow community members in the gym for a Halloween dance. The participants were able to move and show everyone their costumes and meet new friends!

We celebrated birthdays this month with Diana, Leah, and Lucas. October was a busy birthday month.

UPCOMING EVENTS

- November Kindness month
- Giving Tuesday 28th
- November 11th Remembrance day
- Vitor Bday!

