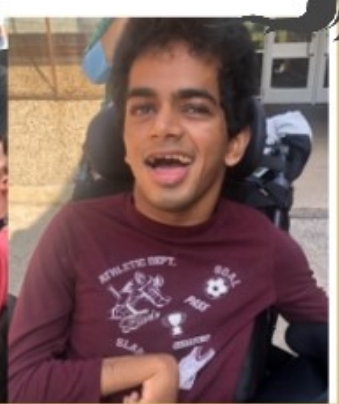


POST21 SEPTEMBER NEWS



The Participants finished summer and started fall with some crafts and cooking. We all kept busy creating items that can be displayed at home for all to see. What says fall like apples? To ring in the fall spirit we made apple butter, this was delicious! We hope you enjoy it as much as when we made it. Slow cooked apples and sugar, can't go wrong right? Post21 didn't stop there! We also ventured and made caramel apples, a lot of work went into making these apple projects. Between the smell, sweet tastes, and stickiness, this was a welcomed sensory overload. We celebrated Lucas, and Tatianas Birthdays with cake and fun!

Colorful fall leaf bowls and handprinted leaf towels were made just for you.

Recommend for show ONLY, not permanent paint

We then had beyond Melodies join Post21 for the first time, this was for some melodies and dancing fun! Post21 welcomes Beyond Melodies back monthly for interactive music fun from these very talented music therapists.

UPCOMING DATES TO REMBER

- October is Bullying Prevention Month
- 1st week in October is Mental Health week
- October 9th Post 21 closed for thanksgiving
- BIRTHDAYS
- Leah, Hari and Diana get to celebrate!!!!



NEW/UPCOMING TRANSITIONS

September Transitions went off without a hitch! We welcomed so many new participants to Post21! We still have space on Mondays for anyone who is interested in this day at Post21! Other days have a wait list but with more interest we hope this to be a short wait time.

Myself, as well as some board members will be joining in on school family day coming up in October to educate everyone about our great program, and gain interest for those who are graduating this year!