**Hotlines**

**DCS** 1-888-767-2445 (SOS-CHILD)

Department of Child Safety

Services for over 18 if they are in the system, must follow rules of housing.

Young Adult Program- helps pay for schooling, housing, life skills mentors

**National Suicide Prevention Lifeline** 1-800-273-8255(TALK)

https://www.imalive.org/index.php - Suicide chat line

**National Hopeline Network** 1-800-SUICIDE (784-2433) www.hopeline.com

**Teen Lifeline** 602-248-8336 24 hour support (3pm – 9pm - Teen Peers) fb.com/teenlifeline

**General Information and Referral**

877-211-8661, 211 www.cirs.org, www.211.org

24 Hour Help Line. Anywhere in the US

602-263-8900 & Child Immunization Hotline & HIV Care-Line. Call for

more information.

Useful links: www.afsp.org, www.cdc.gov, www.jasonfoundation.com

**Alanon/Alateen** 602-249-1257 www.al-anon-az.org

**Narcotics Anonymous Family Group Arizona** 800-477-6291 www.nar-anon.org

**CASA (Center for Prevention of Abuse and Violence)** 602-254-6400

Sexual assault and abuse counseling

**Rape, Abuse and Incest National Network** 800-656-4673

Works with Sexual Abuse and Domestic Violence. Call phone number and they will assist you to the

closest location for trauma therapy.

**National Domestic Violence Hotline and Chat Line**

1-800-799-7233

www.thehotline.org

24 hours

**National Human Trafficking Hotline**

SMS: 233733 (Text “Help” or “Info”) to 888-373-7888

Chat when advocates are available 24 Hours

**Maricopa County Warm Line**

602-347-1100

Confidential location

Phoenix, AZ 85021

http://www.phxhope.ort

Provides **non-crisis**, confidential telephone support services to people impacted by overwhelming

issues.

Hours: Mon-Fri noon-midnight, Sat-Sun 4pm-midnight

Free, Languages: Spanish and English

**Maricopa County - Crisis Response Network**

602-222-9444

Provides mental health crisis intervention for free.

They refer to Empact or Terros and send out a mobile team.

Serving Maricopa County and part of Pinal County

Hours: 24 hours a day/7 days a week

**Empact La Frontera Suicide Prevention Center**

1232 E. Broadway Rd # 120 Tempe, AZ 85282-1510

24 hour Crisis and Referral Line

480-784-1500, 800-273-8255

**Terros**

602-685-6000

Mobile crisis, Rapid Response Teams respond to calls from local hospitals to provide behavioral health

assessments, referrals, coordination of care and follow up, outpatient substance and mental health

services, disease prevention

**Child/Teen Assistance**

**Boys and Girls Club**

Vestar Branch

480-585-0170

3975 E. Lockwood Dr.
Phoenix, AZ 85050
Vestar@bgcs.org

6-18 year olds

Annual Membership Fee: $30 or sliding scale

Camps, sports, homework hour, teen programs, leadership skills, life skills, self-confidence.

**Thunderbird Teen Center**

602-953-2944

1106 E. Grovers Ave.

Phoenix, AZ

ttc@campcivitan.org

http://campcivitan.org/

School Year: 2:00 p.m.—7:00 p.m. Monday thru Friday

Special Events—Saturday

The facility is open for drop-in and regular programs throughout the school year.

Summer Hours: 9:00 a.m. —6:00 p.m. Monday thru Friday

Special Events—Saturday

The facility will be open for drop-in, and increased regular programs during the summer. Weekend

schedule will include special events, field trips and community outings.

Holidays: TTC will be open during all school Spring and Fall breaks, as well as between Christmas and

New Years. A special schedule will be published for holiday activities.

**Big Brothers Big Sisters**

1010 East McDowell Road Phoenix, AZ 85006

602-899-9773

(602) 264-9254

623-252-1454 (Spanish)

Bbbsaz.org

**FINS (Families in Need of Services)**

602-526-4797

www.superiorcourt.maricopa.gov/JuvenileProbation/Probation/FINS.asp

Part of the Juvenile Court’s Community Services unit. Provides prevention/intervention services.

Goal: Provide substantive services to whole family, avoiding need for formal delinquency system.

**Financial Assistance**

**Department of Economic Security (DES)**

602-542-4791, 602-417-4000

Food Stamps, financial assistance

602-542-5065

To apply for ACCCHS:

602-482-0211 (3150 E. Union Hills Dr., Phoenix)

Teen Mom - Medical benefits, food, cash assistance

**NOAH (Neighborhood Outreach Access to Health)**

480-882-4545

602-870-6027 (appointments)

info@noahhelps.org

Health care, behavioral health, dental, rental assistance, food bank, affordable housing (30%-income)

ACCCHS, sliding scale, depending on income

**Prescription Assistance:**

-Samples from your doctor

-Co-pay assistance program (enter online search of name of drug and co-pay assist)

-Comparison shop using Goodrx.com or Rxassist.org

-Internet search for “name of foundation/health condition and co-pay assistance”

-Medicare.gov Click on “get help with costs”

-Discount Card Programs: coast2coastrx.com or yourrxcard.com

-Needymeds.org (provides comprehensive information about all opportunities for discounts and

additional prescription assistance)

**Anti-Bullying Prevention**

**STOMP Out Bullying**

Hotline 855 790-HELP (4357) for teens and kids

Business 877-NO BULLY (662-8559) parents

[www.stompoutbullying.org](http://www.stompoutbullying.org)

**Employment Assistance**

**Maricopa Workforce Connections**

602- 372-4204

1840 N. 95th Avenue Suite 150

Provides youth programs designed to assist youth with barriers to education and employment.

Hours: M-F, 8-5pm

**Pregnant Teen Assistance**

**Planned Parenthood**

Phoenix, Maryvale 602-272-6691

Eugie (by Thunderbird Hospital) 602-277-7526

**Child and Family Resources Inc**

602-234-3941 press 0 for operator

700 W. Campbell Suite 3, Phoenix, AZ 85013

Teen Parent Support 602-688-5533

ChildFamilyResources.org

Serving parents with children birth to 5

Emergency food boxes, Baby boxes, parenting skills, early education to child, services for pregnant

teens, scholarships for child care, resources to reduce stress such as clothing. Needs to live within zip

codes (look on line)

Networks with Building Bright Futures and Southwest

**Nurse Family Partnership**

602-633-8505

2850 N 24th Street Phoenix, AZ 85008

http://www.nursefamilypartnership.org/

Teens who are expecting their first baby

Referrals to community resources for teen mothers.

Nurses and bilingual nurses can visit expecting mothers at home for any newborn information.

Free

**Teen Outreach Pregnancy Services (TOPS)**

623-334-1501

6610 N. 47th Ave. Suite 11

Glendale, AZ 85301

Teenoutreachaz.org

Contact: Ashley Butler

Education based program to pregnant teens 14-21. Classes are from 5-7 p.m. Specific pregnancy,

childbirth and parenting educational support so the teen and her family can experience the best

possible outcomes. FREE pregnancy tests. In process of hiring a fatherhood facilitator. Referral services.

Free services

**Parent Partner Plus**

602-633-0732

Referral for parent programs for children 0-5. They have referrals for home visits.

**WIC**

***Arizona Department of Health Services:***

1-800-2525-WIC, 602- 542-1025

Fax: 602-542-0883

150 North 18th Avenue, Phoenix, AZ 85007

Eligibility (bring with during first appointment):

-Proof of income (paycheck, tax return, letter from your employer)

-Individuals with proof of AHCCCS, TANF, Food Stamps, or Section 8 participation who meet WIC income

guidelines

-Proof of residence or identity (driver's license, utility bill, official identification)

Local WIC – 602-482-7174

19401 N. Cave Creek, Phoenix, AZ 85024

Supplemental nutrition program

**\*Life Choices Woman’s Clinic**

9303 N. 7th Street, Phoenix, AZ 85020

602-305-5100

Free pregnancy tests, no appointment needed, confidential

Fees for other services

**Teen Mops (Mothers of Preschoolers)**

480-892-5828

601 S. Cooper Road

AZ 85233

azkids07@aol.com

www.vineyardaz.com

Support group for teen mothers of preschoolers held at Vineyard Community

Church. Transportation and dinner are provided. Call for more information

or to arrange transportation.

No fees. Childcare provided.

**Banner Thunderbird Medical Center**

602-230-2273 (call for other locations)

5555 W. Thunderbird Rd.

Glendale, AZ 85306

www.bannerhealth.com

Baby Care Classes, Teen Child Birth, Breast Feeding, Sibling Adjustment

(ages 3-10), Prepared Childbirth Education, Prepared Pregnancy Class,

Lamaze & various other support groups. Online childbirth class is also

available. Call for more information or to register.

Call about fees.

**Crisis Pregnancy Center**

623-486-5232

4494 W. Peoria Avenue, Suite #115, Glendale, AZ 85302

www.choicesaz.org

Free pregnancy and S.T.D. testing, parenting education, confidential

counseling services, ultra sounds and health education classes. Call first to arrange an appointment

with a male counselor if needed . Legal assistance. Call for more information. Call about fees.

**Girl Scouts of America**

602-615-8792

119 E. Coronado Road, Phoenix, AZ 85004

Baby Camp

Pregnant teens or parenting teens with a baby birth to five years. Teens and babies invited.

Learn parenting skills, self-esteem, life skills

Free. Transportation provided to camp in Prescott.

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**Parent Partners Plus**

602-633-0732

Free home visitation programs serving families who are pregnant or with a child 5 and under in

Maricopa County. New parent advice. Referrals to partner programs.

**Substance Abuse**

**Alanon/Alateen/Narateen**

(See Hotlines)

**Drugfreeaz.org**

Phone: (602) 264-5700

Fax: (602) 264-5704

3030 N. Central Avenue, Suite 509, Phoenix, AZ 85012

**Community Bridges, Inc.**

602-273-9999, 602-377-4591 (Public Information Officer)

480-502-7000 Unscript Adolescents – substance abuse program (assessment for outpatient program,

meetings 3 X’s/week

8541 E. Anderson Drive Suite 105, Scottsdale, AZ 85255

Substance Abuse Counseling

AHCCCS, some insurances, SABG funding through grant for people without insurance

**Parents of Addicted Loved-ones (PAL)**

800-239-9127

Various locations and times

www.pal-group.org

Support group for parents to cope with a drug or alcohol abusing child

Free

**Not My Kid**

602-652-0163

5230 E. Shea BLVD Suite 100, Scottsdale, 85254

Community Education

Free Drug Test Kits (2 per child)

**Inpatient Behavioral Health Services (under 18)**

**Quail Run Behavioral Health**

602-455-5700

2545 W. Quail Ave, Phoenix 85027

www.quailrunbehavioral.com

Director of Intake: 602-455-5694

Free crisis evaluations 24/7

Currently works with 12-17 year olds, inpatient 23 beds, partial hospitalization and outpatient.

Emerging Adults Program IOP 8 week program Ages 18-25

ACCHS and insurance

**Aurora Behavioral Health**

623-344-4400

6015 W Peoria Ave., Glendale, AZ

Also has a location in Tempe 480-345-5421

Adolescent Inpatient - 13-17 years old (two units)

MHIOP – meets three days per week, 6pm – 9:30 (Mental Health Intensive Outpatient Program)

Emerging Adult IOP 18-25 480-345-5402

Insurance, AHCCCS – call for more information

They refer to St. Lukes if they only have AHCCCS with the exception of if they need detox. St. Lukes

does not do detox.

Referrals to other agencies for a variety of serious issues that provide respite, half way homes (less

expensive than hospital setting)

**Banner Scottsdale**

Appointment Line - 602 254-4357, 800-254-4357

7575 E. Earll Drive

Scottsdale, AZ 85251

Adolescent Inpatient

**Banner Thunderbird Medical Center**

602-865-4706

5555 W. Thunderbird Road, Glendale 85306 (Also in Chandler)

Intensive outpatient Program (IOP-5:30-8:30pm for 8 weeks),– no individual counseling

AOC-Adolescent Open for Change – substance abuse

Insurance

**Oasis Behavioral Health**

800-844-6435, 480-917-9301

2190 N. Grace Blvd., Chandler, AZ 85225

Adolescent Psychiatric Program and longer term Psychiatric and Chemical Dependency Residential

Treatment Program

AHCCCS, Magellan, Insurance

**LGBTQ**

**One-N-Ten**

602-279-0894

Youth Center Address: 3660 N 3rd St, Phoenix, AZ 85012

Meetings, outdoor camps, mentoring, outings, athletics, job readiness, housing

Call for Meeting sights and times

**Terros**

Safe Out

602-685-6016

3003 N. Central Ave., #200, Phoenix, AZ 85012

Free Meet Up. Supporting the health and wellness of the LGBTQ/GSM communities of Arizona.

Housing Program: W: 602-561-4513

**Youth and Family First**

Specializes in gay youth

ACCCHS insurance.

**PFLAG**

PFLAF.com

602-843-1404

For local dates and times of support meetings, call or go to the website.

Referrals

**Transspectrum.org**

Groups

**TransgenderHarmony.org**

Casa de Cristo

1029 E. Turney Ave.

Phoenix, AZ 85014-4402

Support Groups

**GLSEN (Gay, Lesbian, Straight Education Network)**

602-705-9780

Call for resources, professional growth education and chapter meetings

**Helpful websites for parents and teens:**

http://csefel.vanderbilt.edu/resources/family.html

http://www.do2learn.com/SocialSkills/SocialBehavior/index.htm

http://kidshealth.org/parent/emotions/#cat146

<http://www.healthychildren.org/English/Pages/default.aspx>