

Counselling – Who are Familyworks/Imagine If?



ABOUT US

We're an organisation working in Northern Ireland, and people are the core of all that we do. Established in Newtownards in 1999, we provide counselling in Primary School and Post-Primary Schools throughout Northern Ireland. We also have a private counselling service for people of all ages based in Newtownards.

Our vision is to help empower people to become themselves.

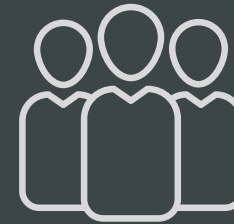
HOW WE CAN HELP

Post-Primary Schools Service

Our Post Primary Schools Service is delivered in partnership with the Department of Education, through the Independent Counselling Service for Schools. We deliver weekly counselling to Post-Primary including Special schools, as well as a drop-in service for pupils who have quick queries or worries.

Primary Schools Service

Our Primary Schools Service offers solutions to children in primary schools dealing with social, behavioural and emotional issues. Based in over 40 Primary Schools, we provide art therapy, play therapy, group work and more.



OUR PROGRAMMES

As well as 1-1 counselling, drop-ins and group work, we also provide a range of programmes for children aged 7-11, 11-19, parents and school staff. These include our "5 Steps to Wellbeing" programme and our "Dealing with Anxiety" programme. We can also provide other Programmes upon request. Please contact us on 02891821721 for further information.