





DENGUE

KNOW THE FACTS AND ACT NOW




1 Understand

dengue is transmitted through the bite of an infected Aedes mosquito. Dengue mosquitoes bite throughout the day, especially between 6 - 8 am and 4 - 6 pm.




2 Find

mosquito breeding sites. Dengue mosquitoes breed in water, including any water containers - such as storage tanks, cisterns, coconut shells, flower pots, discarded cups and bottles.




3 Destroy


dengue mosquito breeding sites by safely disposing of items such as tyres, coconut shells, discarded cups and bottles that can collect water.



4 Prevent

mosquitoes from breeding by covering existing water containers including water tanks and buckets. These should be scrubbed clean at least every 7 days.



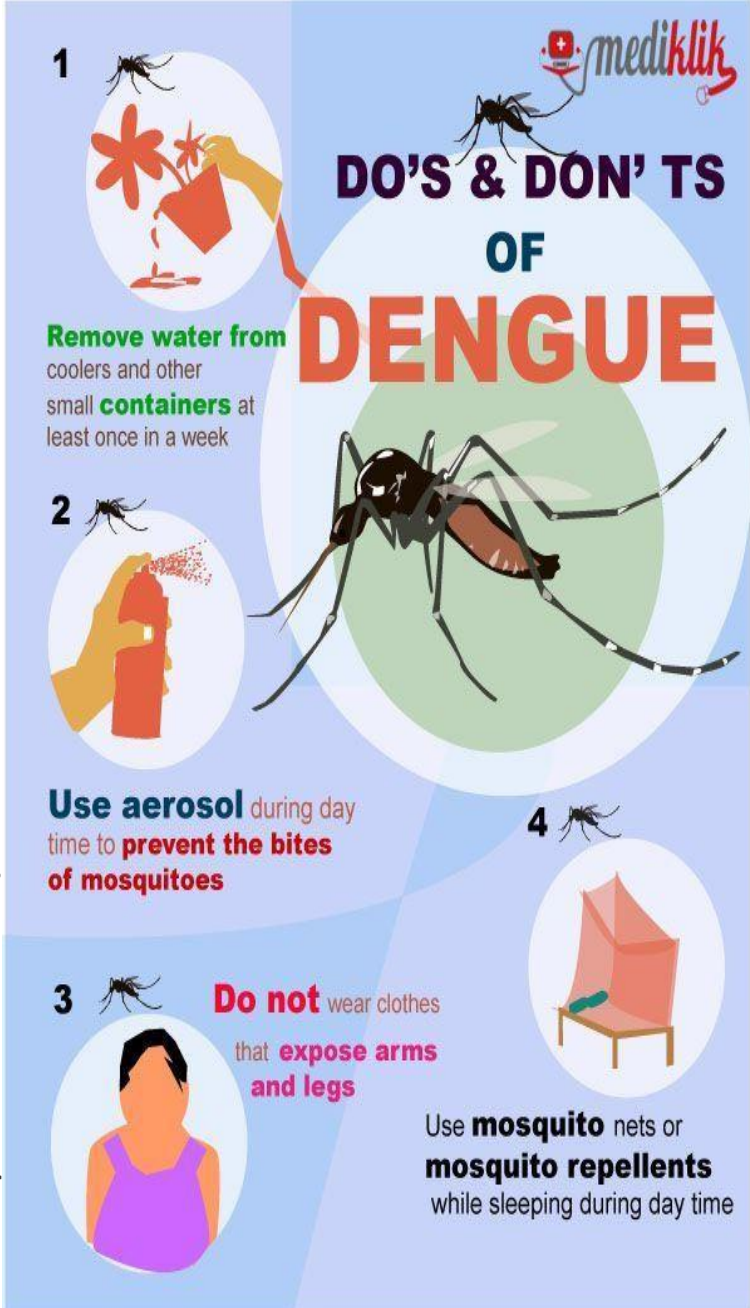


Find out more:
www.health.gov.lk/ | www.unicef.lk/ | www.searo.who.int/en/locations/sri-lanka/areas/dengue/en/

Greetings!

The Property Management Office would like to encourage the homeowners to participate for the cleanliness of our community so that we can help to prevent dengue or the mosquito-borne viral disease in our community.

- 1. Cover and clean water containers on a regular basis.** Common household items like pet water containers, planter dishes, and flower vases can serve as breeding grounds since mosquitoes like to lay their eggs in standing water.
- 2. Avoid throwing garbage on common areas and vacant lots.**
- 3. Keep your house clean and tidy.** Avoid leaving junk inside and outside the house which can possibly house mosquitoes and their eggs like old tires and other storage containers with water inside.
- 4. Make sure to disposed waste/garbage regularly.**
- 5. Purchase insecticides that's effective against mosquitoes and is safe to use inside your home.**
- 6. Dispose of waste properly.** If possible, use closed trash bins and take out your trash on a regular basis. Segregating your trash may help prevent insects from entering your household.
- 7. Drain and clean your roof gutters to avoid water build up.**



DO'S & DON'TS OF DENGUE

- 1. Remove water from coolers and other small containers at least once in a week**
- 2. Use aerosol during day time to prevent the bites of mosquitoes**
- 3. Do not wear clothes that expose arms and legs**
- 4. Use mosquito nets or mosquito repellents while sleeping during day time**

Approved by Camella Lipa Board of Directors