



THERASPA

Menu

Nails

Spa Manicure	20
Spa Manicure Middle Gel	30
Spa Manicure Hard/Acrygel/ Acrylic Gel	35
for Long Nails plus	5
for Tip Nails plus	10
Sculpture Nails	50
Gel Removal	10
Nail Repair	5

Foot Treatments

Dry Pedicure with Gel or Polish	25
Spa Pedicure with Gel or Polish	35
7 Step Pedicure by Footlogix	45
Spa Pedicure with no colour	28
Gel Removal	10

Signature Services

Luxury Thera Pedicure	45
-----------------------	----

The Luxury Theraspa Pedicure in combination with our own aromatherapy soaks, exfoliating scrubs, pressure points massage, callous and parafin treatment is the Ultimate pedicure experience.

Permanent Makeup and Lashes

Permanent Makeup Eyebrows	130
Permanent Makeup Eyeliner	110
Permanent Makeup Lips	150
Permanent Refresh	100
Eyelash Lift and Tint	40
Eyelash Lift and Brow Lamination	70
Brow Lamination	40
Brow Tinting	20
Brow Shape	15
Permanent Makeup Correction	70
Microblading	130
Eyelash Full Set	60
Eyelash Refill	45



My Diet Spot

Weight Loss Program

12 sessions (1 month) Infrared Lipolysis.
2 body composition analysis.
1 monthly meal plan for fat loss and metabolism activation.
Weekly waist and hip measurements.

250

Weight Loss Program Plus

24 sessions (2 months) Infrared Lipolysis.
2 body composition analysis.
2 monthly meal plan for fat loss and metabolism activation.
Weekly waist and hip measurements.

400

The benefits of Mydietspot weight loss program:

- You can lose up to 2000 kcalories in only 30 minutes.
- High reduction of fat, up to 10 kg in one month.
- Treatment of stubborn fat.

Facials

Signature TheraSpa Deep Cleansing Facial	85
Upgrade your cleansing ritual with TheraSpas Signature Deep Cleansing. Using enzymes and peeling formulas to remove skin impurities for a cleaner and healthy looking skin.	
Needle Free Facial Mesotherapy	110
A needle free procedure to deliver cosmeceutical and injection grade ingredients into the deeper layer of the skin. Your skin will appear smoother and more youthful.	
Crystal Mesotherapy	110
We stimulate the production of collagen and elastin by applying tailor made serums through our Crystal Mesotherapy injector that delivers active ingredients into deeper layers of the skin. Your skin will look smoother, firmer and reinvigorated.	
Dermapen Mesotherapy	110
This technology penetrates the skin a hundred times a second, reaching the dermis and creating an environment for the skins rejuvenation. Utilizing the natural healing capabilities of the epidermis to encourage the repair of tissues. Improving significantly the apperance of fine lines, wrinkles, and scars.	
RF Tightening Face Therapy	100
RF or Radio Frequency therapy is used to penetrate deeper into the skin and strengthen foundational layers. Due to its ability to simulate the production of collagen, RF treats saggy,wrinkled and sun damaged skin.	
Hollywood Peeling with Oxygen Therapy	65
Used for an instant brightening lift , this procedure introduces essential nutrients to the skin for a visible healthy camera ready glow.	
"Botox " Contouring Treatment	100
Get the botox effect without the injection. This treatment is specifically designed to treat fine lines, expression lines and enlarged pores by improving moisture levels and overall skin health. Resulting in a tightened, rejuvenated skin.	
Revitalizing Eye Treatment	60
Combat dark circles, wrinkles and puffiness of the eyes with this treatment. It is mild for eyes but tough on skin, making you ready for another night out.	
Face Brilliance Whitening Facial	90
This treatment aims to fight sun damaged worn skin by using vitamin rich exfoliators accelerating the skins growth and restore the skins lost radiance and brightness.	

Facials

Acno Treatment 60min	90
Advanced double-peel skincare line, provides year-round treatment to reduce acne,inflammation and scars while promoting skin renewal and radiance. Safe for all skin types	
Hydro-Whitening Treatment 75min	90
Advanced double-peel skincare line, provides year-round treatment to reduce pigment,inflammation and promoting skin renewal and deep hydration. Safe for all skin types	
Acno Treatment with Dermapen 60min	135
Advanced double-peel skincare line, provides year-round treatment to reduce acne, inflammation and scars while promoting skin renewal and radiance combined with Dermapenfor maximizing its transformative effects	
Hydro-whitening with Dermapen 60min	135
Advanced double-peel skincare line, provides year-round treatment to reduce pigment,inflammation and promoting skin renewal and deep hydration combined with Dermapen for maximizing its transformative effects	
Pyruvic Acid 60min	90
Professional grade chemical pel designed to improve skin texture, tone and overall clarity. Formulated with 20% active ingredients, it effectively targets hyperpigmentation, fine lines, acne and uneven skin tone	
Paraceutical Deep Cleansing Facial 90min	110
The paraclinical deep cleansing treatment uses advanced medical grade products to deeply purify the skin, targeting clogged pores and impurities. Ideal for acne-prone skin, scars or individuals with pigmentation issues, it leaves the complexion smooth, clear and balanced	



Waxing for Women

Eyebrow	10
Mustache	5
Full Face	16
Full Arms	16
Half Arms	8
Underarms	12
Belly	12
Bellyline	8
Full Back	12
Full Bikini	16
Bikini line	12
Full Legs	22
Half legs	17
Full body	42

Waxing for Men

Eyebrow	10
Full Arms	25
Half Arms	12
Underarms	12
Chest and Belly	30
Full back	30
Full Legs	27
Half Legs	22
Full body	55

Laser WOMEN

Full Body	160 - 180
Full Legs	70
Full Back	50
Full Arms	60
Full Belly	40
Buttocks / Backside	50
Full Bikini	30
Face	20
Belly Line	25
Bikini Line	20
Under Arms	20
Upper Lips	15
Half Legs	50
Half Arms	40
Under arms - bikini -legs	100
Upper Lips-Under Arms-Half Legs	70
Under Arms-Upper Lip-Bikini	50
Under Arms-Bikini	40

Laser MEN

Full Body	200 - 220
Full Legs	100
Full Arms	60
Back	60
Full Belly	60
Face	20
Chest	50
Under Arms	30
Cheekbones - Neck	45
Back-Chest	100

Massage

Deep Tissue Massage – 1hr 30min An intensive massage that works on deeper layers of muscle tissue to alleviate chronic pain and long-term tension. Ideal for those with physically demanding lifestyles or persistent discomfort.	90
Sports Massage – 1hr 30min Designed for athletes and active individuals. This technique supports recovery, enhances flexibility, and improves performance by targeting overused muscles.	90
Therapeutic Massage – 1hr 30min A relaxing yet effective treatment focused on relieving muscle soreness and tension without the intensity of deep tissue. Encourages circulation, reduces stress, and boosts mental clarity.	90
Cellulite Massage – 1hr A targeted, stimulating treatment designed to reduce the appearance of cellulite. Focuses on the legs (front and back), belly, and arms using vigorous strokes and lymphatic drainage techniques to improve skin texture, stimulate circulation, and support detoxification.	65
Back & Shoulder Massage – 45min A shorter but effective treatment targeting common stress zones in the back, neck, and shoulders. Perfect for those short on time.	55
Head & Face Massage – 30min Feel renewed with a hard pressure therapeutic massage to the body, to remove hard knots and relieve stressed muscles.	45
Chinese Cupping Therapy (Back Only) – 1hr An ancient technique using suction cups to release tight muscles, increase blood flow, and reduce tension. Especially beneficial for back stiffness and deep muscular tension.	65
Foot Reflexology Massage – 30min A revitalizing massage using pressure on key points of the feet to restore balance, improve circulation, and relieve fatigue.	45
TheraSpa Ritual – Relaxing Massage – 1hr A soothing, full-body massage designed to melt away stress and encourage deep relaxation. Gentle strokes and calming techniques restore balance and promote well-being	65
Candle Massage – 1hr A deeply relaxing massage using warm, aromatic candle oil that melts into the skin. Clients can choose their preferred scent on arrival. This luxurious treatment nourishes the skin, calms the senses, and promotes a sense of total peace	80

Massage Packages

90-Minute Massage Package – 4 Sessions Enjoy four full-body 90-minute massage sessions (Deep Tissue, Sports, or Therapeutic) at a discounted rate. Regular Price: €360 You Save: €30	330
60-Minute Massage Package – 4 Sessions Choose from the TheraSpa Ritual, Candle Massage, or Back & Shoulder Massage. A perfect monthly self-care plan. Regular Price: €260 You Save: €25	235

Body Treatments

RF Skin Firming (price per session)	50
RF or Radio frequency is a gentle and non- invasive approach to stimulate the bodys own natural process without the use of toxins and needles to tighten skin caused by ageing, pregnancy, and weightloss. A non surgical way to reinforce your skins supportive elements resulting in firm and plump skin.	
Ultrasound Fat Cell Breakdown (price per session)	50
Ultrasound Fat Cell Breakdown is the procedure of using ultrasound and dermomassage techniques to breakdown fat cells. It is primarily used for body contouring and to remove stubborn fats on the body that are resistant to excercise such as the abdomen, thigh and flank regions of the body. Dermomassage works deep into the connective tissue by creatng a suction vacuum mechanical massage while the ultrasound uses infrared to the skin and cells by heating them. Results are an improved appearance of cellulite and stubborn fats for a more countoured firmer looking body.	
Tranquillity Pro-Sleep Massage 45min	60
Anti-stress body treatment with luxury essential oils offers a unique relaxation experience, combating anxiety and insomnia while enhancing mental and physical well-being. Using high- quality natural oils, it relieves tension and provides moments of deep calm and rejuvenation	
Tranquillity Body Scrub Ritual 50min	70
Stress relief body treatment with luxury essential oils and a revitalizing body scrub offers a unique relaxation experience, combating anxiety while enhancing mental and physical well- being. Using high-quality natural oils and exfoliating scrubs, it relieves tension and provides moments of deep calm and rejuvenation	



THERASPA