

Monthly Newsletter



June 2021 Issue | Created By Brigid Kelly | Edited by Beige McNeal

Announcements



Support us by joining our Raffle Ticket Fundraiser and Virtual Fun Run!



Call 610-553-5479 to schedule formula pick-up!



PPF Monthly Newsletters are back! To receive a copy, email info@theppf.org

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20th Anniversary Fundraisers

Supporting the Community

NEED FORMULA?

For a limited time, Pettaway Pursuit Foundation will be giving away free formula for babies and toddlers! Don't miss out! Call us at (610) 553-5479 and schedule a pickup time at our headquarters!







PPF DIAPER & FORMULA DRIVE!

This month, Pettaway Pursuit Foundation and their team held another "Pampering Parents" giveaway to support expectant mothers and families during these difficult times. Everyone in the community was welcomed. They received free formula, diapers, and other baby, kid and mom essentials!



Meet the Community!



Here are just a few of the moms and dads that have taken advantage of our free formula giveaway!









Markita Glenn, CLC, Doula



WHO IS MARKITA GLENN?

trained birth Markita is a postpartum doula, as was as a Certified Lactation Counselor. Markita has been working in the maternal wellness field for almost five years, and she claims that it is the best career choice for her up to date. Her journey in this field came about when she delivered her daughter back in 2015, and she realized needed additional help and support. Markita wanted to breastfeed, and it was one of the hardest thing she ever had to do. Now, she can be the help she needed to the amazing community that she now serves.

MARKITA'S SERVICES REVIEW

"When I tell u caring at first sight! She automatically made me feel comfortable I was as high risk and she was sooooo much help even on the phone. She became a friend I know I can call anytime I feel."

~ T. Pitter



"PPD hit me hard after I gave birth and she said something that stuck with me forever, "be gentle with yourself". Now whenever I'm having a rough time, that's all I say to myself. Ms.Kita is phenomenal."

~ H. Turay





PPF Services

MOTHER'S MILK BANK DEPOT **REOPENS AT PPF!**

Mothers' Milk Bank Northeast, nonprofit community milk bank accredited by the Human Milk Banking of North Association America provides (HMBANA), donated. pasteurized human milk to babies in health throughout fragile Northeastern United States. Pettaway Pursuit Foundation partnered with MMBNE to be the first human milk depot site in Eastern Delaware County. PPF officially opened the milk bank depot on August 2, 2019. It was postposed during the pandemic. If you would like to be a human milk donor, please contact the Mother's Milk Bank Northeast at 617-527-6263.

All costs are covered by the milk bank, including the lab test for eligibility, and all

PETTAWAY PURSUIT





PPPF HARVEST FOOD DRIVE

PPF will be continuing its NDS meal distribution every Monday morning until the end of August. We will be distributing fresh produce every 2nd and 4th Monday of the month until December 31st!

PPF Services



TREASURE CHEST!

The "Treasure Chest" initiative is an extension of our Pal for Parents Program which provides maternity, newborn care and special items for families in exchange for their attendance at our PFP classes. This exchange allows for us to continue our overall goal of equipping new families with the resources and education needed for proper infant care. Sign up for our FREE classes and start earning points to shop today! Email info@theppf.org for class details.

ON-SITE PASSENGER SAFETY TECHNICIAN

Protecting children when they ride in vehicles is the responsibility of all community members. Pettaway Pursuit Foundation offers Child Passenger Safety education for the following reasons:

- ✓ About 90 people died each day in vehicle crashes (NHTSA, 2010).
- ✓ Vehicle crash are leading cause of death for children in the United States (NHTSA, 2012)
- ✓ Child restrains, or car seats, reduce the risk of injury by 71 to 82% and reduce risk of death by 28% in comparison to children in seat belts alone. Booster seats reduce the risk of nonfatal injuries by 45% among 4 to 8 years old (AAA, 2012).



PPF offers FREE on-site assistance with car seat installation!
Please call 610-553-5479 or E-mail info@theppf.org to schedule your installation appointment!



June Pal for Parents Classes!



June 2021 FREE Virtual Classes



To register, please go to this link: https://forms.office.com/r/LTPHTgcZLy

What You May Expect with Postpartum Mood Disorders

Tuesday 6/1/21, 6:00-7:00pm

Newborn Care at the Hospital

Wednesday 6/2/21, 6:00-7:00pm

How to Land Your Perfect Job

Thursday 6/3/21, 1:00-2:00pm

Vinyasa Yoga

Thursday 6/3/21, 6:00-7:00pm

Lactation Station Breastfeeding Group

Friday 6/4/21, 1:00-2:00pm

Taking Care of Your Emotional Health

Monday 6/7/21, 6:00 - 7:00 pm

Safe and Healthy Birth Practices

Tuesday 6/8/21, 1:00 - 2:00 pm

Vinyasa Yoga

Tuesday 6/8/21, 6:00-7:00 pm

Newborn Care at Home

Wednesday 6/9/21, 6:00 - 7:00 pm

Birth Workers Circle

Thursday 6/10/21, 12:00-1:30pm

Mommy-to-Mommy Support Group

Thursday 6/10/21, 6:00-7:00 pm

Your Body After Childbirth

Tuesday 6/15/21, 1:00-2:00pm

Vinyasa Yoga

Tuesday 6/15/21, 6:00-7:00pm

Co-Parenting

Wednesday 6/16/21, 6:00 – 7:00 pm

Vinyasa Yoga

Thursday 6/17/21, 6:00-7:00pm

Lactation Station Breastfeeding Group

Friday 6/18/21, 1:00-2:00pm

Vinyasa Yoga

Tuesday 6/22/21, 6:00-7:00pm

Parenting School-Aged Children

Wednesday 6/23/21, 6:00 - 7:00 pm

Birth Workers Circle

Thursday 6/24/21, 12:00-1:30pm

Daddy University

Thursday 6/24/21, 6:00-7:00pm

What to Expect with a NICU Experience

Monday 6/28/21, 1:00-2:00pm

Activities to do with Doula Clients

Tuesday 6/29/21, 1:00-2:00pm

Vinyasa Yoga

Tuesday 6/29/21, 6:00-7:00pm

Postpartum Support Group

Wednesday 6/30/21, 6:00-7:00pm

Treasure Chest Shopping Days: June 9th and 23rd 10:30 am, 11:00 am, 11:30 am EST

Step 1: Take one or more Pal for Parents class(es).

Step 2: Earn points. The more classes you attend, the more points you earn!

Step 3: Use points to shop in our Treasure Chest!

Visit our website at https://pettawaypursuitfoundation.org



Pals for Parents Class Spotlight: PPF Board Member Secretary Janie Woodard teaches a class!



CONTACT

Janine Woodard

- 610-553-5479
- info@theppf.org



Philadelphia, PA

PROFESSIONAL EXPERIENCE

- SCHOOL DISTRICT OF PHILADELPHIA Human Resources
- (HEALTH SYSTEM)
 Human Resources 20 plus
 years

HOW TO LAND A PERFECT JOB??

JOIN US & LEARN WHAT YOU NEED TO KNOW

OBJECTIVE

To provide interview skills & etiquette training for in person, phone & online interviews.

EVENT DETAILS

When: June 3rd, 2021@6PM Where: Via Zoom

(Register with PPF via email: info@theppf.org)

TOPICS

- How to write a Resume?
- How to dress professionally?
- How to prepare for an interview?

PPF classes are strictly about maternity alone. Anything that can benefit the progress of a family is something we find important to talk about. From money manageme nt, to landing a job, we talk about it a111

Not all



20th Anniversary Fundraisers

This upcoming July, PPF and its members will be celebrating their 20th year anniversary. In order to raise funds for the upcoming events, they are holding a raffle ticket and fun run fundraisers!



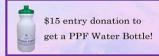




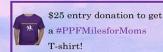
irtual Fun Run **#PPFMilesForMoms**

Our Virtual Fun Run has been extended to the end of October! Register today!

Registration Form: https://forms.office.com/r/jZVSsitq6g You can join the fun run from any location you choose. You can run, jog, or walk on a trail, road, or treadmill at your own pace.









CashApp: \$PettawayPursuit Venmo: @PPFdonations PayPal: tpettaway@theppf.org Debit/Credit Card: Call 610-553-5483.



Send payment to PPF (chose 1 of the 3 methods of payments).

Complete your run, jog, walk, or bike! Post a selfie on your social media with #PPFMilesforMoms and tag Pettaway Pursuit Foundation!







Stay tuned for next month...

