

ALBERTA AARM SUMMER NEWSLETTER

August 2024



Our History

The AARM is an association of Diagnostic Imaging leaders from across Alberta. Formed in 1978 with twenty-nine members, the AARM has grown to include over 100 members.

We promote professional growth through education, consultation and communication with peers. The association encourages a strong professional presence and has established ongoing relationships with other health care agencies.

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- Professional Contribution Award 
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Congratulations
Peter Froese! See you
at AARM

**CONFERENCE
SPEAKERS**

Our Mission

We are an Association of Radiology Managers who facilitate meetings and educational seminars for the purpose of disseminating information among the members of the association in the province of Alberta in order to provide professional growth through education, consultation, and communication with peers, and ensure a stronger professional presence and liaisons with other health care agencies.

Meet the Executive

AARM Executive

Heather Hannaford
President

Heather.Hannaford@ahs.ca

Kristy Romaniuk
Vice President

kristy.romaniuk@ahs.ca

Jennifer Sharp
Treasurer

Jennifer.Sharp@ahs.ca

Lisa Garnett
Secretary

lisa.garnett2@covenanthealth.ca

Graydon Lee
Web Administrator

Graydon.Lee@medical.canon

Kandis Decolle
Past President

kdecolle@hotmail.com



AARM Education Committee

Jennifer Borden
Education Chair

Committee Members:

Carmen Kraft

Ashley Lohr

Shane Kelly

Tayler Geddes

Chelan Citrigno

Jonathan Hung

Jordan Muth

PRESIDENTS MESSAGE

This year's Virtual speaker Sami Jo Small set the tone both for the upcoming summer Olympics in Paris and our fall AARM Conference as she shared with us her Olympic Journey, the triumphs, and challenges.

As approved in last years Annual General Meeting the active membership definition within the AARM By-Laws has been updated to include 'Radiation Sciences' building a more inclusive scope of membership.

As AARM Executive and Education Committee, are busy preparing for this year's annual conference in Kananaskis from September 25-27, 2024. Based on feedback from last years membership survey we have focused the educational content on a range of leadership topics and Artificial Intelligence.

We look forward to seeing everyone in September, welcoming new members and catching up with colleagues from across the province.

*Heather Hannaford
AARM President*



TREASURER'S REPORT

The 80's themed conference brought us back once again to beautiful Kananaskis. The picturesque landscape provided the backdrop to another amazing conference full of education opportunities. New members and sponsors sported some pretty gnarly outfits complete with air guitars and ghetto blasters.

Events like these are not possible without our members, thank you for your continued support.

Thank you to our Vendors who continue to attend and support the AARM in many ways. Without opportunities for sponsorship, we would be unable to create our AARM family. The Platinum, Gold, Silver and Bronze sponsorships allow our vendors to choose which monetary contribution best suites them. Each one with its own unique value and perks, which include but are not limited to conference registration complete with all meals, membership dues for the current year, sponsorship recognition on the AARM web site and sponsorship recognition during the conference.

Have a great summer and I look forward to seeing you in the fall when we revisit Kananaskis with our sports themed conference.

Jennifer Sharp
AARM Treasurer



EDUCATION REPORT

The 2023 AARM Conference reunited its members and welcomed new ones at the Delta Hotels by Marriott Kananaskis Lodge. Surrounded by pristine nature and awe-inspiring views, the ambience of the hotel provided an ideal setting for productive discussions and meaningful interactions.

Caroline LaPierre kicked off our conference speaking about the importance of sleep and how lack of sleep affects the brain, performance, and mood and provided strategies for enhancing our own rest routines.

Following the captivating presentation on sleep, Jennifer Jones Photography was on site to capture head shots for attendees to use in their professional endeavors.

On Thursday, Kandis DeColle, AARM President opened the day with a warm welcome. Paul Davis's presentation on Avoiding Online Hacking & Identity Theft left us with more knowledge on cyber security and the importance of internet safety in our digital world.

At the AGM, the committee and membership welcomed Heather Hannaford as the new President and Kristy Romaniuk as Vice President. New members were also recognized, and you could see the organization's growth and thriving spirit.

B Adair led the afternoon session with a workshop on Breaking the Binary; Care Considerations for Gender Diverse Patients. B facilitated a fun and engaging learning session and attendees got to spend time outside and enjoy the mountain air.

Amy Bondar closed the day with a presentation on The Power of Food and how to maximize energy, optimize health and enhance performance. Amy was inspiring and provided tips on how to nourish your mind, body and soul so you can live your most vibrant and fulfilling life.

Matt Day was our Keynote and closed the conference by using music and laughter to uncover the treasures of resilience, balance and hope. He took us through a journey with lots of laughs that left us inspired and empowered to turn challenges into opportunities using song lyrics and music from the 80's.

The AARM Executive and Education committee would once again like to take this opportunity to thank all who attended our conferences in person and virtually. We look forward to seeing you all again soon!

Jennifer Borden
Education Chair





Time to Modernize!

www.albertaAARM.ca

[Visit our website](http://www.albertaAARM.ca)

Over the years, websites have evolved significantly. The AARM website team realized this and has been busy over the last few month's "modernizing" the site. Improvements include:

1. A more responsive design: The overall website layout was overhauled to improve the user experience and present a more modern look. It amazing what a few changes in color selection and page layout can do.
2. Relevant Information: Maintaining relevant information on a public website can be a challenging task. After many discussions, we made decisions on what's relevant and removed content that wasn't really applicable anymore. As you can imagine, this is an on-going task that never really ends!
3. Photo Galley: Isn't it great to go down memory lane? We are still collecting images; however, soon we will have photos posted from our last two AARM events in Kananaskis. It was decided that we will continually update the photos to reflect the last two AARM events. It's always great to see our members smile!

Have a great summer everyone! We are looking forward to seeing you in Kananaskis in September!

Graydon Lee
Website Administrator

PROFESSIONAL CONTRIBUTION AWARD

Congratulations to Peter Froese, this year's recipient of the Professional Contribution Award. We look forward to celebrating your contributions to Diagnostic Imaging at the awards banquet during our fall conference event.



New Members and Nominations

Welcome to our new executive and education committee members!

- Kristy Romaniuk (Vice President)
- Jonathan Hung (Education Member)
- Jordan Muth (Education Member)



Currently looking for nominations for the secretary position, treasurer and Vice President. If you yourself are interested or would like to nominate someone please reach out to VP Kristy Romaniuk.



Conference Registration and Membership Dues



Register for the fall conference and book your hotel rooms [by Monday August 26th](#) to secure your spot in Kananaskis. The registration form can be found on the AARM website. Please complete form and send to AARMTreasurer@outlook.com along with e-transfer.

[Link to registration form here](#)

Conference Agenda

2024 AARM Conference Agenda

Kananaskis

Sept 25 - 27th, 2024

Wednesday, September 25

Registration & Conference Kick off: Seasons Room

1730-1830	Registration	
1830- 2300	Pizza and Connect (Team Building)	

Thursday, Sept 26

0730-0830	Breakfast – Forte Restaurant	
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Conference & AGM: Explorer Room

0845 – 0900	Welcome	Heather Hannaford AARM President
0900 -1015	De-escalation: Build Relationships – Influence others	Jeff Bevan Former Police Officer, Communications coach
1015-1030	Break	
1030-1130	De-escalation: Build Relationships – Influence others	Jeff Bevan Former Police Officer, Communications coach
1130-1200	AGM	
1200-1245	Lunch	
1245-1515	Empowering Leaders through engagement, emotional intelligence, and resilience	Ryan Mullens BA, MA Coach, counsellor, and professional facilitator
1515-1530	Break	
1530-1645	Artificial Intelligence	Dr. John Lysack. Professor of Radiology, Clinical Neurosciences, Surgery, and Oncology

Reception/ Dinner Reception: Seasons Room

1930	Dinner and Entertainment 'Sport Accessory Themed Dinner'	
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Friday, September 27

0745-0845	Breakfast - Forte Restaurant	
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Conference: Explorer Room

0900-1200	Leadership Presence	Wayne Ormond, Ph.D., CEC (certified executive coach)
1200-1215	Closing Remarks	Heather Hannaford, AARM President