

FORMATION

We have two formation houses:

1. Kenya-Kakamega Diocese
2. Uganda-Tororo Arc-Diocese

We recruit girls of African origin who:

- Are 18 years of age or older
- Have good health
- Are baptized, confirmed and practicing Catholics
- Have completed Form IV, VI or those with any other qualifications and or professional training (a specific grade required in each country that can allow her to up-grade)

And Mary said:

"My soul proclaims the greatness of God,

My spirit rejoices in God my Saviour.

*For He has looked upon His handmaid's lowliness:
behold, from now on will all ages call me blessed.*

*The Mighty one has done great things for me, and holy
is His name.*

His mercy is from age to ages to those who fear Him.

*He has shown might with His arm, dispersed the
arrogant of mind and heart.*

*He has thrown down the rulers from their thrones, but
lifted up the lowly.*

*The hungry He has filled with great things; the rich He
has sent away empty.*

*He has helped Israel His servant, remembering His
Mercy, according to His promise to our fathers to
Abraham and to his descendants forever."*

— Luke 1:46-55



Do you feel called to serve God among His people?



Welcome to the Congregation of
SISTERS OF MARY OF KAKAMEGA



The Vocation Promoter

In Oregon:

Sisters of Mary of Kakamega
2863 NE Jill Avenue
Bend, OR 97701
01-541-550-7914

In Uganda:

Nyondo Convent
PO Box 2613
Mbale - Uganda
011-256-715568924

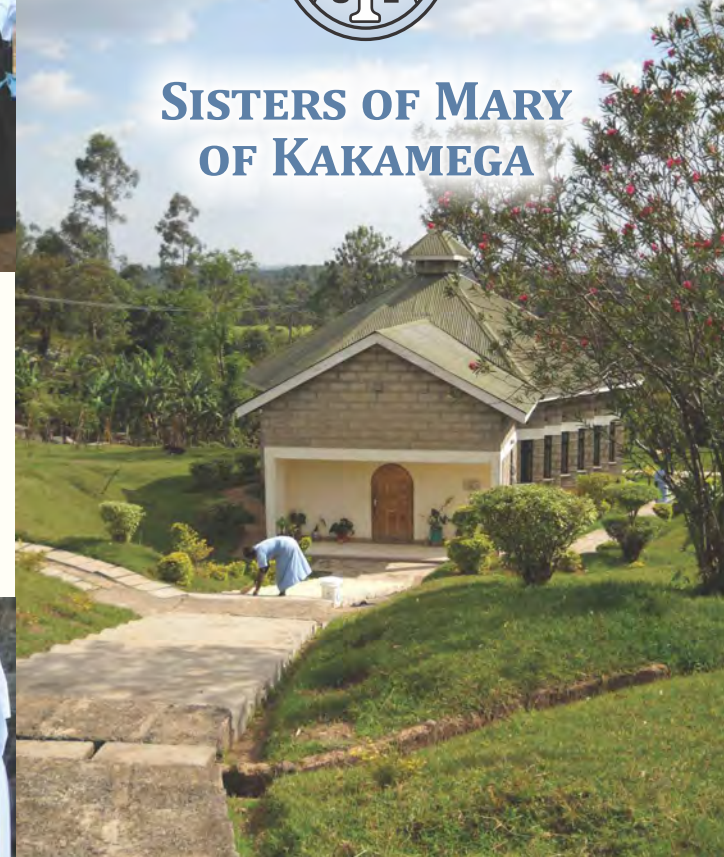
In Africa:

Sisters of Mary of Kakamega
Generalate House
PO Box 712 Kakamega, Kenya - East Africa
011-254-722345330 / 011-254-738442480
Email: info@somkakamega.org

www.somkakamega.org



SISTERS OF MARY OF KAKAMEGA



PERSEVERING LOVE AND SERVICE

In Kenya, Uganda, Tanzania, Sudan and USA





APOSTULATE



Guided by our **Spirituality** and **Charism**, SMK are involved in various ministries, through which, like Mary in Simplicity, God uses them to bring Christ to different peoples through:

- Catechesis
- Medical Field (Nursing, Pharmacy, Clinical Medicine, etc.)
- Secretarial and Computer Courses
- Accounting and Administration
- Pastoral Counseling
- Vocational Training
- Communication
- Social Development Work
- Teaching
- Agriculture



HISTORICAL BACKGROUND

Sisters of Mary of Kakamega (SMK)
It is a Religious Missionary Congregation whose members are called in spirit of Joy and Hope to a life of prayer and Apostolic Activity in accordance with the teachings of the church.

This congregation was founded in 1932 by the late Bishop Gorgonious Brandsma.

Its main objective is to promote the glory of God by witnessing to His mercy and marvels through the Word and deed with a specific devotion to our Lady.

Our **Spirituality** is: Persevering Love and Service.

Our **Charism** is: Sharing in the Redemptive Mission of Jesus Christ, the Great Teacher and Healer. (Luke 4:31-32, Mark 10:46-52)

