



# EARLY IMPRESSIONS PRESCHOOL & CHILDCARE

## JANUARY 2026 INFANT MENU



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>AM SNACK</b>	2-4 oz. breastmilk or iron-fortified infant formula  Iron-fortified Infant Rice Cereal  Mashed Pears	2-4 oz. breastmilk or iron-fortified infant formula  Iron-fortified Infant Rice Cereal  Mashed Apples	2-4 oz. breastmilk or iron-fortified infant formula  Iron-fortified Infant Rice Cereal  Mashed Mango	2-4 oz. breastmilk or iron-fortified infant formula  Iron-fortified Infant Rice Cereal  Mashed Peaches	2-4 oz. breastmilk or iron-fortified infant formula  Iron-fortified Infant Rice Cereal  Mashed Banana
<b>LUNCH</b>	6-8 oz. breastmilk or iron-fortified infant formula  Mashed Chicken and Gravy  Mashed Pears Mashed Green Beans	6-8 oz. breastmilk or iron-fortified infant formula  Mashed Beef and Gravy  Mashed Apples Mashed Peas	6-8 oz. breastmilk or iron-fortified infant formula  Mashed Turkey and Gravy  Mashed Mango Mashed Carrots	6-8 oz. breastmilk or iron-fortified infant formula  Mashed Ham and Gravy  Mashed Peaches Mashed Sweet Potatoes	6-8 oz. breastmilk or iron-fortified infant formula  Refried Beans  Mashed Banana Mashed Butternut Squash
<b>PM SNACK</b>	2-4 oz. breastmilk or iron-fortified infant formula  Iron-fortified Infant Rice Cereal  Mashed Green Beans	2-4 oz. breastmilk or iron-fortified infant formula  Iron-fortified Infant Rice Cereal  Mashed Peas	2-4 oz. breastmilk or iron-fortified infant formula  Iron-fortified Infant Rice Cereal  Mashed Carrot	2-4 oz. breastmilk or iron-fortified infant formula  Iron-fortified Infant Rice Cereal  Mashed Sweet Potatoes	2-4 oz. breastmilk or iron-fortified infant formula  Iron-fortified Infant Rice Cereal  Mashed Butternut Squash
<b>INITIALS/ SUBSTITUTIONS</b>	1/5/26: _____ 1/12/26 _____ 1/19/26: _____ 1/26/26 _____	1/6/26: _____ 1/13/26: _____ 1/20/26: _____ 1/27/26: _____	1/7/26: _____ 1/14/26: _____ 1/21/26: _____ 1/28/26: _____	1/1/26: CLOSED 1/8/26: _____ 1/15/26: _____ 1/22/26: _____ 1/29/26: _____	1/2/26: _____ 1/9/26: _____ 1/16/26: _____ 1/23/26: _____ 1/30/26: _____

This institution is an equal opportunity provider.