



EARLY IMPRESSIONS PRESCHOOL & CHILDCARE

JANUARY 2026 INFANT MENU



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
AM SNACK	2-4 oz. breastmilk or iron-fortified infant formula Iron-fortified Infant Rice Cereal Mashed Pears	2-4 oz. breastmilk or iron-fortified infant formula Iron-fortified Infant Rice Cereal Mashed Apples	2-4 oz. breastmilk or iron-fortified infant formula Iron-fortified Infant Rice Cereal Mashed Mango	2-4 oz. breastmilk or iron-fortified infant formula Iron-fortified Infant Rice Cereal Mashed Peaches	2-4 oz. breastmilk or iron-fortified infant formula Iron-fortified Infant Rice Cereal Mashed Banana
LUNCH	6-8 oz. breastmilk or iron-fortified infant formula Mashed Chicken and Gravy Mashed Pears Mashed Green Beans	6-8 oz. breastmilk or iron-fortified infant formula Mashed Beef and Gravy Mashed Apples Mashed Peas	6-8 oz. breastmilk or iron-fortified infant formula Mashed Turkey and Gravy Mashed Mango Mashed Carrots	6-8 oz. breastmilk or iron-fortified infant formula Mashed Ham and Gravy Mashed Peaches Mashed Sweet Potatoes	6-8 oz. breastmilk or iron-fortified infant formula Refried Beans Mashed Banana Mashed Butternut Squash
PM SNACK	2-4 oz. breastmilk or iron-fortified infant formula Iron-fortified Infant Rice Cereal Mashed Green Beans	2-4 oz. breastmilk or iron-fortified infant formula Iron-fortified Infant Rice Cereal Mashed Peas	2-4 oz. breastmilk or iron-fortified infant formula Iron-fortified Infant Rice Cereal Mashed Carrot	2-4 oz. breastmilk or iron-fortified infant formula Iron-fortified Infant Rice Cereal Mashed Sweet Potatoes	2-4 oz. breastmilk or iron-fortified infant formula Iron-fortified Infant Rice Cereal Mashed Butternut Squash
INITIALS/ SUBSTITUTIONS	1/5/26: _____ 1/12/ 26_____ 1/19/26: _____ 1/26/26 _____	1/6/26: _____ 1/13/26: _____ 1/20/26: _____ 1/27/26: _____	1/7/26: _____ 1/14/26: _____ 1/21/26: _____ 1/28/26: _____	1/1/26: CLOSED 1/8/26: _____ 1/15/26: _____ 1/22/26: _____ 1/29/26: _____	1/2/26: _____ 1/9/26: _____ 1/16/26: _____ 1/23/26: _____ 1/30/26: _____