

# EARLY IMPRESSIONS PRESCHOOL & CHILDCARE

## OCTOBER 2024 INFANT MENU

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>AM SNACK</b>	2-4 oz. breastmilk or iron-fortified infant formula  Iron-fortified Infant Rice Cereal  Mashed Pears	2-4 oz. breastmilk or iron-fortified infant formula  Iron-fortified Infant Rice Cereal  Mashed Apples	2-4 oz. breastmilk or iron-fortified infant formula  Iron-fortified Infant Rice Cereal  Mashed Mango	2-4 oz. breastmilk or iron-fortified infant formula  Iron-fortified Infant Rice Cereal  Mashed Peaches	2-4 oz. breastmilk or iron-fortified infant formula  Iron-fortified Infant Rice Cereal  Mashed Banana
<b>LUNCH</b>	6-8 oz. breastmilk or iron-fortified infant formula  Mashed Chicken and Gravy  Mashed Pears Mashed Green Beans	6-8 oz. breastmilk or iron-fortified infant formula  Mashed Beef and Gravy  Mashed Apples Mashed Peas	6-8 oz. breastmilk or iron-fortified infant formula  Mashed Turkey and Gravy  Mashed Mango Mashed Carrots	6-8 oz. breastmilk or iron-fortified infant formula  Mashed Ham and Gravy  Mashed Peaches Mashed Sweet Potatoes	6-8 oz. breastmilk or iron-fortified infant formula  Refried Beans  Mashed Banana Mashed Butternut Squash
<b>PM SNACK</b>	2-4 oz. breastmilk or iron-fortified infant formula  Iron-fortified Infant Rice Cereal  Mashed Green Beans	2-4 oz. breastmilk or iron-fortified infant formula  Iron-fortified Infant Rice Cereal  Mashed Peas	2-4 oz. breastmilk or iron-fortified infant formula  Iron-fortified Infant Rice Cereal  Mashed Carrot	2-4 oz. breastmilk or iron-fortified infant formula  Iron-fortified Infant Rice Cereal  Mashed Sweet Potatoes	2-4 oz. breastmilk or iron-fortified infant formula  Iron-fortified Infant Rice Cereal  Mashed Butternut Squash
<b>INITIALS/ SUBSTITUTIONS</b>	10/7/24: _____  10/14/24: _____  10/21/ 24 _____  10/28/24: _____	10/1/24: _____  10/8/24: _____  10/15/24: _____  10/22/24: _____  10/29/24: _____	10/2/24: _____  10/9/24: _____  10/16/24: _____  10/23/24: _____  10/30/24: _____	10/3/24: _____  10/10/24: _____  10/17/24: _____  10/24/24: _____  10/31/24: _____	10/4/24: _____  10/11/24: _____  10/18/24: _____  10/25/24: _____