

EARLY IMPRESSIONS PRESCHOOL & CHILDCARE

SEPTEMBER 2025 INFANT MENU

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
AM SNACK	2-4 oz. breastmilk or iron-fortified infant formula Iron-fortified Infant Rice Cereal Mashed Pears	2-4 oz. breastmilk or iron-fortified infant formula Iron-fortified Infant Rice Cereal Mashed Apples	2-4 oz. breastmilk or iron-fortified infant formula Iron-fortified Infant Rice Cereal Mashed Mango	2-4 oz. breastmilk or iron-fortified infant formula Iron-fortified Infant Rice Cereal Mashed Peaches	2-4 oz. breastmilk or iron-fortified infant formula Iron-fortified Infant Rice Cereal Mashed Banana
LUNCH	6-8 oz. breastmilk or iron-fortified infant formula Mashed Chicken and Gravy Mashed Pears Mashed Green Beans	6-8 oz. breastmilk or iron-fortified infant formula Mashed Beef and Gravy Mashed Apples Mashed Peas	6-8 oz. breastmilk or iron-fortified infant formula Mashed Turkey and Gravy Mashed Mango Mashed Carrots	6-8 oz. breastmilk or iron-fortified infant formula Mashed Ham and Gravy Mashed Peaches Mashed Sweet Potatoes	6-8 oz. breastmilk or iron-fortified infant formula Refried Beans Mashed Banana Mashed Butternut Squash
PM SNACK	2-4 oz. breastmilk or iron-fortified infant formula Iron-fortified Infant Rice Cereal Mashed Green Beans	2-4 oz. breastmilk or iron-fortified infant formula Iron-fortified Infant Rice Cereal Mashed Peas	2-4 oz. breastmilk or iron-fortified infant formula Iron-fortified Infant Rice Cereal Mashed Carrot	2-4 oz. breastmilk or iron-fortified infant formula Iron-fortified Infant Rice Cereal Mashed Sweet Potatoes	2-4 oz. breastmilk or iron-fortified infant formula Iron-fortified Infant Rice Cereal Mashed Butternut Squash
INITIALS/ SUBSTITUTIONS	9/1/25: _____ 9/8/25: _____ 9/15/ 25 _____ 9/22/25: _____ 9/29/25 _____	9/2/25: _____ 9/9/25: _____ 9/16/25: _____ 9/23/25: _____ 9/30/25 _____	9/4/25: _____ 9/10/25: _____ 9/17/25: _____ 9/24/25: _____	9/4/25: _____ 9/11/25: _____ 9/18/25: _____ 9/25/25: _____	9/5/25: _____ 9/12/25: _____ 9/19/25: _____ 9/26/25: _____

This institution is an equal opportunity provider.