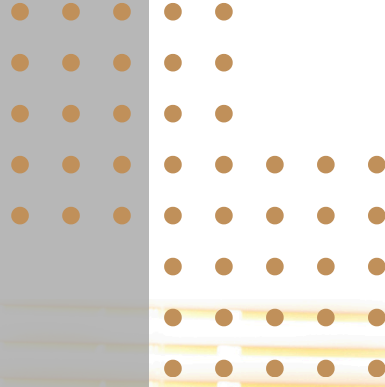


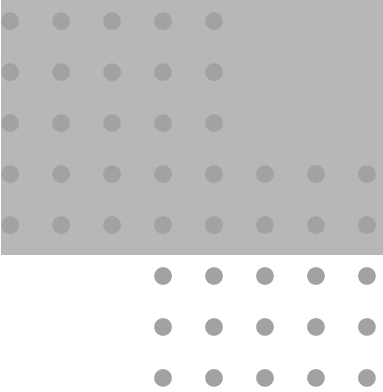
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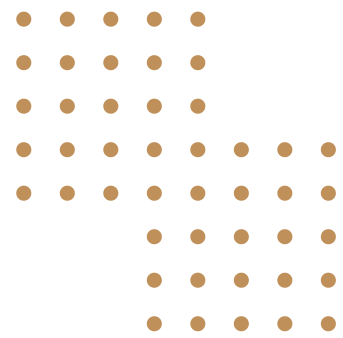


HEALING THE THEME

of your deepest
human wound

Published
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ABOUT

Astrology is an ancient science, language, and methodology. It helps us make sense of ourselves and others through the awareness and appreciation of our unique God-given blueprint.

This publication introduces curious adults to basic astrological concepts, Chiron in particular. Its purpose is to bring awareness to personal and collective healing, as well as the mysterious and invisible grace that underlies our wellbeing and peace.

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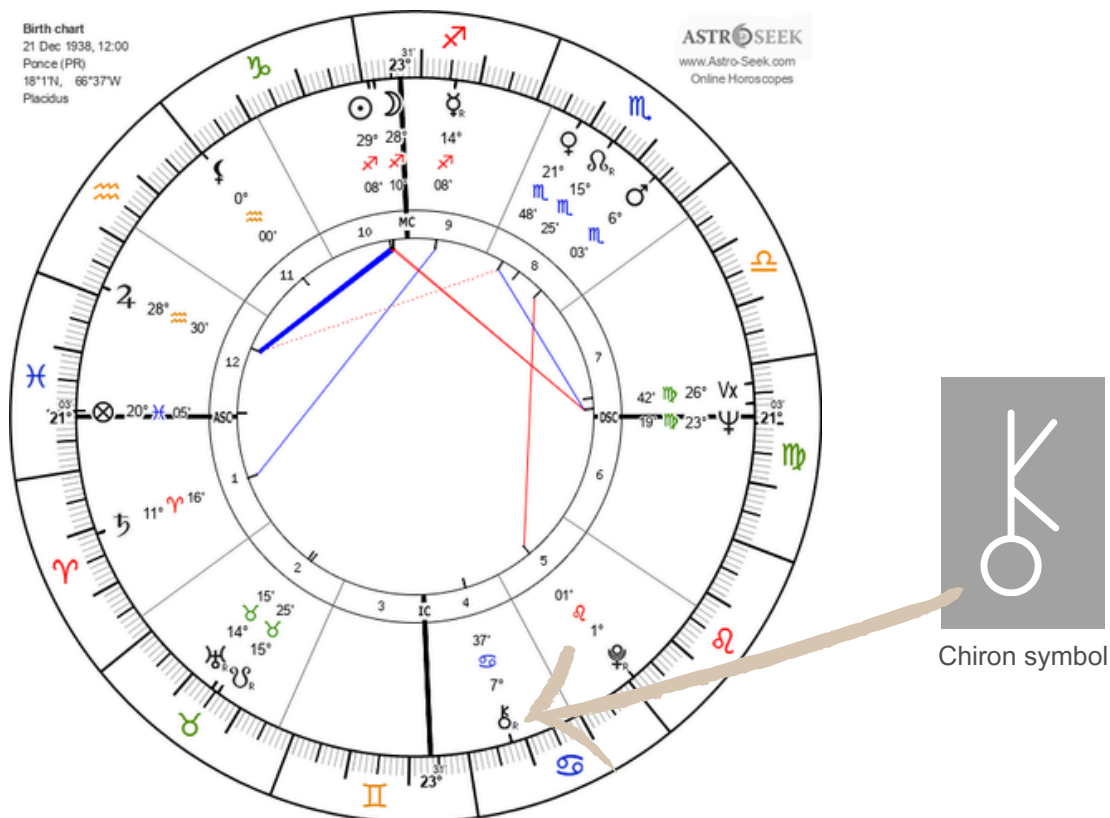
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What is Chiron?

Widely regarded as the “wounded healer”, Chiron **symbolizes a person's wound and healing journey**. Represented by a glyph that looks like a key, or an upside down stick figure, Chiron points to and exposes our deepest traumas and hurts.

Often, though not always, what we call “generational trauma” is related to this aspect. **Everyone** has a Chiron placement in their astrological blueprint/chart. The position of Chiron in a birth chart is based on where Chiron was when the person was born.



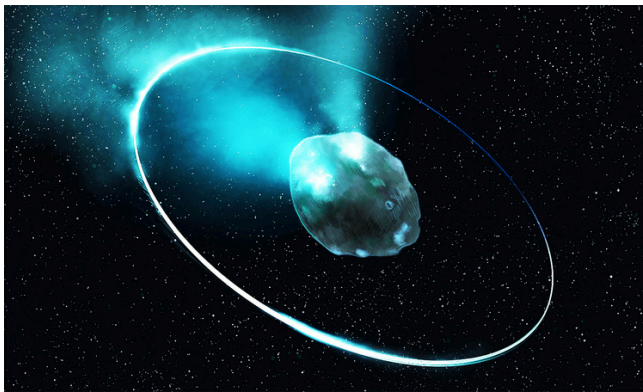
Source: <https://horoscopes.astro-seek.com>



What is Chiron?

The narrative of Chiron, the wounded healer, emerged in ancient Greek mythology with the concept later being formalized by Carl Jung in his psychological work.

From an astronomical perspective, Chiron was discovered in 1977 and was classified as a centaur. Centaurs are a class of objects that orbit the sun between Jupiter and Neptune and are known for their hybrid nature.



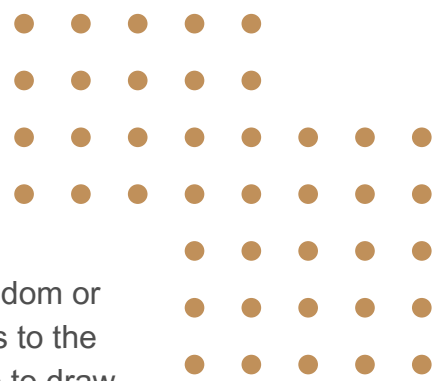
Chiron. Source: Earth.com



Chiron, a centaur known for his wisdom and skill in medicine, was a legendary figure in ancient Greek mythology.



Chiron's story, where he was a healer who suffered a grievous wound, became the basis for the "wounded healer" cultural archetype, which suggests that those who have experienced suffering are better equipped to help others.



Where is *your* Chiron?

Many religious and cultural traditions have observed a hidden wisdom or the wisdom of a wound. Chiron's placement in a natal chart points to the nature of a person's wounding as well as where they may be able to draw wisdom, healing, and spiritual development. As such, it is a shadow aspect --something that's hidden yet holds great potential for our wellbeing and peace of mind.

Based on the placement of the astrological house and the sign (if any) of your Chiron, you may be able to gleam its recurring pattern and discover its wisdom and grace.



You can download a free birthchart with your Chiron placement from any of these popular sites.

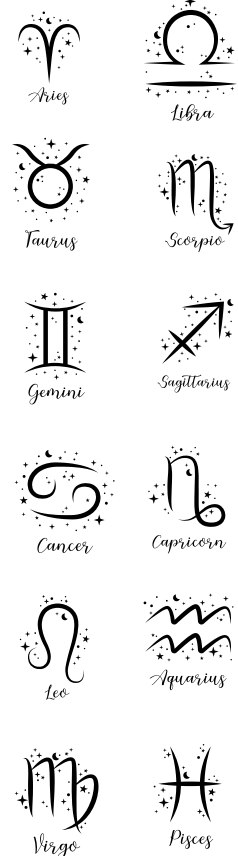
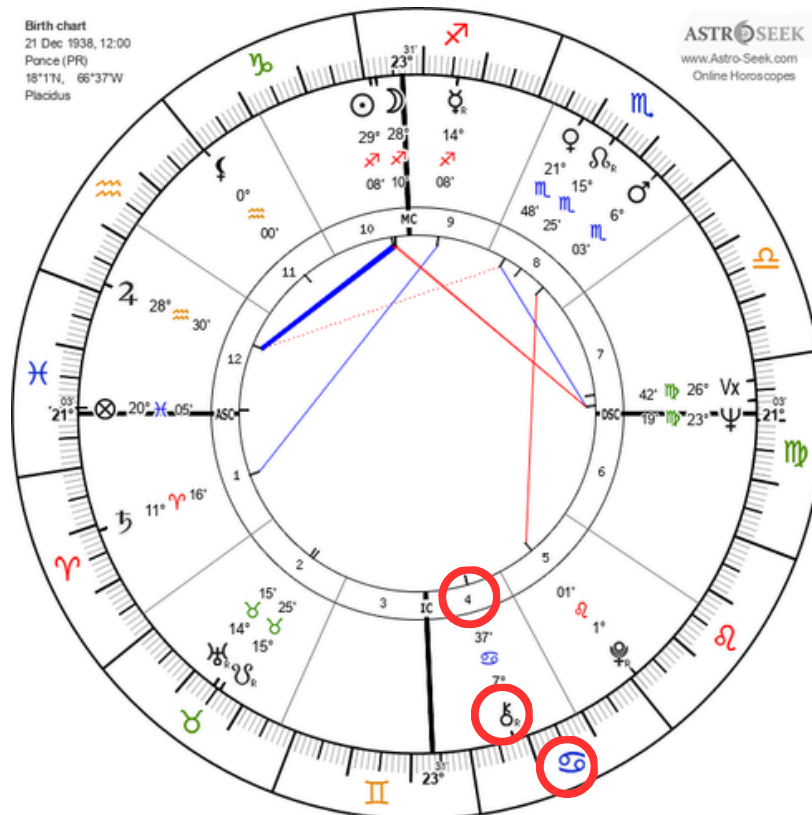
Astrodienst (Astro.com): Known for its comprehensive tools and in-depth interpretations, Astrodienst allows you to calculate and view birth charts, including Chiron's placement, and offers various reports. <https://www.astro.com/>

Cafe Astrology provides a user-friendly platform for generating birth charts, including Chiron, and offers a wealth of astrological information and articles. <https://www.cafeastrology.com/>

Astrolabe is a well-established site with a focus on astrological software and tools, allowing users to calculate and view birth charts, including Chiron. <https://www.astrolabe.com/>

Where is *your* Chiron?

In this example, this individual's Chiron is in the 4th house, in the sign of Cancer.



Interpretation of the theme

The **4th house** is the astrological house of **home, parents, roots, and inner-security**.

Chiron in Cancer in the 4th house indicates the wound is related to childhood, family, emotional security and home. This individual may have had a lack of emotional support or nurturing as a child. Their quest for love and security is centered on creating a nurturing home or finding emotional fulfillment through family.

Healing path entails the need to heal deep-seated emotional vulnerabilities and cultivating a safe environment and a sense of home and nurturing within oneself and others.



Chiron worksheet

Once you download your free birthchart, locate the following:

- **Chiron house (1-12)**
- **Chiron sign and degree**

Then, through conventional or specialized (e.g. ChatGPT) search, ask about the following:

- Meaning of Chiron in “your” house
- General theme of wound when Chiron is in “your house”
- Meaning of Chiron in “the sign” where it’s placed.

You can't heal it
until you feel it

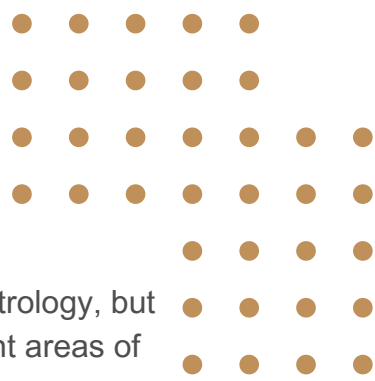
Take notes. Listen to your heart. Use critical thinking. Allow yourself to be Divinely guided.

Then, consider your parents and their own hardships or traumas-- does anything appear to have carried over to you or your siblings?-- What connections can you gleam about *their* wounds and their effects on you?

Consider your children (if any) -- Do you have a pattern or wound you want them to be aware of?

Pray and meditate. Ask God, the Holy Spirit, your Higher Self (soul) and/or your Guardian Angels for guidance and direction.

Ask for healing for you and your entire family.



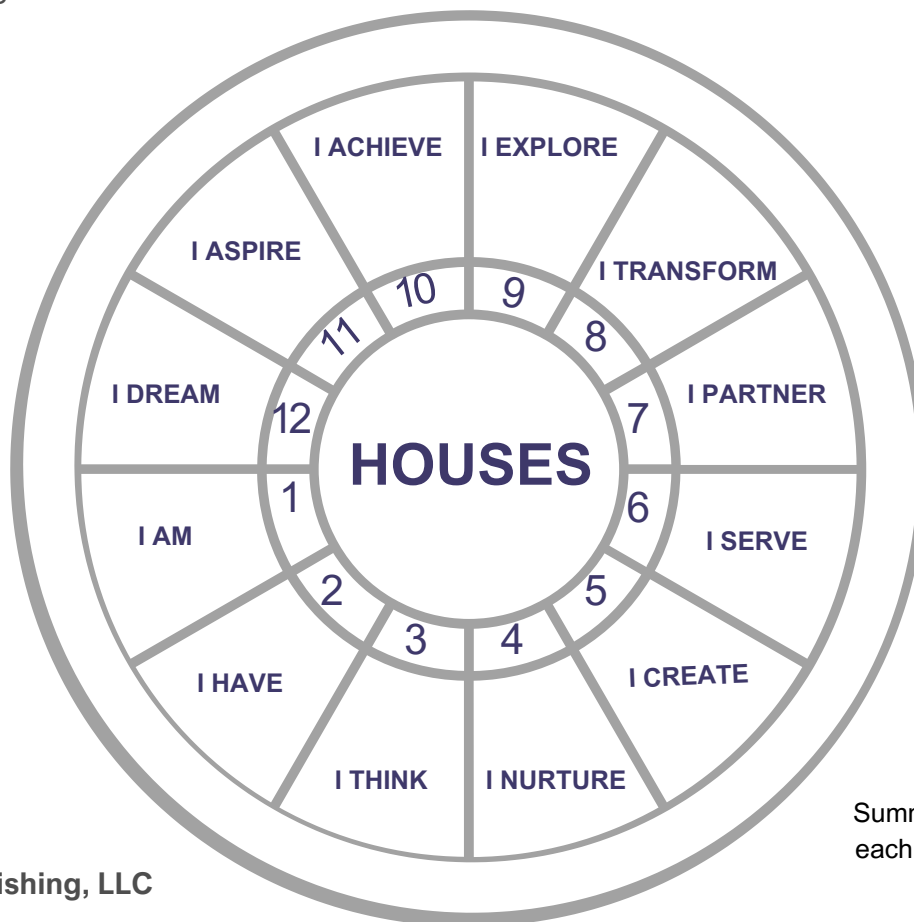
What are the “houses”?

Astrological houses can seem confusing, especially if you're new to astrology, but they are essentially sections of the sky that help us understand different areas of life.

Here's a simple analogy: think of your life as a stage play. The planets are the actors, the zodiac signs are their roles or costumes, and the houses are the settings where the action takes place. Depending on where the planets are positioned in these houses, they influence specific parts of your life.

Planets show us *what* is happening
Signs show us *how* it is happening
Houses show us *where* it is happening

In essence, the houses help us contextualize the planetary influences. Without them, the planets and signs would be like actors without a stage. Many people find that the insights gained from studying their houses and the planetary transits are extremely valuable and helpful for understanding the **cosmic ecology** to which all of us belong.



NOTE:
Summary descriptions for
each of the houses begin
on **P. 13**

Chiron wound and healing theme based on house placement

Chiron points to our deep, invisible, emotional, psychological, or spiritual wounds. It also signals the opportunity for our greatest potential for healing, wisdom, and personal peace.

House	Core Wound	Healing Possibilities
1st House (Self-Identity & Persona)	A wound related to self-image, confidence, and personal identity. May feel unseen or struggle with self-worth.	Healing comes from embracing authentic self-expression and realizing personal value beyond external validation.
2nd House (Self-Worth & Material Security)	Wounds related to self-esteem, financial stability, and feeling worthy of abundance.	Healing occurs through self-acceptance, learning to trust in personal value, and finding security beyond material possessions.
3rd House (Communication & Intellect)	Pain around self-expression, feeling unheard, or struggling with learning. May fear speaking up.	Healing happens when embracing personal voice, developing confidence in sharing thoughts, and fostering curiosity.
4th House (Home & Emotional Security)	Deep wounds connected to family, childhood, or emotional safety. A sense of not belonging.	Healing comes through creating an emotionally secure environment, inner child work, and redefining "home" on personal terms.
5th House (Creativity & Joy)	Fear of self-expression, being judged for creativity, or struggling to feel deserving of joy and love.	Healing through reclaiming playfulness, embracing artistic talents, and allowing oneself to experience joy without fear.
6th House (Health & Service)	Wounds related to self-worth in work or feeling unappreciated. Tendency toward perfectionism and self-sacrifice.	Healing involves finding balance in work, accepting imperfections, and nurturing well-being without overextending.

Chiron wound and healing theme based on house placement (continued)

House	Core Wound	Healing Possibilities
7th House (Relationships & Partnerships)	Struggles with intimacy, co-dependency, or fear of abandonment in relationships.	Healing emerges through cultivating healthy relationships, setting boundaries, and embracing self-love.
8th House (Transformation & Shared Resources)	Deep-seated fears of loss, betrayal, or struggles with power and intimacy.	Healing happens through embracing personal transformation, shadow work, and deep emotional healing.
9th House (Beliefs & Higher Learning)	Pain surrounding belief systems, feeling lost in one's purpose, or experiencing existential crises.	Healing comes from exploring diverse philosophies, embracing personal truth, and seeking wisdom beyond dogma.
10th House (Career & Public Image)	A wound connected to recognition, career struggles, or feeling unworthy of success.	Healing involves defining success on one's own terms, overcoming fear of failure, and finding purpose in work.
11th House (Community & Social Impact)	Fear of rejection by groups, difficulty finding belonging, or feeling like an outsider.	Healing happens through authentic friendships, embracing uniqueness, and engaging in meaningful collective efforts.
12th House (Spirituality & Subconscious)	Deep spiritual wounds, struggles with escapism, or a feeling of disconnection from the divine.	Healing comes through spiritual exploration, embracing solitude, and understanding subconscious patterns.

Other key astrological aspects besides Chiron



Sun sign: Represents your core essence, vitality, and primary life purpose. It's often seen as the driving force behind your soul's mission.



Moon sign: Reflects your emotional nature, subconscious patterns, and how you nurture yourself and others. It may indicate emotional lessons your soul needs to master.



Rising sign (Ascendant): Describes the persona you present to the world and the approach you take to life. It can be seen as the path or direction your soul is meant to follow.

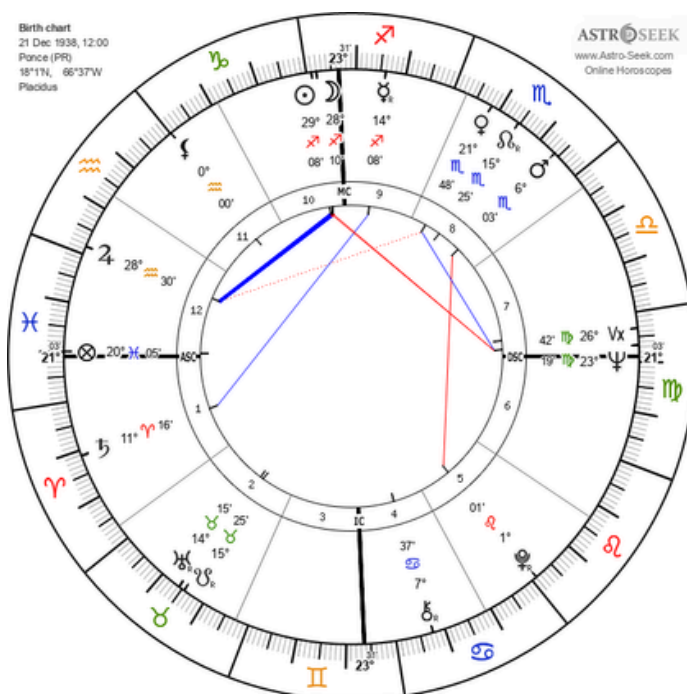


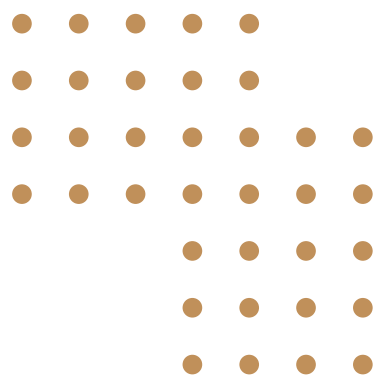
North Node: Points to the soul's purpose and karmic lessons in this lifetime. It indicates areas of growth and evolution, where you are encouraged to step out of your comfort zone.



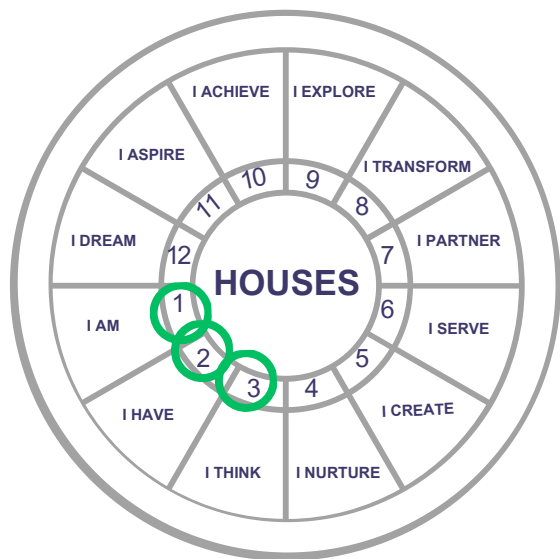
South Node: Represents past life influences and traits that come naturally but may need to be transcended in this life.

Planetary aspects: The relationships and placements of the main and dwarf planets in your chart symbolize the interplay of different energies and their potentials. Challenging aspects might indicate areas of growth, while harmonious aspects show areas of natural talent.





Additional information & reflection



Exploration & self-awareness

1st House (Identity & Self-Expression)

In what ways have I felt unseen, unworthy, or misunderstood by others or even myself?

What fears arise when I assert myself or take up space?

Healing: How can I practice self-acceptance and embrace my unique presence in the world?

2nd House (Self-Worth & Security)

What limiting beliefs do I hold about my worthiness to receive abundance and stability?

How has my relationship with money and material security shaped my self-esteem?

Healing: Where can I cultivate more self-sufficiency and inner security, independent of external validation?

3rd House (Communication & Learning)

Have I ever felt silenced, dismissed, or doubted in my thoughts and ideas?

What patterns emerge in my communication—do I hold back, over-explain, or struggle with clarity?

Healing: How can I reclaim confidence in my voice and trust in my ability to express myself?

The 1st House: Self and Identity (I AM)

This is your start, the entrance to this life, where the focus is on the self. It covers identity, personality, appearance, and how you present yourself to the world. It's about “you” and how others see you.

Oversees: Identity, self-image, physical appearance, personality, early environment, the approach to life.

Keywords: Self, appearance, first impressions, new beginnings, the physical body.

The 2nd House: Money and Possessions (I HAVE)

This house deals with material resources and how you manage them, such as your finances, personal values, and sense of security.

Oversees: Personal finances, material possessions, values, self-worth, income, resources.

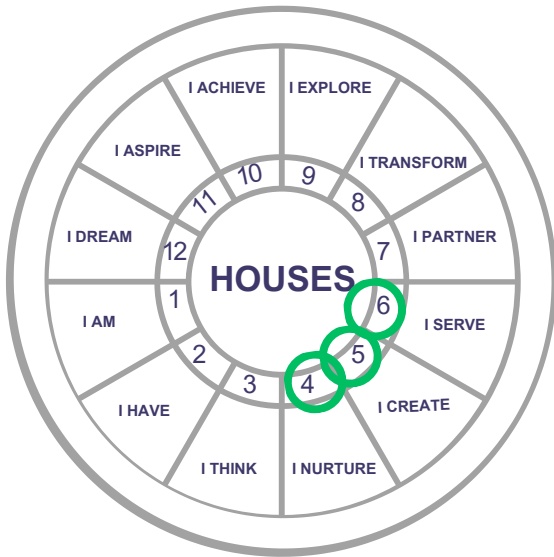
Keywords: Money, possessions, self-esteem, financial security, values.

The 3rd House: Communication and Learning (I THINK)

Think of this house as the way you communicate, learn, and interact with your immediate environment—like siblings, neighbors, and day-to-day interactions.

Oversees: Communication, thinking, siblings, early education, local travel, short trips, neighbors.

Keywords: Communication, intellect, learning, siblings, neighborhood, transportation.



Exploration & self-awareness

4th House (Emotional Security & Family Roots)

What wounds from my family or childhood still influence how I seek emotional security?

Where do I feel a sense of home and belonging? What is missing?

Healing: How can I nurture my inner child and create emotional safety for myself?

5th House (Creativity & Joy)

When have I felt afraid to express my creativity or passions?

What experiences have made me feel unworthy of love, joy, or recognition?

Healing: How can I reconnect with playfulness, self-expression, and the things that bring me true joy?

6th House (Work & Well-Being)

How do I relate to work, service, and daily routines—do I feel valued in what I do?

Where do I struggle with perfectionism or feeling "not good enough"?

Healing: How can I honor my body, mind, and soul by creating healthier habits and self-care practices?

The 4th House: Home and Family (I NURTURE)

This represents your roots, home, and family life. It's about your private world, your home environment, and emotional foundation—what makes you feel secure.

Oversees: Home, family, roots, ancestry, inner emotional world, foundations, private life.

Keywords: Home, family, mother, domestic life, heritage, security.

The 5th House: Creativity and Pleasure (I CREATE)

Here, the focus is on joy, creativity, hobbies, and self-expression. It's the house of romance, fun, and what you love to do for enjoyment, like the playful and joyful parts of life.

Oversees: Creativity, self-expression, romance, love affairs, children, fun, hobbies, entertainment.

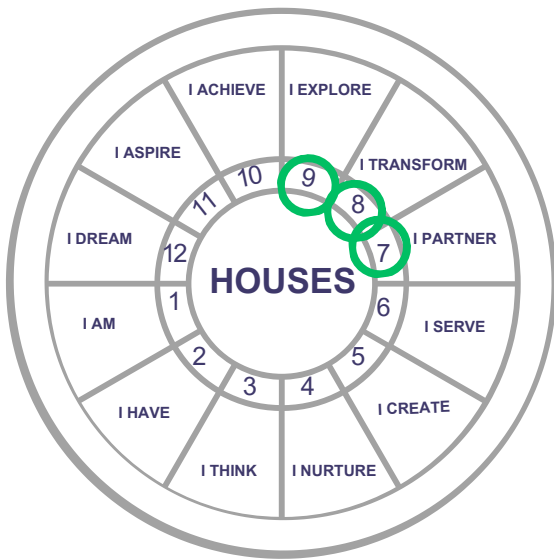
Keywords: Creativity, pleasure, children, love, entertainment, sports.

The 6th House: Health and Routine (I SERVE)

This house is all about daily routines, health, work, and service. It shows how you maintain your physical and mental well-being and the habits that structure your life.

Oversees: Daily routines, work, health, service to others, diet, fitness, pets, responsibilities.

Keywords: Work, health, service, daily routine, wellness, discipline.



Exploration & self-awareness

7th House (Relationships & Partnerships)

What recurring fears or wounds emerge in my closest relationships?

Do I tend to lose myself in relationships, or do I struggle with trust and intimacy?

Healing: How can I create balanced partnerships?

8th House (Transformation & Power)

What is my relationship with vulnerability, intimacy, and trust?

Have I ever felt powerless or fearful of change—where does this stem from?

Healing: How can I embrace transformation and step into my personal power without fear?

9th House (Beliefs & Higher Learning)

What beliefs have shaped my worldview, and do they still resonate with my truth?

Have I ever doubted my sense of purpose or struggled with existential questions?

Healing: How can I expand my mind and explore meaning in a way that feels authentic to me?

The 7th House: Relationships and Partnerships (I PARTNER)

This is the house of partnerships-- in essence, how you interact one-on-one via marriage, partnerships, and close relationships. It helps us understand what we seek in these partnerships.

Oversees: Relationships, partnerships (personal and business), marriage, contracts, legal matters, open enemies.

Keywords: Partnerships, marriage, one-on-one relationships, agreements, cooperation.

The 8th House: Transformation and Shared Resources (I TRANSFORM)

This house covers deep connections, shared finances, and transformation, including birth, death, and rebirth themes. It's the house for the deeper, often hidden, aspects of life.

Oversees: Birth, death, transformation, sex, shared resources, inheritance, taxes, the occult, mysteries.

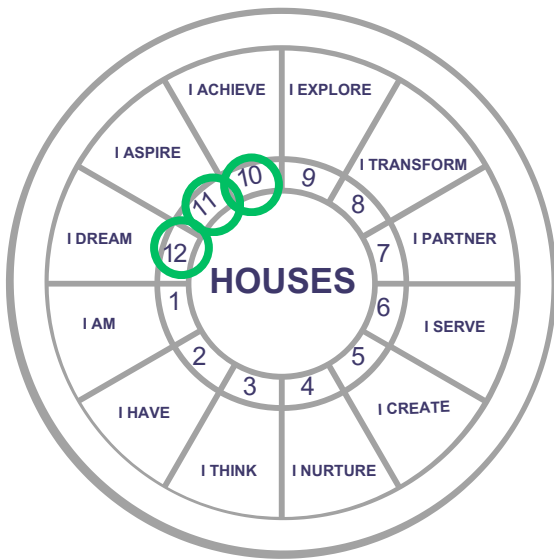
Keywords: Transformation, death, rebirth, intimacy, shared finances, inheritance, secrets.

The 9th House: Beliefs and Exploration (I EXPLORE)

This is the house of exploration, beliefs, travel, and higher education. It's where you expand your horizons and world-view, both intellectually and physically, exploring philosophies and new cultures.

Oversees: Higher education, philosophy, world-view, religion, law, long-distance travel, foreign cultures, adventure, ethics.

Keywords: Philosophy, education, travel, religion, law, wisdom.



Exploration & self-awareness

10th House (Career & Life Purpose)

What wounds exist around my career, reputation, or sense of accomplishment? Do I fear failure or feel unworthy of success? How does this impact my choices?

Healing: What would a fulfilling life path look like if I trusted myself fully?

11th House (Community & Belonging)

Where in my life have I felt like an outsider or struggled to find my tribe? How do I navigate friendships and group dynamics—do I hold back, overcompensate, or withdraw?

Healing: How can I cultivate deeper, more meaningful connections with like-minded people?

12th House (Spirituality & The Unconscious)

What recurring fears or self-sabotaging patterns do I experience?

Why do I find it difficult to trust in the unseen and in the goodness of God/Source?

Healing: How can I embrace surrender, intuition, and healing without fear?

The 10th House: Career and Public Life (I ACHIEVE)

Also known as the mid-heaven, the 10th house is the house of career and reputation, it relates to your life path, goals, and how you are perceived in the public eye. It's about your ambitions and what you aim to achieve.

Oversees: Career, public image, reputation, social status, ambitions, authority figures, life goals.

Keywords: Career, public life, reputation, achievements, authority, responsibilities.

The 11th House: House of Friendships (I ASPIRE)

This is the house of hopes and wishes and what you aspire to in your life. Coincidentally, ancient astrologers referred to this house as the house of joy.

Oversees: Friends, groups, social circles, hopes, wishes, humanitarian causes, community, technology.

Keywords: Friends, groups, social networks, aspirations, community involvement.

The 12th House: House of Friendships (I DREAM)

The 12th house is often seen as representing the unseen realm, subconscious mind, dreams, intuition, suffering, as well as the womb of new potential.

Oversees: The unconscious mind, spirituality, secrets, hidden enemies, isolation, confinement, endings, karma.

Keywords: Spirituality, solitude, hidden aspects, subconscious, endings, mysteries, healing, rebirth.

Karmic lessons and collective healing

In addition to Chiron, the placement of Saturn and Pluto, as well as the aspects they form, often indicate where we may face obstacles or recurring challenges in life. These patterns are not to be feared-- they are simply karmic lessons, presenting opportunities for our healing, growth, and transformation.

Whether we're aware or not, no one is immune from these processes. Gaining some basic understanding of the forces that influence our biological and quantum nature is essential to our health and wellbeing.

If you're in need of support, please seek out the assistance of spiritual teachers, energy practitioners or mental health professionals in your community. When we ask for help and allow ourselves to align more closely with our Source (God) and our divine nature, we are helped every step of the way!



The kingdom of God
is within you. - Jesus

The wound is where
the light enters you. - Rumi

