

# July



Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

			1 Chicken Fried Steak Chicken Cor Don Bleu Casserole	2 Fried Fish <i>Grilled Fish</i>	3 <b>BBQ</b>
5 Beef Stroganoff <b>CHEF'S CHOICE</b>	6 Meat Loaf <i>Homemade Pizza</i>	7 Fried Chicken <b>Sloppy Joes</b>	8 Chicken Fried Steak <b>JAMBAYLYA</b>	9 Fried Fish <i>Spicy Shrimp</i>	10 <b>BBQ</b>
12 Beef Stroganoff <b>CHEF'S CHOICE</b>	13 Meat Loaf <i>Chicken Parmesan</i>	14 Fried Chicken <i>Liver and Onions</i>	15 Chicken Fried Steak <i>BBQ Pulled Pork</i>	16 Fried Fish <i>Butterfly Shrimp</i>	17 <b>BBQ</b>
19 Beef Stroganoff <b>CHEF'S CHOICE</b>	20 Meat Loaf <i>Reuben Sandwich</i>	21 Fried Chicken <b>Shredded Chicken Tacos</b>	22 Chicken Fried Steak <b>BREAKFAST CASSEROLE</b>	23 Fried Fish <i>Seafood Stuffed Mushrooms</i>	24 <b>BBQ</b>
26 Beef Stroganoff <b>CHEF'S CHOICE</b>	27 Meat Loaf <b>Shredded Beef Pot Roast</b>	28 Fried Chicken <b>HOT HAM AND CHEESE</b>	29 Chicken Fried Steak <i>Stuffed Peppers</i>	30 Fried Fish <b>Hot Wings</b>	31 <b>BBQ</b>

Monday		Tuesday		Wednesday		Thursday		Friday		Saturday	
1		2 Meat Loaf		3 Fried Chicken		4 Steak Sandwich		5 Fried Fish		6	
8 Beef Stroganoff		9 Meat Loaf		10 Fried Chicken		11 Steak Sandwich		12 Fried Fish		13	
15 Beef Stroganoff		16 Meat Loaf		17 Fried Chicken		18 Steak Sandwich		19 Fried Fish		20	
22 Beef Stroganoff		23 Meat Loaf		24 Fried Chicken		25 Steak Sandwich		26 Fried Fish		27	
29 Beef Stroganoff		30 Meat Loaf		31 Fried Chicken							

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 Meat Loaf	2 Fried Chicken	3 Steak Sandwich	4 Fried Fish	5
7 Beef Stroganoff	8 Meat Loaf	9 Fried Chicken	10 Steak Sandwich	11 Fried Fish	12
14 Beef Stroganoff	15 Meat Loaf	16 Fried Chicken	17 Steak Sandwich	18 Fried Fish	19
21 Beef Stroganoff	22 Meat Loaf	23 Fried Chicken	24 Steak Sandwich	25 Fried Fish	26
28 Beef Stroganoff	29 Meat Loaf	30 Fried Chicken			

Monday		Tuesday		Wednesday		Thursday		Friday		Saturday	
						1 Chicken Fried Steak		2 Fried Fish		3	
5 Beef Stroganoff		6 Meat Loaf		7 Fried Chicken		8 Chicken Fried Steak		9 Fried Fish		10	
12 Beef Stroganoff		13 Meat Loaf		14 Fried Chicken		15 Chicken Fried Steak		16 Fried Fish		17	
19 Beef Stroganoff		20 Meat Loaf		21 Fried Chicken		22 Chicken Fried Steak		23 Fried Fish		24	
26 Beef Stroganoff		27 Meat Loaf		28 Fried Chicken		29 Chicken Fried Steak		30 Fried Fish		31	

					Saturday
Monday	Tuesday	Wednesday	Thursday	Friday	1
3 Beef Stroganoff	4 Meat Loaf	5 Fried Chicken	6 Steak Sandwich	7 Fried Fish	8
10 Beef Stroganoff	11 Meat Loaf	12 Fried Chicken	13 Steak Sandwich	14 Fried Fish	15
17 Beef Stroganoff	18 Meat Loaf	19 Fried Chicken	20 Steak Sandwich	21 Fried Fish	22
24 Beef Stroganoff	25 Meat Loaf	26 Fried Chicken	27 Steak Sandwich	28 Fried Fish	29
31 Beef Stroganoff					

Monday		Tuesday		Wednesday		Thursday		Friday		Saturday	
2		3		4		5 Chicken Fried Steak		6 Fried Fish		7	
9 Beef Stroganoff		10 Meat Loaf		11 Fried Chicken		12 Chicken Fried Steak		13 Fried Fish		14	
16 Beef Stroganoff		17 Meat Loaf		18 Fried Chicken		19 Chicken Fried Steak		20 Fried Fish		21	
23 Beef Stroganoff		24 Meat Loaf		25 Fried Chicken		26 Chicken Fried Steak		27 Fried Fish		28	
30 Beef Stroganoff		31 Meat Loaf									