



FOOD MENU

EARLY MORNING SPECIALS

(available until 11.30am)

- **Buttermilk pancakes with bacon and Canadian maple syrup** - £5.95
- **Bacon sandwich on fresh sourdough bread**- £3.50
- **Local eggs scrambled on fresh sourdough bread** *(with side salad)* - £5.50

ALL DAY BRUNCH

(available until close)

- **Smashed avocado on sourdough toast with Feta and Chilli** - £5.95
- **Smoked salmon on sourdough toast with cream cheese and lemon** - £6.95
- **Hot buttered Earl Grey Teacake, sourdough toast or crumpets** - £2
(Including either jam, honey, marmite or marmalade)
- **Scrumptious Porridge** - £3.95
(Toppings vary but usually include banana & honey/strawberries, pistachios and maple syrup, golden syrup or cinnamon – ask staff for details)

LUNCH/LATE MENU *(available all day)*

- **Choice of sandwiches/bagels** - £4
(See specials board for details – all served with side salad)
- **Fig compote, goats cheese and honey on sourdough toast** served *with a side salad* - £5.50
- **Toasties** *(cheese & ham/bacon brie and cranberry/cheese and tomato)* – all served *with a side salad* - £5.50
- **Vegan cheese toasted sandwich** *(with side salad)* - £5.50

HOT SOUP

Tasty warming soup with a nice chunk of freshly baked bread

£4

(ask us to find out what soup we have today ☺)

SUMMER SPECIAL – BANANA SPLIT - £4.25

(with chocolate & vanilla ice cream, squirty cream, strawberry & chocolate sauce, sprinkles, chopped nuts and glace cherries)

HOMEMADE CAKES

We have a selection of fresh homemade cakes - including vegan and gluten free options! They are on display on the front counter so please have a look or ask staff for details of what we have today.



DRINKS MENU

Espresso/Long Black - £2.20
Flat white - £2.70
Cappuccino - £2.90
Latte - £2.80
Americano - £2.70
Mocha - £2.90
Hot Chocolate (white or dark) - £2.80
Vanilla Chai Latte, Turmeric Latte or Matcha Latte - £2.90

ICED DRINKS

THE ICED FLAMINGO – *Fabulous pink chocolate milkshake with cream, marshmallows, fresh strawberries and a dusting of glitter* - £4.20

Iced Latte/Americano - £2.90

Iced Tea (*Passionfruit and Lemon, or Raspberry*) – £2.90

Affogato (*scoop of vanilla ice cream drowned in a hot double shot of Espresso*) - £3.20

Add a scoop of ice cream to any drink for £1, or syrup for 40p (vanilla/caramel etc)

Organic Teas - £2.40: *Sri Lankan Lemongrass & Ginger, Hibiscus with Rosehip Apple & Strawberry, caffeine free Rooibos Indian Chai, whole Camomile Blossoms, North African Peppermint, Estate Breakfast tea, Harrington Estate Earl Grey, Greenfields Estate Green team.*

Yorkshire Gold/Yorkshire Decaf Tea - £2

The Flamingo - £4.20 (*Fabulous pink hot chocolate with cream, marshmallows, fresh strawberries and a dusting of glitter*)

San Pelegrino, J20, Appletiser/cold cans: £2

Shot of syrup/cream/marshmallows - £0.40 (*including caramel, cinnamon, black forest gateau, almond, vanilla & hazelnut – please ask staff for all options*)

Vegan milk alternatives available (usually coconut or oat milk: please ask staff for options) – additional £0.40

Please also speak to staff if you have allergens or specific dietary requirements that we should be aware of. Note, we prepare foods fresh in our kitchen and cannot guarantee they are free from traces of any particular allergen.