



## **FOOD MENU – COVID 19 RE-OPENING**

*We have had to temporarily adapt and reduce our food and drink menu at Flamingos, so that we can help maintain social distancing in our kitchen and to help keep our customers safe.*

*All drinks and “snack” items will be served in biodegradable plastic-free paper cups and single use plates. All other items which need a knife and fork will have ceramic plates and cutlery. Again, this temporary measure is to help keep you and our staff safe.*

*Please be patient with us during these tough times!*

### **BREAKFAST** *(available until 11am)*

- **Sourdough crumpets with bacon and Canadian maple syrup** - £5.95
- **Thick cut bacon sandwich on fresh sourdough bread**- £3.95
- **Local eggs scrambled on fresh sourdough bread** *(with side salad)* - £5.95
- **Smashed avocado on sourdough toast with Feta and Chilli** - £6.75 (this option can be made vegan)
- **Smoked salmon on sourdough toast with cream cheese and lemon** - £7.95 (this option can be made vegan)
- **Hot buttered Earl Grey Teacake, sourdough toast or crumpets** - £2.25  
*(Including either jam, honey, marmite or marmalade)*
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### **LUNCHTIME**

*(available from 11am until 4pm)*

- **Choice of sandwiches/bagels** - £4.25  
*(See specials board on the wall behind the till for details – all served with side salad)*
- **Fig compote, goats cheese and honey on sourdough toast served with a side salad** - £5.95
- **Soup of the day** – with a chunk of crusty fresh local sourdough bread - £4.25
- **Smashed avocado on sourdough toast with Feta and Chilli** - £6.75 (this option can be made vegan)
- **Smoked salmon on sourdough toast with cream cheese and lemon** - £7.95 (this option can be made vegan)
- **Hot buttered Earl Grey Teacake, sourdough toast or crumpets** - £2.25  
*(Including either jam, honey, marmite or marmalade)*

### **HOMEMADE CAKES & DONUTS**

We have a selection of fresh homemade cakes & donuts - including vegan and gluten free options! They are on display on the front counter so please have a look or ask staff for details of what we have today.



## DRINKS MENU

**Espresso/Long Black** - £2.20

**Flat white** - £2.70

**Cappuccino** - £2.95

**Latte** - £2.80

*All of our coffees come as double shot as standard ☺*

**Americano** - £2.70

**70% Cocoa Ecuadorian Chocolate Mocha** - £3.10

**Hot Chocolate (Ivorian white or Ecuadorian dark chocolate)** - £2.90

**Vanilla Chai Latte / Matcha Latte** - £3.20

**Iced Coffee / Iced Tea (Passionfruit & Lemon/Raspberry/Jasmine Lime)** – £2.95

### **WINTER WARMERS** *(can all be made vegan if requested)*

**Black Forest Hot chocolate** – *Dark Black Forest Gateaux flavoured hot chocolate with cream & marshmallows* - £3.50

**Pumpkin Spiced Latte** – *with cream and marshmallows dusted with cinnamon* - £3.50

**Gingerbread White Hot Chocolate** - £3.35

**Organic Teas** - £2.40: *Sri Lankan Lemongrass & Ginger, Hibiscus with Rosehip Apple & Strawberry, caffeine free Rooibos Indian Chai, whole Camomile Blossoms, North African Peppermint, Estate Breakfast tea, Harrington Estate Earl Grey, Greenfields Estate Green team.*

**Yorkshire Gold/Yorkshire Decaf Tea** - £2

**The Flamingo** - £4.20 *(Fabulous pink hot chocolate with cream, marshmallows, fresh strawberries and a dusting of glitter)*

**Cold drinks cans** – *(usually San Pelegrino, J20, Appletiser/diet coke etc - check out our drinks cabinet or ask staff to see what we have on offer ☺) £2*

**Shot of syrup/cream/marshmallows** - £0.45 *(including caramel, mint, pumpkin spice, gingerbread, cinnamon, black forest gateau, almond, vanilla & hazelnut – please ask staff for all options)*

*Vegan milk alternatives available (usually coconut or oat milk: please ask staff for options as they can change/depend on availability) – additional £0.40*

**Please also speak to staff if you have allergens or specific dietary requirements that we should be aware of. Note, we prepare foods fresh in our kitchen and cannot guarantee they are free from traces of any particular allergen.**