



## THE OPTIMIST CLUB OF COLUMBIA (Downtown Optimist)

Mailing address: P. O. Box 1959 \* Columbia, MO 65205-1959

Web: [www.downtownoptimistclub.org](http://www.downtownoptimistclub.org)

### The Weekly Bulletin November 19, 2018

Call to order: President Dewey at 12:05 p.m.

Invocation: Rick Mckernan

Pledge: Shirley Beckett

#### **Introduction of Guests and New and Old Members (who have been gone):**

- Bonnie Langreder, Charlie's spouse, attended the meeting today.
- Shirley Beckett, Jim's spouse, joined the Downtown Optimist Club today.

#### **Birthdays and Anniversaries**

Jake Jolley had a birthday on October 28. He spent his birthday floating on the Meramec River.

#### **Greeter**

Charlie Langreder is today's greeter. He stated he spent quite a bit of time white tail deer hunting, but was not successful in getting a deer. Charlie added deer season ends tomorrow.

#### **Mystery Person**

Jack Cruise awarded the mystery person to Shirley Beckett, who has been helping with Koeze Nuts deliveries.

#### **Announcements**

- **Sign In or Pay the Pig:**  
President Dewey paid \$1 to the pig, thanking all members who have helped with the Christmas tree lot planning and preparation.
- **Food Bank:**  
Larry Fick stated they prepared many Buddy Packs at the Food Bank.
- **Christmas Trees:**
  - President Dewey is asking everyone who is able to work at the Christmas tree lot to please sign up to help out. The more members and volunteers we have the less we will have to pay people to work. We can then save more money and be able to pay for the different youth organizations in Columbia.
  - Jim Murphy stated they had worked four days drilling trees and setting up the trees in the stands this past Thursday. The DO clubhouse back yard with trees are ready to open for sales.
  - C.O. Scheffer stated the shifts for tree sales is coming along. Currently planning for lot opening this weekend and filling shifts. There still is an opening for a cashier for one of the days this weekend. There has been great response for volunteer help signups for tree sales from agencies with whom D.O. partners. He will hire workers as needed to fill shifts.
- **Koeze Nuts/Restaurant Gift Certificates:**  
Steve Winters reported the Koeze nuts that have been ordered have arrived as scheduled. These items have been pulled and boxed for delivery, as has been the restaurant gift certificates. The

*Bringing Out The Best In Kids Since 1936*

Koeze nuts and gift certificates are at the clubhouse. Please submit any remaining orders (third of three orders) by 11/27/18.

- **D.O. Club Social:**

President Dewey stated the D.O. Club Social will be on Monday, 12/17/18, at the clubhouse. She is working with Hy-Vee for catering planning. President Dewey estimates the cost/person will be \$10. Please let Larry Fick know if you plan to attend (and others who may join you). Please pay Larry by 12/7/18. Larry reports 17 persons are planning to attend as of this date.

- **Board Meeting:**

President Dewey provided a summary of the DO Board Meeting held this past Thursday, 11/15/18.

- The D.O. Board approved the following:
  - To fund Big Brothers/Big Sisters Organization the amount of \$1,200;
  - To approve Steve Klein as a new Board Member to replace Steve Sapp;
  - \$70 will be applied to purchase scratch-off tickets to give to Steve's sister for her efforts/costs in preparing Christmas Tree Lot and Chile Cook-off banners for the D.O. Club;
  - \$550 approved to pay Withrow Electric, who is coming to the D.O. clubhouse this week to repair two light fixtures that are in the back yard. Update: Carl Scott reported at this meeting that he had just come from the clubhouse. Only one light fixture had to be repaired. The fixture near the shed that would have required replacing (and would have been the most costly) was determined to be working at this time. However, this shed light is located on a pole that is older and may need to be replaced at some point. Also, this type of light fixture is no longer in production. Due to only one light needing attention, the light repair cost should be less at this time than estimated. We do not yet have the final price for the repairs made.
- The D.O. Board also voted, starting in January, 2019, to have one meeting on the 4<sup>th</sup> week of each month to be in the evening and at varied locations other than the Hy-Vee Conference Room. The meeting on 1/28/19 will be at the Tiger Hotel beginning at 6 p.m.

- **Announcements from the floor.**

- President Dewey stated there will be a Zone meeting and Holiday Party 12/1/18 at the Sunrise Optimist Club here in Columbia. Cost is \$15/person. The time will be 5:45 p.m. to 9:00 p.m. Buckingham's Restaurant will provide the catering. Activities will include Bingo and dancing.
- President Dewey stated the Food Bank fund raiser is tomorrow 11/20/18 where they will be collecting cans of food. Carl Scott added he is going to the Food Bank tomorrow to work at one of the shifts.
- President Dewey reminded members if they had not yet paid their Optimists dues to please do so. C.O. Scheffer added in the past the D.O. weekly newsletter was mailed out by regular mail for members who could not attend the regular lunch meetings, and this helped in bringing in more dues payments.
- Jake Jolley stated the Sunrise Optimist Club Wild Game Feed programs is in January, 2019. He will get more information to share with the D.O. members.

## **Today's Speaker**

### **John Korte – Medals4Mettle**

Medals4Mettle is an international, non-profit (501 C3) organization that facilitates the gifting of marathon, half marathon, and triathlon finishers' medals to children and adults dealing with chronic or debilitating illnesses, and who have demonstrated similar mettle, or courage by bravely facing these challenges. There are 70 Medals4Mettle chapters worldwide. John states he has participated in marathons and learned about Medals4Mettle.

Medals4Mettle was started by and ENT Physician, Dr. Isenberg in Indianapolis, Indiana. He had a friend who was in the hospital dealing with pancreatic cancer. Dr. Isenberg had just finished a Chicago marathon, and he got the idea to give his marathon medal to his friend who was going through cancer treatment.

To date 55,000 medals have been awarded.

Locally, John stated the organization receives medals from marathon participants. A location medals can be donated is at Fleet Feet store in South Columbia, MO. Once received the original ribbon is removed from the medal, and a new Medals4Mettle ribbon is added. In addition to medals persons receive a certificate of achievement. John, his family and friends participate in awarding medals to, for example, patients at hospitals such as MU Women's and Children's Hospital, and Ellis Fischel Cancer Center. Over the last two years over 200 medals have been given out locally. The program also participates in the Ellis Fischel Cancer Survivor Awareness month. It is an opportunity for persons to share their stories about their experience with cancer. John noted that there was a person at MU Hospital who had a kidney transplant. When this person received their medal the entire transplant team from MU was part to help present the medal to the patient.

Other things done through Medals4Mettle locally is creating items from the old ribbons cut from the medals for medal recipients. Examples of items include a port pillow, which is a small pillow that threads through, for example, a seat belt for comfort; and a small medal buddy (stuffed animal shape) with a zippered pocket where a person can store their medal.

John also mentioned they collect medals from 5K and 10K running events to give to siblings of children who received Medal4Mettle medals.

Medals4Mettle – [www.medals4mettle.org](http://www.medals4mettle.org)

For more information about Medals4Mettle Columbia Chapter:

- Medals donation is Medals4Mettle c/o Fleet Feet Sports-Columbia, 505 East Nifong Blvd, Ste.106, Columbia, MO 65201
- To volunteer, contact [Medals4Mettle.CoMo@gmail.com](mailto:Medals4Mettle.CoMo@gmail.com)
- Facebook.com/medlas4mettle.como

### **UPCOMING SPEAKERS**

Monday, November 26 – Rick Mckeinan has the speaker for today??

Monday, December 3 – Dan Nunez-Requeiro – FACE of Boone County

Monday, December 10 – Jeff Nichols– Rainbow House

Monday, December 17 – Holiday luncheon at the D.O. clubhouse

Monday, December 24 and December 31 – No Meeting

Monday, January 7 - Tim Haller - Big Muddy, National Fish and Wildlife Refudge

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Adjourn with the Creed: 12:45 p.m.

*Optimistically Yours,*

Ron Berg,  
Secretary

