



THE OPTIMIST CLUB OF COLUMBIA (Downtown Optimist)

Mailing address: P. O. Box 1959 * Columbia, MO 65205-1959

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The Weekly Bulletin

February 18, 2019

Call to order: President Dewey at 12:03 p.m.

Invocation: Pat Brown

Pledge: Steve Klein

Introduction of Guests and New and Old Members (who have been gone):

Marie Klein, Steve's wife, was present at the meeting today.

Birthdays and Anniversaries

Steve Winters and his wife have a 35th anniversary coming up tomorrow.

Mystery Person

President Mary Dewey awarded the mystery person to Scott Stager for all the work he has done with the Boys and Girls Club of Columbia Annual Rootin' Tootin' Chili Cook-off.

Announcements

• Sign In or Pay the Pig:

- Carl Scott paid \$0.25 to the pig to thank Scott Stager and other members who helped with the Rootin' Tootin' Chili Cook-off.
- Carl Scott paid \$0.25 to the pig for the high school wrestling tournament this weekend. High School Association has implemented girls wrestling for the first time this year.
- Carl Scott paid another \$0.25 to the pig in appreciation for the success of the MU womens' basketball team. He estimates there were about 9,000 fans at the game this weekend. There is one more game against Alabama at home, and they hope to have over 10,000 fans attend for senior day.

• Welcome any new or returning members: None reported.

• Food Bank: Jim Murphy stated last Monday they worked on the Buddy Packs.

• D.O. Club Food Bank Volunteering on 2/25/19: Vice-President Kelly Schilling indicated she has scheduled the end-of-the month D.O. Club weekly meeting at the Food Bank. We have a 6:00 p.m. to 8:30 p.m. slot scheduled for D.O. Club members to volunteer. There are 20 spots available, and 18 slots still need to be filled. Food Bank needs to have a volunteer count by 2/22/19 to assist with planning. Kelly stated if we wish we can use the Food Bank meeting room and eat our dinner prior to volunteering.

• President Announcements:

- **CYBA basketball:** CYBA basketball games were cancelled this past weekend due to weather. These games will not be rescheduled. This Saturday, the 1st and 2nd grade team is playing at 11:00 am Beulah Ralph Elementary School. And the fourth grade team

is playing at 8:00 a.m. at Jefferson Middle School. If you have time this Saturday please go out and support our teams.

- **Boys and Girls Club of Columbia Annual Rootin' Tootin' Chili Cook-off:**
 - President Dewey asked Scott Stager to share how the Chili Cook-off went this past weekend. Scott said the event went very well. He thanked D.O. Club members who participated in the event. D.O. Club received two awards. The first was a Flight award given during the chili preparation process. Chili Cook-off entrants judged chili from other tables, and we received a second place plaque. D.O. Club also was awarded third place in the grand championship for all the chili entries based on judging by professional chefs in the community. Congratulations to Scott, Steve Winters and his daughter, Kelly Schilling, Larry Fick, Carl Scott and others who helped on the event.
 - Steve Winters stated they had sold some of the Koeze Nuts at the Chili Cook-off.
- **Dos De Mayo Event:** President Dewey asked Steve Winters to give an update on the Dos De Mayo event. Steve reported it is to be held Thursday, 5/2/19 at the D.O. Club house and provided a summary of meal items. You can arrive at 5:00 p.m. and meal begins at 6:00 p.m.
- **District Meeting:** President Dewey asked Rick Mckernan to summarize his involvement at the Tri-District Optimist (West Missouri, East Missouri and Kansas) 2nd Quarter Conference in Kansas City this past weekend. Rick stated the meeting went well. There were representatives from East and West Missouri, Kansas, and several Optimists Governors from states such as Iowa and Illinois attended. And the International Optimist President, who is from Des Moines, Iowa, was also present at the meeting. Rick added that D.O. Club received a monetary award of \$25 for taking first place due to having the most A and A points reported for 2018. We also got a \$20 award for taking second place for the first quarter of this year. Rick thanked Carl Scott and others for their assistance with submitting the points information. Rick also stated our Club received a Net plus One award for increased membership numbers.
- **Homes for Computers - Computer Give-Away at the D.O. Clubhouse:** President Dewey asked Rick Mckernan to provide an update on the Homes for Computers event. Rick encouraged members to continue to sign up to help out with the event. Computer set-up is the same date (Thursday, 2/21/19) and location as the Board meeting, so Board members are encouraged to arrive early at 4:00 p.m. before the meeting to help with the computers. The computers will be distributed on Saturday, 2/23/19. Rick stated a Boone County Sheriff's Department representative will be present to provide two sessions (9:00 a.m. and 10:30 a.m.) on internet safety for persons who will be receiving the computers.
- **Soap Box Derby:** President Dewey asked Rick Mckernan to provide an update on Soap Box Derby planning. Rick stated the D.O. Club 2019 Mid Missouri Soap Box Derby is Sunday, 6/9/19. This is one of the premier projects for our Club. Rick stated that the two Gold and four Bronze Sponsors are identified. There is one of two Silver sponsors identified. One is still needed. He encouraged D.O. Club members to help out with the Soap Box Derby. Rick added historically the Club has given about \$4,000 for the event. This year he is asking for about \$1,500 less than before, or \$2,500. Rick expects over time he will continue to need less money from the Club for the Derby planning.
- **Awesome 80's Trivia Night:** President Dewey reminded members about the 3/2/19 there is an "Awesome 80's Trivia Night" and Chili Cook-off at the American Legion Post 202.
- **D.O. Club Board Meeting Reminder:** President Dewey reminded members there is an upcoming Board meeting on Thursday, 2/21/19 at the D.O. Clubhouse at 6:00 p.m. She

would appreciate if Board members arrive at 4:00 p.m. to help prepare computer equipment for the computer give away event.

- **Announcements from the floor:** No additional announcements.

Today's Speaker

Today's speaker is Valerie Zumwalt. She is Founder of Show Me Leaders. She is a certified speaker, trainer, and coach with the John Maxwell Team. Mr. Maxwell holds the distinction of being named the world's #1 leadership expert by the American Management Association.

As per the website showmeleaders.com – "Show Me Leaders is a leadership growth company that creates REAL success through events, workshops, training, and coaching. We help leaders define and design their ability to RELATE to others; their ability to EQUIP others, their ATTITUDE and mindset and their LEADERSHIP and influence".

Valerie provided a summary and discussion of the Four Myths of Influence, from Mr. Maxwell's newest book "Developing the Leader within You 2.0". She talked about What is Leadership? What are the characteristics of a good leader? Of the many leadership qualities shared by the group, Valerie added one quality that was evident in today's D.O. Club meeting was members recognizing other members for their contributions to the various events/activities through D.O. Club. That is, the ability to recognize the accomplishments of others is a good leadership quality. Mr. Maxwell defines leadership as "leadership is influence, nothing more and nothing less".

Myth #1. "I am not a born leader – so I can't lead". Myth buster – all qualities of a good leader are a choice. We can grow into becoming a leader.

Myth #2. "A title and seniority will automatically make one a leader". The only thing that is automatic is getting older. Truth – "You can have a title and seniority and be totally incapable of leading".

Myth #3. "Work experience will automatically make me a leader". Truth – "Only thing that happens automatically is getting old".

Myth #4. "I'm waiting until I get a position to start developing as a leader". Truth – "When opportunity comes it's too late to prepare". Leader is just a title. You have to become a leader before getting the title.

"The best investment in tomorrow is to develop our influence today".

Think about how a plant grows. It needs water, light and soil. To be good leaders we need:

- "New ideas". This is the water for the plant to grow.
- "Mentors". This is the light source for the plant to grow.
- "Growth Environment". This is the soil for the plant to grow.

"Growth is the only guarantee that tomorrow will get better".

For additional information you can go to the website – showmeleaders.com. And/or you can contact Valerie at Valerie@showmeleaders.com. Valerie's work cell number is 314.485.4934. Her office is located at 204 Peach Way, Suite D, Columbia, MO 65203.

UPCOMING SPEAKERS

- 3/4/19 - Christina Torbet from Girls on the Run
- 3/11/19 - Nikki McGruder from Inclusive Impact Institute
- 3/18/19 - Annelle Whitt from CPS MAC Scholars
- 3/25/19 - Steve Smith from Job Point
- 4/1/19 - Aaro Froese from Boy Scouts of America
- 4/8/19 - Susan Shaffer from the Special Olympics
- 4/15/19- Kelly Hill from Heart of Missouri CASA
- 4/22/19 - Tim Haller from Big Muddy National Fish & Wildlife Refuge

Adjourn with the Creed: 1:00 p.m.

Optimistically Yours,

Ron Berg, Secretary

