

HIGH NOON



Jackson Noon Optimist
P.O. Box 615
Jackson, MO 63755



Meetings held on Wednesday - 12:00 PM - Delmonico's

November 2022

Volume 2



Promise Yourself...

To be so strong that nothing can disturb your peace of mind.

To talk health, happiness, and prosperity to every person you meet.

To make all your friends feel that there is something in them.

To look at the sunny side of everything and make your optimism come true.

To think only of the best, to work only for the best, and to expect only the best.

To be just as enthusiastic about the success of others as you are about your own.

To forget the mistakes of the past and press on to the greater achievements of the future.

To wear a cheerful countenance at all times and give every living creature you meet a smile.

To give so much time to the improvement of yourself that you have no time to criticize others.

To be too large for worry, too noble for anger, too strong for fear, and too happy to permit the presence of trouble.

President's Message

Happy Fall Y'all!

We have been witnessing a beautiful (late) transition from summer into autumn this year. If you haven't ventured out to see the colorful trees and perhaps even Tower Rock, you need to do it...NOW! You won't be disappointed.

This past month we have gone from two meetings a month to three, and starting in January we will be meeting every week. Nearly three years after COVID-19 shut us down we are finally getting back to normal. Yay!

October has been a busy month with working Bingo, collecting Santa Keys, volunteering at the Pumpkin Patch and committees meeting to get ready for Girls Basketball and our Christmas Party (just around the corner!).

Merideth Pobst gave a presentation on Facebook/social media and how we as members can participate to get our news out to the public. We need to like, share and comment on the Jackson Noon Optimist Facebook Page. Committee Chairpersons, please send your photos & information to Merideth (mpobst@jr2mail.org), she will add graphics to jazz it up. Like autumn, we are transitioning into a larger wave of communication (for our club). We have to keep up with the times in order to help our club branch out and find new members to keep growing. Don't forget to also send photos and information to Debra Hoffmann (dhoffmannr2@yahoo.com) for the club newsletter, the deadline is the 25th of each month.

President's message continued on next page

President's message continued

This month we will be inducting four new members: Brooke Roth, Tammy Duncan, Sara Gerau & Amy Ybarra. These energetic ladies have already jumped right in by helping volunteer, signing up for committees and Fellowship at our meetings. Welcome Ladies, we are so excited to have you join our club!

Thanks again, Optimist Members, for everything that you do for our club. You are the backbone to our existence. Everything that we accomplish for our club, our community and especially the children is because of your dedicated teamwork. I am humbled by your dedication and hard work.

Please remember to:

Be Kind

Do Good

Change the World for the Better

Yours in Optimism

Janell Hinkebein

Hey, don't forget to check out the Monday Motivation post that Merideth has started on our Facebook page. It is a great way to get inspired at the beginning of our week!

Fellowship Leaders Needed

We need volunteers to lead Fellowship on:

- June 21, 2023
- August 16, 2023
- September 10, 2023
- October 18, 2023

Contact President Janell if you can volunteer.



Fair Gate Fundraiser

Thanks to all who worked at the SEMO District Fair Gate. You helped the club earn **\$1,510.82.**



NOVEMBER BIRTHDAYS

There are no club members with birthdays in November

MEETING SCHEDULE—NOVEMBER

- 01 Board Meeting—6:30 p.m.
Meeting Room at Jackson Chamber of Commerce
- 02 Noon Meeting—Delmonico's
Business
- 09 Noon Meeting—Delmonico's
**Fellowship—Christy O’Neal, leader*
**Induction of 3 New Members*
- 16 Noon Meeting Delmonico's
**Program—Jennifer Icaza Gast*
**Induction of 1 New Member*
- 30 President’s Choice
Salad Luncheon at Emanuel United Church of Christ

BINGO

November 11

Men's Club Bingo

November 25

President’s Choice—November 30

Salad Luncheon
Emanuel United Church of Christ

The church ladies will be serving a variety of salads for us to enjoy. Desserts and drinks will also be provided.

Cost is \$8 per person. Please RSVP by signing your name on the list at an upcoming meeting, or contact Debra Hoffmann by text, phone or email.

573-579-1350
dhoffmannr2@yahoo.com



October Meeting Notes

October 5

Business Meeting (See board briefs on the right.)

October 12

Fellowship: Barbara Gholson and Teresa Meier
We played Halloween charades and everyone received a door prize.

October 19

Program: Nicole Humphreys
(See article below)

Nicole Humphreys is a graduate of Jackson High School and a Southeast Missouri State University Athlete. She earned United States Track and Field and Cross Country Association All-Academic recognition. In 2022 she was OVC Female Cofield Athlete of the Year. She is a Silver medalist in the Hammer throw, Bronze medalist in the Shotput and received Fourth Place in the Discus. She accomplished all this while maintaining a 4.0 GPA obtaining her Master's in Business Administration.

Nicole's presentation to the group provided an insight to what it takes to be an athlete at the college level, the hours of practice, dedication, determination, along with the physical and mental requirements. For example after two hours of weight lifting she then would have four hours of practice, not to mention the hours of classwork and her part-time job. She also explained the different techniques of throwing the hammer, discus, and shot-put.

She showed videos of her in action throwing the discus, shot-put, and the hammer. She also showed a video of her teammate, Logan Blomquist who is a National Champ Hammer thrower. He is currently working on making his way to the Olympic trials.

She will graduate in the spring with her Master's and has taken a position in St. Louis and will be moving at the end of the month.

Cathy Goodman

Board Briefs

The Board of Directors met on Tuesday, October 4, 2022 at the Jackson Chamber of Commerce meeting room at 6:30 p.m.

Committee Updates

- *Bingo*—Noon Club Bingo--October 14, Men's Club Bingo--October 28.
- *Fair gate*—Thanks to all members who worked shifts on Friday and Saturday, September 16-17.
- *Hope for Kids*—A check was delivered to the Torreson Family.
- *Santa Keys*—Members are working on keys and they should be turned in to Barbara Gholson.
- *Shine Club-Pumpkin Patch*—Paula has workers signed up to help. This year's event will be held indoors.
- *Girls Basketball*—Signups will be held on November 12 and December 10 at the Civic Center.
- *Installation Banquet*—Held September 21 at Kimbeland with 32 ladies in attendance.

Board Action

- Approved membership for Sara Gerau and Amy Ybarra.
- Approved meeting schedule with 3 meetings per month on the first, second and third Wednesday, plus President's Choice on the Fifth Wednesday. Beginning January 2023 meetings will be held weekly.
- Policies and Procedures were reviewed and updated.
- Budget for 2022-2023 was approved.
- Approved purchase of a new Honors/Awards banner.

Debra Hoffmann, Secretary

Time to get your Jingle On...

Please join us on December 12th
@ 6PM for our Jackson Noon Optimist
Christmas Party

Party will be at the Emanuel United Church of Christ

Please bring a \$15 gift for the Gift Exchange.

There will be a sign-up sheet for food at the next meeting.

We will also be collecting food for the Food Pantry.

Oil * Pumpkin * Toothbrushes * Shampoo * Cranberry Juice * Variety of Cereals * Deodorant * Conditioner
Flour * Sugar * Cranberries * Toothpaste * Bar Soap * Grape Juice * Soup (Vegetable/Beef/Chicken/Noodle)

Monetary donations are always appreciated!

JACKSON NOON OPTIMIST CLUB

2022-2023 OFFICERS

PRESIDENT

Janell Hinkebein—573-450-6131

PRESIDENT-ELECT

Shelly Kaiser—573-225-4649

VICE PRESIDENT

PAST PRESIDENT

Esther Bohnert—573-270-3187

SECRETARY

Debra Hoffmann—573-243-7479

TREASURER

Dorothy Rowley—573-243-5882

DIRECTORS:

Mary Boner—573-243-9896

Judy Beussink—573-243-5873

Cathy Boyd—573-243-1858

Heidi Duckworth—573-421-5504

Barbara Gholson—573-979-1691

Cathy Goodman—573-243-7710

OPTIMIST INTERNATIONAL PRESIDENT:

Robert Bob McFadyen

EAST MISSOURI DISTRICT GOVERNOR:

Ernie Wren

Lt. Governor Zone 11:

Emily Collins

Newsletter articles and photos deadline is the 25th of each month. Send reports to Debra Hoffmann: dhoffmannr2@yahoo.com.



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