

# ZINOBIOTIC+

## ALL-NATURAL FIBER BLEND SUPPLEMENT



NON-GMO



HIGH IN FIBER



GLUTEN-FREE



NATURALLY  
SOURCED  
INGREDIENTS



SPORT



PRODUCT OF  
NORWAY  
COMMITMENT TO A CLEAN  
SPORT



Vegan

### PRODUCT HIGHLIGHTS

ZinoBiotic+ is a tailored blend of 8 natural dietary fibers. These fibers are metabolized in the colon (the large intestine) where they support the growth of healthy bacteria.\*

ZinoBiotic+ helps maintain healthy blood sugar level, and maintain cholesterol levels that are already within the normal range.\*

The fibers promote many healthy bowel functions.\*

**Content:** 180 g (6.3 OZ)

### ALL-NATURAL INGREDIENTS

- ▶ Resistant starch from corn, green banana and potatoes
- ▶ Beta glucans from oats
- ▶ Inulin and FOS from chicory root
- ▶ Psyllium husk
- ▶ Guar gum fiber from Indian guar beans

### KEY BENEFITS

- ▶ **Dietary fiber blend**
- ▶ **Healthy blood sugar level\***
- ▶ **Gut health\***
- ▶ **Balance cholesterol levels that are already within the normal range\***
- ▶ **Healthy bowel functions\***
- ▶ **Balanced microbiome\***

\* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

ZINZINO

## SUPPLEMENT FACTS

# Supplement Facts

Serving size 1 Scoop (6 g). Servings Per Container 30.

Amount Per Serving	% Daily	Value*
Calories	21	†
Total Carbohydrate	6 g	2%*
Dietary fibers	5 g	15%
Resistant starch (from corn, potato, green banana)	2.5 g	†
Beta glucans (from gluten-free oat)	0.5 g	†
Inulin (from chicory root)	0.9 g	†
Fructo-oligosaccharides (from chicory root)	0.1 g	†
Psyllium seed husk	0.3 g	†
Guar gum fiber (from guar beans)	0.12 g	†

\*Percent Daily Values are based on a 2,000 calorie diet  
† Daily Value (DV) not established

**SUGGESTED USE:** Adults and children over 4 years mix 6 g of powder (1 scoop) with 1 cup (240 mL) of water in a shaker bottle, or mix it with a ready to drink product of your choice e.g. smoothie. Take 1 scoop a day of ZinoBiotic+. Do not exceed recommended daily dose. Combine dietary supplements with a balanced diet and healthy lifestyle for best results.

**WATER:** Drinking extra fluid is strongly recommended when you consume dietary fibers. Water prevents digestive issues such as constipation.

**STORAGE:** Dry and cool with the lid on. Keep out of reach of small children.

**CAUTION:** A medical professional should be consulted before taking the product if you are pregnant, nursing or have a medical condition and/or before giving to children.

**ZINZINO DIETARY FIBER BLEND:** Resistant starch blend (corn, potatoes, green bananas), oat beta glucans, inulin, fructo-oligosaccharides, psyllium husk and guar gum fibers.

**NATURAL:** ZinoBiotic+ is made only from natural ingredients and contains no excipients.

**GMO-FREE:** Our products are GMO-free (i.e. free of genetically modified organisms).

### DIETARY FIBERS

Other fiber products on the market generally contain only one or two types of dietary fibers, a strategy which is not enough for your daily need of fibers. ZinoBiotic+ contains significant amounts of eight dietary fibers. This approach ensures benefits for the whole colon. Resistant starch, inulin, beta glucans from oats, fructo-oligosaccharides (FOS) and psyllium husk are fermented in the colon and promote several bowel functions, for example, the resistant starch will contribute to the reduction of the otherwise normal rise of blood sugar after meals.\*

### GUT HEALTH

The fibers in ZinoBiotic+ stimulate the growth of good bacteria throughout the colon. There are over 100 trillion bacteria in the human colon and while some are good for our health, others are less desirable. The good bacteria use dietary fibers as their fuel, enabling them to outgrow and displace the less wanted bacteria. The good bacteria contribute to many important bodily functions, such as educating our immune system. They are also linked to better mood, stamina and health in general. A healthy gut is essential for a healthy body.\*

Fibers also contribute to a feeling of fullness in the stomach (which can help with appetite control), but at the same time they reduce bloating.\* There may be a short period of adjustment while the fibers begin to improve the bacterial population, but this is a minor and passing step on the way to better situation.

### NORMAL CHOLESTEROL LEVELS

One of the eight fibers is beta glucans from oats. These have a function in maintaining cholesterol levels that are already within the normal range.\*

### GLUTEN-FREE

ZinoBiotic+ contains special beta glucans from oats that are free from gluten and contamination from other grains.

### OTHER INGREDIENTS

There are no excipients at all in the product.

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