



**GLOBAL LEADER
IN CYCLING
FOOTWEAR**

2025 **Product Guide**

EXCELLENCE IN INNOVATION & UNCOMPROMISING QUALITY

This document may contain confidential and/or privileged information that is subject to copyright or trade secret protection. If you are not the intended recipient (or have received this document in error) please destroy this document. Any unauthorized copying, disclosure, or distribution of the material in the document is strictly forbidden





The Lake Story

When you have a passion for cycling as we do at Lake, it translates to a life long passion. Designed and proven to be the most comfortable cycling shoes amongst pros and enthusiasts at all levels. You will not want to replace your worn-out shoes; we hope you'll want to just buy another pair from Lake.

We match the fit to the function of every shoe we make. The footwear comfort and performance needs of cyclists are not only dependent upon the type of riding they will do, but also their anatomy and how hard they ride. This theory goes beyond materials and construction methods to the actual foot form (the 'last') around which a shoe is built to determine whether a shoe meets a particular need.



Instead of trying to make one or two foot shapes to fit every rider, we have created a variety of lasts to meet most riders needs. Our #findyourfit campaign is very important to us as we believe all cyclists should be comfortable when riding.

How to Heat Mold



Moldable shoe models:

CX403 **CX/MX333** **CX/MX242**









FIT MATRIX

Find Your Fit

The Fit Matrix explains the difference between Lake models and how our collection is designed to fit various foot shapes. The chart is for reference only. Trying and buying shoes with your local dealer is recommended.

FIT MATRIX					
RIDING STYLE	FOOT SHAPE				
		LOW INSTEP	HIGH INSTEP	MEDIUM INSTEP	HIGH INSTEP
		NARROW WIDTH		MEDIUM WIDTH	WIDE WIDTH
		LOW VOLUME		MEDIUM VOLUME	
ROAD	PRO Tour GC/Sprinter/TT	CX403		CX403-X	
		CX333-N		CX333	
	PRO Tour GC/Climber	CX333-N, CX302-N		CX333, CX302	
	PRO/AM GC/Climber	CX302-N, CX20R-N		CX302, CX21C CX20R	
	Fit Solution PRO/AM/GC	CX242		CX242-X, CX239-X	
				CX239	
				CX201	
	AM/Novice GC/Training	CX219		CX219-X, CX21C-X, CX20R-X	
MTB / GRAVEL		CX20R-N		CX21C, CX20R	
				CX201	
	Novice/Casual Tourer/Commuter	CX177		CX177-X	
				CX201	
MTB / GRAVEL	Winter	CX146, CXZ176		CX146-X	
MTB / GRAVEL					
	PRO Race MTB/Gravel Cyclocross	MX333-N, MX30G-N		MX333, MX30G MX242, MX239	
				MX333-X, MX30G-X MX242-X, MX239-X	
	PRO/AM Gravel	MX333-N, MX30G-N MX20G-N		MX333, MX30G MX239 Gravel MX21G, MX20G	
				MX333-X, MX30G-X MX239-X Gravel MX21G-X, MX20G-X	
	PRO/AM Long Distance/All MTB/Cross Country	MX333-N, MX30G-N MX242		MX333, MX242 MX239	
				MX333-X, MX242-X MX239-X	
	AM/Novice All MTB	MX30G-N, MX20G-N		MX30G, MX20G MX219	
MTB / GRAVEL				MX30G-X, MX219-X, MX20G-X	
				MX201	
	Bikepack/Enduro Downhill/E-Bike Commuter/Tourer			MX201, MX169, LXSDL	
		MX177		MX177-X	
MTB / GRAVEL					
	Winter	MXZ304, MX146, MXZ176		MX146-X, MXZ304-X	
MTB / GRAVEL				MXZ120	

PRO = Professional / GC = General Classification / AM = Amateur / TT = Time Trial



SHOE LASTS

Perfect shoes start with perfect lasts

CX/MX Comfort Plus

The Comfort Plus last is engineered to offer optimal foot control while pedaling, without compromising comfort during off-bike activities. Featuring the most spacious forefoot platform among our CX lasts, it easily accommodates a wide variety of foot shapes and allows for natural toe splaying. Resembling traditional athletic shoes, the MX lasts are perfect for commuting, on/off trail sports rides, and gentle terrain trekking. For riders seeking a shoe that provides both freedom and support, the Comfort Plus last is an excellent solution.

CX/MX Sport

This last features a roomy, precisely fitted toe-box and increased foot control through the heel and saddle, providing a fit designed for aggressive riding while remaining comfortable for all-day wear. Ideal for couriers, adventure cyclists, and anyone who wears their cycling shoes for long periods, it also addresses the higher cadence and longer ride times of road cycling, which require excellent foot control to avoid hot spots and numbness. Our Sport last cradles the foot securely with its high arch and mid-width ball girth, preventing unwanted movement.

CX/MX Competition

Featuring a large toe box and a tight heel, with a slightly more aggressive sole curve than the Sport last, this design is exceptionally secure for hard riding and racing. It provides enough room in the toe box to prevent binding when running up inclines or negotiating hike-a-bike sections, making it ideal for performance riding and racing. The Competition last, specifically designed for very high-cadence riding and higher pressure, has a more curved profile than the Sport last. Key differences include increased toe pitch and heel lift, a tighter heel, and a slightly wider ball girth to allow the foot to expand under high pedaling pressures.

CX/MX Race

With a slightly narrower toe box and tighter heel than the Competition last, and less overall volume than the Sport last, this design is intended for a slimmer fit, making it most suitable for racing. It is also designed for very high-cadence riding and higher pressure, ensuring a snug fit for optimal performance.

Winter

The Winter last features a much wider and taller toe box compared to our traditional lasts, allowing the foot to maintain proper circulation even with thicker socks. It sets the standard for winter cycling footwear.

RACE LAST COMPARISON CHART

RACE LAST
PRE 2023RACE LAST
POST 2023COMPETITION
LASTSPORT
LAST

Regular → Narrow*
 Wide → Regular* → Regular → Regular
 Extra Wide → Wide* → Wide → Wide

*Measurements do not change

RACE

NARROW

REGULAR

WIDE

6

8

10

CX333N MX333N
 CX302N MX30GN
 CX20RN MX20GN
 TX224N

CX403 MX333
 CX333 MX30G
 CX302 MX20G
 CX20R

CX403X MX333X
 CX333X MX30GX
 CX302X MX20GX
 CX20RX

COMPETITION

REGULAR

WIDE

COMFORT PLUS

REGULAR

8

10

10

CX242 MX239
 CX239 MX219
 CX219 MX21G
 CX21C TX224
 MX242

CX242X MX242X
 CX239X MX239X
 CX219X MX219X
 CX21CX MX21GX

CX201 MX169 TX224
 MX201 MXZ120 LXSDL

WINTER

REGULAR

WIDE

SPORT

REGULAR

WIDE

7

9

7

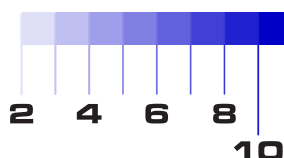
9

MXZ304

MXZ304X

CX177 MX177
 CX146 MX146

CX177X MX177X
 CX146X MX146X

OVERALL
WIDTH
SCALE



SIZE CHART

Shoe last measurements

LAST LENGTH / SHOE SIZE (add +5mm to your measured length to get correct shoe length)		SPORT LAST		COMFORT PLUS LAST		COMPETITION LAST		RACE LAST			WINTER LAST	
		Regular	Wide	Regular	Regular	Regular	Regular	Narrow	Regular	Wide	Regular	Wide
Millimeters	EU											
224.5 - 227	36	85		92	87			83			78	
230.5 - 234	37	87		94	88	100		85	93.8	96.24	80	
234.5 - 237	37.5				89			85				
237.5 - 240	38	89		96	90	102		87	95.8	98.24	82	
240.5 - 243	38.5				91			87				
243.5 - 246	39	91	99.76	98	92	104		88	97.8	100.24	84	100.2
246.5 - 250	39.5			99	93	105		88	98.8	101.24		
250.5 - 253	40	93	101.76	100	94	106		89	99.8	102.24	86	101.2
253.5 - 256	40.5			101	95	107		90	100.8	103.24		
256.5 - 260	41	95	103.76	102	96	108		91	101.8	104.24	88	103.2
260.5 - 263	41.5			103	97	109		92	102.8	105.24		
263.5 - 266	42	97	105.76	104	98	110		93	103.8	106.24	90	105.2
266.5 - 270	42.5			105	99	111		94	104.8	107.24		
270.5 - 273	43	99	107.76	106	100	112		95	105.8	108.24	92	106.7
273.5 - 276	43.5			107	101	113		96	106.8	109.24		
276.5 - 280	44	101	109.76	108	102	114		97	107.8	110.24	94	108.2
280.5 - 283	44.5			109	103	115		98	108.8	111.24		
283.5 - 286	45	103	111.76	110	104	116		99	109.8	112.24	96	110.7
286.5 - 290	45.5			111	105	117		100	10.8	113.24		
290.5 - 293	46	105	113.76	112	106	118		101	111.8	114.24	98	112.2
293.5 - 296	46.5			113	107	119		103	112.8	115.24		
296.5 - 300	47	107	115.76	114	108	120		103	113.8	116.24	100	114.2
303.5 - 306	48	109	116.76	115	110	122		105	115.8	118.24	102	116.2
309.5 - 313	49			116	112	124		107	117.8	120.24		
313.5 - 316.5	50	113	120.76	118	114	126		108	119.8	122.24	106	120.2
326.5 - 329	52				118	130		112	123.8	126.24		

LAKE CUSTOM

As unique as you are

Match your shoes with your kit, bike, team, or design something unique with our custom program. We offer over 30 in-stock material options and the capability for custom graphics, providing a wide range of possibilities

CUSTOM GRAPHICS

Our graphics are applied with high quality inks for vivid colors, crisp lines and lasting durability. However, printing on leather does pose a challenge and we must adhere to a few constraints:

- All artwork must be submitted as Vector PDF, EPS or AI (Adobe Illustrator)
- Limit of 5 colors in the graphic
- All fonts must be outlined
- All graphics must specify Pantone Coated colors
- Artwork recreation will incur additional costs

MORE COLOR & MATERIAL OPTIONS

If one of our stock upper material colors does not work for you, we do have the possibility to order a custom color that is not on our list with additional lead-time and cost*: Custom colors must have a Pantone number provided.

**Lead-times and cost vary and are discussed on case by case basis*

Custom Colors Online App — **CUSTOM.LAKECYCLING.COM**
For Custom Graphics contact your account manager

Model: CX333

Notes:

Color:

Size:

Color:

Color:

Color:

SHOE MATERIALS & COLOR

A. OUTSIDE: K-ATH PEARL WHITE

B. TONGUE: K-ATH PEARL WHITE

C. INSIDE & TOP STRAP: K-ATH PEARL WHITE

D. HEEL TOP: K-ATH PEARL WHITE

E. HEEL BOTTOM: K-ATH PEARL WHITE

F. REFLECTIVE HEEL: BLACK

G. TOE LOGO SIZE/PRINT: SMALL/BLACK

H. SOLE PAINT FINISH: GLOSSY

I. TOE & HEEL PAD COLOR: BLACK

J. TOP BOA DIAL COLOR: BLACK

K. LACE GUIDE/LACE COLOR: White or Black/White or Black

L. BOTTOM BOA DIAL COLOR: Black

M. LACE GUIDE/LACE COLOR: White or Black/White or Black

ITEMS:

KANGAROO LEATHER	MICROFIBER	COW LEATHER	BOA DIAL COLORS
BLACK GLOSS	P. 230C HOT PINK	P. 144C METALLIC ORANGE	TRANSLUCENT
BLACK MATTE	P. 230C PINK	P. 144C CHAMP YELLOW	BLACK
PEARL BLACK	P. 230C FLASH YELLOW	P. 144C FLASH GREEN	COOL GREY
PEARL WHITE	P. 230C FLASH ORANGE	P. 144C FLASH ORANGE	WHITE
P. 230C CHAMP RED	P. 230C CHAMP BLUE	P. 144C CHAMP BLUE	ELECTRIC BLUE
P. 230C METALLIC GREEN	P. 230C METALLIC GREEN	P. 144C METALLIC GREEN	TRUE RED
P. 230C SILVER	P. 230C SILVER	P. 144C SILVER	RED METAL
P. 230C GOLD	P. 230C GOLD	P. 144C GOLD	BLUE METAL

Include Material Name & Color
Example: K-Ath P. 186 Red

Model: MX333

Notes:

Color:

Size:

Color:

Color:

Color:

SHOE MATERIALS & COLOR

A. OUTSIDE: K-ATH PEARL WHITE

B. TONGUE: K-ATH PEARL WHITE

C. INSIDE & TOP STRAP: K-ATH PEARL WHITE

D. HEEL TOP: K-ATH PEARL WHITE

E. HEEL BOTTOM: K-ATH PEARL WHITE

F. REFLECTIVE HEEL: BLACK

G. TOE LOGO SIZE/PRINT: SMALL/BLACK

H. SOLE PAINT FINISH: GLOSSY

I. TOE & HEEL PAD COLOR: BLACK

J. TOP BOA DIAL COLOR: BLACK

K. LACE GUIDE/LACE COLOR: White or Black/White or Black

L. BOTTOM BOA DIAL COLOR: Black

M. LACE GUIDE/LACE COLOR: White or Black/White or Black

ITEMS:

KANGAROO LEATHER	MICROFIBER	COW LEATHER	BOA DIAL COLORS
BLACK GLOSS	P. 230C HOT PINK	P. 144C METALLIC ORANGE	TRANSLUCENT
BLACK MATTE	P. 230C PINK	P. 144C CHAMP YELLOW	BLACK
PEARL BLACK	P. 230C FLASH YELLOW	P. 144C FLASH GREEN	COOL GREY
PEARL WHITE	P. 230C FLASH ORANGE	P. 144C FLASH ORANGE	WHITE
P. 230C CHAMP RED	P. 230C CHAMP BLUE	P. 144C CHAMP BLUE	ELECTRIC BLUE
P. 230C METALLIC GREEN	P. 230C METALLIC GREEN	P. 144C METALLIC GREEN	TRUE RED
P. 230C SILVER	P. 230C SILVER	P. 144C SILVER	RED METAL
P. 230C GOLD	P. 230C GOLD	P. 144C GOLD	BLUE METAL

Include Material Name & Color
Example: K-Ath P. 186 Red

Model: CX403

Color:

Date:

Size:

Qty:

SHOE MATERIALS & COLOR

A. OUTSIDE QUARTER PANEL: K-ATH PEARL WHITE

B. INSIDE QUARTER & TOP STRAP: K-ATH PEARL WHITE

C. TOE & BOTTOM STRAP: K-ATH PEARL WHITE

D. HEEL TOP: K-ATH PEARL WHITE

E. HEEL BOTTOM: K-ATH PEARL WHITE

F. TONGUE: K-ATH PEARL WHITE

G. TOE LOGO SIZE/PRINT: LARGE/BLACK

H. CARBON HEEL LOGO: WHITE

I. CARBON HEEL LOGO: GLOSSY

J. CARBON HEEL LOGO: BLACK

K. TOE & HEEL PAD: BLACK

L. SOLE TYPE: 3-HOLE

M. TOP BOA DIAL COLOR: BLACK

N. LACE GUIDE/LACE COLOR: BLACK/BLACK

O. BOTTOM BOA DIAL COLOR: BLACK

P. LACE GUIDE/LACE COLOR: BLACK/BLACK

ITEMS:

KANGAROO LEATHER	MICROFIBER	COW LEATHER	BOA DIAL COLORS
BLACK GLOSS	P. 230C HOT PINK	P. 144C METALLIC ORANGE	TRANSLUCENT
BLACK MATTE	P. 230C PINK	P. 144C CHAMP YELLOW	BLACK
PEARL BLACK	P. 230C FLASH YELLOW	P. 144C FLASH GREEN	COOL GREY
PEARL WHITE	P. 230C FLASH ORANGE	P. 144C FLASH ORANGE	WHITE
P. 230C CHAMP RED	P. 230C CHAMP BLUE	P. 144C CHAMP BLUE	ELECTRIC BLUE
P. 230C METALLIC GREEN	P. 230C METALLIC GREEN	P. 144C METALLIC GREEN	TRUE RED
P. 230C SILVER	P. 230C SILVER	P. 144C SILVER	RED METAL
P. 230C GOLD	P. 230C GOLD	P. 144C GOLD	BLUE METAL

Include Material Name & Color
Example: K-Ath P. 186 Red

LAKE

CX403

Race Last | Regular & Wide | Kangaroo Leather

MOLDABLE CARBON HEEL

Integrated heat moldable carbon heel for a more customized fit

REPLACEABLE HEEL PAD

Long lasting TPU heel pad

DUAL 100K FORCE CARBON SOLE

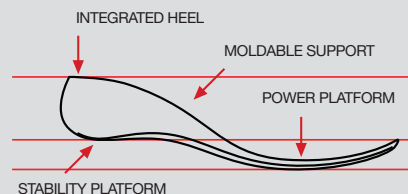
Li2 CLOSURE



RUBBER TOE

Protective toe guard for increased durability

By using our thermal formable technology we can close the heel counter to create a custom fit in conjunction with the adjustability provided by the BOA® lacing system



Upper	Outsole	Closure	Sizes
Klite Kangaroo leather upper with Perforated Kangaroo leather lining with Carbitex Carbon fiber support panels which help to maintain a secure fit. Supple and form fitting Kangaroo leather is naturally lightweight and breathable. This creates an upper that forms to your foot naturally, which in turn allows your foot to maintain comfort throughout the ride.	The Custom Fit Carbon Fiber sole, available in 3-hole or Speedplay-specific (<i>Custom Only</i>) options, features a replaceable heel strike pad. The Thermoform rear 1/4 enhances pedaling stability and comfort. Lake's patented double sole system combines a semi-flexible carbon inner sole for foot flexibility with a rigid carbon outer sole, ensuring stiffness without sacrificing comfort.	The BOA® Fit System with the Li2 Push/Pull dial is seamlessly integrated into Lake's expertly designed uppers. While no single element ensures perfect fit, Lake's in-house design, precise development, superior patterns, a world-class shoe last, and top quality upper materials combine with the dual BOA® system to deliver unmatched comfort.	Regular & Wide 39 – 48, 50 39½ – 46½ Women's 36 – 43 37½ – 42½
			Color
			White/Black Black/Silver



STIFFNESS
REFERENCE

18

FORCE RESISTANCE SCALE



LAKE

CX333

Race Last | Narrow, Regular & Wide | Kangaroo Leather, Microfiber

MOLDABLE CARBON HEEL

Integrated heat moldable carbon heel for a more customized fit

**LI2 CLOSURE****REPLACEABLE HEEL PAD**

Long lasting TPU heel pad

DUAL 100K FORCE CARBON SOLE**CARBITEX CX6™ CARBON FIBER STABILIZER**

Support panels help keep the foot stabilized, control stretch and allow for increased power transfer



Microfiber shoes fit differently than leather shoes. The uppers tend to feel tighter and smaller, with limited stretch and form-fitting capabilities.

Upper	Outsole	Closure	Sizes
Choose between Klite Kangaroo leather with a leather lining or Microfiber upper with Outlast temperature-regulating lining. Both options feature a Carbitex Medial Support panel for a secure fit and an internal heat-moldable carbon fiber heel counter for customizable heel hold. This ensures foot stability, eliminates heel slip, enhances power transfer, and reduces fatigue. The form fitting natural leather upper combined with the dual BOA® closure system keeps your foot secure without over-tightening.	A 100% carbon fiber sole, available in a 3-hole cleat pattern or Speedplay-specific (<i>Custom Only</i>) options. Its patented double sole system combines a semi-flexible fiberglass inner sole for flexibility at the ball of the foot, preventing swelling and numbness, with a rigid carbon outer sole for maximum stiffness without sacrificing comfort.	The BOA® Fit System with the Li2 Push/Pull dial is seamlessly integrated into Lake's expertly designed uppers. While no single element ensures perfect fit, Lake's in-house design, precise development, superior patterns, a world-class shoe last, and top quality upper materials combine with the dual BOA® system to deliver unmatched comfort.	Narrow, Regular 39 – 50, 52 39½ – 46½ Wide 37 – 50, 52 39½ – 46½ Women's 36 – 43 37½ – 42½
			Color
			White/Black Black/Silver White/White (<i>Microfiber</i>) or #LakeCustom Color (See Custom forms for details)


Clarino
MICROFIBER™

 ENGINEERED WITH
carbitex ^{CX6}
STIFFNESS
REFERENCE

16

FORCE RESISTANCE SCALE



LAKE CX302

Race Last | Narrow, Regular & Wide | Microfiber

The CX302 is the ultimate light weight climbing shoe without sacrificing comfort, secure fit or power transfer. Utilizing Clarino microfiber, dual BOA® Li2 dials and Lake's Handmade CFC 3K carbon fiber sole, you have a cycling slipper that the competition cannot match.



Upper	Outsole	Closure	Sizes
Clarino Microfiber and mesh with Carbitex Medial Support panel for a secure fit. Extremely durable & ultra-lightweight.	A 100% carbon fiber sole, available in a 3-hole cleat pattern. Its patented double sole system combines a semi-flexible fiberglass inner sole for flexibility at the ball of the foot, preventing swelling and numbness, with a rigid carbon outer sole for maximum stiffness without sacrificing comfort.	The BOA® Fit System with the Li2 Push/Pull dial is seamlessly integrated into Lake's expertly designed uppers. While no single element ensures perfect fit, Lake's in-house design, precise development, superior patterns, a world-class shoe last, and top quality upper materials combine with the dual BOA® system to deliver unmatched comfort.	Narrow, Regular, Wide 39 – 48, 50 39½ – 46½ Women's 36 – 43 37½ – 42½
			Color
			HiViz Yellow/Black Classic White/White Classic Black/Black



Clarino
MICROFIBER™

ENGINEERED WITH
carbitex[®] C³



STIFFNESS
REFERENCE

15



FORCE RESISTANCE SCALE



LAKE CX242

Competition Last | Regular & Wide | Ecco Leather, Microfiber

The CX242 was designed for those riders with foot issues such as bunions, deformation or extremely narrow feet who need a shoe that will not beat their feet up, giving the rider the endurance they need to stay on the bike. The upper has separated panels that allow for fine tuning the pressure and fit which also allows the upper to conform around sensitive and painful spots on the foot without the same level of constraint that is felt in traditional shoe uppers.

MOLDABLE CARBON HEEL

Integrated heat moldable carbon heel for a more customized fit



SPLIT PANEL UPPER

Ultimate adjustability for hard to fit feet that are sensitive to pressure and constraint found in traditional shoes

PRESSURE RELIEF ZONES

NuFoam panels allow feet to remain comfortable and pain free by removing pressure zones in places where feet may have bunions or deformations

Li2 CLOSURE



CARBITEX CX6™ CARBON FIBER STABILIZER



Support panels help keep the foot stabilized, control stretch and allow for increased power transfer



Microfiber shoes fit differently than leather shoes. The uppers tend to feel tighter and smaller, with limited stretch and form-fitting capabilities.

Upper	Outsole	Closure	Sizes
Choose from either Fullgrain leather or Clarino Microfiber and NuFoam™ lining, the upper of these shoes is segmented into six independent zones, ensuring flexibility to accommodate various foot types and instep heights. The moldable heel counter provides double the heel hold for a secure fit, while Carbitex support panels offer enhanced closure support.	A 100% carbon fiber sole available in a 3-hole cleat pattern, delivering a comfortable, lightweight, and classy package.	The BOA® Fit System with the Li2 Push/Pull dial is seamlessly integrated into Lake's expertly designed uppers. While no single element ensures perfect fit, Lake's in-house design, precise development, superior patterns, a world-class shoe last, and top quality upper materials combine with the dual BOA® system to deliver unmatched comfort.	Regular 36 – 50, 52 37½ – 46½; Wide 37 – 50, 52 37½ – 46½
			Color
			White/Black Black/Silver Matte Grey/Black (Microfiber)



STIFFNESS
REFERENCE
15



LAKE CX239

Competition Last | Regular & Wide | Ecco Leather, Microfiber

The CX239 evolution picks up some of the features from the CX333 with an integrated tongue to the medial panel of the upper for a firmer foot hold, fiberglass reinforced internal heel counter for a tighter heel hold and more spacing between the BOA® dials for more zone adjustment further down the length of the shoe.

INTEGRATED TONGUE PANEL

REPLACEABLE HEEL PAD

Long lasting TPU heel pad

80K FORCE CARBON SOLE

Li2 CLOSURE



RUBBER TOE

Protective toe guard for increased durability



Microfiber shoes fit differently than leather shoes. The uppers tend to feel tighter and smaller, with limited stretch and form-fitting capabilities.

Upper	Outsole	Closure	Sizes
Fullgrain water resistant and breathable Ecco Premium leather or Clarino Microfiber and mesh with Outlast heel lining. The upper is sleek, has minimized stitching and is form fitting giving you a glove like feel that over time makes a perfect match to your foot like nothing else. Protective heel panel and rubber toe bumper helps protect the upper from scuffs and scratches. Outlast temperature regulating heel and tongue lining offers a luxurious foot feel, while maintaining a breathable, durable & firm grip to your foot.	Lake Competition 100% Carbon Fiber Sole. Available in 3-hole cleat pattern. A 100% carbon fiber sole that creates a comfortable, lightweight and classy package.	The BOA® Fit System with the Li2 Push/Pull dial is seamlessly integrated into Lake's expertly designed uppers. While no single element ensures perfect fit, Lake's in-house design, precise development, superior patterns, a world-class shoe last, and top quality upper materials combine with the dual BOA® system to deliver unmatched comfort.	Regular 36 – 50, 52 37½ – 46½; Wide 37 – 50, 52 37½ – 46½
			Color
			White/Black (Leather) Black/Black (Leather) White/White (Microfiber)



Clarino
MICROFIBER™



STIFFNESS
REFERENCE

15



FORCE RESISTANCE SCALE



LAKE

CX219

Competition Last | Regular & Wide | Microfiber

CARBITEX TONGUE PANELS

REPLACEABLE HEEL PAD

Long lasting TPU heel pad

80K FORCE CARBON SOLE

L6 CLOSURE



Upper	Outsole	Closure	Sizes
Clarino Microfiber & mesh upper. The CX219 features form fitting and durable microfiber and mesh upper with a comfortable and secure BOA® closure utilizing Carbitex tongue panels for reduced friction lace adjustment.	A 100% carbon fiber sole available in a 3-hole cleat pattern, delivering a comfortable, lightweight, and classy package.	Side-mounted BOA® Fit System featuring the Single-Dial Li6 is just one component of our superior shoe fit. The BOA® system is common in cycling, but what sets it apart is how we integrate it with our in-house design, development, pattern work, world class shoe lasts, and premium upper materials.	Regular 36 – 50, 52 37½ – 46½; Wide 37 – 50, 52 37½ – 46½
			Color
			Black/Black White/Black Red/White

Clarino
MICROFIBER™STIFFNESS
REFERENCE

15

FORCE RESISTANCE SCALE



100 80 60 40 20 0

lakecycling.com

LAKE CX201

Comfort Plus Last | One Width Only | Microfiber



NUFOAM MESH



70K FORCE CARBON COMPOSITE SOLE

RUBBER TOE

Protective toe guard for increased durability



COMFORT PLUS LAST

Last shape with a wider toe box to fit a wider variety of foot shapes & allow for more room to toe splay



Upper	Outsole	Closure	Sizes
The Clarino Microfiber upper features a NuFoam™ breathable, wicking shell with a Trek-Dry antimicrobial liner. NuFoam™ keeps your foot cool and dry through its unique design. The innermost Trek-Dry layer, made from carbonized bamboo, wicks moisture away from the foot. The middle layer, a 2mm perforated foam, allows air to flow, promoting evaporation. This system cools the foot while maintaining dryness.	Lake Comfort Plus Carbon Composite Sole. Available in 3-hole cleat pattern.	The BOA® Fit System with the Li2 Push/Pull dial is seamlessly integrated into Lake's expertly designed uppers. While no single element ensures perfect fit, Lake's in-house design, precise development, superior patterns, a world class shoe last, and top quality upper materials combine with the dual BOA® system to deliver unmatched comfort.	Regular 36 – 50 39½ – 46½
			Color
			White/Black Black/White



Clarino
MICROFIBER™

NuFOAM™



STIFFNESS
REFERENCE

14

FORCE RESISTANCE SCALE



LAKE CX21C

Competition Last | Regular & Wide | Microfiber

The CX21C is a sleek and modern classically styled cycling shoe that gives a low-key look without sacrificing comfort or performance. Built on our Competition last and taking design cues from the CX238, the CX21C is a great choice for those riders who appreciate the adjustable fit and secure comfort that laces have to offer.



Upper	Outsole	Closure	Sizes
Clarino Microfiber with gripper heel liner. This ultra minimal upper gives great comfort and a secure fit.	100% Carbon Fiber Sole. Available in 3 hole cleat pattern.	Durable, easily replaceable laces, offering unlimited and ultimate customization for an optimal fit and unmatched comfort.	Regular 36 – 50, 52 37½ – 46½ Wide 37 – 50, 52 37½ – 46½
			Color
			White/White Blue/Black



Clarino
MICROFIBER™



STIFFNESS
REFERENCE

15

FORCE RESISTANCE SCALE



100 80 60 40 20 0

LAKE CX20R

Race Last | Narrow, Regular & Wide | Microfiber

The CX20R offers a very lightweight, breathable and extremely adjustable upper that is available in 3 widths and women's specific sizes. Utilizing Clarino microfiber, mesh, laces and Lake's Handmade CFC 3K carbon fiber sole, this cycling shoe can really do it all — from hot days to indoor riding.



REPLACEABLE HEEL PAD

Long lasting TPU heel pad

ADJUSTABLE LACES

Fine tune the fit with a casual & classic style



DUAL 80K FORCE CARBON SOLE

MICRO MESH

Breathable & slim mesh for a minimal lightweight upper

Upper	Outsole	Closure	Sizes
Clarino Microfiber and high breathability mesh. This ultra minimal upper gives superior breathability & is extremely lightweight while maintaining form & structure where needed.	100% Carbon Fiber Sole. Lake's patent double layer carbon composite sole for extreme stiffness, ultra-lightweight and industry leading comfort Available in 3-hole cleat pattern.	Durable, easily replaceable laces, offering unlimited and ultimate customization for an optimal fit and unmatched comfort.	Narrow, Regular 39 – 48, 50 39½ – 46½ Wide 37 – 48, 50 39½ – 46½ Women's 36 – 43
			Color
			White/White



Clarino
MICROFIBER™



STIFFNESS
REFERENCE

15



LAKE CX177

Sport Last | Regular & Wide | Microfiber



Upper	Outsole	Closure	Sizes
Clarino Microfiber & mesh upper. The CX177 boasts a form-fitting and durable Clarino Microfiber and mesh upper with a secure BOA® closure, enhanced by Carbitex tongue panels for smooth lace adjustment.	Featuring a fiberglass-injected nylon outsole (3-hole compatible), Lake's design is renowned for its unmatched comfort and performance, offering exceptional stiffness and comfort not found in other nylon soles.	Side-mounted BOA® Fit System featuring the Single-Dial Li6 is just one component of our superior shoe fit. The BOA® system is common in cycling, but what sets it apart is how we integrate it with our in-house design, development, pattern work, world class shoe lasts, and premium upper materials.	Regular 36 – 48, 50 Wide 39 – 48, 50 <i>Whole sizes only</i>
			Color
			Matte Grey/Black White/Black Black/Black Reflective

Clarino
MICROFIBER™



STIFFNESS
REFERENCE

12



LAKE TX224

Multiple Lasts | Regular & Wide | Microfiber

The ultimate lightweight, breathable, fast drying, and fast transitioning Triathlon shoe. The TX224 has taken a new approach to how Triathlon shoes function by not sacrificing comfort and adjustability for fast entry/exit. Our unique design allows for superior adjustment and a familiarity of a closure system that runners will appreciate. The TX224 is the perfect combination of technically advanced upper materials, a secure closure system and an ultralight and stiff carbon sole.



Breathable moisture management with built-in stretch for a secure platform when pedaling on top of the shoe during transition

Last: CX Race / CX Competition / CX Comfort Plus

The TX224 is the first in the industry to offer the same model in three distinct last shapes and widths. The Race Last is ideal for narrow feet, the Competition Last suits mid-size feet, and the Comfort Plus Last is perfect for larger feet or fans of barefoot shoes.

Outsole

Lake Race or Competition 100% Carbon Fiber Sole.

Lake Comfort Plus Carbon Composite Sole.

Replaceable heel pads. Available in 3-hole cleat pattern.

Sizes

Race Narrow
36 – 50, 52
39½ – 46½

Competition Regular
36 – 50, 52
39½ – 46½

Comfort Plus
36 – 50
39½ – 46½

Upper

The Clarino Microfiber upper features a NuFoam™ breathable, wicking shell with a Trek-Dry antimicrobial liner and a heel-side mounted elastic rubber band holder for quick transitions. NuFoam's unique design keeps your foot cool and dry. The innermost layer of the NuFoam™ package is Trek-Dry, an antimicrobial and wicking fabric made from carbonized bamboo that draws moisture away from the foot towards the surface of the shoe. The middle layer is a 2mm closed cell perforated foam that acts as a spacer, allowing air to flow into the shoe and creating evaporation. This cooling system helps keep the foot dry and comfortable.

Closure

Single hook & loop strap with speed laces.

Color

White/Black



Clarino
MICROFIBER™



STIFFNESS
REFERENCE

15

FORCE RESISTANCE SCALE



100 80 60 40 20 0

LAKE MX333

Race Last | Narrow, Regular & Wide | Helcor Leather, Microfiber

The MX333 known for its incredible fit takes it to the next level with our all new sole and now featuring Carbitex arch support panel for a more secure fit. Lighter weight and more durable the new MX333 is perfect for any type of racing.

MOLDABLE CARBON HEEL

Integrated heat moldable carbon heel for a more customized fit



Li2 CLOSURE



OUTLAST LINED

Supple and durable leather lining that is naturally breathable and anti-microbial

80/20 SOLE

ACCEPTS TOE SPIKES

Interchangeable toe spikes for extra traction



Support panels help keep the foot stabilized, control stretch and allow for increased power transfer

Microfiber shoes fit differently than leather shoes. The uppers tend to feel tighter and smaller, with limited stretch and form-fitting capabilities.

Upper	Outsole	Closure	Sizes
Offered in a lightweight Clarino Microfiber or durable Helcor leather upper with a Carbitex Medial Support panel for a secure fit. It features an Outlast temperature-regulating heel and tongue liner and an internal heat-moldable carbon fiber heel counter for a customizable hold. This design stabilizes the foot, eliminates heel slip, enhances power transfer, and reduces fatigue.	Lake Race 100% Carbon Fiber Sole with durable and grippy TPU lugs with provisions for toe spikes.	The BOA® Fit System with the Li2 Push/Pull dial is seamlessly integrated into Lake's expertly designed uppers. While no single element ensures perfect fit, Lake's in-house design, precise development, superior patterns, a world-class shoe last, and top-quality upper materials combine with the dual BOA® system to deliver unmatched comfort.	Narrow, Regular 36 – 50 39½ – 46½ Wide 37 – 50 37½ – 46½
			Color
			Black/Silver (Leather) Blue/White (Microfiber) or #LakeCustom Color (See Custom forms for details)



LAKE MX30G

Race Last | Narrow, Regular & Wide | Microfiber

MX30G is a classic designed pure and simple MTB shoe that is perfectly suited for long days on the gravel grind. Two options with an all Microfiber version and an ultra lightweight mesh version for those hot and humid days.

MICRO MESH

Breathable & slim mesh for a minimal lightweight upper



Li2 CLOSURE



80/20 SOLE

ACCEPTS TOE SPIKES

Interchangeable toe spikes for extra traction



Upper	Outsole	Closure	Sizes
Light weight Clarino Microfiber or highly breathable mesh to keep you cool and dry.	Lake Race 100% Carbon Fiber Sole with durable and grippy TPU lugs with provisions for toe spikes.	The BOA® Fit System with the Li2 Push/Pull dial is seamlessly integrated into Lake's expertly designed uppers. While no single element ensures perfect fit, Lake's in-house design, precise development, superior patterns, a world-class shoe last, and top-quality upper materials combine with the dual BOA® system to deliver unmatched comfort.	Narrow, Regular 36 – 50 39½ – 46½ Wide 37 – 50 39½ – 46½
			Color
			Blue/White (Microfiber) White/White (Microfiber) Black/Black (Microfiber)



Clarino
MICROFIBER™



STIFFNESS
REFERENCE

15

MTB SOLE BIAS SCALE



ON-BIKE ↔ OFF-BIKE

LAKE MX242

Competition Last | Regular & Wide | Helcor, Ecco Leather

The MX242 was designed for those riders with foot issues such as bunions, deformation or extremely Narrow feet who need a shoe that will not beat their feet up, giving the rider the endurance they need to stay on the bike. The upper has separated panels that allow for fine tuning the pressure and fit which also allows the upper to conform around sensitive and painful spots on the foot without the same level of constraint that is felt in traditional shoe uppers.



Upper	Outsole	Closure	Sizes
Featuring Helcor abrasion-resistant leather, Ecco Fullgrain leather, and NuFoam™ lining, along with carbon fiber support panels, this design ensures a secure fit and foot stability. The Helcor leather is engineered for exceptional durability against rubbing and scuffing. The upper, segmented into four independent zones, provides flexibility for various foot shapes. Additionally, the moldable heel counter doubles the heel hold for enhanced security.	100% Carbon Fiber Sole with Mountain Competition real rubber sole with extended protection and ground stability.	The BOA® Fit System with the Li2 Push/Pull dial is seamlessly integrated into Lake's expertly designed uppers. While no single element ensures perfect fit, Lake's in-house design, precise development, superior patterns, a world class shoe last, and top quality upper materials combine with the dual BOA® system to deliver unmatched comfort.	Regular, Wide 37 – 50, 52 39½ – 46½;
			Color
			Helcor Bio Camo Black/Silver



LAKE MX239

Competition Last | Regular & Wide | Helcor Leather, Microfiber

The MX239 evolution picks up some of the features from the MX333 with an integrated tongue to the medial panel of the upper for a firmer foot hold, fiberglass reinforced internal heel counter for a tighter heel hold and more spacing between the BOA® dials for more zone adjustment further down the length of the shoe.

INTEGRATED TONGUE PANEL



Li2 CLOSURE



70/30 RATED SOLE



RUBBER TOE

Protective toe guard for increased durability



Microfiber shoes fit differently than leather shoes. The uppers tend to feel tighter and smaller, with limited stretch and form-fitting capabilities.

Upper	Outsole	Closure	Sizes
Helcor leather or Clarino Microfiber upper with mesh and Outlast heel lining. The Helcor Abrasion resistant leather is specifically designed to be extremely durable against rubbing, scrapes, and scuffing. Outlast temperature regulating heel and tongue lining offers a luxurious foot feel, while maintaining a breathable, durable & firm grip to your foot.	Lake Competition 100% Carbon Fiber Sole with Mountain Competition real rubber sole with extended protection and ground stability.	The BOA® Fit System with the Li2 Push/Pull dial is seamlessly integrated into Lake's expertly designed uppers. While no single element ensures perfect fit, Lake's in-house design, precise development, superior patterns, a world class shoe last, and top quality upper materials combine with the dual BOA® system to deliver unmatched comfort.	Regular, Wide 37 – 50, 52 39½ – 46½
Color Black/Black (Helcor Leather) Navy/White (Microfiber)			



Clarino
MICROFIBER™



LAKE MX239 GRAVEL

Competition Last | Regular & Wide | Recycled Leather, Microfiber

The MX239 evolution picks up some of the features from the MX333 with an integrated tongue to the medial panel of the upper for a firmer foot hold, fiberglass reinforced internal heel counter for a tighter heel hold and more spacing between the BOA® dials for more zone adjustment further down the length of the shoe. What makes the MX239 gravel different is the lightweight minimal rubber sole that is perfectly suited for long on the bike rides.



Microfiber shoes fit differently than leather shoes. The uppers tend to feel tighter and smaller, with limited stretch and form-fitting capabilities.

Upper	Outsole	Closure	Sizes
Clarino Microfiber (Stone/Black or White/Black) or Recycled Leather (Black/Gold), Mesh and Helcor Abrasion resistant leather panels with Outlast heel lining. In our continuing efforts to use the best materials available and work with world class materials suppliers, we are also committed to sustainability in our products, meaning our shoes are designed to be used for a long time and are repairable. With the Black/Gold colorway we are proud to introduce Recycled leather to the cycling world.	Lake Competition 100% Carbon Fiber Sole with Mountain Race X real rubber sole.	The BOA® Fit System with the Li2 Push/Pull dial is seamlessly integrated into Lake's expertly designed uppers. While no single element ensures perfect fit, Lake's in-house design, precise development, superior patterns, a world class shoe last, and top quality upper materials combine with the dual BOA® system to deliver unmatched comfort.	Regular, Wide 37 – 48, 50 39½ – 46½
			Color
			Black/Gold (Recycled Leather) Stone/Black (Microfiber) White/Black (Microfiber)



Clarino
MICROFIBER™



LAKE MX219

Competition Last | Regular & Wide | Microfiber



Upper	Outsole	Closure	Sizes
Clarino Microfiber & mesh upper. The MX219 features form fitting and durable microfiber and mesh upper with a comfortable and secure BOA® closure.	Lake Competition 100% Carbon Fiber Sole with Mountain Competition real rubber sole with extended protection and ground stability.	Side-mounted BOA® Fit System featuring the Single-Dial Li6 is just one component of our superior shoe fit. The BOA® system is common in cycling, but what sets it apart is how we integrate it with our in-house design, development, pattern work, world class shoe lasts, and premium upper materials.	Regular 37 – 50, 52 39½ – 46½ Wide 39 – 50, 52 39½ – 46½
			Color
			Strong Blue/Gold Black/Grey



Clarino
MICROFIBER™



STIFFNESS
REFERENCE
15



LAKE MX21G

Competition Last | Regular & Wide | Microfiber

The MX21G (Gravel) is a modern, sleek but classically styled cycling shoe that gives a low-key look without sacrificing comfort or performance. Built on our Competition last and taking design cues from the MX238 Gravel, the MX21G is a great choice for those riders who appreciate the adjustable fit and secure comfort that laces have to offer.



Upper	Outsole	Closure	Sizes
Clarino Microfiber with gripper heel liner. This ultra minimal upper gives great comfort and a secure fit.	Lake Competition 100% Carbon Fiber Sole with Mountain Race X real rubber sole.	Durable, easily replaceable laces, offering unlimited and ultimate customization for an optimal fit and unmatched comfort.	Regular, Wide 37 – 50, 52 39½ – 46½

Color

Black/Black



LAKE MX20G

Race Last | Narrow, Regular & Wide | Microfiber

The MX20G creates a new era for adventure cycling, setting the standard with an extremely lightweight, breathable and adjustable upper that is also available in 3 widths. We've utilized the lightness and durability properties of Clarino microfiber, alongside a micro mesh paneling and laces, to give riders a race-ready, durable and lightweight classic adventure shoe, with ultimate adjustability. This classically designed MTB shoe is the culmination of over 40 years of world-leading innovation and expertise, and is ideally suited for long days on the gravel grind. Welcome to the off-road adventure shoe revolution – the Lake MX20G.



MICRO MESH

Breathable & slim mesh for a minimal lightweight upper

80/20 SOLE

ADJUSTABLE LACES

Fine tune the fit with a casual & classic style



ACCEPTS TOE SPIKES

Interchangeable toe spikes for extra traction

Upper	Outsole	Closure	Sizes
Light weight Clarino Microfiber with highly breathable micro mesh to keep you cool and dry.	Lake Race 100% Carbon Fiber Sole with durable and grippy TPU lugs with provisions for toe spikes.	Durable and easily replaceable Laces that offer unlimited and ultimate customization for fit and comfort.	Narrow, Regular 36 – 50 39½ – 46½ Wide 37 – 50 39½ – 46½
			Color
			Metal/Black



Clarino
MICROFIBER™



STIFFNESS
REFERENCE
16



LAKE MX177

Sport Last | Regular & Wide | Microfiber

MX177 offers incredible performance, stability and all day comfort. Feature for feature no other shoe can be compared to the MX177 in the same category.



Upper	Outsole	Closure	Sizes
Clarino Microfiber & mesh upper. The MX177 features form fitting and durable microfiber and mesh upper with a comfortable and secure BOA® closure utilizing Carbitex tongue panels for reduced friction lace adjustment.	Supergrip Enduro Sole with Ice Lock anti-slip lug inserts. What really makes the MX177 stand out is its amazing Fiberglass injected Nylon sole. Lake's Nylon sole is world famous for its uncompromising comfort and performance. No other injection nylon sole offers the same level of stiffness or comfort. Combined with a real rubber sole, the MX177 is one of the most versatile cycling shoes available.	Side-mounted BOA® Fit System featuring the Single Dial Li6 is just one component of our superior shoe fit. The BOA® system is common in cycling, but what sets it apart is how we integrate it with our in-house design, development, pattern work, world class shoe lasts, and premium upper materials.	Regular, Wide 36 – 48, 50 <i>Whole sizes only</i>
			Color
			Beetle/Black Black/Black

Clarino
MICROFIBER™



LAKE MX201

Comfort Plus Last | One Width Only | Microfiber

The MX201 strikes the perfect balance for flat pedal riding and all day walking comfort. The semi-flexible sole offers perfect comfort for walking and the stiffness needed for all day cycling. Built on our Comfort Plus Last with a wider toe box the MX201 has a unique construction that offers an extremely breathable shoe with a generous forefoot platform that accommodates a multitude of foot shapes.



Upper	Outsole	Closure	Sizes
Clarino Microfiber & NuFoam™ mesh upper. The MX201 features form fitting and durable microfiber and mesh upper with a comfortable and secure BOA® closure with Tectuff Toe protection.	The MX201 stands out with its comfortable real rubber and EVA Enduro sole, complemented by a semi-rigid nylon midsole. What truly sets the MX201 apart is its exceptional sole system. Featuring Lake's legendary fiberglass-injected nylon sole formula, the new design offers incredible grip and durability for all-day cycling.	The BOA® Fit System with the Li2 Push/Pull dial is seamlessly integrated into Lake's expertly designed uppers. While no single element ensures perfect fit, Lake's in-house design, precise development, superior patterns, a world class shoe last, and top quality upper materials combine with the dual BOA® system to deliver unmatched comfort.	Regular 36 – 50 39½ – 46½
			Color
			Grey/Black

Clarino
MICROFIBER™

TEKTILE™
synthetics

BOA
FIT SYSTEM



LAKE MX169

Comfort Plus Last | One Width Only | Microfiber

MX169 is all about utility, durability, foot protection and an even more sure footed grip with our ultra Comfortable rubber sole. Designed for all around mountain biking, commuting, enduro touring, adventure racing or any situation where "heavy use on your feet all day" support is needed. Our Enduro rubber sole is not only SPD compatible but is able to grip cage pedals, be hiked in comfort for hours and offers the most traction and grip off the bike of any mountain bike sole on the market.



50/50 RATED SOLE
Equally as comfortable on or off the bike

ADJUSTABLE LACES
Fine tune the fit with a casual & classic style



TECTUFF MICROFIBER
Protective abrasion resistant toe guard

RUBBER TOE
Protective toe guard for increased durability



COMFORT PLUS LAST

Last shape with a wider toe box to fit a wider variety of foot shapes & allow for more room to toe splay



Upper	Outsole	Closure	Sizes
Clarino Microfiber and abrasion resistant Tektile panels. The MX169 features form fitting, durable and breathable microfiber and mesh upper with a comfortable lace closure.	The MX169 stands out with its comfortable real rubber and EVA Enduro sole, complemented by a semi-rigid nylon midsole. What truly sets the MX169 apart is its exceptional sole system. Featuring Lake's legendary fiberglass-injected nylon sole formula, the new design offers incredible grip and durability for all-day cycling.	Durable, easily replaceable laces, offering unlimited and ultimate customization for an optimal fit and unmatched comfort.	Regular 36 – 50 39½ – 46½
			Color
			Red/White Grey/Black White/White

Clarino
MICROFIBER™

TEK TILE™
synthetics



LAKE LXSDL

Comfort Plus Last | One Width Only | Microfiber

In the 90's and 2000's Lake was famous for a few unique models, and we are proud to bring the Cycling Sandal back to our collection. We have resurrected the LXSDL model name with a new innovative approach. With ample toe protection, an internal fiberglass heel counter and our ultra-comfortable rubber sole this sandal has a lot to offer. Designed to keep you cool while mountain biking, commuting, enduro touring, bike packing or any situation where "heavy use on your feet all day" support is needed. In conjunction with the optional wind block bootie liner, you have a shoe that can also transition into a mild winter boot.



Upper	Outsole	Closure	Sizes
Clarino Microfiber and abrasion resistant Tektile toe guard. The LXSDL features durable microfiber and is reinforced with nylon webbing.	Comfortable Real Rubber and EVA Enduro Sole with a semi-rigid Nylon midsole. Not only does the LXSDL feature Lake's Legendary Fiberglass Injected Nylon sole formula, but the rubber sole has incredible grip and durability for all day cycling. <i>Optional cleat cap cover sold separately.</i>	Dual Hook/Loop straps.	Regular 36 – 50 39½ – 46½
			Color
			Grey/Black



LAKE MXZ304

Winter Last | Regular & Wide | Fullgrain Ecco Leather

In 1997 Lake invented the first true winter specific cycling shoe with the MXZ300. The unique boot shape allows for us to trap warm air, which is the best insulator for any type of footwear. The MXZ304 continues to be the best of the best as the top winter specific cycling shoe of choice.



Upper	Outsole	Closure	Sizes
This boot features a full-grain, water-resistant Ecco leather upper with Helcor abrasion and water-resistant leather protection panels, ensuring durability, comfort, and longevity. The leather's superior cold-weather properties and natural breathability maintain warmth and dryness. The adjustable leather overflap keeps snow and debris out, protecting your feet from the cold. Lined with Outlast temperature-regulating material, it maintains a constant foot temperature and wicks moisture away. Additionally, 200 grams of Thinsulate insulation provide a breathable, insulating barrier that keeps your feet dry and warm.	The heavy-duty Mountain V outsole by Vibram is built on Lake's legendary, comfortable, and stiff nylon midsole. For traction control, we use durable and grippy Vibram rubber tread, ensuring sure footing and stability. To keep your feet warm, we include Lake's exclusive Thermosal Winter Insole, a five-layer insulating package made of wicking felt, aluminum, and non-crushable trapped air bubbles. Trapped air is the best insulator against the cold.	The New Mid Power M4 Cartridge Tongue-mounted BOA® Fit System dial excels in ice, dirt, and challenging environments, allowing easy adjustment even with gloves on. This mid-capacity dial offers durability and closure strength to withstand intense force and impact without sacrificing fit. Combined with the Click-Fit quick release, it ensures easier entry and exit.	Regular 36 – 48, 50 Wide 39 – 48, 50 Color Black/Black



LAKE MXZ 120

Comfort Plus Last | One Width Only | Fullgrain Ecco Leather

MXZ120 is our first winter specific model built on our Comfort Plus Last. This classically styled hiker is SPD compatible, featuring water resistant breathable leather upper with plenty of insulation to keep your feet warm without making them sweaty. With a semi-flexible nylon sole the MXZ120 is just as comfortable off the bike as it is on. The generous toe box is "naturally foot shaped" so that you have plenty of toe wiggle room and space for your favorite wool socks.



OUTLAST LINED

Temperature management fabric

ADJUSTABLE LACES

Fine tune the fit with a casual & classic style

50/50 RATED SOLE

Equally as comfortable on or off the bike



COMFORT PLUS LAST

Last shape with a wider toe box to fit a wider variety of foot shapes & allow for more room to toe splay



Upper	Outsole	Closure	Sizes
<p>This boot features a full-grain, water-resistant leather upper with Helcor abrasion-resistant panels for durability and comfort. The leather's superior cold-weather properties and breathability maintain warmth and dryness by preventing stiffness and allowing moisture to escape.</p> <p>Lined with Outlast temperature-regulating material, it keeps feet at a constant temperature and wicks moisture away. Additionally, 200 grams of Thinsulate insulation from toe to heel provide a breathable, water-resistant insulating barrier.</p>	<p>The MXZ120 stands out with its comfortable real rubber and EVA Enduro sole, complemented by a semi-rigid nylon midsole. What truly sets the MXZ120 apart is its exceptional sole system. Featuring Lake's legendary fiberglass-injected nylon sole formula, the new design offers incredible grip and durability for all-day cycling.</p>	<p>Durable, easily replaceable laces, offering unlimited and ultimate customization for an optimal fit and unmatched comfort.</p>	<p>Regular 36 – 50 39½ – 46½</p>
			Color
			Black/Sand



LAKE MX146

Winter Sport Last | Regular & Wide | Microfiber

MX146 is the answer to those Fall or Spring days that you thought were too wet to ride in. Developed for fall/spring, mild winters and damp weather the MX146 is just the right shoe for those days when your race shoes are too cold or winter boots are too warm. Fat bike, commuting, cyclocross, you name it, the MX146 is up for it.



Upper	Outsole	Closure	Sizes
The upper features softshell fabric, water-resistant microfiber, 200g Thinsulate insulation, and a waterproof membrane, making this cycling shoe highly water-resistant and great for various conditions. Clarino microfiber provides excellent durability and the suppleness of leather with a significant weight reduction.	The MX146 features a Supergrip Enduro Sole with Ice Lock anti-slip lug inserts. Lake's legendary fiberglass-injected nylon sole is combined with one of the most advanced rubber soles. The Supergrip rubber sole includes ICE LOCK tread inserts with vertically injected micro glass fibers, providing excellent grip on nearly all surfaces. This ensures a stable and sure-footed cycling shoe for wet weather and any condition.	The New Mid Power M4 Cartridge Tongue-mounted BOA® Fit System dial excels in ice, dirt, and challenging environments, allowing easy adjustment even with gloves on. This mid-capacity dial offers durability and closure strength to withstand intense force and impact without sacrificing fit. Combined with the Click-Fit quick release, it ensures easier entry and exit.	Regular 36 – 48, 50 Wide 39 – 48, 50 Color Black/Black

Clarino
MICROFIBER™

TEKTILE™
synthetics

3M
Thinsulate™
INSULATION

BOA
FIT SYSTEM



LAKE CX146

Winter Sport Last | Regular & Wide | Microfiber

Cold and wet training rides do not have to be miserable anymore. The CX146 is the answer for those fall or spring chilly road rides. Developed for mild, damp weather, the CX146 is just the right shoe for those days when your race shoes are not warm enough.



Upper	Outsole	Closure	Sizes
The upper features softshell fabric, water-resistant microfiber, 200g Thinsulate insulation, and a waterproof membrane, making this cycling shoe highly water-resistant and great for various conditions. Clarino microfiber provides excellent durability and the suppleness of leather with a significant weight reduction.	Road Sport Fiberglass injected nylon outsole (3-hole compatible). The CX146 is built on Lake's amazing Fiberglass injected Nylon sole. Lake's Nylon sole is world famous for its uncompromising comfort and performance. No other injection nylon sole offers the same level of stiffness or comfort.	The New Mid Power M4 Cartridge Tongue-mounted BOA® Fit System dial excels in ice, dirt, and challenging environments, allowing easy adjustment even with gloves on. This mid-capacity dial offers durability and closure strength to withstand intense force and impact without sacrificing fit. Combined with the Click-Fit quick release, it ensures easier entry and exit.	Regular 36 – 48, 50 Wide 39 – 48, 50
			Color
			Black/Black





CUSTOM INSOLE

Insoles will fit all models and all widths

CAPTURE YOUR NATURAL FOOT SHAPE

Raven™ Insoles composite foot cradle is designed to be reshaped to your foot. The heel cup of the cradle has small slits made around the upper radius to allow the cup to expand for larger sized feet. These slits may or may not be visible after molding.



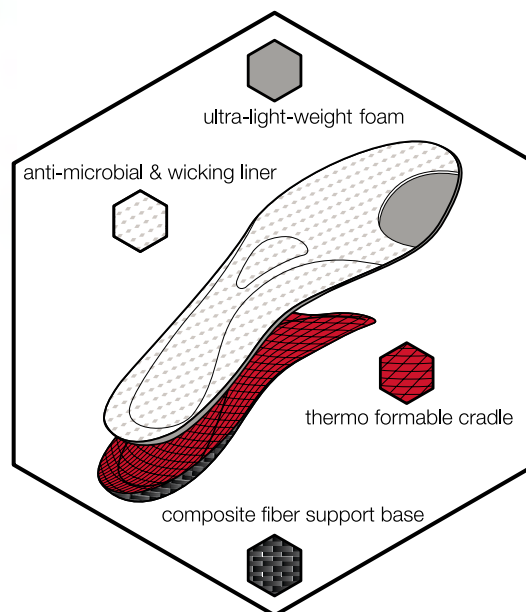
- Wicking textile face fabric
- Firm EVA foam
- Carbon Fiber Composite Laminate

Colors: Black

SIZES: S (36-39) 3010345
M (40-43) 3010346
L (44-46) 3010347
XL (47-50) 3010348

FITTING

Raven™ Insoles are compatible with most cycling shoes. For best fitting result place your current insole on the top of the Raven™ insole and trace the forefoot shape with a marker. Trim away the excess forefoot foam. It is often better to cut less away and check the fitting of the insole inside the shoe, if the insole wrinkles or fits too tight, trim away any excess material from the forefoot.

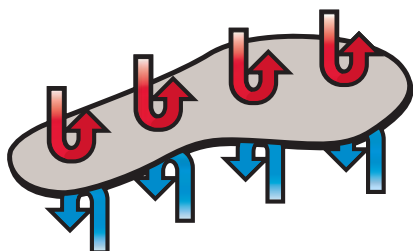




WINTER INSOLE

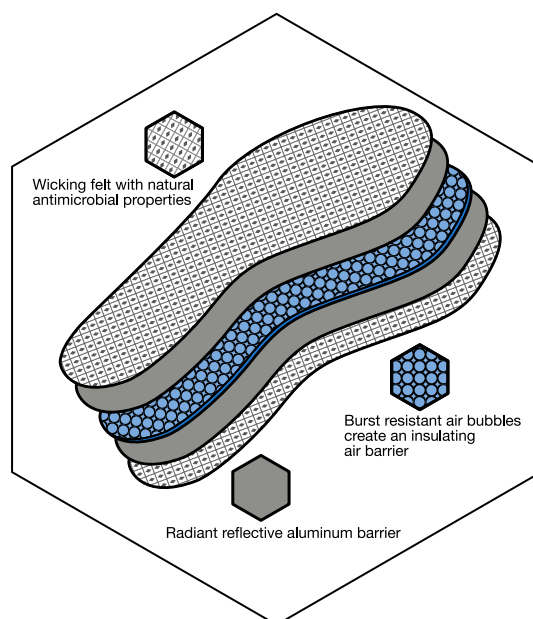
An insulating barrier so that the heat or cold cannot be conducted

KEEP HEAT IN AND COLD OUT



FITTING

LAKE's Sub Zero Rated Footbeds are compatible with most cycling shoes. For best fitting results place your current insole on top of the Sub Zero Rated Footbed insole and trace the forefoot shape with a marker. Trim away the excess forefoot. It is often better to cut less away and check the fitting of the insole inside the shoe, if the insole wrinkles or fits too tight, trim away more excess material from the forefoot. The footbeds are premarked to match LAKE's MXZ303, MXZ302, MXZ301 & MXZ300



- Wicking felt face fabric
- Non-Bursting Air Pockets sandwiched between Aluminum sheets

Colors: Grey

SIZES: S (36-39) 3011456
M (40-43) 3011457
L (44-46) 3011458
XL (47-50) 3011459

REPLACEMENT HEEL KIT

CX RACE CUSTOM: CFC-02

COLOR: BLACK OR CUSTOM

3019730

CX403 **CX201**



REPLACEMENT HEEL KIT

CX RACE CUSTOM: CFC-03

COLOR: BLACK OR CUSTOM

3019737

CX332 **CX302** **CX333**

TX224 **CX20R**



REPLACEMENT HEEL KIT

CX/TX COMPETITION: CFS-01

COLOR: BLACK

3011510

CX219 **CX237** **CX238** **CX239** **CX241** **CX242**

CX218 **TX322** **TX223** **TX224** **CX21C**



REPLACEMENT HEEL KIT

CX RACE: CFC-01

COLOR: BLACK

3011513

CX301



REPLACEMENT HEEL KIT

CX RACE CUSTOM: CFC-01

COLOR: BLACK, RED OR CUSTOM

3011511

CX401



REPLACEMENT HEEL KIT

CX RACE CUSTOM: CFC-01

COLOR: BLACK, RED OR CUSTOM

3011512

CX402



STANDARD INSOLE

SIZES: S - 3019732
M - 3019733
L - 3019734
XL - 3019735



MTB SPIKE KIT

MX177 MX176 MX1 MX146 MX145
MXZ303 MXZ304

**FLAT SPIKE KIT**

ALL SPIKE COMPATIBLE MTB MODELS
3019731

**RACE CROSS SPIKE KIT**

3019736

MX332 SUPERCROSS

**COMPETITION SPORT CROSS SPIKE KIT**

3011515

MX237 MX238 MX239 MX218 MX219
MX176 MX177 MX145 MX146 MX241
MX21G MX333 MX30G MX20G MX242

**CLEAT CAP**

ALL COMFORT PLUS MTB MODELS
3022805

MX201 MX169 MXZ120 LXSDL

**LXSDL BOOTIE**

LXSDL



LEATHER CARE CLEANING KIT

3018680

- Leather Lotion: Cleans & Conditions
- Shoe Oil: Preserves & Weather-Proofs
- Leather Dressing: Restores & Protects
- Cleaning Cloth: Lint-Free & Reusable
- Shoe Cleaning Brush: 3 sided cleaning brush



BOA DIAL Li2 COLOR KITS

COLORS: WHITE / COOL GREY
ELECTRIC BLUE / TRUE RED

METAL: GUNMETAL / GOLD
SILVER / COPPER RED
METAL / BLUE METAL



SHOE BAG

Keep your shoe protected with Lake's Travel Bag. Black Nylon shoe bag with a mesh panel, large zipper opening and carrying strap.

3018696

Size: Large (42-50)



CYCLING SOCKS

6" cuff cycling socks by Sara Sport Line
Colors: Blue, White, Black

Sizes: S (36-38½) M (39-41½)
L (42-45) XL (45½-50)

3023437 WHITE S	3023443 BLACK L
3023438 WHITE M	3023444 BLACK XL
3023439 WHITE L	3023445 BLUE S
3023440 WHITE XL	3023446 BLUE M
3023441 BLACK S	3023447 BLUE L
3023442 BLACK M	3023448 BLUE XL



HAT

Meshback trucker style hat with large Lake logo and adjustable snapback band

3019729

Color: Black/White
Size: One size fits all





K-Lite kangaroo leather, for Lake by Packer Leather, is the lightest, strongest & most durable natural leather. It utilizes multiple surface treatments to better protect & increase the comfort of your feet. Duratek treatment strengthens the leather & protects it from abrasion, & Microblok antimicrobial treatment renders the leather uninhabitable to microbes & germs.



Lake Skins ECCO Leather – ECCO leather is Premium grade leather with classic looks & incredible feel. It ages beautifully while maintaining breath-ability & naturally adjusting to your foot.



Outlast® SmartFabric Technology uses microencapsulated Phase Change Material (mPCM), which works on a microscopic level to maintain a constant skin temperature. This acts as a buffer against the extreme temperatures generated during high activity. The result is cooler or warmer depending on your body's need, drier, less sweaty, more comfortable feet.



3M's Thinsulate™ lightweight, thin insulating microfiber-filled fabric traps more air in less space than any other apparel insulator, keeping you warm without bulk.



NuFoam™ offers extreme breathability, light weight performance, moisture management and anti-microbial properties all in one package. The perfect technical material for the world's most technical footwear.



Laces Old fashioned, not much use for on the bike adjustment and certainly does not hold any speed record for quick entry or exit, but when it comes to fit, comfort, durability, ease of use and affordability, Laces can still hold their own with unlimited level of adjustability and precise form fitting.



BOA™ Fit System is a micro-cable closure system providing a fine-tunable, evenly-distributed closure that eliminates pressure points & hot spots. It is the first mechanical system to meet our exacting standards.



Lake Skins Helcor – Extremely durable leather with unique and abrasion resistant finishes. These leathers offer the great fit, feel & durability that Lake has based its reputation on.



Clarino Microfiber Engineered in Japan to emulate leather as close as possible with many additional benefits. Up to 30% lighter than leather of the same thickness, fast drying and with great durability and surface finishes.



Carbitex CX6 Made in the USA from carbon fiber, Carbitex CX6 has the highest tensile strength of any commercially available fiber, it doesn't stretch and is manufactured in an exceptionally flexible form-enabling carbon fiber performance in soft applications.



TeKtile Our collection of Synthetic materials have been selected to meet the high standard that we have set for our shoes. TeKtile material is used precisely where it can offer great strength, visual appeal and a specific function.



Thermosol™ Lake's exclusive foot-bed liner is designed & produced in Canada to our specifications. Recycled polyethylene fibers, aluminum sheet & a plastic air bubble layer retain heat & insulate your foot from the cold.



Vibram® is the world leader in rubber soles for extreme athletic pursuits. Our three exclusive Vibram soles are the first in the cycling world & set a new standard for function & durability in cycling shoes.



Syksol® Premium Foot-beds utilize our High Performance Insoles technology to create a superior foot-bed package. The combination of technical fabrics with function specific sole design allows for a foot bed that has long lasting comfort as well as improved foot stability that are applicable across all footwear categories.