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Notices

EMERGENCY CONTACTS FOR THE HOLIDAYS

?akisqnuk First Nation will be

CLOSED

December 21st, 2024 to January 5th, 2025

If you have an emergency (fire, medical, etc.), call **9-1-1** immediately or go to the nearest emergency room.

Please note, administration and operational functions will pause during office closure. However, if you require <u>urgent</u>, <u>non-emergent</u> assistance, please see the numbers below:

Nasu?kin	Don Sam	250-409-4701
Health	Rachel Bach	204-891-0150
Housing		

Other important numbers:

RCMP	250-342-9292
Windermere Fire Dept.	250-342-6214
Crisis Line	1-800-784-2433
Ktunaxa Nation Council: Social Sector on-call	250-919-6500
Child Protection concerns – centralized screening	1-800-663-9122

Ki?su?k Kyukyit, Kusmukusa‡ Øxama‡i‡
We hope you have a safe and happy holiday season!

NOTICE: WATER CONSERVATION STILL NEEDED

December 12, 2024

Dear ?Akisqnuknik,
The central Water Pumphouse is still
experiencing a malfunction, and only
one pump is operational. (This affects
those from Linda's home to Ally's.) Our
maintenance team is working diligently
to address and fix the issue and is
currently waiting for a part to arrive.

In the meantime, we kindly ask all members to conserve water as much as possible to ensure that we can maintain an adequate supply for everyone.

Thank you for your understanding and cooperation.



Attention Members:

If you need water refills, please come to the Health Centre to pick up your jugs before next Friday Dec 20th as the office will be CLOSED for the winter holiday (Dec 21 - Jan 5).



AFN PROJECT MANAGER BOB COTTERALL UPDATE NO.6

MULTIPURPOSE FACILITY

COMMUNITY MEMBERS ARE INVITED TO DROP BY THE PROJECT MANAGERS OFFICE ANY TIME, TO DISCUSS ANY QUESTIONS THEY MAY HAVE. bob.cotterall@akisqnuk.org

DEAR 7AKISÓNUK COMMUNITY,

I am pleased to provide you with the Current Construction activity of the Multipurpose Facility. We received final approval for the SARA Permit. This will allow us to proceed with demolition of the Administration Building. The demolition will remove the upper building envelope, leaving the existing foundation in place which the new Administration component will be built on. We have a window of opportunity to have the demolition completed from now to March of 2025 of which the Bats will be returning to find a structure for their rousting. We plan to have a Bat House in place for their rousting. The Badgers have also vacated the area but will be returning in the early spring. A plan to allow them to return uninterrupted will also need to be in place. One area of concern will be the construction of the new septic field, just north of the Little Badgers day care. A plan will need to be in place to allow this construction with no interference to the Badgers.

The attached photo shows backfilling around the newly placed foundation walls. Once this is completed and the Administration building demolished the site will start to show the start of the Framing of the three components (Health, Administration, Band Hall). While this is going on the Arbor preliminary design will be starting.

The Year 2025 will show major activity and display definition of the Multipurpose Facility, and Arbor. Exciting!!

Please feel free to drop by the ATCO trailer, we would be pleased to answer any questions you may have.

Merry Christmas and Happy New Year.

Bob Cotterall
Project Manager



COMMUNITY MEMBERS ARE INVITED TO DROP BY THE PROJECT MANAGER'S OFFICE ANY TIME, TO DISCUSS ANY QUESTIONS YOU MAY HAVE.







?AKISO'NUK COMMUNITY DINNER & GATHERING

December 21st 2024, 11 AM - 3 PM
Columbia Lake Recreation Centre
3050 BC-93, Windermere, BC V0B 2L2

contact communications@akisqnuk.org for more info

Skinku**¢** and Natanik

We hope to see you at the Solstice Potluck Party on Saturday, December 21st, 2024, from 11am - 3pm at the Windermere Rec Centre!

Great food, amazing company, activities and fantastic door prizes! Bring your family's favourite dish!

Photographer for family photos, gingerbread tipi making, wreath making, bouncy castle, skating pending cold weather and more!

RSVP to communications@akisqnuk.org and join the Facebook event for more info and updates if you are planning to attend!

Note: this event is intended for ?Akisa'nuk community members.



Calling ?Akisq́nunik who are interested in mentorship

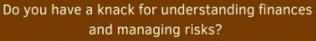
As the Chief and Council address national matters, we would like to reach the members who are interested in attending conferences, workshops, etc., to get a glimpse on matters we address that impact our community.

Some of the events encourage Knowledge Holders and Youth to attend. If this interests you, please reach out to Mykola Perun, Executive Assistant mykola.perun@akisqnuk.org Huyas!

Pakisqnuk First Nation Chief and Council







Join our Finance, Audit, and Investment Committee and make a difference! We're looking for dedicated individuals to serve a two-year term.

Why Join?

Impact: Help shape the financial future of AFN.

Growth: Enhance your skills and knowledge.

Community: Collaborate with like-minded individuals.

Interested or have questions? Reach out to:

?Akisqnuk CEO David Bach (david.bach@akisqnuk.org)

or send email to info@akisqnuk.org

Your expertise can make a real difference.

Join us today!







We're seeking:

- 4 appointments total
- 1 citizen-at-large
- 1 youth (ages 15-24)
- Alternates for each

Qualifications

- Basic financial literacy and knowledge of trusts
- Previous board or committee experienceStrong reasoning,
- critical thinking, and collaboration skills
- Ethics, integrity,& respect for confidentiality

The Ktunaxa Nation Council Society invites qualified Ktunaxanińtik to join an ad hoc committee to help develop the Ktunaxa Nation Legacy Trust.

The committee will **explore options and make recommendations** to the leadership of the four Ktunaxa First Nations.

Details

The committee will remain active until its work is done, with varying time commitments. Members will be compensated at KNC committee rates.



To APPLY

Find the form at: https://shorturl.at/PgABi or with the QR code on this page.

Deadline: January 10, 2025.

Or email David.deschamps@ktunaxa.org







Pakisq'nuk First Nation Community
Consultative Group

Cpl. Jarret Cottrell of the Cranbrook RCMP and BC Indigenous Policing Services is looking for 3 - 10 member volunteers to meet 4 times a year or when issues arise to help provide suggestions, share community policing priorities, share issues from the RCMP, offer advice, and enhance police officers cultural sensitivity and awareness.

If you are interested contact jarret.cottrell@rcmp-grc.gc.ca

Upcoming Events & Program Information

UPCOMING events

DEC 13-27

2024

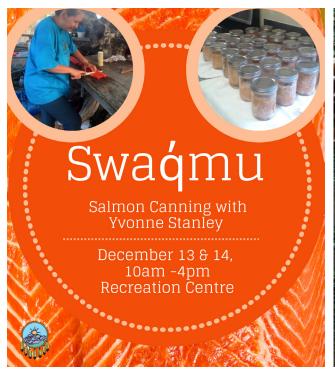
DEC 13-14 SALMON CANNING 10AM - 4PM Recreation Center

DEC 16 AFN Enterprises Open House Re: Windermere 5-7PM Mural Room

DEC 17 Winter Crafts workshop 3-7pm Round Room

DEC 19 Good Food Box Pickup 12-3:30PM Mural Room

DEC 21 MEMBER SOLSTICE POTLUCK PARTY 11AM - 3PM REC CENTRE







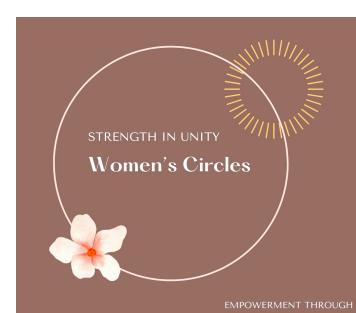




AFN Enterprises
Public Open House
Re: Windermere
Property Development

Dec. 16th 5-7 pm Akisqnuk Rec Centre 3050 BC-93, Windermere Mural Room

This is an info session for the general public.



MONDAYS 4:30-6:30PM

- 7 Weeks of journeying togetherShuswap Health Centre

- Dinner servedShuttles available

TRAUMA SUPPORTS

Circle

WEDNESDAYS, 5-7PM NOVEMBER 6TH - DECEMBER 18TH, 2024 **ALPINE HOUSE**

• Open to All AFN Community Members: Dinner & refreshments served.

integrating grounding practices to connect with our roots.

- A Safe and Supportive Space: A compassionate circle where your voice is honoured & respected.
- Accessible and Supportive: Practices are simple, gentle, and accessible to all, regardless of your past experience with healing circles or therapy
- Supportive Trauma Tools: Learn gentle techniques to help your body and nervous system process and support trauma in a confidential space
- . Community and Connection: Share with others who understand your journey, building trust and support in a collective healing experience.
- Respect for All Journeys: Whether you are just beginning your healing or are further along, all are welcome. There is no pressure to share—participate in a way that feels right for you Non-Judgmental Atmosphere: A circle free of judgment, where your emotions and experiences
- are accepted without labels or criticism. Grounded in Tradition and Land: We acknowledge and honour the land and the ancestors,



JOIN THIS SUPPORT CIRCLE TO CONNECT WITH A COMPASSIONATE COMMUNITY THAT HONORS YOUR STORY AND HEALING. TOGETHER, WE DRAW STRENGTH FROM OUR ANCESTORS AND EACH OTHER TO RECLAIM HOPE AND RESTLIENCE

Questions? Call or Text 250-961-0993

Are you or someone you love struggling with addiction?

SERENITY AFTER THE STORM Recovery Healing Circle Thursdays, 6pm-7pm

Join our Women's Circle group sessions. Connect, share, and grow with like-minded women in a safe and nurturing environment. Experience personal growth and healing through supportive discussions and activities tailored for every participant.

at the Alpine Cottage

A welcoming and supportive environment for community members and their family and friends who are struggling with substance use to share experiences, strengths, and hope to help each other on the road to wellness.



Hello everyone, my name is Shayne Bonenfant. I am a recovery mentor & liaison who works within communities as an independent contactor. I have 6 years of experience sponsoring & mentoring over 100 men & women battling addiction. I have guided them through various adversities related to addiction as a disease process. I build relationships with community members & give them the tools to help them create a new life. Ceremony has been a big part of my healing journey. In truth, I am also an addict in active recovery who has gained alot of knowledge on the grips of substance use & alcoholism. My purpose in life is to help others Creator's work. If you would like to get in contact with me, please call or text 403-437-3097 or email me at shayneb.billwardlife@gmail.com.

l am on site at Akisgnuk every Thursday & Friday. But available to talk any day of the week.



Lands & Resources

Request for participants on **?akisġnuk** Lands **Committee**

Do you want to have a voice and contribute your ideas and advice about how to steward ?akisánuk Lands both on and off reserve?

This is your chance!

Send us an email at lorne.shovar@akisgnuk.org to share the experience you have and why you want to participate on this committee.

4 Spots Available!

For more info ie. the Terms of Reference or other, email Lorne or come into the Office and talk to any Lands staff.





Do you have

- Traditional and modern on the land knowledge; Knowledge of Ktunaxa Perspective and Values
- including ?aknumuøti+i+; Desire to improve ?akisdnuk reserve lands and ?amak?is Ktunaxa;
- Interest in Land Stewardship and management;
- Willingness to work with other Ktunaxanin'tik in a positive and supportive environment:
- Willingness to learn new knowledge, skills and perspectives







ATTENTION HUNTERS: COMPLETE THESE STEPS

INTACT HEA

Cut off antlers

or skull plate.

Leave 3 inches of neck to keep tissues needed for CWD intact.

ELK, MOOSE, CARIBOU

STEP 1.

Prepare to submit tissues for CWD in one of three ways:

> Submit a head:

Cut head off animal and remove antlers (nose can be removed for elk/moose).

> Keep upper skull for Euro mount:

Cut out lower jaw with the tongue and all tissues at back of throat. Only need lower jaw for deer. Also need the obex for elk/ moose.

> Submit your own samples:

Remove lymph nodes and tonsils (for deer), or lymph nodes and obex (brainstem - for elk and moose).

Fill out CWD Ear Card provided at freezer.

Remove and retain perforated portion of Ear Card to look up results online.

Attach CWD Ear Card to head or jaw with ziptie, or put in ziplock with samples.

Place sample in drop-off freezer.







(EURO MOUNT)

tongue, and all tissues at back of throat.

THANK YOU FOR YOUR CONTRIBUTION TO CWD RESPONSE! Visit **gov.bc.ca/chronicwastingdisease** for more infor<u>mation</u>

PODCAST RECOMMENDATION:

Topic: Chronic Wasting Disease in our area featuring Alfred Joseph

The Wasting Game

Biologist, BC Ministry of Water, R urce Management



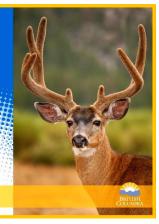
https://www.genomebc.ca/the-wasting-game/

Learn how to submit samples for the testing requirement in the

CWD Management Zone (MUs 4-1 to 4-8 and 4-20 to 4-25) on our website.

Hunter samples from deer, elk, and moose are critical for science-based Chronic Wasting Disease (CWD) management.

Be part of the solution and help stop the spread of CWD. Learn more at gov.bc.ca/chronicwastingdiseas



Health & Wellness

NOVEMBER 2024							
s	M	Т	W	т	F	S	
					1	2	
3	4			7	8	9	
10	11	12	13	14	15	16	
17	18	19	20	21	22	23	
24	25	26	27	28	29	30	

DECEMBER 2024

JANUARY 2025							
s	M	т	W	Т	F	s	
			1	2	3	4	
5	6	7	8	9	10	11	
12	13	14	15	16	17	18	
19	20	21	22	23	24	25	
26	27	28	29	30	31		

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
1	2	3	4	5	6	7	
		Acupuncture Clinic	Trauma Support Circle				
				Recovery Healing Circle			
8	9	10	11	12	13	14	
		Grief and Loss Workshop	Trauma Support Circle	Dr. Page		Salmon Canning	
				Recovery Healing Circle			
15	16	17	18	19	20	21	
Salmon Canning		Massage Clinic	Trauma Support Circle			Community Winter Solstice Party	
				Recovery Healing Circle			
22	23	24	25	26	27	28	
	Health Centre Closed						
				Recovery Healing Circle			
29	30	31	1	2	3	4	
Health Centre Closed							
				Recovery Healing Circle			
Please conta	Please contact the ?akisqnuk Health+ Wellness Center at healthcentre@akisqnuk.org or 250-342-6379 for						
	more information or to book or cancel an appoinment						



?Akisqnuk Health and Wellness Programs Scan QR code for more details on Website.

- Mental Wellness and Trauma Recovery
- One-on-One Recovery Mentorship
- Serenity after the Storm Recovery Healing Circle
- Chiropractor
- Acupuncture
- Massage: Rising Sun massage therapy
- Nutritionist Coach

- Influenza vaccines
- Non Coverage Medical
- Medical Appointment Transportation



Health Surveys

?Akisq'nuk Health and Wellness—FNHA Survey

These surveys are designed to gather important information about the health and well-being of our First Nation community.

Why Your Participation Matters:

- · Your Voice, Your Health: By sharing your experiences and insights, you help us understand the unique health needs of our community.
- · Better Programs and Services: The data collected will directly inform the development of health programs and services tailored to our community's needs.
- · Confidential and Respectful: Your responses are confidential and will be used respectfully to benefit our community.

Support Available: If you need assistance or have any questions, our team is here to help.

EMAIL rhs4@fnha.ca CALL 1(833)633-3642 or VISIT www.fnha.ca/health-surveys



LAST **CHANCE**

REGIONAL HEALTH SURVEY

Last December, Council consented to ?akisqnuk participation in the 4th edition of the Regional Health Survey (RHS4). We previously participated in RHS1 and RHS3.

WHY? This is one way to share part of your story. Our data helps ?AFN and the FNHA understand community needs . It informs policy, funding, and programs and allows us to track progress over time. The insights and lessons learned help shape healther, more resilient communities now and for future generations.

IS IT SAFE? The RHS is designed by and for First Nations, ensuring data collection reflects our value and cultural perspectives. Your data is held safely and securely. Neither Council nor the Health Team will see your individual data. Data is collated together into population level data with no personal identifiers. In fact, if less than 5 people answer a question, that question is withheld to protect individual identity.

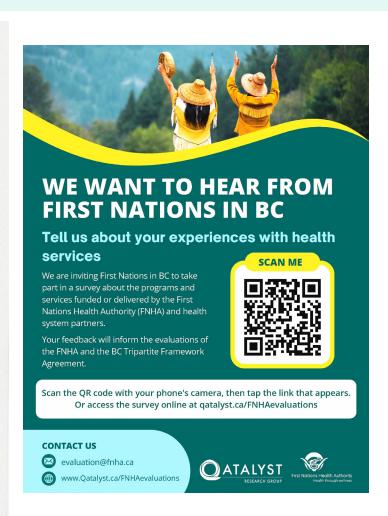
HOW? It's easy! You can participate online, over the phone, or the health team can bring a tablet to you to complete the survey on. You can also pop by the Health Centre to complete. Once done, you will recieve two \$25 Gift Cards to No Frills and enter a draw for a Grand Prize for \$250 to spend on fun winter gear at Syndicate!



LAST DAY 20 DEC 2024



CONTACT: TAMARA.COATES@AKISQNUK.ORG OR TRISHA.CLOWERS@AKISQNUK.ORG FOR MORE INFORMATION



Welcome to New Staff Members

LET ME SHARE A LITTLE



VAL STACKHOUSE EVENTS COORDINATOR



I am so excited to join Akisqnuk First Nations as the new Events Coordinator. For the past 24 years I have worked in the hospitality industry, including planning and executing Corporate events and weddings. In addition, I have participated in and chaired many fundraising events as a volunteer in my local community in Nova Scotia.

Prior to hospitality I had a career in IT Project Management and 15 years in the financial industry.

One of my most important goals working for Akisqnuk is to be able to mentor a member of the community and transfer my skill set to someone who will in time take over my position!

On a personal note, I love spending time with our family, pets, wildlife, hiking, kayaking, golfing, reading and cooking. After 22 year residing in Nova Scotia, my husband and I are happy to be back in Columbia Valley and to call Fairmont Hot Springs home.

Employment Opportunities

If you're a community member re-entering the workforce, navigating a career change, or a recent graduate, ?Akisg'nuk First Nation (AFN) is dedicated to your success.

We offer training, coaching, mentorship, and professional development opportunities to support you. While having all the qualifications listed in the posting isn't always necessary, the first step is to apply for an opportunity that interests you.

You can submit your application directly to Human Resources at hr@akisqnuk.org. For more job postings, visit our website

?AKISQNUK



REQUEST FOR PROPOSAL

Community Engagement and Ratification of Custom Membership Code

REQUEST FOR PROPOSAL Community Engagement and Ratification of Custom Membership Code

Closing Date December 16, 2024 at 4:00 pm MST

HR Coordinator Role

Submitted By Fellow ?Akisq́nuknik Melissa Parkin

I wanted to share an exciting opportunity with our Sanya' \acute{k} ula team at Provincial Health Services Authority (PHSA)!

We're recruiting for a Coordinator, Human Resources - Indigenous Employee Experience. This is an Indigenous-specific role that aligns with our North Star priority: eradicating Indigenous-specific racism in the healthcare system and creating a culturally safe,

Key details about the role:

Remote work – stay connected to your community while making a difference across BC. Temporary full-time with a strong possibility of becoming permanent. 5 additional cultural days per year for Indigenous employees to support connection with

culture and community (these are in addition to vacation time). Preferential hiring under Section 42(3) of the Human Rights Code, prioritizing First Nations,

Métis, and Inuit applicants for Indigenous-specific roles.

Salary Range: \$62,239 - \$89,469/year. The starting salary will be based on the successful candidate's education and experience, in alignment with the provincial compensation reference plan. Salary will be prorated for part-time roles.

This role would be a great fit for someone with experience in:

- · Supporting Indigenous employees to thrive and feel connected within an organization
- Organizing cultural programs and resources that foster a safe and inclusive
- Building relationships with Indigenous communities to promote initiatives and create welcoming workplaces
- Handling HR tasks such as recruitment, onboarding, and supporting employee engagement with a focus on cultural safety

If you're passionate about amplifying Indigenous voices and creating inclusive spaces, or have experience in HR or community-centered work, this could be a great fit!

Please reach out to me directly, dm, or email me at melissa.parkin@phsa.ca if you're

If it's not the right fit for you but you know someone it might be, feel free to share my contact information. I'd be happy to chat about our team, the work we're doing, and how this role could be part of your journey.

Election Postings

Job Opportunities:

If anyone from the community is interested in working at the polls, they are invited to apply already. Apply to work as a poll worker - Elections Canada. In the section "How did you hear about our employment opportunities?", select "other" and mention it's from and AFN referral so they know to include them in the hiring process for your community.

2. Community Relations Officer:

You will find attached the information concerning the Community Relation's Officer position we are looking to fill to serve Yaq'it ?a·knuq‡i 'it. Inquire with lisa.cannady@akisqnuk.org

3. Indigenous Elder and Youth Program:

The IEYP is intended to make polling places more welcoming and to make voting easier for electors in First Nations, Métis, and Inuit communities by:

- removing barriers to registration and voting on polling day
- creating a comfortable setting through a familiar presence (i.e., members of the community) - offering translation services in the language of the community, if the elector is not comfortable in French or English

To be appointed as an Elder or a youth in the program, the person is not required to reside in the electoral district, nor required to be eligible to vote in it.

- On polling day, their role is to:
- split their shifts during the 12 hours of voting (usually the Elder takes the first shift) offer translation services to electors, if needed help explain to electors the voting process, including registration procedures
- answer electors' questions
- act as a liaison between poll workers and electors
- help with voting procedures, such as reading the ballot before it is handed to an elector

The Elder and youth are not allowed to canvass for a political party or a candidate, or to try to influence electors. In addition, they must:

- take an oath before they begin work
- remain non-partisan throughout their duties
- agree to maintain the secrecy of the vote

Inquire with lisa.cannady@akisqnuk.org if you are interested.

We're Hiring!



Grow With Us and Create Impact Across B.C.

Indigenous Health Promotion Specialist, Indigenous Cancer Control - BC Cancer Provincial

Join BC Cancer as an Indigenous Health Promotion Specialist, Indigenous Cancer Control, and contribute to improving cancer care and outcomes for Indigenous communities across British Columbia. This meaningful role focuses on fostering culturally safe and equitable cancer control initiatives, building strong relationships with Indigenous communities, and advancing health promotion strategies that reflect Indigenous knowledge and practices.

As part of BC Cancer's commitment to advancing Truth and Reconciliation, this position offers a unique opportunity to make a lasting impact by collaborating with Indigenous communities, healthcare teams, and partners to create culturally responsive programs that address cancer prevention, education, and care. Your work will help ensure Indigenous peoples have access to equitable, compassionate, and effective cancer care services.

- Regular, Full-Time
- Salary Range: \$67,861.00 \$97,550.00/Year. The starting salary for this position would be determined with consideration of the successful candidate's relevant education and experience and would be in alignment with the provincial compensation reference plan. Salary will be prorated accordingly for part time roles.
- Location: Provincial Position Candidate must be within the vicinity of any of the 6 regional cancer centres (bccancer.bc.ca/our-services/centres-clinics).



Scan QR Code to Learn More!

PHSA has a dedicated Indigenous Recruitment & Employee Experience team – our Sanya'kula Team provides support and builds community for Indigenous employees through such events and services as 5 additional cultural days per year for Indigenous employees to support connection with culture and community (in addition to vacation time), Communities of Practice, careers services including resume and interview support, Indigenous Employee Network and more. We are striving to create an organization free from Indigenous specific racism and discrimination where Indigenous employees feel included and their cultures celebrated.

Pursuant to Section 42 of the British Columbia Human Rights Code, preference will be given to applicants of Indigenous Ancestry. We invite applicants to self-identify within their cover letter and/or resume.

Odds & Ends







TUESDAYS & THURSDAYS 11 AM - 12 PM

DESIGNATED TIME FOR OUR WOMEN, ELDERS, AND SENIORS TO USE THE WEIGHT ROOM AND WALKING TRACK!

Elders are welcome to walk the outer boards of the main gym floor.

Encouraging YOU to GET HEALTHY and STAY HEALTHY



BC ASSEMBLY OF FIRST NATIONS
Call for Concepts: BCAFN 2SLGBTQQIA+ FLAG

Deadline for submissions is December 20, 2024

Click <u>HERE</u> for more info on how to submit your flag.