



# Takisqnuq Community Newsletter

## July 12 , 2024



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- KNC, KKFSS and Ktunaxa Communities News & Events

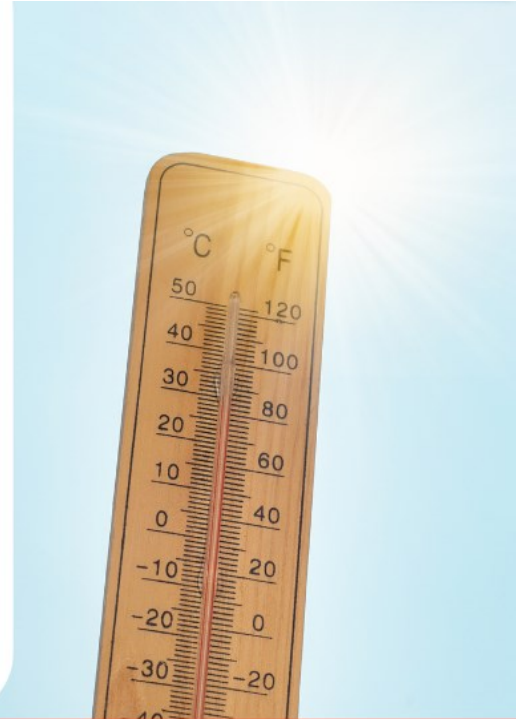


# Upcoming Events & Program Updates



## **Beware! Hot Heat Wave Warning Alert!**

Stay safe and cool!



**Akisqnuq First Nation Community members,**

**During this heatwave, the AFN Health & Wellness team want community members to know that bottled water & gatorade are available at the health center in front of reception.**

**Each member can take 2 bottles of water each & 1 gatorade while supplies last.**

**If you are able bodied & passing by, please stop in & help yourself.**

**Additionally, if you're feeling overwhelmed by the heat in your homes, we invite you to visit the health between 8:30AM-4:30PM on weekdays to sit in the round room & cool down. The rec center is also a cooling option.**

**Stay safe & stay hydrated**





# Upcoming Events & Program Updates

TRAUMA AND ADDICTIONS  
SUPPORT CIRCLE

## Seeking Safety

**ARE YOU SEEKING SUPPORTS TO OVERCOME  
TRAUMA OR ADDICTIONS? THIS GROUP IS FOR YOU!**

This weekly group will provide a safe and confidential space to come together and learn tools about:

- healthy relationships both ourselves and others,
- healthy coping skills,
- how to ask for help,
- understanding triggers,
- taking good care of yourself
- and more

WEDNESDAYS BEGINNING FEB 21 1:30-3:30PM

AKISQNUK HEALTH CENTRE

QUESTIONS/REGISTER: 250-961-0993

REFRESHMENTS AND SNACKS SERVED

SHUTTLES AVAILABLE





# Upcoming Events & Program Updates

## Are you or someone you love struggling with addiction?

Hello everyone, my name is Shayne Bonenfant. I am a recovery mentor & liaison who works within communities as an independent contactor. I have 6 years of experience sponsoring & mentoring over 100 men & women battling addiction. I have guided them through various adversities related to addiction as a disease process. I build relationships with community members & give them the tools to help them create a new life. Ceremony has been a big part of my healing journey. In truth, I am also an addict in active recovery who has gained a lot of knowledge on the grips of substance use & alcoholism. My purpose in life is to help others & do Creator's work. If you would like to get in contact with me, please

call or text 403-437-3097 or email me at [shayneb.billwardlife@gmail.com](mailto:shayneb.billwardlife@gmail.com).

I am on site at Akisqnuk every Thursday & Friday. But available to talk any day of the week.







# Upcoming Events & Program Updates

Ktunaxa Kinbasket Child & Family Service Society

Join us for the Ktunaxa Kinbasket Child & Family Service Society

# 2024 ANNUAL GENERAL MEETING

JULY 16TH

START AT 10:00AM MST

DOOR PRIZES

AT ʔAKISÓNUK REC CENTER  
3050 HWY-93/95, WINDERMERE, BC

For more information or to register contact us:  
Call or leave a voicemail at (250)489-4563 ext.4012  
Send an email to [chelsea.hollingshead@ktunaxa.org](mailto:chelsea.hollingshead@ktunaxa.org)

Snacks & lunch will be provided!

## 2024 Ktunaxa Nation Annual General Assembly

### July 17 & 18, 2024

### ʔakisónuq First Nation

All Ktunaxaniḥtik & guests are encouraged to attend!  
Awesome prizes!  
Info booths!  
Cool swag!  
Great food!

Registration forms at [ktunaxa.org](http://ktunaxa.org)  
Please send your forms to [AGA@ktunaxa.org](mailto:AGA@ktunaxa.org)  
Or fax to 250-489-2438

Or drop off at BAND OFFICES or at Ktunaxa Nation Council, 220 Cranbrook St. N, Cranbrook








# Upcoming Events & Program Updates

## KNC AGA BALL GAME @

Crossroads Ball Diamond

July 17 (5pm - 9pm)

We are looking  
for  
volunteers

To volunteer or register team-  
[trisha.clowers@akisqnuk.org](mailto:trisha.clowers@akisqnuk.org)





# ʔakisq̓nuknik GATHERINGS ON THE LAND

## July 20 & 21, 2024

Call to Gather to talk about **Climate Change**  
and **Connections** to the **Land, Water** and **ʔakisq̓nuknik**.

### 10 am to 4 pm

Join us either day (or both!), as each day will be a similar plan.

Meet at Columbia Lake Recreation Center at 10am.

We'll return between 3 and 4 pm.

**Transportation & lunch will be provided.**

We will explore up Madias Tatley and learn from each other how the area has changed over time.

Come listen, learn and contribute. We all have something to offer.

Prepare for the weather – hat, sunscreen, raincoat, water bottle and bring a chair to sit and visit.



*ʔakisq̓nuk First Nation*

Please email Kerri Garner  
[kerri.garner@akisqnuuk.org](mailto:kerri.garner@akisqnuuk.org)  
for more info and to register.



# Yoho & Kootenay National Park Bus tour

July 22nd-24 2024

Hop on the bus with us to explore two national parks  
within Ktunaxa ʔamakʔis

**LIMITED SPOTS**

**2 NIGHT TRIP**

**REGISTRATION  
REQUIRED**

**Meals,  
Accommodation  
and Honoraria  
provided.**

Parks Canada approached Ktunaxa and Secwepemc Communities in 2021 to help develop an Aquatic Stewardship Plan.

The technical working group (with Ktunaxa participation) provided an initial list of values and concepts from Ktunaxa perspectives.

We are now reaching out to more ktunaxanińtik to learn what's important to you when it comes to aquatic health in our area

**For more information:**

[landscommunityengagement@ktunaxa.org](mailto:landscommunityengagement@ktunaxa.org)

**To Register:**

<https://www.eventbrite.ca/o/lands-community-engagement-82450117853>







# Upcoming Events & Program Updates



EXCITING WILDLIFE DISCOVERY!

## COMMUNITY CALL OUT KI#Q̄A#̄#I PROJECT

JOIN THE AFN LANDS DEPARTMENT IN SETTING UP  
CAMERA TRAPS TO MONITOR THE LOCAL KI#Q̄A#̄#I (ELK)!



**When:** July 24th at 9 am

**Where:** Meet at the new Invermere building, 625 4th Street, Invermere

**What should you bring:** clothes that you do not mind bushwacking in, good shoes, lunch, snacks and water.

An honorarium is available to all those who participate.

If you are interested, please email Tyra at [tyra.joe@akisqnuq.org](mailto:tyra.joe@akisqnuq.org)





# Upcoming Events & Program Updates



For akisqnuq Band members  
**Prep & Learn**

## DIY BBQ Rubs/Spices

July 24 , 5-7pm

Rec. Center Mural Room

All materials /ingredients will be provided



# GOOD FOOD BOX

Thursday, July 25th pick up in the Mural Room 12pm-3pm



## SAVE THE DATE!

### AKISQNUK FIRST NATION 2024 AGA

AUGUST  
23RD, 24TH, 25TH



PLEASE WATCH FOR MORE INFORMATION



Lakeshore Resort and Campground

# OPEN FOR BUSINESS

Call 250-342-6352  
[lakeshorecampground.ca](http://lakeshorecampground.ca)

Akisqnuq members  
Get 1 night per week free and  
25% off after



# Upcoming Events & Program Updates

*Calling All*

**Kootenay Indian Residential School Students**



*You are invited to the....*

**Kootenay Residential School  
Survival and Healing of Warriors**



**September 27 & 28, 2024**

**Starts 11:30 am**

**St. Eugene Golf Resort  
Casino**

7777 Mission Wasa Road,  
Cranbrook BC

*The importance of acknowledging the  
atrocities of the past, seeking truth and  
working towards healing through our  
Cultural ways.*

**Register Now!**

Scan QR Code



Link:

<https://www.eventbrite.ca/e/kootenay-residential-school-survival-and-healing-of-warriors-tickets-905215653387?aff=oddtcreator>

Bringing pictures and memorabilia is encouraged to place on the Memorial Wall.

For questions about the event please Contact:

Janice Alpine

[Ktunaxanationdancetroupe@gmail.com](mailto:Ktunaxanationdancetroupe@gmail.com)

250 489 0876







# Call for Engagement

## About the engagement

15 paid interviews to be conducted virtually.

Interviews will run approximately 1.5 hours.

## Options for participation

Interviews will be done virtually, we offer two options for participation: phone or Zoom. We are dedicated to making interviews as inclusive as possible, alternative formats and accessibility accommodations are available upon requests.

## Compensation

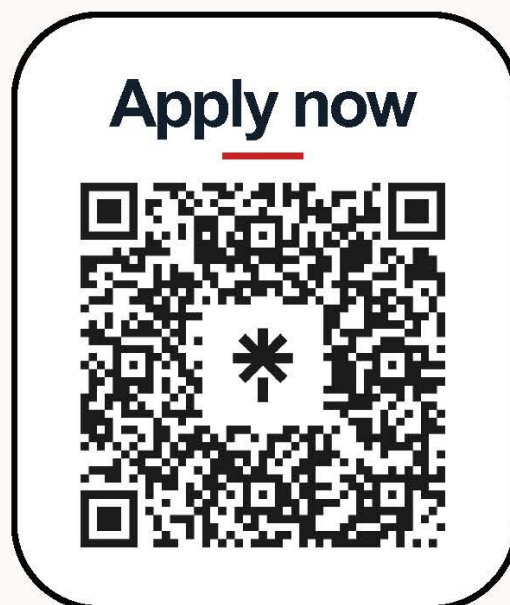
Upon completion of the engagement, participants will be mailed an honorarium in the form of a \$150 cheque.

## How to get involved

If you are interested in participating, please fill out an application by:

- Emailing us at [accessibility@bcands.bc.ca](mailto:accessibility@bcands.bc.ca)
- Phoning us at (250)381-7303 (ext. 210 //221)
- Follow the QR code!

Applications should be returned to [accessibility@bcands.bc.ca](mailto:accessibility@bcands.bc.ca)



<https://linktr.ee/indigenousdisabilitycanada>



Governance  
Chief & Council  
and Committees

**Chief and Council**

The ʔakisqnuq Chief and Council hold bi-weekly meetings throughout the year, with a break in August and during the Christmas holidays. All ʔakisqnuq members are encouraged to participate by attending in person at the ʔakisqnuq Health Center Round room or via Zoom link.

Deadline to submit items to Chief and Council Agenda is always the Friday prior to the meeting.

Contact Renee Campbell (renee.campbell@akisqnuq.org) to request to be on the agenda or if you have any questions.

**The next meetings will be July 17, and July 31 2024.**

ʔakisqnuq Nation is inviting you to a scheduled Zoom meeting.

Topic: Chief and Council Meeting

Join Zoom Meeting <https://us02web.zoom.us/j/89758249947?pwd=dYVnNm9CSFdFVm4xa1dtM1IrdnBvQT09>

Meeting ID: 897 5824 9947  
Passcode: 054045

# Request for participants on ʔakisqnuq Lands Committee

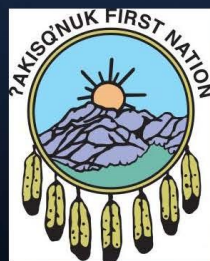
Do you want to have a voice and contribute your ideas and advice about how to steward ʔakisqnuq Lands both on and off reserve?

**This is your chance!**

Send us an email at [lorne.shovar@akisqnuq.org](mailto:lorne.shovar@akisqnuq.org) to share the experience you have and why you want to participate on this committee.

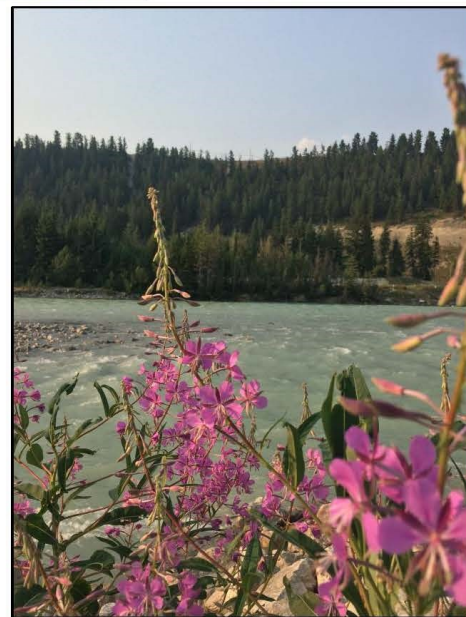
**3 Spots Available!**

For more info ie. the Terms of Reference or other, email Lorne or come into the Office and talk to any Lands staff.



Do you have:

- Traditional and modern on the land knowledge;
- Knowledge of Ktunaxa Perspective and Values including ʔaknumu, ʔitit;
- Desire to improve ʔakisqnuq reserve lands and ʔamakʔis Ktunaxa;
- Interest in Land Stewardship and management;
- Willingness to work with other Ktunaxanintik in a positive and supportive environment;
- Willingness to learn new knowledge, skills and perspectives







# Health Department Updates

Rachel Bach (Director of Health and Wellness) will be away from the office from July 8th to 19th. Please contact Colleen Simon (Clinical Lead) or Laurie Parsons (new Director of Member Services), in her absence.

**kukuqupku**

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30						

ʔAFN Health + Wellness 2024

**Kciitititq'ikwa'it**

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3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

## Kuku Squmu

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
30	1 Health + Wellness Centre Closed	2 Acupuncture Clinic Summer Camp	3 Foot Clinic Seeking Safety Summer Camp	4 Summer Camp	5	6
7	8	9 Language Lessons	10 Seeking Safety Prep + Learn	11	12	13
14	15	16 KKCFSS AGA Massage Clinic Summer Camp	17 KNC AGA Summer Camp	18 Dr. Page Clinic KNC AGA Summer Camp	19	20
21	22	23 Acupuncture Language Lessons Summer Camp	24 Seeking Safety Summer Camp	25 Summer Camp	26	27
28	29	30 Language Lessons Summer Camp	31 Seeking Safety Summer Camp	1	2	3

Please contact the ʔakisq'nuq Health+ Wellness Center at [healthcentre@akisqnuq.org](mailto:healthcentre@akisqnuq.org) or 250-342-6379 for more information or to book or cancel an appointment



Job Search documentation and Monthly Renewal Applications must be submitted to Trish Clowers ([trisha.clowers@akisqnuq.org](mailto:trisha.clowers@akisqnuq.org)) by the 15th of every month



# Health Department Updates

## **Mental Health**

**On Call - 310-1234**

<https://www.fnha.ca/Documents/FNHA-First-Nations-Health-Benefits-Mental-Health-Provider-List.pdf>

KUU-US Crisis Line can be reached toll-free at 1-800-588-8717. Alternatively, individuals can call direct into the Youth Line at 250-723-2040 or the Adult Line at 250-723-4050.

They can support individuals, but are not limited to, mental health issues and crisis related to residential school, child welfare, addiction, health concerns, divorce and separation, suicide ideation and survivorship, grief and loss, crime, abuse, peer pressure and financial distress.

## **Chiropractor\***

ʔakisq̓nuk Members may book your Chiropractor appointment at *Invermere Family Chiropractor at 250-342-9666*

## **Massage\***

ʔakisq̓nuk members may book your massage with Lynn Birkett, Rising Sun massage therapy in Radium at 250 341 5668.

## **Influenza vaccines**

Anyone over the age of six months is eligible for free influenza vaccination. The influenza vaccine saves lives and prevents illness by protecting individuals and communities from the spread of disease. Flu shots are safe and easy to get.

You can phone the provincial call center (toll-free) at 1-833-838-2323 to book your appointment or visit the link below for more information

<https://www.interiorhealth.ca/health-and-wellness/immunization-and-vaccines/influenza-flu-vaccines#booked-appointments-also-available-for-influenza-vaccine>

Columbia Valley Flu clinics ( by appointment only) are at the Invermere Health Clinic, Pharmasave, and Lambert Kipp Pharmacy.

## **Non Coverage Medical\***

ʔakisq̓nuk members living in BC have [Pacific Blue Cross](#) Coverage.

If your needing assistance with medical expenses that are not covered contact the ʔakisq̓nuk the Associate Director of Health for assistance at [rachel.bach@akisqnuk.org](mailto:rachel.bach@akisqnuk.org)

## **Medical Appointment Transportation**

If you are needing assistance with transportation to health appointments (within the Columbia Valley) contact health staff to make arrangements at 250 342 6379.

*\*If you like to see someone else or are living off reserve keep/submit receipts for reimbursement or to make other arrangements contact Rachel Bach at [rachel.bach@akisqnuk.org](mailto:rachel.bach@akisqnuk.org).*





# Health Department Updates



First Nations Health Authority  
Health through wellness

## REGIONAL HEALTH SURVEY (RHS4)

**?akisq'nuuk**  
July - September 2024

Ways to take  
the RHS4



**ONLINE**



**OVER THE  
PHONE**



**IN-PERSON**

### What is the RHS4?

The RHS is a voluntary nation-wide survey for First Nations people living in their home community. It asks about community/personal wellness health conditions/behaviours, wellness, housing, food security, water quality, effects of colonialism, etc.

### Why take the RHS4?

The survey is important to gather data that will help in policy development and decision-making to improve the well-being of First Nations people. Your voice is important and we want to hear it

### More information :

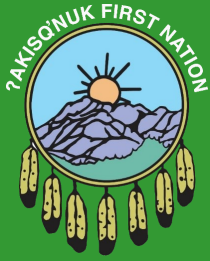
 [fnha.ca/health-surveys](https://fnha.ca/health-surveys)

 [rhs4@fnha.ca](mailto:rhs4@fnha.ca)

 (833) 633-3642

Receive a \$50  
gift card for  
participating

You will be contacted if you are selected to participate



# Health Department Updates



**ANKORS DRUG CHECKING SERVICES AVAILABLE AT SHUSWAP HEALTH CENTER JULY 18TH & AUGUST 20TH! FROM 10AM TO 2:30PM!**



## Health checks during extreme heat events

A guide for doing in-person or remote health checks

1

Extreme heat events can lead to dangerous indoor temperatures in homes without functioning air conditioning. Health checks are used to assess how people at high risk of heat-related illness are doing during extreme events. In-person health checks are best, but a remote health check is better than no health check.



### Rapid risk assessment checklist

To assess whether someone is at risk, check all the personal factors that apply on the following list. The more boxes checked, the higher the potential risk.

- Older adult (60 years+)** The body's ability to cool itself is impaired as people age.
- Mental illness or cognitive impairment** Conditions such as schizophrenia, depression, anxiety, and dementia can reduce awareness of heat-related risks.
- Chronic disease** Chronic diseases such as diabetes, heart disease, respiratory disease, and cancer can limit the body's ability to cool.
- Living alone or socially isolated** People who live alone or do not have strong social connections are at higher risk because they have fewer people looking out for them.
- Substance dependency or use** The ability to sense and respond to heat can be affected by use of drugs or alcohol, especially for those who are dependent.
- Impaired or decreased mobility** People with impaired or reduced mobility might be less able to take protective measures during extreme heat events.
- Medication use** Some prescription medications for common conditions can cause dehydration and affect the body's ability to cool itself.
- Poor physical fitness** People who are not engaged in regular physical activity are less able to keep cool in the heat.

This guide has five pages with important information for doing health checks during extreme heat events.

**PAGE 1**  
Rapid risk assessment checklist

**PAGE 2**  
Recognizing and responding to heat-related illness

**PAGE 3**  
In-person health checks

**PAGE 4**  
Remote health checks

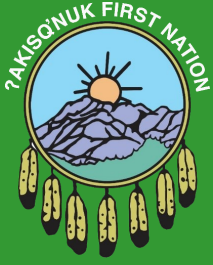
**PAGE 5**  
Measuring body and room temperature



National Collaborating Centre for Environmental Health  
Centre de collaboration nationale en santé environnementale

[www.nccch.ca](http://www.nccch.ca)





# Employment Opportunities

## ᐱakisqnuq First Nation Employment Opportunities

If you are a community member who is re-entering the workforce, going through a career change, or a new graduate, ᐱakisqnuq First Nation (AFN) is committed to your success. We provide training, coaching, mentorship, and professional development opportunities to support your success. We ask that you have an eagerness to learn and a willingness to be a part of our team. Having all the qualifications listed in the posting is not always necessary; the first step is to apply for an opportunity that is available and of interest.

Check out full postings at <https://akisqnuq.org/employment-opportunities>

You may submit your application by submitting your interest directly to Human Resources at [hr@akisqnuq.org](mailto:hr@akisqnuq.org)

# JOB POSTINGS



[www.akisqnuq.org](http://www.akisqnuq.org)

**APPLY NOW**

### MEMBER SERVICES

- Community Drivers (On-Call casual)
- Community Nurse (LPN) – casual and Part-Time
- Registered Nurse (casual and Part-Time)

### CORE SERVICES

- Administrative Assistant
- Event Planning Coordinator

### LANDS & RESOURCES

- Emergency Program Coordinator
- Lands and Resources Manager

### FINANCE

- Director of Finance

### INFRASTRUCTURE

- Director of Infrastructure
- Water Operator (Trainee)



# Employment Opportunities



Akisqnuq First Nation, 3050 Highway 93/95, Windemere, BC V0B 2L2  
250-342-6301  
[www.akisqnuq.org](http://www.akisqnuq.org)

## Call for Caterer

Akisqnuq First Nation will be having their Annual General Assembly (AGA) in Akisqnuq First Nation on August 23<sup>rd</sup>, 24<sup>th</sup> & 25<sup>th</sup>, 2024. We are asking for catering bids for this three-day event.

There is an expectation of approximately 100+ in attendance. FoodSafe certificate is required.

AGA will be held at the Akisqnuq Recreation Center located in Windemere, B.C.

**The caterer will be responsible for providing:**

- **Friday Evening 5:00pm Dinner BBQ** - 75+ guest hosted at Lakeshore Campground
- **Saturday 9:00am-5:00pm** - 100+ guest (Breakfast, Snack, Lunch, Snack, Dinner)
- **Sunday 9:00am-1:00pm** - 100+ guest (Breakfast, Snack, Bagged Lunch)
- Water, coffee, tea, sugar, cream & juices
- Plates, bowls, cup, cutlery & take out boxes
- Please have options available for gluten free, dairy & other known allergies

**Bid submissions must be received by 4:30 pm July 22, 2024.**

Attn: Lauren Nordquist

Email: [lauren.nordquist@akisqnuq.org](mailto:lauren.nordquist@akisqnuq.org)

The successful bid will be notified.

Please make sure to include your complete contact information on your bid.

Also include a general description of the meals you will be providing.





# Employment Opportunities

## Data Collector, Regional Health Survey

**Title:** Data Collector, Regional Health Survey  
**Salary:** \$19.38 - \$22.44 - \$24.68 per hour (pay range explained below)  
**Contract:** Casual for 8-12 weeks  
**Hours:** 20-30 hours per week. Must be available to work days, evenings and weekends. Hours are subject to change depending upon operational requirements.  
**Location:** Invermere / Windermere / ʔakisqnuq First Nation

### About the role

As the Data Collector, you will implement the RHS by engaging participants living in ʔakisqnuq First Nation and collecting data according to the methods requested by community leadership. In this role, you will make initial contact with participant to discuss the survey and the participant's role, ensure that participants provide informed consent prior to survey completion, schedule an appointment with the participant for telephone survey completion, conduct confidential data collection activities using a laptop computer, ensure that all data captured is kept secure at all times and that confidentiality of all data collected and names of participants is maintained.

### About you

To be successful in this role you will have:

- Valid British Columbia driver's license
- Must attend virtual training sessions prior to data collection
- Knowledge of and respect for BC First Nations history and diverse cultures
- Must be available to work days, evenings and weekends. Hours are subject to change depending upon operational requirements
- Must know how to speak, read and write English, have effective interpersonal skills, be at least 19 years of age, and complete and pass a criminal record check
- Ability to navigate multiple electronic devices and programs; to work independently, and as part of a team, with minimal supervision; and to handle sensitive and confidential information and matters in a trusted and responsible manner
- Physical ability to perform the duties of the position
- Basic skills including use of spreadsheets and word processing preferred
- Access to a personal vehicle an asset
- Experience working with First Nations is an asset
- Data collection experience in a survey project is an asset
- Knowledge of OCAP® principles an asset

### About the First Nations Health Authority

The First Nations Health Authority is a diverse and transformational health organization of professional, innovative, and dedicated team members and leaders. The first of its kind in Canada, FNHA works as a health-and-wellness partner with BC First Nations to support self-determination and decision-making to improve health outcomes.

The First Nations Regional Health Survey (RHS) is the only First Nations-governed, national health survey in Canada. It collects information about on-reserve and northern First Nations communities based on both Western and traditional understandings of health and well-being. This survey will be conducted in-person, online, and by telephone.

**Note:** The Data Collector will be a contract employee of the FNHA and not of ʔAFN but ʔAFN will nominate the incumbent to the FNHA for hire.

Please email your resume to [Rachel.Bach@akisqnuq.org](mailto:Rachel.Bach@akisqnuq.org) to apply!



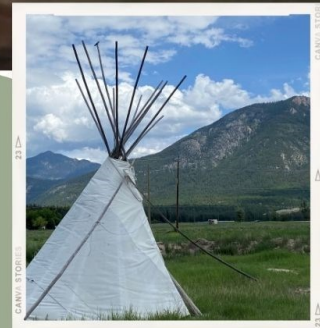
# Employment Opportunities

Akisqnuq First Nations Wellness Training Centre presents:

## ASSISTED STRETCH | THAI MASSAGE TRAINING



**Levels 1& 2 and  
Foot Massage:  
Sept 10 - Oct 23, 2024  
Level 3 & 4 Syndromes:  
Oct 24, 2024 - April 2025**



Discover the soaring demand for Assisted Stretch services, with techniques rooted in Thai Massage. It's an emerging trend in the health and wellness industry. We offer this training as a hybrid experience, with online self paced learning and in person time at the Akisqnuq First Nations Wellness and Training centre.

Turn this wonderful healing technique into a lucrative career!

**Unlock Exciting Career Opportunities with  
Thai Massage / Assisted Stretch Training**

**[Read more here!](#)**

**SAVE YOUR SPOT NOW**

[KAREN@THAIMASSAGECAREER.COM](mailto:karen@thaimassagecareer.com)

+306 501 0332



[HTTPS://THAI-MASSAGE-YQR-  
ACADEMY.TEACHABLE.COM/](https://thai-massage-yqr-academy.teachable.com/)





# Employment Opportunities

## Community Drivers

Open until filled

On-call, casual  
\$20-25/hour

ʔAkisq̄nuk First Nation is looking for Community Drivers. Reporting to the Associate Director of Health, this role is responsible for providing safe and reliable transportation to and from appointments to community members who are unable to provide their own transportation.

### Are you?

- Friendly and able to get along with most people
- Kind and genuinely care about people
- Safe and reliable
- A skilled and experienced driver who likes driving along beautiful stretches of mountain highway and urban centres
- Looking to be part of a growing team

### Why work at ʔAkisq̄nuk First Nation?

- We care about your wellness
- We are committed to building the best team possible
- We value staff and believe in reasonable workloads and fair compensation
- We are deeply committed to our work and to the wellbeing and sovereignty of our community
- We are located in the most beautiful place on earth!

### What you will be doing:

- Provide transportation services to community members, including elders, youth, and those in need of assistance.
- Safely operate and maintain community vehicles, such as vans, buses, or other vehicles used for transportation.
- Assist elders and others with mobility issues getting in and out of the vehicle.
- Ensure the safety of passengers during transportation by adhering to all traffic laws and safety regulations.

### What we are looking for:

- Valid driver's license (Class 2 an asset)
- Clean Driver's Abstract
- First Aid certificate, or willing to get
- Demonstrated ability to work with Indigenous communities
- Ability to read maps and follow schedules
- Excellent communication skills



### ʔAKISQ̄NUK FIRST NATION

3050 Hwy 93/95 Windermere, B.C. V0B 2L2  
Office: 250.342.6301 Fax: 250.342.9693  
[www.akisq̄nuk.org](http://www.akisq̄nuk.org)

### INTERESTED?

To apply for this job, email your resume to [hr@akisq̄nuk.org](mailto:hr@akisq̄nuk.org)  
Full job description available at:  
<https://akisq̄nuk.org/employment-opportunities>



# Employment Opportunities

## 2024 Ktunaxa Nation Annual General Assembly

### CALL FOR *Caterers*

**July 17 & 18, 2024**  
**ʔakisq'nuK First Nation**



Ktunaxa Nation Council's AGA will be held on July 17 and 18 at the **Columbia Lake Recreation Centre at ʔakisq'nuK First Nation (Windermere.)**

We are asking for catering bids for this **two-day event**. We expect **250+ people**. Food Safe certificate is required.

#### **The caterer will provide:**

- **Snacks** for morning & afternoon (Fruit, muffins & cookies) for two days
- **Lunch** (Wednesday & Thursday)
- **Supper** (Wednesday)
- Water, coffee, tea, sugar, cream & juices
- Plates, bowls, cups & cutlery
- Please have options available for gluten free, dairy & other known allergies

**Bid submissions must be received by 12 pm, June 26, 2024.**

Attn: Rachelle Sebastian

Fax: 250-489-2438

Email: [RachelleF.Sebastian@ktunaxa.or](mailto:RachelleF.Sebastian@ktunaxa.or)

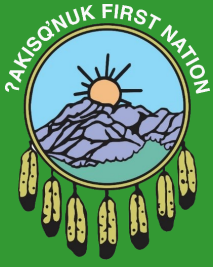
The successful bid will be notified.

**Please make sure to include your complete contact information on your bid.** Also include a general description of the meals you will be providing.

**We promised good food:  
Help us provide it!**







# Columbia Lake Recreation Centre Updates

## CORN HOLE NIGHTS

AT THE COLUMBIA LAKE RECREATION CENTRE

**MONDAYS**  
**5 PM – 7 PM**

**A FUN INTRODUCTION TO  
A NEW & UPCOMING GAME!**



**CORN HOLE  
TOURNAMENT  
COMING  
SOON!!**

**FOR MORE  
INFORMATION,  
CONTACT US AT:**

**RULES WILL BE  
PROVIDED!**



**friends@columbialakereccentre.com**



**(250) 342-0804**

## WOMEN'S WALK & WEIGHTS 2024



At the Columbia Lake  
Recreation Centre

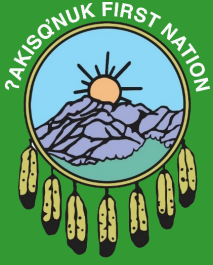


**TUESDAYS & THURSDAYS**  
**10 AM - 11 AM**

DESIGNATED TIME FOR OUR  
WOMEN, ELDERS, AND  
SENIORS TO USE THE WEIGHT  
ROOM AND WALKING TRACK!

Elders are welcome to walk the outer boards of the main gym floor.

Encouraging *YOU* to  
**GET HEALTHY** and **STAY HEALTHY**



# Little Badgers Updates

*Little Badger Early Learning Programs are free for all Akisqnuq Children ages 18 months to school age! If you require preschool or full day care this September please contact Evy at [evywalker.littlebadgers@gmail.com](mailto:evywalker.littlebadgers@gmail.com).*

## nałmit' nana nature walks



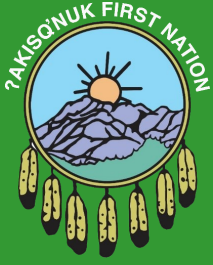
Caregivers and children 0-5 are invited to join our nature walks in the Columbia Valley

Saturday mornings  
9.30am - 11.30am  
July 6th - July 27th

July 6 - Wilmer Wetlands  
July 13 - Letwilc7ulecw Trail (Recreation trail)  
July 20 - Lakeshore campground trail  
July 27 - Old Coach Road

For more info email [little.badger.windermere@gmail.com](mailto:little.badger.windermere@gmail.com)  
or follow Little Badger Early Learning Programs on Facebook





# KNC and Ktunaxa Communities News

## JOIN THE **7A·KNUSTI** TEAM

Becoming an 7a·knusti summer student will give you the opportunity to get out on the land and waters! From trying Fisheries work, Archaeology, Forestry Surveys, Data Collection to just being out on the Land and learning more about the Ktunaxa Homelands!

### Working Conditions:

- Long days outside in various weather conditions - eg. rain, wind, heat.
- Hiking several kilometers through forests and cutblocks,
- May work away overnight - will have adult supervision

### Qualifications:

- Ktunaxa Youth aged 15 and up, currently in Secondary or Post Secondary School and returning in the Fall.
- Interest in working/spending time outdoors is required.
- Physical ability to complete field surveys and work outside.
- Excellent communication skills and a strong sense of community.
- Positive attitude and willingness to learn.

In partnership with the Education and Employment Sector Self-Created Summer Student Program. Reach out to them for help on your application!

[kncee@ktunaxa.org](mailto:kncee@ktunaxa.org)



We encourage ALL Ktunaxa who live in 7amak?is Ktunaxa to apply!



WHEN WAS THE LAST TIME YOU VISITED [KTUNAXAREADY.COM](http://KTUNAXAREADY.COM)?