



ʔakisq̓nuk Community Newsletter - November 2025



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NATIONAL INDIGENOUS NOV 8 VETERANS DAY 2025

**ʔAT HU WIŁIŁWINATAŁA'NI KTUNAXA
KWANAQNANIYIKČAŁKA.**

**WE HIGHLY RESPECT KTUNAXA
VETERANS.**

**HUN HAWIČKNISKIŁNI KAKIŁWI·NAŁA.
YOU ARE ALWAYS IN OUR HEARTS.**

Duane Albert
Joseph B Andrew
Thomas Antiste
Paul Auld
Francis Auld
Virgil Auld
Paul Auld
Isaac Basil
Zachary Birdstone
Fred Birdstone
Abel Capilo
Francisco M. Caye
Arnold Caye
Tom Couture
Wayne Couture
Richard Couture
Ronald Couture
Wayne Couture
Isaac David
Bernard Eneas
Joseph Eugene
Raymond Finley
Vernon Finley
Tricia Finley
Anthony Fisher
Benjamin Francis
Nicholas Francis
Ike Francis
Kenneth Friedlander Jr.
Francis Gingras
Tom Gingras
William Gingras
Clarence Gingras
William Gingras
Eli (dick) Gingras
Kenneth Francis Gingras

Thomas Gingras
Francis Gingras
Sam Pierre Goodman
Nicholas Gravelle
James Gravelle
Garnet Gravelle
Charles Hewankorn
George Hewankorn
Henry Hewankorn
Leroy Irvine Hewankorn
Jerry Hewankorn
Aloysius Hewankorn
Henry Hewankorn
Charles Hewankorn
George Hewankorn
Rose Hewankorn Roberson
LeRoy Irvine
Lloyd Irvine
Maurice Isaac
Steven Isaac
Wilfred Jacobs
Lucien Jimmie
Moses Jimmie
James Kallowat
Howard Kallowat
Howard Kalowat
James Kalowat
Camille Kenmill
Eneas Kenmill
Donald Kenmille
Lawrence Kenmille
Camille Kenmille
Francis P. Lefthand
George Lefthand
Patrick Lefthand
Kenny Lefthand

Frank Lefthand
George Lefthand
Victor Lefthand
August Lefthand
W.C. Louie
Donovan Luke
Melvin Madplume
Joseph Mathias
Camille Mathias
Aloysius McCoy
Joseph McCoy
Isaac McCoy
Johnny Michel
Isadore Michel
Abraham Michel
Wilbert Michel
Matt Michel
Joseph James Morigeau
Edward Morigeau
Toby Nicholas
Richard Nichols
Peter Sam Nicholai
Richard O'Bennick
Justin O'Bennick
Louis (pug) Pablo
Mary Paulite
Frank Phillips
Douglas Phillips
Joe Phillips
George Phillips
Edward Phillips
Joseph Phillips
Neol R. Phillips
Joe Phillips
Mose Pierre
Johnny Pierre

Frank Martin Sam
Martin Sam
Mathias Sam
Sebastian Mike
Clarence Abel Sebastian
Mark Sebastian
Pat A. Sebastian
Stainslaw Simon
Joseph Skookum
Andrew Starr
Andrew Starr
Michelanne Stasso
Peter Stasso
Lassaw Stasso
Lasaw Stasso Jr.
Lawrence Jack Stevens
William Stevens
Jeremy Stiffarm
Louis F. Stone
William Swanson
Pierre Sylvester
Frank Tenas
Patricia Teasley
Eileen Wheaton
Herbert White
Stanley White
Mrs. Joseph Whitehead
Joseph Whitehead
Louis William
Leo William
Isadore Williams
Joseph Williams
K.G. Williams



NOTICE:

COMMUNITY MEMBERS ARE INVITED TO DROP BY THE PROJECT MANAGER'S OFFICE ANY TIME TO DISCUSS ANY QUESTIONS THEY MAY HAVE.

DEAR ʔAKISQNUK COMMUNITY,

Construction of the Multipurpose Facility is well underway. With the advent of winter just around the corner, some thought is being given to hoarding (fencing) and heating the various works that could be exposed to winter conditions. The Band Hall concrete slab pour is being enclosed with tarps and the interior will be heated to ensure the floor will not be exposed to freezing.

The roof is well underway and should, with fingers crossed, be completed before the snow comes. Design of the artwork for the Band Hall floor is being finalized, featuring the Columbia River system imprinted on the floor. Computer work is being completed to allow tile cutting for the river and should be completed in the next month.

As always the interior work is carrying on for the Administration and Health components. The flooring for these areas have been given a lot of thought to introduce patters in the carpet tile showing the Mountains within our area.

Paving for future parking was just recently completed along with the sidewalks around the parking areas and buildings.

The septic tanks are being installed today. You will note the size of the tanks and the excavated hole to receive these elements. With this, a significant portion of the septic system is completed.

Lots going on to be open in the spring. It's all good.



250-342-6301 ext.3860



bob.cotterall@akisqnuq.org

UPCOMING *events*

NOVEMBER 1-31, 2025

**NOV
3**

Vaccine Clinic
Health Centre
10AM-4PM

**NOV
6**

ᑭakisᑭᑎuk Health & Wellness Day
Columbia Lake Rec Centre
1-7PM

**NOV
13**

Dr. Page Lunch & Learn and Clinic
Health Centre Round Room
12-1PM and 2-4PM

**NOV
18**

ᑭakisᑭᑎuk Elders Meeting
Health Centre Round Room
1-4PM

**NOV
4**

Health Centre Closed for Staff Meeting
12-4:30PM

**NOV
11**

Offices Closed for Remembrance Day

**NOV
16-22**

National Addictions Awareness Week

**NOV
19**

Community Strengthening Dinner
Windermere Hall

**NOV
22**

80s Dinner and Dance
Columbia Lake Rec Centre
5-8PM

RECURRING *events*

1st Mondays: Nov 3
Community Shopping Trip @ 10AM

Mondays:
Women's Circle, Wiyu Lodge @ 5-8PM

Wednesdays:
Wiyu Wednesdays @ 3-8PM

Thursdays:
Healing & Recovery Circle @ 7PM

Every other Wednesday:
Chief & Council Meetings - Nov 12, 26

1st Tuesdays: Nov 4 @ 12-4:30PM
Health Centre closed for Staff Meeting

2nd Thursday: Nov 13 @ 1-2PM; 2-4PM
Dr. Page Lunch & Learn and Clinic

3rd Tuesdays: Nov 18
Massage Clinic @ 10AM

3rd Wednesdays: Nov 19
Foot Clinic @ 9AM

3rd Thursday: Nov 20
Acupuncture Clinic @ 10AM

Last Thursdays: Nov 27
Good Food Box @ 12-3:30PM

Health & Wellness

OCTOBER 2025

S	M	T	W	T	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

DECEMBER 2025

S	M	T	W	T	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

NOVEMBER 2025

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
26	27	28	29	30	31	1
2	3 <u>Community Shopping</u> <u>Trip to Cranbrook 10am</u> <u>Vaccine Day at Health</u> <u>Centre - 10am-4pm</u> <u>Women's Circle At Wiyu</u> <u>Lodge 5-8pm</u>	4 <u>Health Centre Closed for</u> <u>Staff Meeting 12-4:30pm</u>	5 <u>Wiyu Wednesdays 3-8pm</u>	6 <u>Health + Wellness Day at</u> <u>Rec Centre 1-7pm</u> <u>Recovery Healing Circle at</u> <u>Wiyu Lodge 7pm</u>	7	8
9	10 <u>Women's Circle At Wiyu</u> <u>Lodge 5-8pm</u>	11 <u>Remembrance Day -</u> <u>Health Centre Closed</u> <u>8am-4pm</u>	12 <u>Wiyu Wednesdays 3-8pm</u>	13 <u>Dr. Page Lunch + Learn</u> <u>1-2pm & Clinic 2-4pm</u> <u>Recovery Healing Circle at</u> <u>Wiyu Lodge 7pm</u>	14	15
16	17 <u>Women's Circle At Wiyu</u> <u>Lodge 5-8pm</u>	18 <u>Massage Clinic</u> <u>10am-3pm</u>	19 <u>Foot Care Clinic</u> <u>9am-3:15pm</u> <u>Wiyu Wednesdays 3-8pm</u>	20 <u>Acupuncture Clinic</u> <u>10am-3pm</u> <u>Recovery Healing Circle at</u> <u>Wiyu Lodge 7pm</u>	21	22
23	24 <u>Women's Circle At Wiyu</u> <u>Lodge 5-8pm</u>	25	26 <u>Wiyu Wednesdays 3-8pm</u>	27 <u>Good Food Box</u> <u>12-3:30pm</u> <u>Recovery Healing Circle at</u> <u>Wiyu Lodge 7pm</u>	28	29
30	1	2	3	4	5	6

ʔakisqnuq Health and Wellness Programs: Scan the QR code for more details, or visit our [website](#).

- Mental wellness and trauma recovery
- One-on-one recovery mentorship
- Recovery Healing Circle
- Chiropractics
- Acupuncture
- Massage
- Nutrition coaching
- Vaccines
- Non-coverage medical
- Medical appointment transportation



Reminder: the next application deadline for post-secondary education sponsorship is coming up on November 15th. Details can be found on the website or by contacting education@akisqnuq.org



TAKISÓNUK FIRST NATION PRESENTS

Community Wellness Day

NOVEMBER 6, 2025
FROM 1-7PM

Join our Health and Wellness team on November 6, 2025 from 1-7PM at the Columbia Lake Rec Centre for a health based open house focused on Takisónuknik and their families!

There will be free services provided for our community. Come enjoy a massage, foot care session, mini facial, mini manicure, eyebrow threading, acupuncture, barber services, and more.

We will also have information sessions on diabetes and hypertension, plus mini info sessions from vendors on their services.

Kids are invited for arts, crafts, and a play zone!

Snacks and dinner will be provided.

A shuttle will be running all day for community members. Call the Health Centre at (250) 342-6301 if you would like to book a ride. The last shuttle will be at 6pm.

Plus! Enter to win a grand prize!

Monthly Lunch & Learn

With Dr. Page



**Thursday, November 13, from 12-1pm in
the Round Room**

This session, Dr. Page will discuss gout and vertigo.
We look forward to seeing our members there!

**Lunch will be provided.
Please RSVP by calling the Health Centre at (250) 342-6379
or drop in to join us!**

ʔakisq̓nuk First Nation Elders Meeting

**Tuesday, Nov 18 at 1PM
Health Centre Round Room
Topic to discuss: AFN Arbour**

Save the Date!

**ʔakisq̓nuk Members Winter Solstice Celebration
Saturday December 20, 2025**

Last year's celebration was amazing — filled with great food, laughter, and community spirit!

Are you ready to bring that same energy again and defend your title as Best Dish Champion? Or maybe you're excited to explore a whole new theme this year?

Your voice is important! Help us shape this year's celebration into something truly special. If you'd like to be part of the planning team, reach out to val.stackhouse@akisqnuk.org — we'd love your ideas and creativity!

Our first planning lunch will be held on **November 7, 2025, from 12-1pm in the Round Room.**

Come share your thoughts and help make this Winter Solstice Celebration unforgettable!



You're invited to an

80'S DANCE PARTY



NOV 22

**Columbia Lake
Rec Centre**

**Dinner
will be
served!**

5-8 PM

**80s theme — think neon colours, baggy
jeans, and leg warmers!**





Tea & Conversation at Wiyu Lodge

Be Heard. Be Seen. Share Your Story.

You are invited to join us for tea and conversation at Wiyu Lodge.

📍 Wiyu Lodge



Please book your time with the Community Wellness Team.

250-688-9530

WEDNESDAYS AT Wiyu!

Every Wednesday, all are welcome to come hang out at Wiyu Lodge.

FROM 3-8PM

Time for crafting, socializing, gardening, exploring, and more!
Meal and transportation available.

Call or text Jamie at (250) 342-5996
or Tegan at (250) 688-9483 for more information.

No sign-up needed!



ʔakisqnuq Peer Support Team

Reach out for support, harm reduction supplies, transportation, and social connection.

**Available Monday to Thursday
from 12-8pm**

Call or text Jamie at (250) 342-5996
or Tegan at (250) 688-9483 for more information.
Or e-mail community.wellness@akisqnuq.org



*There are resources available to you if you need support.
Circle of Care: KUU-US First Nations and Aboriginal Crisis Line
Support is Available 24 Hours. Call 1-800-588-8717.*

Healing & Recovery Circle

Thursdays at 7pm

Wiyu Lodge - 2410 Alpine Road

Come spend time in a safe space for those seeking support for harm reduction or sobriety. All ʔakisqnuqnik community members are welcome.

Snacks and transportation are available.

E-mail us with any questions:
community.wellness@akisqnuq.org



Jenni Currier, Feet First Foot Care



Hi, I'm Jenni Currier! I have lived in the Kootenays for most of my life. I enjoy the outdoors and being on the water. I have been a Licensed Practical Nurse for 20 years. I have worked in long term care and mental health most of my career. In 2008 I found a nursing foot care course and started my foot care journey, opening my business, Feet First Foot Care, in 2013. A foot care session includes a full lower limb assessment with a follow up to monitor circulation, edema, neuropathy, and pain. Following the assessment I trim and file nails, reduce thick nails and calluses with an electric file, then finish off the session with a foot massage.

Jenni will be on-site at the ʔakisqnuq Health Centre on the **third Wednesday of each month**. If you would like to book an appointment, call the Health Centre at (250)342-6379.

COMMUNITY SHOPPING TRIP TO CRANBROOK



FIRST MONDAYS!
NOV 3, DEC 1

Details:

- Seats Available: Up to 7 passengers
- Registration: Required for all participants. Elders will have priority.
- Need a Ride? Let the Health Centre know if you need transportation to the Health Centre.

Book Early! Seats may fill up fast.

Depart from Health Centre at 10AM

Morning stops:

Superstore, Walmart (with optional stops at the second-hand store and Dollarama)

Afternoon (time permitting):

Casino (2:00 PM - 4:00 PM)

Return:

Depart from the Casino at 4:00 PM

TO REGISTER CALL THE HEALTH CENTRE @ 250-342-6379



If you or someone you know in the community is expecting a baby, we'd love to hear about it. Whether it's your first or a new addition to your family, let us know so we can offer any support or resources that may be helpful.

Please reach out to ʔakisqnuq Health center at 250-342-6379 or email ashley.killin@akisqnuq.org



Good Food Box

Thursday, November 27

Pick up in the Mural Room!
From 12 -3:30pm. Cost
\$7.00

Contact Trisha Clowers if you
need to make alternate pick up
arrangements:

trisha.clowers@akisqnuk.org
250-342-6379 ext. 3873

WOMEN'S CIRCLES

Mondays, 5PM to 8PM at Wiyu Lodge

Dinner Served, Shuttles Available

September 29th to November 24th

No Circle October 13th

Women Supporting & Celebrating Women

Call or text 250.961.0993

MEASLES

CASES ARE RISING IN BC

Measles symptoms appear 7 to 14 days after contact with the virus. Common measles symptoms include:



Fever



Cough



Runny nose



Red and/or
watery eyes



Rash

What is Measles?

Measles is a very contagious virus that spreads easily through the air. It can cause serious illness in some people. Symptoms include fever, cough, running nose, red eyes, and a rash.

The best way to prevent measles is by getting vaccinated. Connect with your Health Centre for vaccination.

Read more on
the AFN [website](#).



First Nations Health Authority
Health through wellness

WE WANT

TO HEAR

FROM YOU

Feedback

ʔakisq̓nuknik have a right to access quality services. Part of this means clients and families can voice perspectives, ask questions, and feel respected by AFN staff.

To provide feedback, whether a compliment or a complaint, send us an email at feedback@akisqnuk.org, or you may also submit in a sealed envelope to the health centre front desk.

Visit our website at <https://akisqnuk.org/feedback> for more info.



What's Growing on in the Garden?

James has been in the garden part time with the Food Sovereignty department since he began in June. He has a background in mechanics and building but he decided he preferred soil under his nails to oil.

James has a big heart for the land and all living things. As he continues to expand the gardens he is looking out for the elk, the badgers, the squirrels and the birds. He will be working closely with Infrastructure, Lands, and Education.



Left photo: James (far left), Dorell, Russell, Barbara, and Cody clean up Little Badgers and prepare it for new life next spring. Come and enjoy the difference. Right photo: Expect garlic for your cooking late in the spring... the garden keeps growing.

Scope of the Garden moving into 2026:

1. The Takisq'nuk Community Garden (beside Little Badgers). Drop in for gardening with little ones, visiting with neighbours, and sharing a few spring plants.
2. The Takisq'nuk Community Farm Garden (below Wiyu Lodge, at 2400 Alpine Rd). This garden will grow major produce, be a fruit farm, and continue to expand year by year to meet the needs of the members.
3. The Wiyu Kitchen Gardens- vegetables and herbs are grown handily behind the kitchen for easy use in food preparation.
4. The Wiyu Flower Gardens – the beds around Wiyu are slowly coming back to life with the beauty of perennials and seasonal blossoms.
5. The Wiyu Greenhouse and the Community Garden Greenhouses – both little treasures for getting an early start on the growing season.
6. The new Hoop house at Wiyu will give the carrots a head start.
7. Chickens are planned for Wiyu in spring.
8. Flow bee hives for honey in the Farm Garden
9. Culturally inspired garden beds outside the Health Centre and Band Hall as construction finishes.
10. Expansion of all kinds at the Farm Garden – you will want to come check out the changes yourself!





2025 Comprehensive Community Plan

*Let's build a future rooted in our culture, guided by our values,
and shaped by all of us.*

Hi families of Takisqnuq

The Takisqnuq First Nation is proud to announce the launch of our Comprehensive Community Plan (CCP)—a community-driven vision for a thriving future.

We've already kicked off the CCP Advisory Committee, holding our first meeting in October to shape a meaningful engagement process. This plan is for the community, by the community—including both on and off-reserve members.

Youth—We Need You!

We're looking for youth voices to join the CCP Advisory Committee. Your ideas, energy, and perspective are vital to shaping a future that works for everyone.

Recent Milestone

Patsy Nicholas and Theresa Kains attended a 3-day CCP workshop on the island, bringing back valuable insights to strengthen our process.

We're Building on Our Strengths

The plan takes into consideration all the aspects of the community such as language & culture, health, social, economic, lands & resources, housing, governance and infrastructure.

This CCP is not starting from scratch—it builds on the important work done in 2016 and the update in 2018. This plan will guide Takisqnuq toward long-term prosperity. Chief and Council's strategic plan is rooted in this CCP, and it reflects our shared vision. We invite everyone to review past CCP work, start envisioning our future, and help shape a plan that is uniquely ours—because we are a unique Nation.

For questions, comments, or suggestions contact:

Jose Galdamez

✉ jgaldamez@ktunaxa.org

Lisa Cannady

✉ lisa.cannady@akisqnuq.org

Theresa Kains

✉ theresa.kains@akisqnuq.org





HUŁ ʔANAKČIYAŁA

LET'S GO HUNT FOR OURSELVES

Honoring Tradition • Protecting Rights • Respecting the Land

Status Indians: (registered under the Indian Act)

- Can hunt, trap, and freshwater fish without a licence in BC. **činaluqlawut**, v. to go fishing.
- Must be harvesting for food, social, or ceremonial purposes.
- Do not need to follow season, gear restriction, or quota/bag limits.
- Must do so within traditional territory and follow:
 - Conservation rules
 - Public health & safety laws
 - First Nation regulations

Recommended: Carry your status card and PAL during harvesting. It will make it easier if a Conservation Officer approaches you.

Know the Boundaries:

- We can hunt anywhere. When we leave ʔamakʔis Ktunaxa, we respectfully follow local protocols and seek permission from local First Nations, usually friends or extended family.
- Hunter Safety Training: Recommended, but not required for Status Indians residing in BC.
- Outside Traditional Territory: Must contact and obtain permission from the territory holders and follow all hunting regulations (except licensing).
- For safety, do not hunt within 400m of residences, and be aware of other no shooting areas.

Non-Resident First Nations: Treated as non-resident hunters — must seek permission from the local Nation and follow all regulations.

Conservation notes:

Some examples of conservation rules that apply to Aboriginal hunters and fishers are:

- No hunting of species that are closed to all hunters.
- No wasting carcasses.
- No killing species listed in the Species at Risk Act, or endangered species.

Non-Status Indians:

- Are not recognized under the Indian Act, but still identify as Indigenous.
- Must hold a licence to hunt, trap, or fish in BC.
- May still have Aboriginal rights, but risk being charged if harvesting without a licence.

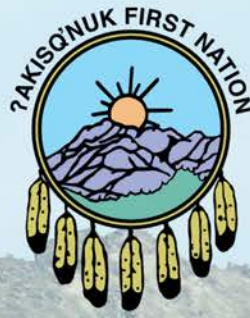
To stay safe legally, it's advised to purchase appropriate licences and comply with regulations.

- **All hunters require a Possession and Acquisition Licence (PAL) for firearms.**
- See BC's 2024-2026 regulations [HERE](#), or gov.bc.ca

Honor Teachings and Notes from ʔakisq̓nuk Naʔsukin Donald Sam:

"Our people care for the land, the land cares for our people." — Ktunaxa teaching.

- Take only what you need.
- Hunt with knowledge passed down by Elders.
- Share with community in a spirit of abundance.
- Be mindful of local animal populations. Conservation is all of our responsibility. Some herds experience higher stress than others, plan your hunt accordingly.
- Be mindful of animal reproduction - hunting females during gestation or rearing their young is frowned upon. Remember you must eat what you kill - this includes the fetus.
- You can fish at night, but don't hunt at night, it's a safety thing.
- CWD has been found in ʔamakʔis Ktunaxa, it is encouraged to participate in the BC testing program.



Cultural Conservation Value Program

Calling ʔakisq'nuknik and Ktunaxanin'htik who are interested in participating in a Cultural Conservation Opportunity in collaboration with the AFN Lands department.

Come help learn, enhance, and preserve our ability to practice Ktunaxa culture in ʔamak'is Ktunaxa. We will be going out to various sites to assess and monitor our ability to be Ktunaxa on the landscape. Berry picking, plant/material gathering, bird watching, wildlife use monitoring, game scouting, hunting, and fishing are some activities we can conduct to assess impacts to Ktunaxa cultural practices. It is a great chance to experience the territory, meet industry, gain contacts and work experience, and practice our Ktunaxa culture. Many of the activities will revolve around seasonal Ktunaxa cultural practices on the land.

There are opportunities for day or multi-day trips with small groups. We'd like these trips to lead to more and improved community engagement sessions both in community and on the land, as well as seek interested ʔakisq'nuknik who want to join our Lands Team.

If you are interested, please reach out! There is no age limit - students and families are invited to attend.

ʔakisq'nuknik and Ktunaxanink'tik can contact chris.joseph@akisqnuk.org (250) 342-6301 Ext. # 3841 for more information and to provide suggestions for areas that they need to know more about.

Welcome New Staff

GEORGINA LIEVERSE

DIRECTOR OF PEOPLE AND WORKPLACE CULTURE



Hello everyone! My name is Georgina Lieverse, and I'm very excited to be joining AFN as the new Director of People and Workplace Culture. I'm passionate about finding ways to balance the needs of the organization with the well-being of the individuals who make it all happen.



My career has always been centered around people — building strong teams, creating supportive workplaces, and making sure all employees feel valued and empowered. I obtained my Bachelor of Management Degree in Human Resources and Labor Relations in 2007 and I have over 20 years of experience in Human Resources supporting companies in many different industries. My last role was with a Global Energy Company supporting over 1500 employees in Canada, US, Oman, Egypt, and Argentina. While each company is unique, employee engagement and workplace culture is always an important key for an organization's success. Currently, I live in Panorama with my husband, our two kids, and our lively (but old) dog who ensures we never skip a walk. We're an outdoorsy bunch, so you'll often find us skiing, biking, or enjoying time in nature together. Those moments with my family keep me energized and grounded, and I try to bring that same energy into my work as well.



I'm truly looking forward to getting to know all of you — hearing your stories, learning from your experiences, and working together to make AFN the best it can be. Thanks for the warm welcome — I'm thrilled to be here!

Comprehensive Community Plan Working Group



Youth Voices Wanted: Shape the Future of ʔakisq̓nuk!

Contact lisa.cannady@akisqnuk.org to be a part of this group

YOUR WELLNESS, YOUR WAY

HEALTH BENEFITS FOR AFN MEMBERS



CONTACT HEALTHCENTRE@AKISQNUK.ORG TO LEARN MORE AND SIGN UP TODAY!

CALLING ALL URBAN AND AWAY FROM HOME ʔAKISQ̓NUKNIK!

Participate in the Regional Health Survey 4 and receive a \$50 President's Choice gift card!

Contact healthcentre@akisqnuk.org to sign up. Deadline to participate is **December 19!**



Odds & Ends

CALLING ?AKISQNUKNIK WHO ARE INTERESTED IN MENTORSHIP

As the Chief and Council address national matters, we would like to reach the members who are interested in attending conferences, workshops, etc., to get a glimpse into matters we address that impact our community.

Some of the events encourage Knowledge Holders and Youth to attend. If this interests you, please reach out to kevin.morrall@akisqnuuk.org.

?akisq'nuuk First Nation Chief and Council



DROP IN SUBSTANCE USE RECOVERY SUPPORT GROUP

VIRTUAL
ZOOM

Tuesdays 3-4pm MST
Fridays 10-11am MST

PHONE: 250-420-2210
OR
310-MHSU

EMAIL: EKMHSUINTAKE@INTERIORHEALTH.CA



First Nations Child and Family Services
and Jordan's Principle Settlement

The Claims Period is now open.



Removed
Child Class



Removed Child
Family Class



?akisq'nuuk First Nation Community
Consultative Group



Cpl. Jarret Cottrell of the Cranbrook RCMP and BC Indigenous Policing Services is looking for 3 - 10 member volunteers to meet 4 times a year or when issues arise to help provide suggestions, share community policing priorities, share issues from the RCMP, offer advice, and enhance police officers cultural sensitivity and awareness.

If you are interested contact jarret.cottrell@rcmp-grc.gc.ca

GET IN TOUCH!

?AKISQNUK FIRST NATION



Let us know if you have questions, comments, or newsletter submissions by emailing us! communication@akisqnuuk.org

Expression of Interest: Language Learning Opportunity

Contact Clifford Dorion to express your interest and/or for more info

clifford.dorion@ktunaxa.org

(250) 489-2464 Ext. 4351



KTUNAXA
NATION

Urban and Outreach Services

Ktunaxa Nation Council
SOCIAL INVESTMENT SECTOR

CALL or TEXT to access
250 421 7524 any of these
(Intake Line) services.

Or contact Stella Sam, Manager of Urban
Services and Outreach at 250-464-1578

Email: Stella.Sam@ktunaxa.org

1 Street Angels

2 Complex Care Home

3 Scotty's House

4 Indigenous Care Navigator

Visit us at
www.ktunaxa.org



KTUNAXA
NATION



ktawta
SOCIAL
INVESTMENT



Join the Takisqnuuk Lands Committee!

Do you want to have a voice and contribute your ideas
on how to steward Takisqnuuk lands on and off reserve?

We are looking for traditional and modern land
knowledge, knowledge of Ktunaxa perspective and
values including ?aknumu?tiit, desire to improve
Takisqnuuk reserve lands and ?amak?is Ktunaxa, and
willingness to learn, work with, and support
Takisqnuuknik and Ktunaxanihtik

Submit a resume and cover letter to
lorne.shovar@akisqnuuk.org if you are interested in
joining the Takisqnuuk Lands Committee.

GET INVOLVED WITH KNC LANDS

How can we support you in becoming
more involved with the Lands and
Resources Sector at the Ktunaxa Nation
Council?

Email landscommunityengagement@ktunaxa.org for
more info or to get involved!

Employment Opportunities

Whether you are a community member re-entering the workforce, navigating a career change, or a recent graduate, ʔakisq̓nuk First Nation (AFN) is dedicated to your success.

We offer training, coaching, mentorship, and professional development opportunities to support you. While having all the qualifications listed in the posting isn't always necessary, the first step is to apply for an opportunity that interests you.

You can submit your application directly to Human Resources at hr@akisqnuk.org. For more job postings, visit our [website](#).



We're hiring!

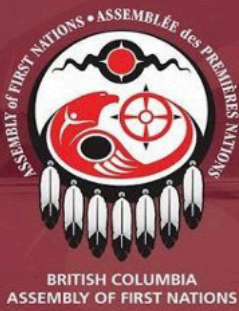
ʔakisq̓nuk First Nation has exciting new employment opportunities available! Visit our website to see the full requirements and submit your application.

www.akisqnuk.org/employment-opportunities

Current Opportunities Available as of October 31, 2025:

- Natural Resources Manager
- Project Manager

Reminder: the next application deadline for post-secondary education sponsorship is coming up on November 15th. Details can be found on the website or by contacting education@akisqnuk.org



Prince George Office



1004 Landooz Road
Prince George, BC
V2K 5S3



Tel: 250-962-1603
Fax: 250-962-9552
Toll Free: 1-877-621-1603

Vancouver Office



Suite 1090-1200 W. 73rd Ave
Vancouver, BC
V6P 6G5



Tel: 778-945-9911
Fax: 778-945-9916
Toll Free: 1-833-381-7622

BC ASSEMBLY OF FIRST NATIONS Call for Expressions of Interest BCAFN 2SLGBTQQIA+ COUNCIL

[Click here to apply!](#)



30th Anniversary of National Indigenous Peoples Day – June 21, 2026

Funding is available for community initiatives to celebrate the cultures, traditions, and contributions of First Nations, Inuit, and Métis peoples.

Application Deadline: November 21, 2025 at 4 P.M. E.T.

For more information: canada.ca/celebrate-canada-funding_

819-997-0055 | 1-866-811-0055 (toll free) | TTY: 1-888-997-3123 (toll free)

info@pch.gc.ca

Cultural Practices Grant



Deadline: December 12, 2025

This grant supports B.C. First Nations in planning, carrying out and documenting community-based cultural practices and events. The project goals affirm identities, foster a sense of belonging, and celebrate the roles, relationships and responsibilities within a community.

★ **Funding amount:**
\$10,000 - \$25,000



Questions?

cpcc@fpcc.ca 

250-652-5952 

fpcc.ca/cpg 

Online Information Session

November 20th 

2-3pm 

Register
& Learn
More ➔

