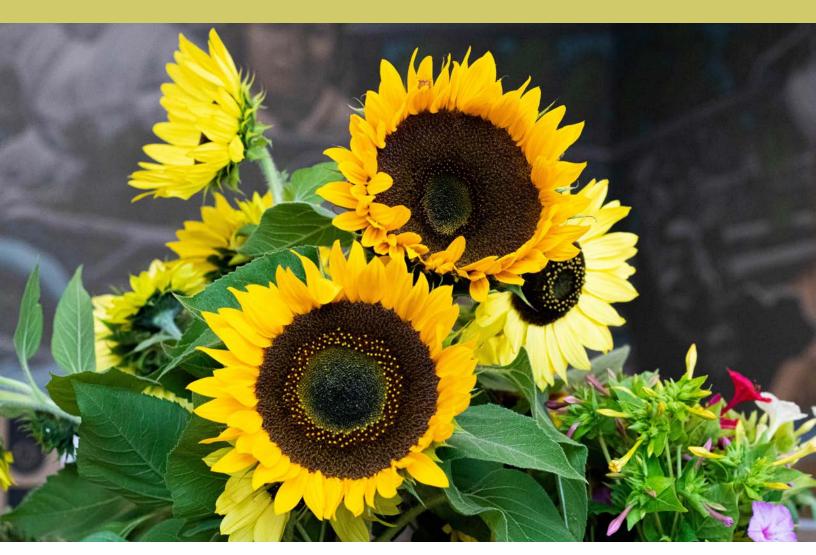


# Pakisqnuk Community Newsletter - October 2025



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## AFN PROJECT MANAGER BOB COTTERALL UPDATE NO.17

# NOTICE:

COMMUNITY MEMBERS ARE INVITED TO DROP BY THE PROJECT MANAGER'S OFFICE ANY TIME TO DISCUSS ANY QUESTIONS THEY MAY HAVE.

## DEAR PAKISÓNUK COMMUNITY,

Construction of the Multipurpose Facility continues progressing. Window framing has now started on the Administrative component. Mechanical, plumbing, and electrical installations continue to be installed. Welding of the components supporting the glulam beams is now complete and the supporting structure, shown in the accompanying photo, will now be removed. This will allow framing and mechanical ducting to start in the ceiling of the band hall.

The tanks for the Septic system will arrive at the end of September and further work of the septic system can continue. The general parking areas to the front of the MPF will start very shortly. The roofing continues and the final roofing aluminum component should be installed before the arrival of snow. Generally speaking, work throughout the Project is proceeding well.

If you have any questions, please drop by the Atco Trailer. We would be pleased to answer any inquiries you may have.











# UPCOMING events

OCT 2

Community Events Think Tank

Columbia Lake Rec Centre 3-6PM

OCT 7

Health Centre Closed for Staff Meeting 12-4:30PM

OCT 9 Dr. Page Clinic and Lunch & Learn

Health Centre Round Room 12-1PM

OCT 14 **Budgeting Workshop** Health Centre Round Room 5-7PM

OCT 22-23

**Indigenous Food Forum** St. Eugene

# RECURRING events

1st Mondays: Oct 6 Community Shopping Trip @ 10AM

Mondays: Women's Circle, Wiyu Lodge @ 5-7PM

Wednesdays: Wiyu Wednesdays @ 3-8PM

Thursdays: Healing & Recovery Circle @ 7PM

Every other Wednesday: Chief & Council Meetings - Oct 1, 15 OCT 2 Youth Initiative Night Columbia Lake Rec Centre 4:30-6:30PM

OCT 8 AFN Enterprises Community Engagement Meeting Round Room 5-7PM

OCT 13 Thanksgiving Monday
Offices Closed

OCT 15 **Community Strengthening Dinner** 

Columbia Lake Rec Centre 4:30-6:30PM

OCT 24

Ktunaxa Literacy Day

OCT 25

Community Day Lakeshore Campground 11-2PM

1st Tuesdays: Oct 7 @ 12-4:30PM Health Centre closed for Staff Meeting

1st & 2nd Thursday: Oct 9, 16 Dr. Page Clinic @ 2-4PM

2nd Tuesdays: Oct 14 Acupuncture Clinic @ 10AM

3rd Tuesdays: Oct 21 Massage Clinic @ 10AM

Last Thursdays: Oct 30 Good Food Box @ 12:30-3:30PM

3

# **Health & Wellness**

SEPTEMBER 2025							
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7	8	9	10	11	12	13	
14	15	16	17	18	19	20	
21	22	23	24	25	26	27	
28	29	30					

# OCTOBER 2025

<b>NOVEMBER 2025</b>							
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9	10	11	12	13	14	15	
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30							

					30	
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
28	29	30	1	2	3	4
				Youth Night at Rec Centre		
			Wiyu Wednesdays			
5	6	7	8	9	10	11
	Community Shopping Trip to Cranbrook	Health Centre Closed for Staff Meeting In Afternoon		Dr. Page Clinic & Lunch + Learn		
	Women's Circle At Wiyu Lodge		Wiyu Wednesdays	Recovery Healing Circle at Wiyu Lodge		
12	13	14	15	16	17	18
	Thanksgiving - Health Centre Closed	Acupuncture Clinic	Community Strengthening Dinner	Dr. Page Clinic		
		Basic Budgeting Workshop	Wiyu Wednesdays	Recovery Healing Circle at Wiyu Lodge		
19	20	21	22	23	24	25
		Massage Clinic	2025 Interior Region Indigenous Food Forum at St. Eugene			Community Day with RCMP at Lakeshore
	Women's Circle At Wiyu Lodge		Wiyu Wednesdays	Recovery Healing Circle at Wiyu Lodge		
26	27	28	29	30	31	1
				Good Food Box		
	Women's Circle At Wiyu Lodge		Wiyu Wednesdays	Recovery Healing Circle at Wiyu Lodge		

Please contact the ?akisqnuk Health & Wellness Centre at healthcentre@akisqnuk.org or 250-342-6379 for more information or to book or cancel an appointment

Pakisquk Health and Wellness Programs: Scan the QR code for more details, or visit our website.

- Mental wellness and trauma recovery
- One-on-one recovery mentorship
- Recovery Healing Circle
- Chiropractics
- Acupuncture

- Massage
- Nutrition coaching
- Vaccines
- Non-coverage medical
- Medical appointment transportation





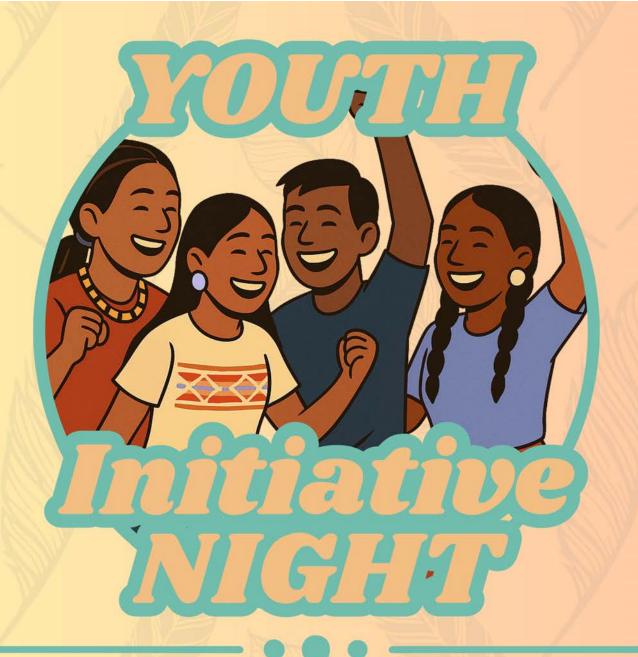
# COMMUNITY EVENTS THINK TANK

### Thursday October 2nd, 3-6p.m. Mural Room at the Rec. Centre

We're inviting everyone to a Community Events "Drop In"
Think Tank before the year wraps up.
This will be a casual, creative space to brainstorm ideas, share what you'd love to see in the community, and help shape next year's events calendar. Whether you have one idea or just want to listen in, your voice matters.



**HELP SHAPE AFN EVENTS CALENDAR** 





## Thursday, October 2

4:30pm - 6:30pm Columbia Lake Recreation Centre

Come join us for an awesome evening of food,
games, and fun!
The Indigenous Policing Unit will be there to hang

out, play games, and get to know you. It's a great chance to meet some friendly faces and have a blast together!

# Monthly Lunch & Learn

With Dr. Page



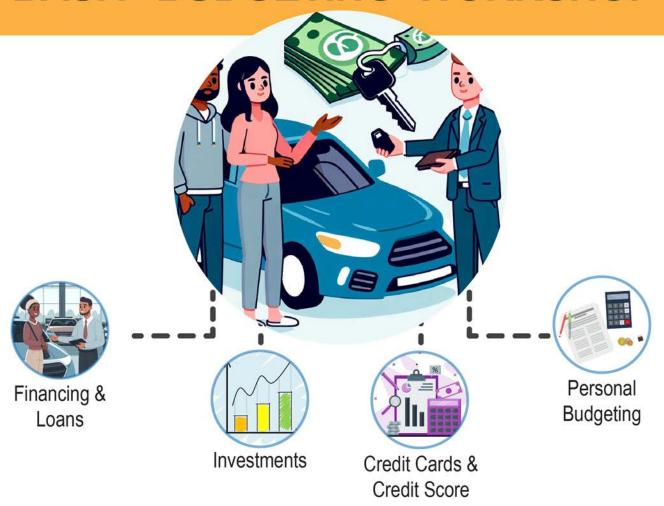
# Thursday, October 9, from 12-1pm in the Round Room

This session, we invite all members and community to meet and brainstorm health topics you would like to have covered in future Lunch & Learns.

Lunch will be provided.

Please RSVP by calling the Health Centre: (250)342-6379

# Nitku! BASIC BUDGETING WORKSHOP



# FREE SESSIONS

October 14th, 2025 5PM - 7PM @ Health Centre Round Room

Open to all ?akisqnuk & hosted by the KNC Economic Sector **DINNER PROVIDED** 





Come together with friends, family, and neighbours for a community gathering filled with laughter, connection, and chili dinner!

Wednesday, October 15 from 5-7pm



Columbia Lake Rec Centre

All Indigenous families and staff of Indigenous organizations are welcome!







# PAKISÓNUK COMMUNITY DAY!

THURSDAY, OCTOBER 25 11AM - 2PM





## LAKESHORE CAMPGROUND

JOIN FOR A BBQ, BONFIRE, AND GAMES!

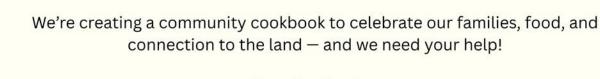




# **CALL FOR RECIPE SUBMISSIONS**



### Contribute to the ?akisqnuk Community Cookbook!



### We're looking for:

- Family-favourite recipes that are meant to be shared (not your top-secret ones!)
- Dishes that feature gardened, hunted, or foraged ingredients
- Submissions from all families let's make sure everyone is represented

Whether it's elk stew, huckleberry pie, or roasted veggies — if it holds meaning in your family, we would love to include it!



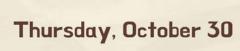
7 Deadline: October 31st, 2025 Submit to healthcentre@akisqnuk.org







## Good Food Box



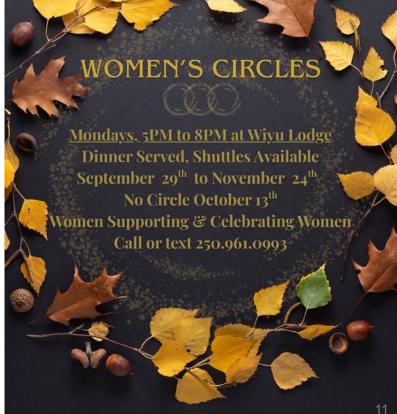
Pick up in the Mural Room! From 12 -3:30pm. Cost \$7.00

Contact Trisha Clowers if you need to make alternate pick up arrangements: trisha.clowers@akisqnuk.org 250-342-6379 ext. 3873



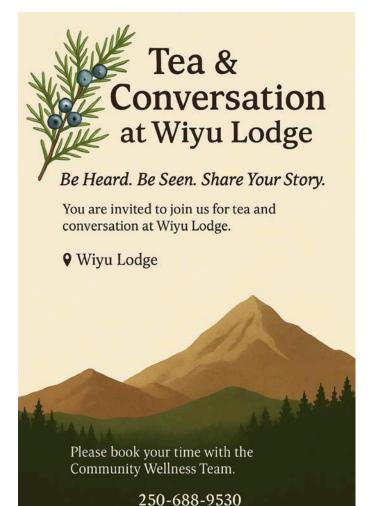














### ?akisqnuk Peer Support Team

Reach out for support, harm reduction supplies, transportation, and social connection.

Available Monday to Thursday from 12-8pm

Call or text Jamie at (250) 342-5996 or Tegan at (250) 688-9483 for more information.

Or e-mail community.wellness@akisqnuk.org





There are resources available to you if you need support. Circle of Care: KUU-US First Nations and Aboriginal Crisis Line Support is Available 24 Hours. Call 1-800-588-8717.

# WEDNESDAYS MIYU!

Every Wednesday, all are welcome to come hang out at Wiyu Lodge.

FROM 3-8PM

Time for crafting, socializing, gardening, exploring, and more!

Meal and transportation available.

Call or text Jamie at (250) 342-5996 or Tegan at (250) 688-9483 for more information.

No sign-up needed!

## Healing & Recovery Circle

Thursdays at 7pm Wiyu Lodge - 2410 Alpine Road

Come spend time in a safe space for those seeking support for harm reduction or sobriety. All ?akisqnuknik community members are welcome.

Snacks and transportation are available.

E-mail us with any questions: community.wellness@akisqnuk.org

# AFN Enterprises Community Engagement Meeting

## Wednesday, October 8 @ 5-7pm Health Centre, Round Room

Dinner will be provided.

?akisq́nuknik are invited to learn what AFN
Enterprises has been up to and have input on what
we will do in the future!

# COMMUNITY SHOPPING TRIP TO CRANBROOK



FIRST MONDAYS!
OCT 6, NOV 3

#### **Details:**

- Seats Available: Up to 7 passengers
- Registration: Required for all participants. Elders will have priority.
- Need a Ride? Let the Health Centre know if you need transportation to the Health Centre.

Book Early! Seats may fill up fast.

## Depart from Health Centre at 10AM Morning stops:

Superstore, Walmart (with optional stops at the second-hand store and dollarama)

Afternoon (time permitting):

Casino (2:00 PM - 4:00 PM)

Return:

Depart from the Casino at 4:00 PM

TO REGISTER CALL ROBERTA @ 250-342-6379



If you or someone you know in the community is expecting a baby, we'd love to hear about it. Whether it's your first or a new addition to your family, let us know so we can offer any support or resources that may be helpful.

Please reach out to ?akisqnuk Health center at 250-342-6379 or email ashley.killin@akisqnuk.org

# **MEASLES**

CASES ARE RISING IN BC

Measles symptoms appear 7 to 14 days after contact with the virus. Common measles symptoms include:











Rash

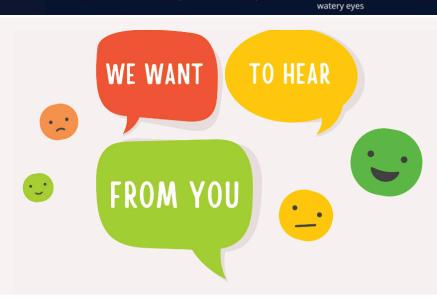
### What is Measles?

Measles is a very contagious virus that spreads easily through the air. It can cause serious illness in some people. Symptoms include fever, cough, running nose, red eyes, and a rash.

The best way to prevent measles is by getting vaccinated. Connect with your Health Centre for vaccination.

Read more on the AFN <u>website.</u>





### Feedback

Pakisqnuknik have a right to access quality services. Part of this means clients and families can voice perspectives, ask questions, and feel respected by AFN staff.

To provide feedback, whether a compliment or a complaint, send us an email at <a href="mailto:feedback@akisqnuk.org">feedback@akisqnuk.org</a>, or you may also submit in a sealed envelope to the health centre front desk.

Visit our website at <a href="https://akisqnuk.org/feedback">https://akisqnuk.org/feedback</a> for more info.

# Happy Birthday! ki?su?k ?a·kinmititnis



# It's always a great time for Flourishing Health!



We invite you to use the services of Flourishing Health! We offer Traditional Chinese Medicine which includes acupuncture, nutrition coaching, qi gong exercises, cupping or Chinese medical massage to address your health concerns.

We come to you! We are at the ?akisq́nuk Health Centre on the second Tuesday of each month. You can book an appointment or drop in by contacting the Health Centre.

Or, book an appointment at our clinic on our website:

https://flourishinghealth.janeapp.com/ or text (250) 688-0033 to request an appointment.



# CALLING ALL URBAN AND AWAY FROM HOME ?AKISQNUKNIK!



For the first time, ?akisq́nuk First Nation is extending the Regional Health Survey to all ?akisq́nuknik.

Receive a \$50
(President's
Choice)
gift card
for
participating!\*

### What is the RHS4?

The RHS is a voluntary nation-wide survey for First Nations people. It asks about wellness, access to health care, health conditions and behaviors, housing, traditional health, food security, water quality, etc. The survey is important to gather data that will help in policy development and decision-making to improve the well-being of First Nations people. Your voice is important, and we want to hear it!

Visit www.fnha.ca/health-surveys for more information about us!

# Interested in participating?

Please reach out to our team at healthcentre@akisqnuk.org



The fourth annual Interior Region Indigenous Food Forum (IRIFF) is taking place on ?amak?is Ktunaxa, in the community of ?aq́am! If you are involved in Indigenous food-systems work in your community or with a partner in the Interior Region, join us at the Indigenous Food Forum for opportunities to share ideas, best practices and stories!

By attending the gathering, you will have the opportunity to learn, network, collaborate and create an Indigenous food-systems community of practice. We are looking forward to welcoming folks who support all aspects of the traditional foods continuum from procurement to serving!



If you'd like more information, please email foodforum@interiorhealth.ca









Link to 2023 IRIFF Video



Link to 2024 IRIFF Summary Report



# Lands & Resources

Community Weed Pull, September 2025



# HUŁ ?ANAK¢IYAŁA LET'S GO HUNT FOR OURSELVES

### Honoring Tradition • Protecting Rights • Respecting the Land

## **Status Indians:** (registered under the Indian Act)

- Can hunt, trap, and freshwater fish without a licence in BC. ¢inałuqławut, v. to go fishing.
- Must be harvesting for food, social, or ceremonial purposes.
- Do not need to follow season, gear restriction, or quota/bag limits.
- Must do so within traditional territory and follow:
  - o Conservation rules
  - o Public health & safety laws
  - First Nation regulations

Recommended: Carry your status card and PAL during harvesting. It will make it easier if a Conservation Officer approaches you.

### **Know the Boundaries:**

- We can hunt anywhere. When we leave ?amak?is Ktunaxa, we respectfully follow local protocols and seek permission from local First Nations, usually friends or extended family.
- Hunter Safety Training: Recommended, but not required for Status Indians residing in BC.
- Outside Traditional Territory: Must contact and obtain permission from the territory holders and follow all hunting regulations (except licensing).

Non-Resident First Nations: Treated as non-resident hunters — must seek permission from the local Nation and follow all regulations.

### Conservation notes:

Some examples of conservation rules that apply to Aboriginal hunters and fishers are:

- No hunting of species that are closed to all hunters.
- No wasting carcasses.
- No killing species listed in the Species at Risk Act, or endangered species.

### **Non-Status Indians:**

- Are not recognized under the Indian Act, but still identify as Indigenous.
- Must hold a licence to hunt, trap, or fish in BC.
- May still have Aboriginal rights, but risk being charged if harvesting without a licence.

To stay safe legally, it's advised to purchase appropriate licences and comply with regulations.

- All hunters require a Possession and Acquisition Licence (PAL) for firearms.
- See BC's 2024-2026 regulations <u>HERE</u>, or gov.bc.ca

### Honor Teachings and Notes from ?akisqnuk Na?sukin Donald Sam:

"Our people care for the land, the land cares for our people." — Ktunaxa teaching.

- · Take only what you need.
- · Hunt with knowledge passed down by Elders.
- Share with community in a spirit of abundance.
- Be mindful of local animal populations.
   Conservation is all of our responsibility Some herds experience higher stress than others, plan your hunt accordingly.
- Be mindful of animal reproduction hunting females during gestation or rearing their young is frowned upon. Remember you must eat what you kill - this includes the fetus.
- You can fish at night, but don't hunt at night, it's a safety thing.
- CWD has been found in ?amak?is Ktunaxa, it is encouraged to participate in the BC testing program.

This document has accurate information as of October 1, 2025.

# **Odds & Ends**

## CALLING ?AKISQNUKNIK WHO ARE INTERESTED IN MENTORSHIP

As the Chief and Council address national matters, we would like to reach the members who are interested in attending conferences, workshops, etc., to get a glimpse into matters we address that impact our community.

Some of the events encourage Knowledge Holders and Youth to attend. If this interests you, please reach out to kevin.morrall@akisqnuk.org.

?akisánuk First Nation Chief and Council

## **DROPIN** SUBSTANCE USE RECOVERY SUPPORT GROUP

VIRTUAL ZOOM

PHONE: 250-420-2210 310-MHSU EMAIL: EKMHSUINTAKE@INTERIORHEALTH.CA







**?akisq'nuk First Nation Community** Consultative Group

Cpl. Jarret Cottrell of the Cranbrook RCMP and BC Indigenous Policing Services is looking for 3 - 10 member volunteers to meet 4 times a year or when issues arise to help provide suggestions, share community policing priorities, share issues from the RCMP, offer advice, and enhance police officers cultural sensitivity and awareness.

If you are interested contact jarret.cottrell@rcmp-grc.gc.ca





# Information Session

Claims Helpers are available to help you complete your Claim for compensation in the First Nations Child and Family Services and Jordan's Principle Settlement.

Join Claims Helpers for a free information session to learn about the Settlement, eligibility, and how to submit a Claim for compensation.

**Date:** OCTOBER 7, 2025

Time: 5 PM - Dinner Provided

**Location:** SHUSWAP BAND HALL

for: ?akisq'nuk & Shuswap Communities

To register for the session, contact:

CONTACT: Dolores Nicholas @ 250-341-3678

Trisha Clowers @ 250-342-6301

To learn more about the Settlement, visit www.FNChildClaims.ca.

Contact the Administrator at **1-833-852-0755** for information or to be connected with a Claims Helper.



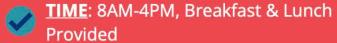
# HEALING INDIGENOUS HEARTS TRAINING

The First Nations Health Authority (FNHA) and the British Columbia Centre on Substance Use (BCCSU) are pleased to announce facilitator training for Healing Indigenous Hearts (HIH) bereavement support groups.

## **Program Details**







Travel, Accommodations, and Dinners costs are not included.

### Who is this facilitator training for?

- Indigenous people (or those tied to the community and culture) who have lost a loved one to drug harms over a year ago.
- Health teams or health team members: community champions, NAADAP workers, mental health and harm reduction educators, Elders, family members.



### What is HIH?

Healing Indigenous Hearts support groups are specifically for Indigenous people who are grieving the death of loved ones due to toxic drug poisoning, from suicide or health issues related to their substance use. We want to partner with your community by offering your team HIH facilitator training.

### What can I expect from this training?

- You will learn how to facilitate safe spaces to support people in bereavement.
- You will learn about self-care as a facilitator.
- You will receive a step-by-step guidebook for facilitating HIH circles.
- You will receive a Certificate of Achievement (upon completion of a three-day training course).

Contact and Register: Storme Sandy, at storme.sandy@fnha.ca or 778-694-4957.

# Little Badgers Early Learning Presents:



October 5<sup>th</sup>

Dorthoy Lake

Join Teacher Livi and Friends for a nature inspired tea party at Dorthy Lake. We will meet at the CPR building and take a wonder down to Dorthy lake. During our walk we will forage some ingredients for a proper tea party.



# Request for participants on Pakisqnuk Lands Committee



Do you want to have a voice and contribute your ideas and advice about how to steward ?akisqnuk Lands both on and off reserve?

This is your chance!

Do you have:

- Traditional and modern on the land knowledge;
- Knowledge of Ktunaxa Perspective and Values including ?aknumuøtifiit;
- Desire to improve ?akisqnuk reserve lands and ?amak?is Ktunaxa;
- Interest in Land Stewardship and management;

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- Willingness to work with other Ktunaxanintik in a positive and supportive environment;
- Willingness to learn new knowledge, skills and perspectives

Submit a resume and cover letter to <a href="lorne.shovar@akisqnuk.org">lorne.shovar@akisqnuk.org</a> if you are interested in joining the ?akisqnuk Lands Committee.

# GET INVOLVED WITH KNC LANDS

How can we support you in becoming more involved with the Lands and Resources Sector at the Ktunaxa Nation Council?

landscommunityengagement@ktunaxa.org

2025 Interior Region Indigenous Food Forum

October 22 - 23, 2025



?aq́am

Dan Joe Memorial Gym St. Eugene Resort

Link to Registration:







31st Annual

# Ktunaxa Literacy Day

October 23rd - 26th 2025

St. Eugene Golf Resort & Casino

Register now!
Only 150 spots available
First come first served



Registration Deadline: October 10th 2025

\*Travel will not be provided
Accommodation available upon request
(shared rooms)

For more information, contact:

Darcy Roshau

darcy.roshau@ktunaxa.org (250) 489-2464 Ext. 3156





On bold ideas and big dreams for your community?

Not sure where to start? The Comprehensive

Community Working Group is calling on the next

generation to help craft a new Comprehensive

Community Plan (CCP) – and we need your voice.

### WHY JOIN?

- Voice Your Ideas: Your input is crucial in identifying community needs.
- Collaborate: Work alongside passionate community members.
- Impact: Help translate our vision into actionable goals.

### Get Involved!

- Workshops: Participate in dynamic sessions.
- Data Collection: Contribute to gathering valuable insights.
- Strategic Planning: Influence the direction of our community's future.

Looking towards the next seven generations.



JOIN US IN LOOKING AHEAD TO THE NEXT SEVEN
GENERATIONS - WITH YOUR IDEAS LIGHTING THE WAY.

TOGETHER, WE CAN MAKE A DIFFERENCE!

Contact lisa.cannady@akisqnuk.org to be a part of this group

# YOUR WELLNESS, YOUR WAY



## **HEALTH BENEFITS FOR AFN MEMBERS**

Grounded in ksukiłxuninam—our Ktunaxa word for health or taking care of ourselves—Your Wellness, Your Way is more than just a benefit plan. It supports you and your family in taking charge of your wellness and embodies the Nation's commitment to prevention, holistic health, and self-determined care.

The new AFN benefit plan is in addition to existing programs and services. Below is a list of some new services and who to contact.

Health and Wellness - healthcentre@akisqnuk.org

- Patient Travel
- Band Member Assistance Policy
- · Aboriginal Head Start On-Reserve

Social Programs -

Trisha.Clowers@akisqnuk.org

- Financial Hardship Assistance Grant
- Income Assistance Program
- · Assisted Living Program
- Good Food Box
- Recreation Donation
- Ski Program

Education Programs - Kevin.Morrall@akisqnuk.org

Post-Secondary Student Sponsorship

Housing Programs – Gayle.Michel@akisqnuk.org

Housing Grant



Funded by ?akisq́nuk First Nation and administered through CBIG and CINUP, the benefit plan is available to all registered ?akisq́nuknik who reside in Canada and reflects our inherent right to care for ourselves.

# Expression of Interest: Language Learning Opportunity

# Ktunaxa Transcription Program

The program will train and mentor 6-8 Ktunaxa participants through a leveled, community-led transcription program and Person-Centered Services Framework grounded in Ktunaxa knowledge systems.

## Training will include:

- Development of culturally relevant resources based on Ktunaxa oral teachings
- Elan software
- (Social Sector) person centered framework
- Transcription processes
- Facilitator training

Contact Clifford Dorion to express your interest and/or for more info clifford.dorion@ktunaxa.org (250) 489-2464 Ext. 4351



# **Urban and Outreach Services**

**CALL or TEXT** to access **250 421 7524** any of these **(Intake Line)** services.

Or contact Stella Sam, Manager of Urban Services and Outreach at 250-464-1578

Email: Stella.Sam@ktunaxa.org

Ktunaxa Nation Council
SOCIAL INVESTMENT SECTOR

We offer a range of culturally grounded wellness services in ?a·kiskaq‡i?it (Cranbrook), supporting individuals from harm reduction to healing and cultural reconnection.

All programs follow a trauma-informed, clientcentered approach, grounded in Ktunaxa values.

# 1 Street Angels

### First stop for connection & support

#### Who it's for:

Anyone needing a safe space, hot meals, social connection, or help finding services.

#### What it offers:

Drop-in community space with meals, showers, cultural programming, and referrals to wellness services.

### Why it matters:

A welcoming, low-barrier first step toward stability and wellness.

# 2 Complex Care Home

Comprehensive support for complex needs

### Who it's for:

People facing serious challenges with housing, substance use, and health.

### What it offers:

12-bed facility with case management, harm reduction, counselling, life skills training, temporary housing, and a supervised consumption site.

### Why it matters:

Helps individuals stabilize with wraparound support, meeting them where they are.

# **3** Scotty's House

### Substance-free transitional housing

### Who it's for:

People preparing for or returning from treatment, or Elders needing support.

#### What it offers:

15-bed temporary housing, divided into wings for individuals and Elders. Supports include life skills development, mental wellness services, and cultural programming.

### Why it matters:

A healing environment that builds community and supports long-term recovery.

# Indigenous Care Navigator

Support through healthcare systems

#### Who it's for:

Ktunaxa and other Indigenous individuals needing help accessing health care.

### What it offers:

One-on-one advocacy, system navigation, and cultural safety while accessing mainstream health services.

### Why it matters:

Ensures individuals are supported and respected on their wellness journey.







# **Employment Opportunities**

Whether you are a community member re-entering the workforce, navigating a career change, or a recent graduate, ?akisqnuk First Nation (AFN) is dedicated to your success.

We offer training, coaching, mentorship, and professional development opportunities to support you. While having all the qualifications listed in the posting isn't always necessary, the first step is to apply for an opportunity that interests you.

You can submit your application directly to Human Resources at <a href="https://example.com/https://exampl



# We're hiring!

Pakisqnuk First Nation has exciting new employment opportunities available! Visit our website to see the full requirements and submit your application.

www.akisqnuk.org/employment-opportunities

Current Opportunities Available as of September 29, 2025:

- IT Service Technician (Coordinator)
- Accounting Coordinator
- Economic Development Coordinator
- Project Manager



#### FOR IMMEDIATE RELEASE

September 29, 2025

### **RDEK Kicks Off Fall Drive to Recruit Community Firefighters**

Step into a pivotal role in your community and make a lasting impact by joining the Columbia Valley or Elk Valley & South Country Rural Fire and Rescue Services. The firefighter recruitment drive is on now, and the RDEK is calling on residents to become a part of these crucial teams, safeguarding your community while gaining invaluable experiences.

"No prior firefighting experience is required, as we provide comprehensive training and ongoing support throughout the learning process," says Columbia Valley Rural Fire and Rescue Service Chief Drew Sinclair. "This opportunity offers personal benefits, including lifesaving first aid skills and improved leadership abilities, which can enhance both your personal growth and career path."

The RDEK has fire departments in Jaffray, Baynes Lake, Elko, Hosmer, Fairmont, Windermere, Edgewater, and Panorama.

"Members of our department receive on-call compensation and eligibility for extended benefits, while experiencing the rewarding knowledge that you are helping your community in times of need," says Elk Valley & South Country Rural Fire and Rescue Service Deputy Chief Ben Goertzen.

Interested applicants can visit the RDEK website to complete an application form or collect one at their local Fire Hall. Residents from every background are urged to seize this opportunity to join dedicated teams that are foundational to the safety and well-being of our communities.

For additional information, you may contact the Elk Valley & South Country Rural Fire and Rescue Service at 250-429-3133 or the Columbia Valley Rural Fire and Rescue Service at 250-342-6214. To take part in an effort that strengthens and protects our communities, visit <a href="www.rdek.bc.ca">www.rdek.bc.ca</a> today.

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Email: info@rdek.bc.ca • Website: www.rdek.bc.ca

### For More Information:

### Ben Goertzen

Deputy Fire Chief, Elk Valley & South Country Rural Fire and Rescue Service 250-429-3133

### **Drew Sinclair**

Fire Chief, Columbia Valley Rural Fire and Rescue Service 250-342-6214