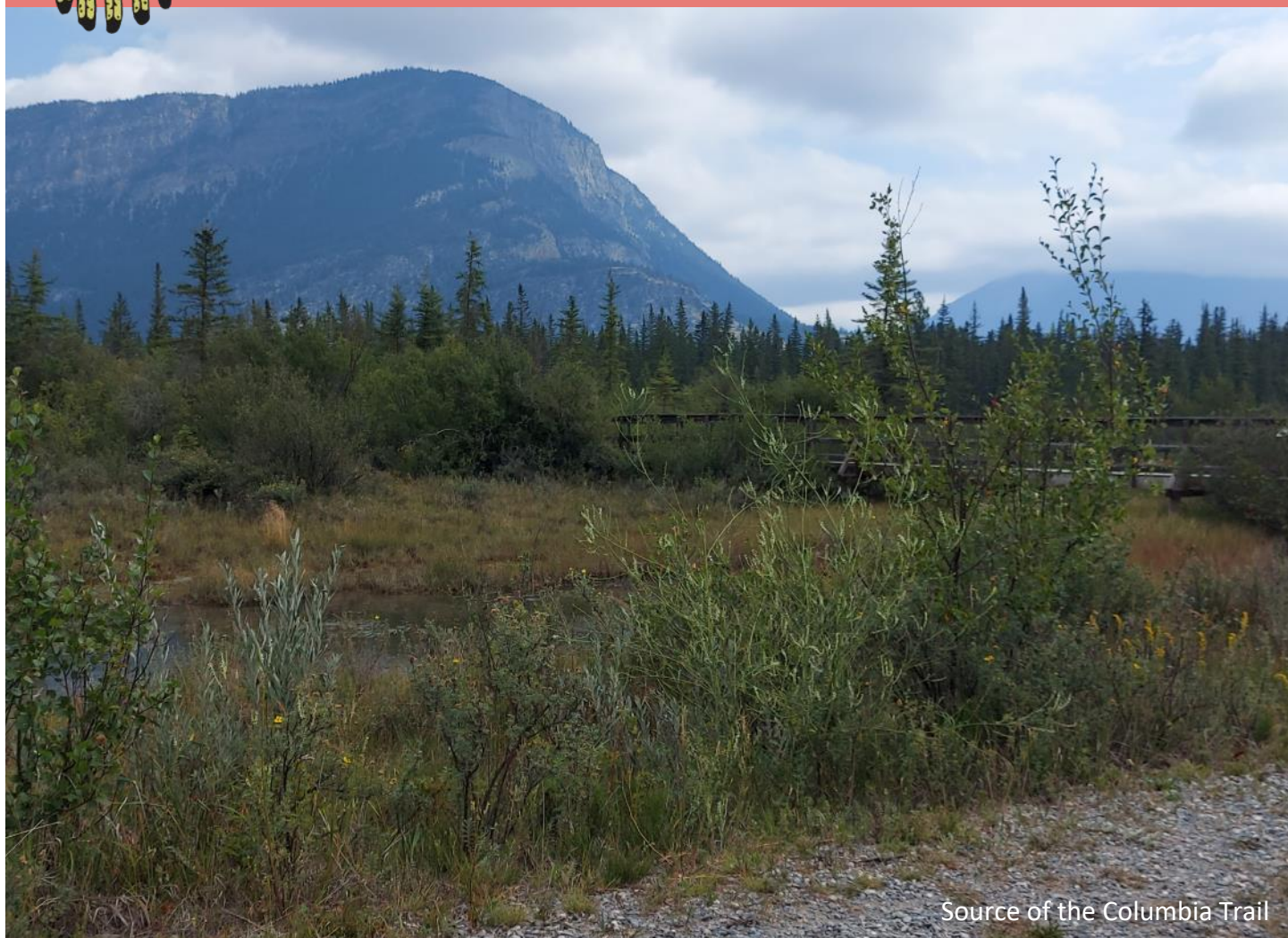




ʔakisq̓nuk Community Newsletter

August 9, 2024



Source of the Columbia Trail

In this issue...

- Upcoming Events & Program Information
- Governance - Chief & Council and Committees
- Council update
- Health Department Updates
- Health Surveys
- Employment Opportunities
- Columbia Lake Recreation Centre
- Little Badgers
- KNC, KKCFSS and Ktunaxa Communities News & Events
- Elders' Gathering itinerary



Happy Birthday!

Happy 74th Birthday

Geo Stevens



HAPPY
BIRTHDAY



From Friend & Family



August 23 - 25 2024

AKISQNUK AGA



AGA Registration

Registration forms are available at www.akisqnuk.org. Please return completed forms to reception@akisqnuk.org. Bring Lawn chairs.

*If you cannot attend in person, contact renee.campbell@akisqnuk.org to receive a Zoom link

Free Camping

Free camping at Lakeshore Resort and Campground for ?AkisqnuK First Nation members. Call 250-342-6352 to book your site.

Member Volunteers

If you have an interest in volunteering at the AGA doing small and odd tasks contact donna.melnychyn@akisqnuk.org.
Paid Honorarium

Sponsors



Columbia
Basin



Community Energy
Association



August 23 - 25 2024

AKISQNUK AGA



Call for Vendors & Ktunaxa Artists

Vendors and Ktunaxa and indigenous artists are invited to set a table up during the ʔAkisq̓nuk AGA.

Please email lisa.cannady@akisqnuk.org to make arrangements.

Sponsors





August 23 - 25 2024

AKISQNUK AGA



Key Milestones

Do you have some good/exciting news from this past year you'd like to share? AFN would like ?Akisqñuk members to submit their milestones over the year to celebrate with community.

Submit to communication@akisqnuk.org

Sponsors



Columbia
Basin



Community Energy
Association



ʔAKISQ NUK FIRST NATION

Annual General Assembly

August 23 - 25, 2024

3050 Hwy 93/95 Windermere, BC V0B 2L2

Participant & Staff - Registration Form

Participant information is required in order to plan meals and childcare to AGA participants.

Please ensure your registration form is completed IN FULL and returned to ʔakisqnuK First Nation office by August 16, 2023

Drop off, Fax (250) 342-9693 or email to: reception@akisqnuK.org

Print Name:

Email:

Phone:

Address:

Print Name: Please indicate days attending. Only one person per vehicle can claim travel assistance. Carpooling encouraged

List ALL (include children and their ages) who will be attending with you. This information is necessary to help us coordinate events and games.

Friday,
August 23

Saturday,
August 24

Sunday,
August 25

Travel Assistance/Distance in Kilometres Roundtrip

200km -500km =\$100

☐

501km -1000km =\$200

☐

1001km -1500km =\$300

☐

1501km and higher =\$400

☐

Travelling from:

Do you or anyone traveling with you have special dietary needs or food allergies? If yes, what are the specific dietary or allergy needs?

Meals

Aug. 23 dinner

Aug. 24 breakfast

Aug. 24 lunch

Aug. 24 dinner

Aug. 25 break/lunch

of people:

Signature: _____



Upcoming Events & Program Updates

Are you or someone you love struggling with addiction?

Hello everyone, my name is Shayne Bonenfant. I am a recovery mentor & liaison who works within communities as an independent contactor. I have 6 years of experience sponsoring & mentoring over 100 men & women battling addiction. I have guided them through various adversities related to addiction as a disease process. I build relationships with community members & give them the tools to help them create a new life. Ceremony has been a big part of my healing journey. In truth, I am also an addict in active recovery who has gained a lot of knowledge on the grips of substance use & alcoholism. My purpose in life is to help others & do Creator's work. If you would like to get in contact with me, please

call or text 403-437-3097 or email me at shayneb.billwardlife@gmail.com.

I am on site at Akisqnuk every Thursday & Friday. But available to talk any day of the week.



ONE-ON-ONE
RECOVERY MENTORSHIP



BILLWARDLIFE

Mentor • Change Maker • Recovery Activist



Upcoming Events & Program Updates

TRAUMA AND ADDICTIONS
SUPPORT CIRCLE

Seeking Safety

**ARE YOU SEEKING SUPPORTS TO OVERCOME
TRAUMA OR ADDICTIONS? THIS GROUP IS FOR YOU!**

This weekly group will provide a safe and confidential space to come together and learn tools about:

- healthy relationships both ourselves and others,
- healthy coping skills,
- how to ask for help,
- understanding triggers,
- taking good care of yourself
- and more

WEDNESDAYS BEGINING FEB 21 1:30-3:30PM

AKISQNUQ HEALTH CENTRE

QUESTIONS/REGISTER: 250-961-0993

REFRESHMENTS AND SNACKS SERVED

SHUTTLES AVAILABLE

Agri FARMERS MARKET

The Farmers Market Coupon Program is open to all
?akisq'nuk community members. There is a super simple
application that they have to fill out.
More information contact trisha.clowers@akisqnuk.org

Wednesday Agri Market 3:00 PM - 6:00 PM

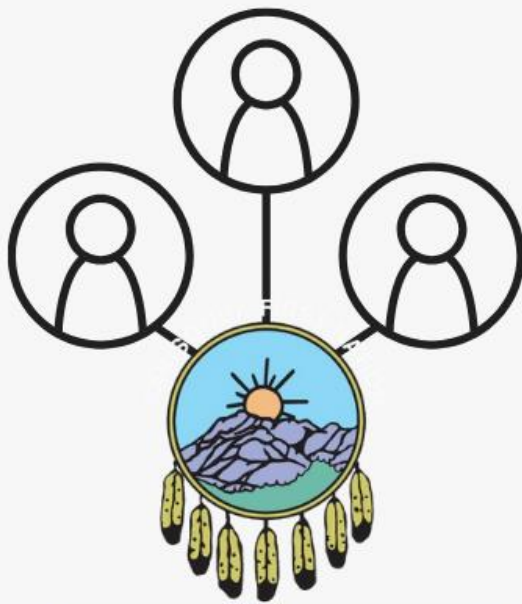
at the crossroads by the ball diamonds.

<https://bcfarmersmarket.org/coupon-program/how-it-works/>





Upcoming Events & Program Updates



AFN ENTERPRISES

INFORMATION AND CONSULTATION MEETING

**AUGUST 14TH 2024
ʔAKISQNUK HEALTH
CENTER**

5-7 P.M.

Pizza & Refreshments will be served

Join Zoom Meeting

[https://us02web.zoom.us/j/82841206587?](https://us02web.zoom.us/j/82841206587?pwd=6DpE7QvXEE5rd2aqWBXORGbyUM1XhR.1)

pwd=6DpE7QvXEE5rd2aqWBXORGbyUM1XhR.1

Meeting ID: 828 4120 6587

Passcode: 867034



SERENITY AFTER THE STORM

Recovery Healing Circle

When: **Thursday, August 15th, 2024, 6pm-7pm**
(& every following Thursday evening from 6pm-7pm)

Where: The Alpine Cottage
2410 Alpine Rd, Windermere BC

COFFEE, TEA, SNACKS PROVIDED

Chaired by: Shayne Bonenfant
Hosted by: Shar Mark

All materials will be supplied
at no cost to participants.
If you have any questions,
please call or text 250 688
9530 or 403 437 3097.
You can also email:
sharla.mark@akisqnuq.org

This meeting will foster a supportive environment for community members, their family & their friends who are struggling with addiction. The purpose of this weekly gathering will be to foster a welcoming space where participants can share their experiences, strength, and hope to help each other on the road to sobriety.

We look forward to seeing you.



Upcoming Events & Program Updates



AKISQNUK Elders GATHERING

Save the date
Sept. 23-24, 2024
Location: TBD



Lakeshore Resort and
Campground

OPEN FOR BUSINESS

Call 250-342-6352
lakeshorecampground.ca

Akisqnuq members
Get 1 night per week free and
25% off after





Ktunaxa Kinbasket
Child & Family
Services Society

Columbia Valley Métis
Embracing Our Culture

COMMUNITY STRENGTHENING DINNER

**CELEBRATE UNITY AND STRENGTH:
BUILDING STRONGER TIES**

MONDAY AUGUST 19, AT 5 -7 PM
COLUMBIA LAKE RECREATION CENTRE

**19
AUG**

ALL INDIGENOUS
FAMILIES AND STAFF OF
INDIGENOUS
ORGANIZATIONS



Upcoming Events & Program Updates

**NEED A RIDE?
FOR
HUCKLEBERRY
PICKING**

seats will be available for elders wishing to join ?Aqam on August 21st for a Huckleberry Expedition

ELDENE.STANLEY@AKISQNUK.ORG

www.akisqnuq.org



**GOOD FOOD BOX
AUGUST 29TH
12 - 3:30PM
MURAL ROOM FOR PICK UP**

**PLEASE LET US KNOW IF YOU WON'T BE
ABLE TO PICK UP AND OTHER
ARRANGEMENTS CAN BE MADE**

**Little Badgers
nałmit' nana
nature walks**

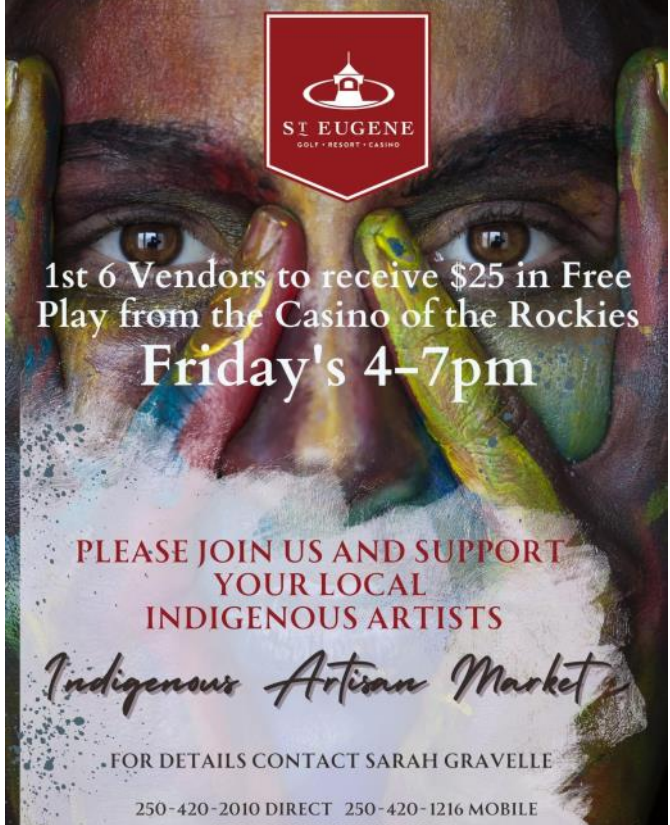


Caregivers and children 0-5 are invited to join our nature walks in the Columbia Valley

**Aug 3 - Pineridge, Invermere
Aug 10 - Lakeshore Campground, Windermere
Aug 17 - Sinclair Creek, Radium**

**Saturday mornings
9.30am - 11.30am
Aug 3rd - Aug 17th**

For more info email little.badger.windermere@gmail.com or follow Little Badger Early Learning Programs on Facebook



**ST EUGENE
GOLF • RESORT • CASINO**

**1st 6 Vendors to receive \$25 in Free Play from the Casino of the Rockies
Friday's 4-7pm**

**PLEASE JOIN US AND SUPPORT
YOUR LOCAL
INDIGENOUS ARTISTS**

Indigenous Artisan Market

FOR DETAILS CONTACT SARAH GRAVELLE

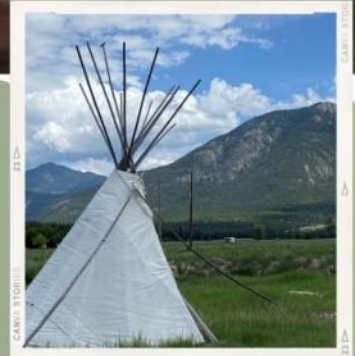
250-420-2010 DIRECT 250-420-1216 MOBILE
SGRAVELLE@STEUGENE.CA

Akisqnuq First Nations Wellness Training Centre presents:

ASSISTED STRETCH | THAI MASSAGE TRAINING



**Levels 1& 2 and
Foot Massage:
Sept 10 - Oct 23, 2024
Level 3 & 4 Syndromes:
Oct 24, 2024 - April 2025**



Discover the soaring demand for Assisted Stretch services, with techniques rooted in Thai Massage. It's an emerging trend in the health and wellness industry. We offer this training as a hybrid experience, with online self paced learning and in person time at the Akisqnuq First Nations Wellness and Training centre.

Turn this wonderful healing technique into a lucrative career!

**Unlock Exciting Career Opportunities with
Thai Massage / Assisted Stretch Training**

[Read more here!](#)

SAVE YOUR SPOT NOW

KAREN@THAIMASSAGECAREER.COM



+306 501 0332



**[HTTPS://THAI-MASSAGE-YQR-
ACADEMY.TEACHABLE.COM/](https://thai-massage-yqr-academy.teachable.com/)**



Upcoming Events & Program Updates

Calling All
Kootenay Indian Residential School Students

 *You are invited to the....*

Kootenay Residential School
Survival and Healing of Warriors



September 27 & 28, 2024
Starts 11:30 am

**St. Eugene Golf Resort
Casino**
7777 Mission Wasa Road,
Cranbrook BC

*The importance of acknowledging the
atrocities of the past, seeking truth and
working towards healing through our
Cultural ways.*

Register Now!
Scan QR Code



Link:
<https://www.eventbrite.ca/e/kootenay-residential-school-survival-and-healing-of-warriors-tickets-905215653387?aff=oddtcreator>

Bringing pictures and memorabilia is encouraged to place on the
Memorial Wall.

For questions about the event please Contact:
Janice Alpine
Ktunaxanationdancetroupe@gmail.com
250 489 0876





Upcoming Events & Program Updates



August 8-14 (weekdays), 2024
| 1:30pm - 2:30pm Virtually
via Zoom:
<https://fnha.zoom.us/j/61156530104>



To honour Indigenous Milk Medicine Week, the First Nations Health Authority's Maternal, Child and Family Wellness team is hosting five webinars. These webinars will touch on this year's theme, "**Mind, Body, Milk Medicine**" through sessions led by Elders, people with lived experience and communities with successful breastfeeding and chest feeding programs. Scan the QR code to join the sessions.
Questions? Contact: mchnursing@fnha.ca

Call Out

2025 Ktunaxa Calendar

Ktunaxa photographers

**\$100
a photo!**

SEND photos to
news@ktunaxa.org
DEADLINE: October 15, 2024
PAYMENT \$100
for each photo used
Please send photos to go with
the months & their meanings...



Nakta?suk
Layers of ice form with water in between
Nupqu Nataniik - Bear month
Éikuq - Melting snow
Kakkmi - Dry, cracked land
?utumi - High water
Kuqúkupku - Ripening of strawberries
Kuku Squmu - Ripening of serviceberries
Kçitmititçikwa?it -
Fruit ripening during the night
Ku?makaku - Ripening of the chokecherries
Kupaqpi?k - Falling leaves
Ktatuk Çupqa - Deer rutting
Nistamu - Furthest from the sun



Governance Chief & Council and Committees

Chief and Council

The ʔakisqnuq Chief and Council hold bi-weekly meetings throughout the year, with a break in August and during the Christmas holidays. All ʔakisqnuq members are encouraged to participate by attending in person at the ʔakisqnuq Health Center Round room or via Zoom link.

Deadline to submit items to Chief and Council Agenda is always the Friday prior to the meeting.

Contact Renee Campbell (renee.campbell@akisqnuq.org) to request to be on the agenda or if you have any questions.

Meetings will continue in September

ʔakisqnuq Nation is inviting you to a scheduled Zoom meeting.

Topic: Chief and Council Meeting

Join Zoom Meeting <https://us02web.zoom.us/j/89758249947?pwd=dYVnNm9CSFdFVm4xa1dtM1IrdnBvQT09>

Meeting ID: 897 5824 9947
Passcode: 054045

Request for participants on ʔakisqnuq Lands Committee

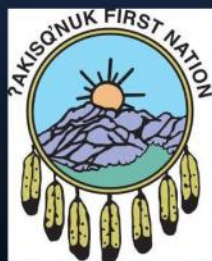
Do you want to have a voice and contribute your ideas and advice about how to steward ʔakisqnuq Lands both on and off reserve?

This is your chance!

Send us an email at lorne.shovar@akisqnuq.org to share the experience you have and why you want to participate on this committee.

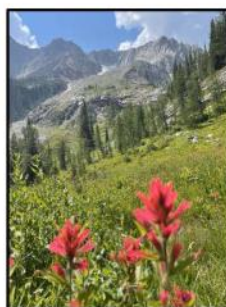
3 Spots Available!

For more info ie. the Terms of Reference or other, email Lorne or come into the Office and talk to any Lands staff.



Do you have:

- Traditional and modern on the land knowledge;
- Knowledge of Ktunaxa Perspective and Values including ʔaknumuᑭtitit;
- Desire to improve ʔakisqnuq reserve lands and ʔamakʔis Ktunaxa;
- Interest in Land Stewardship and management;
- Willingness to work with other Ktunaxanintik in a positive and supportive environment;
- Willingness to learn new knowledge, skills and perspectives





Council Update



Akisqnuq First Nation
3050 BC-93, Windermere, BC
V0B 2L2
250 342 6301

Council Update

Ki?su?k Kyukyit ?akisqnuknik

As per the Band meeting held on June 13, 2024 membership was told Council will ensure you are updated on progress of the transition to full time paid Council.

Council Chambers location will be located at the Health Centre. The office is currently under expansion renovation to ensure it has plenty of room for all Council and visitors. Once renovations are complete, we will move in. We hope to be in our office in Sept.

Cornelius Idoko, Governance Director has joined the team to support and guide the Council in Governance as we move forward. Cornelius attended the Chief and Council Governance Training on July 29th and his first Chief and Council meeting on July 31, 2024. Welcome aboard Cornelius.

We would like to thank all AFN Staff, Community members for the work in relation to the Madias Wildfire Evacuation Alert the community faced. REOC was on alert and on site to ensure the fire stabilized quickly. Chief and Council will be attending an Emergency Preparedness session with Survival and Outdoor Specialty (SOS) Gear.

Chief and Council continue to be visible in the community and are addressing the necessary tasks that relate to Governance. We acknowledge the members who continue to engage with Council on a regular basis on issues that impact the community. We are looking forward to announce when we will occupy the office on a regular basis.

Don't hesitate to contact any one of us:

Janice Alpine
Janice.alpine@akisqnuq.org

Faro Burgoyne
Faro.burgoyne@akisqnuq.org

Darcy Fisher
Darcy.fisher@akisqnuq.org

Allan Nicholas
Al.nicholas@akisqnuq.org

Nasu?kin Don Sam
Donald.sam@akisqnuq.org



Health Department Updates

JULY 2024

S	M	T	W	T	F	S
1	2	3	4	5	6	
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

AUGUST 2024

SEPTEMBER 2024

S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
28	29	30	31	1	2	3
4	5 Health + Wellness Centre Closed	6 Acupuncture Clinic	7 Foot Clinic Seeking Safety Group	8	9	10
11	12	13 Acupuncture Clinic	14 Seeking Safety Group	15 Dr. Page Clinic	16	17
18	19	20 Massage Clinic	21 Seeking Safety Group	22	23 AFN AGA	24 AFN AGA
25 AFN AGA	26	27 Accupuncture Clinic Food Bank Trip	28 Seeking Safety Group	29 Dr. Page Clinic	30	31




**ANKORS DRUG CHECKING
SERVICES AVAILABLE AT
SHUSWAP HEALTH CENTER
JULY 18TH & AUGUST 20TH! FROM
10AM TO 2:30PM!**

**KNOW WHATS
IN YOUR
DRUGS!**

**FAST!
FREE!
ANONYMOUS!**



**Social
Development
update**



Job Search documentation and Monthly Re-
newal Applications must be submitted to
Trish Clowers (trisha.clowers@akisqnuq.org)
by the 15th of every month



Akisqnuq First Nation
3050 Hwy 93/95 Windermere, B.C. V0B 2L2
Office: 250.342.6301 Fax: 250.342.9693
www.akisqnuq.org

Good Food Box Application

Akisqnuq First Nation is pleased to continue the Good Food Box program. The Good Food Box is a monthly subscription program that provides a meal for 4 – 6 people.

Please complete this application if you are interested in subscribing.

You will be asked to confirm 1 week in advance – if you are unable to pick up your box, it will be offered to someone on the waitlist.

Cost: \$7.00 per home.

Name:	
Address:	
Phone Number:	
Email:	

How many people enjoy the Good Food Box in your home? _____

Please check any of the following age groups in your household:

____ 0-2 years. If yes, would you like formula and diapers included [Y] / [N]

Formula type: _____ Diaper Size: _____

____ 3-6 years. If yes, Headstart will cover costs of Good Food Box.

____ 60+ years. If yes, Elders Fund will cover costs of Good Food Box.

Pick up for the Good Food Box will be at the Recreation Centre between 12:30pm and 3pm on the last Thursday of each month.

If Delivery is needed, please make arrangement with the Social Programs Coordinator in advance.



Health Department Updates

Mental Health

On Call - 310-1234

KUU-US Crisis Line can be reached toll-free at 1-800-588-8717. Alternatively, individuals can call direct into the Youth Line at 250-723-2040 or the Adult Line at 250-723-4050. They can support individuals, but are not limited to, mental health issues and crisis related to residential school, child welfare, addiction, health concerns, divorce and separation, suicide ideation and survivorship, grief and loss, crime, abuse, peer pressure and financial distress.

Seeking Safety - Trauma and addictions support circle

Are you seeking supports to overcome trauma or addictions? This group is for you. Wednesdays 1:30-3:30pm ?Akisqnuq health center. Questions/register 250-961-0993. Refreshments and snacks served. shuttles available

One-on-One Recovery Mentorship

Are you or someone you love struggling with addiction? Shayne Bonenfant is a recovering mentor & liaison who works within communities. He is on site at ?Akisqnuq every Thursday & Friday and available to talk any day of the week.

Serenity after the Storm - Recovery Healing Circle

The purpose of this weekly gathering will be to foster a welcoming space where participants can share their experiences, strength, and hope to help each other on the road to sobriety. Starting Thursday August 15, and will continue every Thursday evening at the Alpine Cottage. If you have any questions, please call or text 250 688 9530 or 403 437 3097. You can also email: sharla.mark@akisqnuq.org

Chiropractor*

?Akisqnuq Members may book your Chiropractor appointment at *Invermere Family Chiropractor* at 250-342-9666

Massage*

?Akisqnuq members may book your massage with Lynn Birkett, Rising Sun massage therapy in Radium at 250 341 5668.

Nutritionist Coach

If you've been thinking about improving your eating habits and you're interested in learning the importance of a balanced diet, book a free consult with our nutritionist, Hayley Wilson, to find out if coaching is right for you. Email: info@healthcontinuum.ca Phone Number: 250-688-0024

Influenza vaccines

Anyone over the age of six months is eligible for free influenza vaccination. The influenza vaccine saves lives and prevents illness by protecting individuals and communities from the spread of disease. Flu shots are safe and easy to get.

You can phone the provincial call center (toll-free) at 1-833-838-2323 to book your appointment or visit the link below for more information

<https://www.interiorhealth.ca/health-and-wellness/immunization-and-vaccines/influenza-flu-vaccines#booked-appointments-also-available-for-influenza-vaccine>

Columbia Valley Flu clinics (by appointment only) are at the Invermere Health Clinic, Pharmasave, and Lambert Kipp Pharmacy.

Non Coverage Medical*

?Akisqnuq members living in BC have [Pacific Blue Cross](#) Coverage.

If your needing assistance with medical expenses that are not covered contact the ?Akisqnuq Director of Health for assistance at rachel.bach@akisqnuq.org

Medical Appointment Transportation

If you are needing assistance with transportation to health appointments (within the Columbia Valley) contact health staff to make arrangements at 250 342 6379.

**If you like to see someone else or are living off reserve keep/submit receipts for reimbursement or to make other arrangements contact Rachel Bach at rachel.bach@akisqnuq.org.*



Health Surveys



REGIONAL HEALTH SURVEY (RHS4)

Complete the survey to be entered in a draw for \$100 Gift Card



Receive a \$25 gift card for participating

What is the RHS4?

The RHS is a voluntary nation-wide survey for First Nations people living in their home community. It asks about community/personal wellness, health conditions/behaviours, wellness, housing, food security, water quality, culture and language, etc.

You will be contacted if you are selected to participate

Ways to take the RHS4



ONLINE



OVER THE PHONE



IN-PERSON

For more information, email RHS4@fnha.ca or call our toll-free line at 1-833-633-3642



Health Surveys



WE WANT TO HEAR FROM FIRST NATIONS IN BC

Tell us about your experiences with health services

We are inviting First Nations in BC to take part in a survey about the programs and services funded or delivered by the First Nations Health Authority (FNHA) and health system partners.

Your feedback will inform the evaluations of the FNHA and the BC Tripartite Framework Agreement.

SCAN ME



Scan the QR code with your phone's camera, then tap the link that appears.
Or access the survey online at qatalyst.ca/FNHAevaluations

CONTACT US



evaluation@fnha.ca



www.Qatalyst.ca/FNHAevaluations



First Nations Health Authority
Health through wellness



Health Surveys



REGIONAL HEALTH SURVEY (RHS4)

Youth

Share your experience with us
and

**You could win a Nintendo
switch**

What is the RHS4?

Scan the QR code below
with your phone to watch
RHS 4 video on YouTube



Your voice matters!

You can fill out the survey on your own on your
phone

All Youth participants who complete the survey in
May will receive

- \$25 gift card
- Automatic entry into a grand prize draw,
with a top prize of a Nintendo Switch and
second or third prize of a Nintendo Switch
Lite

You will be contacted if you are selected to participate

*Grand Prize Winners will be announced at the end of data collection in the province

**For more information, email RHS4@fnha.ca or call our toll-free line at
1-833-633-3642**



Employment Opportunities

ʔakisqnuq First Nation Employment Opportunities

If you're a community member re-entering the workforce, navigating a career change, or a recent graduate, ʔakisqnuq First Nation (AFN) is dedicated to your success. They offer training, coaching, mentorship, and professional development opportunities to support you. While having all the qualifications listed in the posting isn't always necessary, the first step is to apply for an opportunity that interests you. You can submit your application directly to Human Resources at hr@akisqnuq.org.

Check out full postings at <https://akisqnuq.org/employment-opportunities>

JOB POSTINGS



www.akisqnuq.org

APPLY NOW

MEMBER SERVICES

- Community Drivers (On-Call casual)
- Community Nurse (LPN) - casual and Part-Time
- Registered Nurse (casual and Part-Time)

CORE SERVICES

- Administrative Assistant
- Event Planning Coordinator

LANDS & RESOURCES

- Emergency Program Coordinator
- Lands and Resources Manager

FINANCE

- Director of Finance

INFRASTRUCTURE

- Director of Infrastructure
- Water Operator (Trainee)



Employment Opportunities

Community Drivers

Open until filled

On-call, casual
\$20-25/hour

ʔAkisqnuq First Nation is looking for Community Drivers. Reporting to the Associate Director of Health, this role is responsible for providing safe and reliable transportation to and from appointments to community members who are unable to provide their own transportation.

Are you?

- Friendly and able to get along with most people
- Kind and genuinely care about people
- Safe and reliable
- A skilled and experienced driver who likes driving along beautiful stretches of mountain highway and urban centres
- Looking to be part of a growing team

Why work at ʔAkisqnuq First Nation?

- We care about your wellness
- We are committed to building the best team possible
- We value staff and believe in reasonable workloads and fair compensation
- We are deeply committed to our work and to the wellbeing and sovereignty of our community
- We are located in the most beautiful place on earth!

What you will be doing:

- Provide transportation services to community members, including elders, youth, and those in need of assistance.
- Safely operate and maintain community vehicles, such as vans, buses, or other vehicles used for transportation.
- Assist elders and others with mobility issues getting in and out of the vehicle.
- Ensure the safety of passengers during transportation by adhering to all traffic laws and safety regulations.

What we are looking for:

- Valid driver's license (Class 2 an asset)
- Clean Driver's Abstract
- First Aid certificate, or willing to get
- Demonstrated ability to work with Indigenous communities
- Ability to read maps and follow schedules
- Excellent communication skills



ʔAKISQNUK FIRST NATION

3050 Hwy 93/95 Windermere, B.C. V0B 2L2
Office: 250.342.6301 Fax: 250.342.9693
www.akisqnuq.org

INTERESTED?

To apply for this job, email your resume to hr@akisqnuq.org
Full job description available at:
<https://akisqnuq.org/employment-opportunities>



Columbia Lake Recreation Centre Updates

CORN HOLE NIGHTS

AT THE COLUMBIA LAKE RECREATION CENTRE

**MONDAYS
5 PM – 7 PM**

**A FUN INTRODUCTION TO
A NEW & UPCOMING GAME!**



**CORN HOLE
TOURNAMENT
COMING
SOON!!**

**FOR MORE
INFORMATION,
CONTACT US AT:**



friends@columbialakereccentre.com



(250) 342-0804

**RULES WILL BE
PROVIDED!**

WOMEN'S WALK & WEIGHTS 2024



*At the Columbia Lake
Recreation Centre*



**TUESDAYS & THURSDAYS
10 AM - 11 AM**

**DESIGNATED TIME FOR OUR
WOMEN, ELDERS, AND
SENIORS TO USE THE WEIGHT
ROOM AND WALKING TRACK!**

Elders are welcome to walk the outer boards of the main gym floor.

**Encouraging *YOU* to
GET HEALTHY and STAY HEALTHY**



**WHEN WAS THE LAST TIME YOU
VISITED KTUNAXAREADY.COM?**



Little Badgers Updates

Little Badger Early Learning Programs are free for all Akisqnuq Children ages 18 months to school age! If you require preschool or full day care this September please contact Evy at evywalker.littlebadgers@gmail.com.



nałmit' nana nature walks



Caregivers and
children 0-5 are
invited to join our
nature walks in the
Columbia Valley

Saturday mornings
9.30am - 11.30am
Aug 3rd - Aug 17th

Aug 3 - Pineridge, Invermere
Aug 10 - Lakeshore Campground, Windermere
Aug 17 - Sinclair Creek, Radium

For more info email little.badger.windermere@gmail.com
or follow Little Badger Early Learning Programs on Facebook



KNC and Ktunaxa Communities News

MUSEUM OF VANCOUVER

KTUNAXA-COLUMBIA RIVER TREATY DINNER

Dinner and CRT updates
August 12 | 5 pm- 7 pm

More information / Registration :
TroyD.Hunter@ktunaxa.org



From ʔa·kiskʷaqʷit

Date	Time	Itinerary	Location
August 11	8:30am	Leave Cranbrook	KNGB
		Travel for 1h (time change occurs)	
	8:30am (PST)	Arrive in Creston for pick up	Save on Foods
	9:00am	Leave Creston	
	12:00 - 1:00pm	Lunch in Grandforks BC	Bagged Lunch
		Travel for 5 Hours	
	6:00pm	Hotel check-in	Hampton Inn Chilliwack BC 8050 Lickman Rd, Chilliwack, BC V2R 0Y3
	6:30pm	Dinner in Chilliwack	Rickys 45389 Luckakuck Way, Chilliwack, BC V2R 2T7
August 12	7:30am	Breakfast @ Hotel	
	9:00am	Leave Chilliwack, travel 1.5 hours to Vancouver	
	4:00pm	Hotel Check in	Fairmont Waterfront 900 Canada Pl, Vancouver, BC V6C 3L5
	5:00pm	Citizens Dinner (Discuss CBT and other Lands projects)	Location TBD

Daily Schedule of Events at the Gathering August 13, 2023

6:30am – 7:30 Hotel Continental Breakfast

8:00am Depart Rooms in Vancouver to the Convention Center

8 am – 11:30 am Check-In opens again in the lobby of the East Building of the VCC.

9:00 am Coffee/Tea Break at the back of the Main Hall

8 am to 12:00 pm services all running upstairs first come first serve and the Rest Centre opens

8:00 am to 12:00 pm and 1:00 pm to 5:00 pm GAME ROOM is Open Upstairs

9:30 am the Grand Entry begins through the hallway to the Main Hall.

The Grand Entry is not done alphabetically. Simply line up with your banner when your group is ready and wait for the Grand Entry to begin. We will have a photographer taking quick pictures of groups as they enter the Main Hall and turn down towards the stage. When you get to the front of the stage split off and make your way to your assigned seats/tables.

10:15 am - 10:45 am Performance by the 2024 Cultural Host (to be determined).

10:45 am - 12:00 pm Welcome by a Representative (s) of the Territory we are fortunate and blessed to be in.

Introductions and short speeches by 2024 Elders Gathering Sponsors

12:00 pm - 1:00 pm Lunch

1:00 pm - 5:00 Workshops, and Services Upstairs and the Elders Rest Centre reopens

1:00 pm - 3:00 pm OPEN MIC Individual Sign-up List and Group Sign-up List at the Stage.

2:30 pm Coffee/Tea Break at the back of the Main Hall

3:00 pm - 5:00 pm Elders Dance (1/2)

5:00 pm - 6:00 pm Dinner

5:00 pm – BIDDING IS CLOSED and The Host for the Next Year's Elders Gathering is Announced!

6:00 pm - 7:30 pm Elders Dance (1/2) continues

Daily Schedule of Events at the Gathering August 14, 2023

7:00-8:30 Hotel Continental Breakfast

8:30 am Leave Hotel for Vancouver Convention Center

8:00 am the venue opens

8:00 am - 12:00 pm Workshops and Services open upstairs and the Rest Centre is open

8:00 am to 12:00 pm and 1:00 – 5:00 pm GAME ROOM is Open Upstairs

9:00 am - Coffee/Tea Break at the back of the Main Hall

9:00 am - 10:30 am Cultural Performances from any Nation who signs up to perform

10:30 am - 12:00 pm Open Mic for individuals and groups

12:00 pm - 1:00 pm Lunch

1:00 pm - 3:30 pm Karaoke with cash prizes

3:30 pm to 5:00 pm OPEN MIC for individuals and groups

5:00 pm to 6:00 pm Dinner

5:30 pm to 6:00 pm Performance from the Hoop Dancers

6:00 pm – 6:30 pm Performance by the 2024 Cultural Host
Followed by the Honouring of the Reigning King and Queen and the
Performance of the Cultural Host Nation.

Closing remarks by Elders Gathering Chair, John Henderson

From Vancouver

Date	Time	Itinerary	Location
August 15	7:00	Breakfast @ Hotel	Fairmont Water-front Hotel
	8:00am	Depart Vancouver	
	8:00 - 1:00pm	Travel to Osoyoos	5 Hour Travel
	1:00pm	Bagged Lunch in Osoyoos	Pioneer Walk Way Park
	2:00 - 6:00pm	Travel to Creston BC	
	6:00pm	Dinner in Creston	Ricky's All Day Grill 1809 Northwest Blvd, Creston, BC V0B 1G8
	7:30 - 9:00pm	Travel to Cranbrook	
	10:00pm MST	Arrive at KNBG	