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## Members Messages



## **Attempted Theft**

There was an attempted theft out by the new housing building site over the weekend and membership is cautioned to watch their belongings that are left outside.

# ?akisqnuk First Nation Please be Cautious

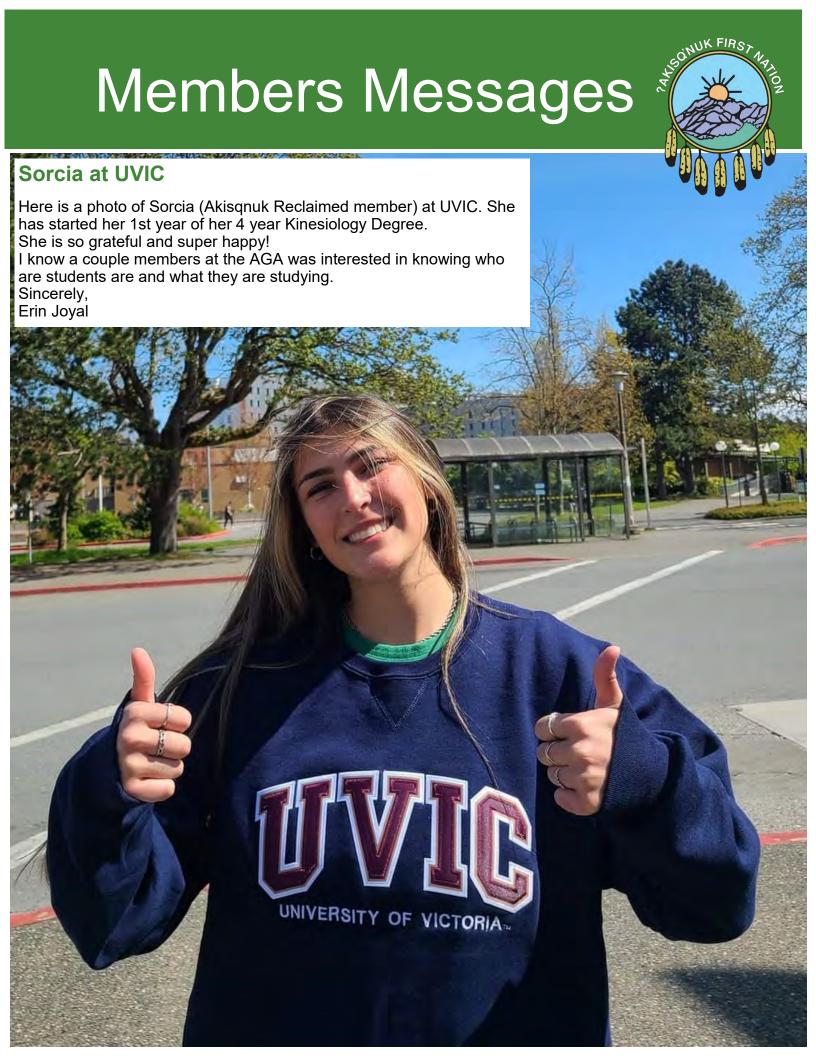


Center of ?akisqnuk reservation

#### Bears on the Rez

Membership is cautioned that bears are around looking for their last minute meal before going to sleep.

Please keep them in mind when handling food (Dog food too) and garbage.





# Upcoming Events: Mark your calendas

#### September

- **Sept. 27th 10am.:** ?akisqnuk Elders committee meeting at ?akisqnuk Band Hall. Zoom available. Email karen.vargas@akisqnuk.org
- Sept. 27th 7pm.: Susap: Keeper of the Knowledge free screening at the College of the Rockies Cranbrook Campus room 250. Tickets at student services.
- **Sept. 28-29th.:**Ktunaxa Nation AGA in Yaqan Nu?kiy.
- **Sept. 29th 2 4pm.:** ?akisqnuk Dr. Page Clinic at AFN health center.To Book appointment or cancel contact 250 342 6379.
- **Sept.30th.:** National Truth and reconciliation Day (Orange Shirt Day)
- Sept.30th 10 a.m.: Truth and Reconciliation walk at St. Eugene Mission. Everyone is welcome. Info Shelby Aquila 778.761.0747 or saquila@agam.net.

#### October

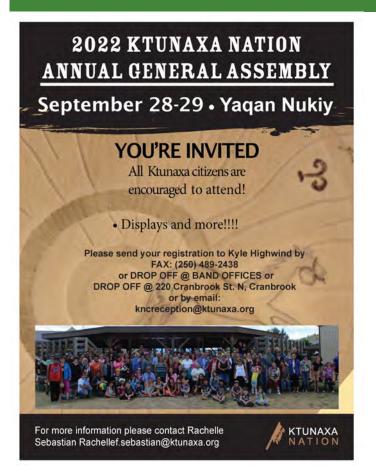
- Oct.1st 1-7pm.: Adamnik school pow wow at Dan Joe Memorial Gym in Adam.
- October 5th 10am-12pm.: KKCFSS information session on Bill C 92 and Ktunaxa child wellness legislation work at the ?akisqnuk Band Hall. RSVP with melanie.gambin@ktunaxa.org
- Oct.10th 2pm.: ?akisqnuk Thanksgiving and October Community Dinner at the Bandhall.
- Oct 11th 5-7pm.: KNC Lands Call to Gather stewardship planning. Contact Dustinaya Dusteau at 1250 489 2464 ext.317 or email dustinaya.duteau@ktunaxa.org
- Oct. 13th 2 4pm.: ?akisqnuk Dr. Page Clinic at AFN health center. To Book appointment or cancel contact 250 342 6379.
- Oct. 17th &18th.: KNC Lands is requesting to hear from Ktunaxa Citizens and sharing knowledge about ?amak?is ?a¢pu and ?amak?is Mi¢qaqas within and adjacent to highway 31A corridor. Do you know about this place? At the Creston Ramada/Zoom. Contact caitlin.phillips@ktunaxa.org
- Oct.18th & 19th 9-4pm.: ?akisqnuk Foot Clinic at AFN health center.
- Oct. 19th & 20th.: KNC Lands is requesting to

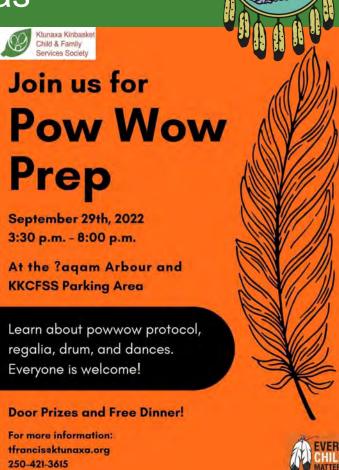
hear from Ktunaxa Citizens and sharing knowledge about ?amak?is ?a¢pu and ?amak?is Mi¢qaqas within and adjacent to highway 31A corridor. Do you know about this place? At the Cranbrook Ktunaxa Nation Council building room 204 or Zoom. Contact caitlin.phillips@ktunaxa.org.

- Oct.24th.: Ktunaxa Literacy Day
- Oct. 27th 2 4pm.: ?akisqnuk Dr. Page Clinic at AFN health center. To Book appointment or cancel contact 250 342 6379.
- Oct.27th.: KNC Economic sector 2022 Ktunaxa Business Showcase at the Prestige Rocky Mountain Resort Cranbrook. Need a ride? Contact <u>alexis.martig@ktunaxa.org</u> to make arrangements.
- Oct.28th 2-4pm.: 3rd Annual ?akisqnuk KKCFSS Trunk O'Treat at the Akisqnuk Arbour.



# Upcoming Events: Mark your calendas







What: Yaqit ?a·knuq+i'it Flag Raising

Where: Fernie City Hall

Date: September 30, 2022

Time: 10:00 - 11:00 am

Audience: Everyone is Welcome

**EVERY CHILD REALLY DOES MATTER!** 

A limited number of T-Shirts will be sold onsite on a first come first served basis.



# Upcoming Events: Mark your calendas

## Truth & Reconciliation Walk

Friday, September 30, 2022 St.Eugene Mission

10 a.m.-1 p.m. -Walk 1-2 p.m. lunch provided 2-4:30 Youth Open Mic

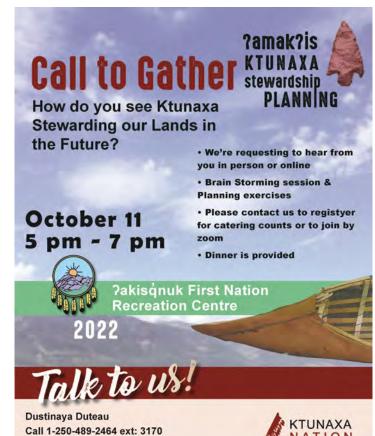
IRSSS 1-800-721-0066

Everyone is welcome.
Bring lawn chair.

Info: Shelby Aquila
778.761.0747 or
saquila@aqam.net



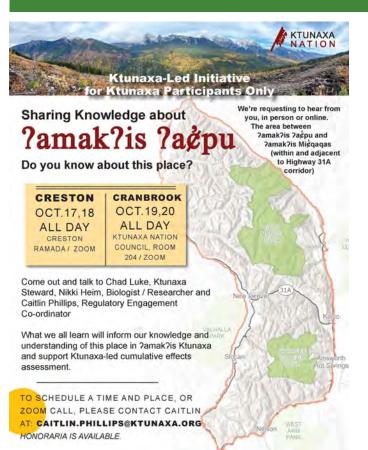


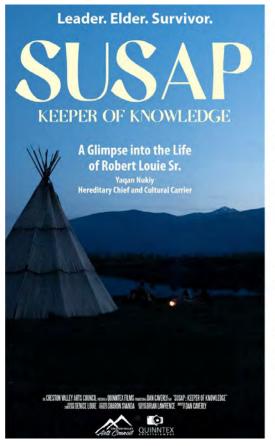


Text 778-963-0271

email: dustinaya.duteau@ktunaxa.org

## Upcoming Event: Mark your calendas





In the spirit of the National Day for Truth and Reconciliation, the Indigenous Education Department and the Library present a free screening of SUSAP: Keeper of Knowledge

> SEPTEMBER 27 7:00 pm

Cranbrook Main Campus Lecture Theatre (Room 250)

Tickets for this FREE event can be picked up at Student Services





THURSDAY, OCTOBER 27, 2022 1:30PM-5:00PM

PRESTIGE ROCKY MOUNTAIN RESORT
CRANBROOK
209 VAN HORNE ST. S, CRANBROOK BC
Open to all Nintik and

Open to all Nintik and First Nation Administration staff!



?akisḋnuk First Nation

Do you need a ride from and to ?akisqnuk?
Please register:
alexis.martig@ktunaxa.org

Registration is open until September 27, 2022 No registration fees, Snacks provided.







## Community Engagement Needed

## **Housing Committee Survey**

The ?Akisqnuk Housing Committee is seeking member's input on the direction of the committee. Visit <a href="https://s.surveyplanet.com/a2h5rlwz">https://s.surveyplanet.com/a2h5rlwz</a> to share your thoughts by September 26, and you will be entered to win a \$50 Amazon gift card!



## Community Engagement Needed







TO LEARN MORE ABOUT THIS INITIATIVE OR TO SIGN UP CONTACT RICAHRD BRYCE AT RICHARD.BRYCE@KTUNAXA.ORG

REGALIA MAKING WORKSHOP

SIGN UP.

DATE: TBD

We at Akisqnuk KKCFSS would like to coordinate a regalia making workshop and would like to know how many would like to participate, and who could help with making regalia from the community.

we haven't set a date yet, and will based on how many would attend.



decolonial.meme.queens 5,163 followers

View Profile

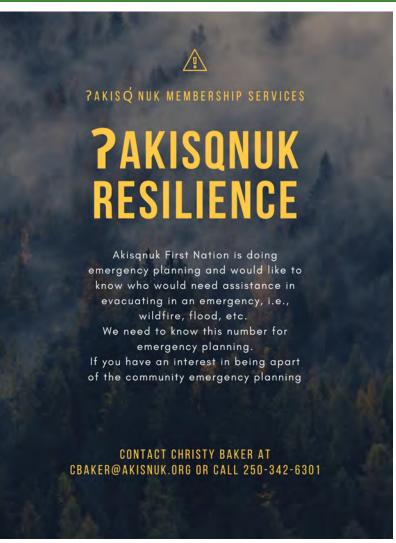
looking for the truth in all this reconciliation.



Contact
communication@akisqn
uk.org if you want more
information or have
questions with anything
in the newsletter

## Community Engagement Needed







## Ktunaxanintik Did you sign up yet?

Ktunaxa Hakqyit is to provide an online engagement space for Ktunaxa. Register to learn

about, and contribute to, engagement opportunities such as surveys, stories, forums and ideas. Share your thoughts and stay updated on the projects that matter most to you. Most Engagement Projects are open to Ktunaxa contributors only, while the Sections are available to view by everyone.

Sign up here <a href="https://ktunaxahakqyit.org/">https://ktunaxahakqyit.org/</a>

# Ways to participate in the National Day for Truth and Reconciliation



## AKISQNUK QUILTING PROJECT



AKISQNUK IS GATHERING PEOPLE'S SQUARES
TO MAKE A COLLECTIVE QUILT IN HONOR OF
THOSE WHO ATTENDED RESIDENTIAL SCHOOL,
WERE PART OF THE 60'S SCOOP OR IN HONOR
OF THE MURDERED/MISSING INDIGENOUS
WOMEN GIRLS/BOYS



SEND A PICTURE OF YOUR LOVED ONE THAT ATTENDED RESIDENTIAL SCHOOL, WERE APART OF THE 60" SCOOP AND/OR A PART OF THE MISSING AND MURDERED INDIGENOUS TO GAYLE MICHEL GMICHEL@AKISONUK.ORG



OR DECORATE A SQUARE (10INX10IN) WITH WHATEVER MAY INSPIRE YOU (PAINT, BEAD, DRAW, STITCH ETG.)
SUBMIT YOUR SQUARE BY MAIL TO: PATSY NICHOLAS AT 3050 HWY 93/95 WINDERMERE BC VOB 2L2

## **Akisqnuk Honor Quilt**

Have you done your quilt Square yet? Perhaps for this Truth and Reconciliation Day September 30th you sit with your family or on your own and work on your squares or go through your pictures of loved ones and scan and send to Gayle Michel <a href="mailto:gayle.michel@akisqnuk.org">gayle.michel@akisqnuk.org</a> to print on fabric.

Some examples shown here of what others have done.







#### Witness Blanket

Check out the witness blanket website to Learn about anti-Indigenous racism, colonialism, and genocide in Canada. The Witness Blanket carries the stories of survivors of residential schools. https://witnessblanket.ca/

## **5 Suggestion for things to do on Truth and Reconciliation Day**

- Wear Orange
- Participate in an event (Check the upcoming event section)
- Arts and Media Create and Connect
- Learn the history Learn & Grow



NATIONAL DAY FOR TRUTH AND RECONCILIATION

We honour survivors of Canada's Residential School System, as well as those children who did not survive, and the ongoing inter-generational impact on Indigenous communities. EVERY CHILD MATTERS

**ALL ARE WELCOME!** 



## ે For ?akisqnuk artist & photographers to submit



## **Ktunaxa Legacy Publication**

Lillian Rose is collecting submissions for the Ktunaxa Legacy Pubication project. Please reach out to have your story idea, article, photo or artwork included! Contact Lillian Rose Traditional Knowledge and Language Coordinator Cell 250 342 1635

lillian.rose@ktunaxa.org

Pioneer article on the project

https://www.columbiavalleypioneer.com/ktunaxa-legacy-publication-in-the-works-through-parks-canada/

## For ?akisqnuk artist & photographers to submit



Calling all Ktunaxa
bearers of news and tellers of tales...



# Ktuqeqakyam will publish your

- Stories
- Photos
- Announcements
- Business cards (for the free directory)
- First-person reports
- News tips
- · Events!

KTUNAXA



More Info: ktunaxahakqyit.org/ktunaxanews

Ktuqøqakyam will be published in September, 2022, and distributed to Ktunaxa recipients through available outlets. This seasonal newsprint publication is free, so reach out today with your stories and photos.

Email us at <a href="news@ktunaxa.org">news@ktunaxa.org</a>. Or call 250-489-2464 Ext. 3161



## **Recreation Center Roof update**

I understand that the Recreation Centre has been a big topic in the Community lately, and rightfully so. Please rest assured that we are doing everything in our power to get it back open and available for use. We have been working hard to assess and problem solve the issues.

This began in mid-August when the Rec Centre Flooded after a heavy rainfall. The flood covered the gymnasium, the Mural room, as well as into a few of the offices.

Odyssey Restoration was called and was on site within a few hours to clean up and to begin drying everything up.

They pulled 900 Gallons of water from the floors, as well as more from moisture in the air.

At this time, Odyssey has managed to dry the gym out and so far there is no damage to the floors or walking track. The issue is that the roof/gutter problem has not been resolved, and therefore, if more water gets in, we would have to start drying things out again. Please see the note below from our Project Manager.

Please see the note below from our Project Manager, Bob Cotterall, as he is in talks with our Insurance and the companies who built the Rec Centre.

"This note provides an update to the present problem

of the Rec. Center roof leak: On September 14th, a Forensic Structural Engineer from Origin and Cause Consulting met with my self to review the Roof Leak Problem. The Engineer spent most of the afternoon inspecting the roof and reviewing the drawings. During a severe rain storm the gutter system on the west side of the Facility is overwhelmed with significant water. The gutter fails and lets water into the wall system, which allows water to flow into the Gymnasium. There is also some water penetration from the general roof area. The roof and gutter assembly are under review with the Engineer who will file a report of his findings and recommendation of repairs. At this point we are awaiting his report prior to moving forward. " – Bob Cotterall, Project Manager

Raylene Fortin

Recreation Coordinator

Office: (250) 342-6301 extension #3843 Email: raylene.fortin@akisqnuk.org

## Reminders & Notices





## **Used Laptops to Donate**

(Nation Members only)

The laptops (10) have been setup as donation systems with base Windows 10 and open office, they will be first come first served, they can be picked up at KNGB or possibly delivered to communities.

Contact Kyle Highwind kncreception@ktunaxa.org or call 250 489-2464.







Job Search documentation and Monthly Renewal Applications need to be submitted to Christy Baker email: chirsty.baker@akisqnuk.org Due the 15th of every Month

## ki?su?k kyukyit,

THE KTUNAXA KINBASKET CHILD & FAMILY SERVICE SOCIETY (KKCFSS) IS DOING A CALL OUT TO ANYONE THAT WOULD LIKE TO BE ADDED TO OUR E-MAIL DISTRIBUTION LIST TO BE INFORMED FOR:

UPCOMING EVENTS

KKCFSS NEWSLETTER (QUARTERLY)

NATION/COMMUNITY UPDATES, ETC,...

To be added to the distribution list, please contact:
Morgana Eugene, Communications Coordinator
Morgana.Eugene@ktunaxa.org
Ph: (250) 489-4563 Ext. 4012



## Self-Care







## 7AKISÓNUK **HEALTH CENTER**

KU?ŁMAKAKU
(RIPENING OF THE CHOKECHERRIES)
SEPTEMBER

#### KUPAQPI?K

(FALLING LEAVES)

#### **OCTOBER**

SEPT. 29TH 2-4PM.: DR. PAGE CLINIC OCT. 13TH & 27TH 2-4PM.: DR. PAGE CLINIC

OCT. 18TH & 19TH 9AM-4PM.: FOOT CLINIC NOV. 29TH & 30TH- 9AM-4PM.: FOOT CLINIC

\*Please note Jason Juell Akisqnuk RN will be away from the Office Sept 21st - Oct.5th \*

Naloxone kits are available for pickup at the Health Center for anyone who would like them

For more deatils on the Foot Clinic & Dr. Page Clinic or to cancel your appointment Contact Office: (250) 342-6379

## Self-Care



September. 29th is the next clinic. Contact Health Center for booking, canceling or more information at 250-342-6379

#### **Foot Clinics**

October 18th & 19th, November 29 & 30 are the next clinics. Contact Health Center for booking, canceling or more information at 250-342-6379

#### Chiropractor\*

Pakisqnuk Members may book your Chiropractor appointment at *Invermere Family Chiropractor at 250-342-9666* 

#### Massage\*

Pakisqnuk members may book your massage with Lynn Birkett, Rising Sun massage therapy in Radium at 250 341 5668.

#### Non Coverage Medical\*

?akisqnuk members living in BC have Pacific Blue Cross Coverage.

If your needing assistance with medical expenses that are not covered contact the ?akisqnuk Health Manager Patsy Nicholas for assistance at <a href="mailto:patsy.nicholas@akisqnuk.org">patsy.nicholas@akisqnuk.org</a>

#### **Medical Appointment Transportation**

If you need assistance with transportation to health appointments contact health staff to make arrangements at 250 342 6379.

#### COVID

Do you have questions about boosters shots. Below is the most recent from the BC government website. It is near the bottom where it says who can get a 2nd booster and who is eligible. <a href="https://www2.gov.bc.ca/gov/content/covid-19/vaccine/booster#second">https://www2.gov.bc.ca/gov/content/covid-19/vaccine/booster#second</a>

\*If you like to see someone else or are living off reserve keep/submit receipts for reimbursement or to make other arrangements contact Health Manager Patsy Nicholas at <a href="mailto:patsy.nicholas@akisqnuk.org">patsy.nicholas@akisqnuk.org</a>.





## Learning Something New

## Key Messages for Oral Health



An oral health workshop

## October 7th from 9:00 am - 12:30 pm

Session will be held virtually on Zoom ... Cameras on!

#### Topics will include:

- Mouth and tooth structures (healthy vs unhealthy)
- · The science of tooth decay
- Oral health key messages
  - Children
  - · Maternal and Infant
- Fluoride
- · The role of diet and nutrition





With Ashley & Emily from the FNHA Oral Health Team!

Ashley.Lessard@fnha.ca Emily.Choi@fnha.ca

If interested, please contact Jason Juell at: Jason.Juell@akisgnuk.org



We are looking at running a training program for people interested in Wildland firefighting for next year. If you are interested, please contact Stephanie with name and contact information to be added to the list. (250) 342-6301 Ext:3807 or <a href="mailto:stephanie.sam@akisqnuk.org">stephanie.sam@akisqnuk.org</a> More information will be provided when it's available.

## **Employment Opportunities**



#### ?akisġnuk Fist Nation

The following positions are available at ?akisqnuk First Nation.

To view the full descriptions visit <a href="https://akisqnuk.icompasscms.com/content/employment-and-contracting">https://akisqnuk.icompasscms.com/content/employment-and-contracting</a> and submitting your interest to <a href="https://akisqnuk.org">hany.hafez@akisqnuk.org</a>

- Financial Officer
- Social Development Worker
- Land Referrals Coordinator
- Water Operator Trainee
- Project Manager Trainee
- Administrative Assistant
- Registered Forest Technician
- Community Wellness Facilitator

#### Eva Joseph Learning & Cultural Society

The society is currently looking for ?akisqnuk /Ktunaxa grass roots people interested in sharing stories or cultural activities with the Badger students please contact Kayla at <a href="mailto:Kayla.ejlcs.ahs@gmail.com">Kayla.ejlcs.ahs@gmail.com</a>. Honorariums are available.

#### **Ktunaxa Nation Career Opportunities**

in the territory checkout KNC website at <a href="https://www.ktunaxa.org">https://www.ktunaxa.org</a> > Careers for <a href="Bids for Contracted Services">Bids for Contracted Services</a> and <a href="https://www.ktunaxa.org">current postings</a>

#### **Kettle River Contracting is looking for**

- Excavator/ Dozer Operators/ Rock Truck Operators
- Equipment and Fleet Manager
- Estimator
- Civil Construction Supervisors
- Journeyperson Carpenter

Check out the full descriptions at <a href="https://ca.indeed.com/cmp/Kettle-River-Contracting,-Ulc/jobs?jk=2a92b7f8e765cb01&start=0">https://ca.indeed.com/cmp/Kettle-River-Contracting,-Ulc/jobs?jk=2a92b7f8e765cb01&start=0</a>







## Chief & Council



## **Band Meeting**

**TBD** 

#### **Chief and Council**

Deadline to submit items to Chief and Council Agenda is always the Friday before. Deadline is September 30th for October 5th Chief and Council. Contact Executive Assistance Karen Vargas <a href="mailto:karen.vargas@akisqnuk.org">karen.vargas@akisqnuk.org</a> to request to be on agenda or if you have any questions.

IF YOU'VE EVER PLAYED ON THIS PUKE-CAUSING, CONCUSSION-GIVING, BONE-BREAKING, KID ROCKET-LAUNCHING HUNK OF METAL AND SURVIVED...



YOU ARE A TRUE WARRIOR!



## Elders' Corner

## ?Akisqnuk Elders Committee

#### Scheduled

Scheduled: September 27th 2022, 10 am AFN Band Hall and Zoom.

Usually Last Tuesday of the Month

All members over 60 are welcome to attend or log in.

Zoom: https://us02web.zoom.us/j/85632236041?pwd=OU85WCs4MURKeTU0djZGUlpxcmZEdz09

#### Ktunaxa Nation Council, Traditional Knowledge and Language (TKL) Elder's Advisory

1st Wednesday of Every month. Next meeting is October 5th 2022.

Contact Barbara Fisher for agenda items, information (location for in-person) and/or Zoom link at barbara.fisher@ktunaxa.org

#### **KKCFSS Elder Resident position posting**

KKCFSS is looking for Resident Elders for their offices ?aq'am, Yaqan Nukiy, ?akisq'nuk, BC

https://www.ktunaxa.org/wp-content/uploads/Resident-Elders.pdf

#### Eva Joseph Learning and Cultural Society

If you are interested in sharing stories or cultural activities with the Badger students please contact Kayla at <a href="mailto:Kayla.ejlcs.ahs@gmail.com">Kayla.ejlcs.ahs@gmail.com</a>. Honorariums are available.







## Eva Joseph Learning and Culture Society (EJLCS)



#### Dear Akisqnuk Families,

Thank you to everyone who visited the center during the AGA. The staff enjoyed meeting community members and reuniting with past students. Kayla has changed the story walk to "k‡aw‡a New Friend" and it is a perfect bedtime or anytime stroll! The children at Little Badgers have been learning all about swaqmu this month and are excited to place their Art fish on the Garden Fence for everyone to see!

The potato harvest has been postponed upon the advice of wiser gardeners but are excited to harvest! There will be 3 garlic beds planted this fall for next summer's harvest. If anyone is interested in planting please stop by the center or reach out to Kayla at <a href="mailto:kayla.ejlcs.ahs@gmail.com">kayla.ejlcs.ahs@gmail.com</a>!

Just a reminder! Community members requiring child care are placed at the top of our waitlist and given priority placement within programs! To register your child or inquire about the programs available please feel free to call us at 250-342-6331 or email <a href="mailto:little.badger.windermere@gmail.com">little.badger.windermere@gmail.com</a>.

As part of the Aboriginal Head Start Programming community members under the age of 6 are entitled to receive free childcare and quarterly care packages throughout the year! If you have a child in this age range and are not receiving information on AHS please reach out to Kayla at <a href="mailto:kayla.ejlcs.ahs@gmail.com">kayla.ejlcs.ahs@gmail.com</a>!

If you are interested in sharing stories or cultural activities with the Badger students please contact Kayla at <a href="mailto:Kayla.ejlcs.ahs@gmail.com">Kayla.ejlcs.ahs@gmail.com</a>. Honorariums are available.

## Community Quality of Service Standards Survey



# COMMUNITY QUALITY OF SERVICE Survey



https://www.surveymonkey .com/r/f5t6gwg



Service standards strengthen Band accountability by making performance transparent and increase the confidence of members in their leadership by demonstrating commitment to service excellence.

Please set aside some time to complete this survey.

